Morning checklist

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# Morning Checklist (with info requests)

* [~0730] Liam breakfast
* [~0815] Brush Liam’s teeth
* [????] Catie bottle
  + amount: :??:
  + timing: :??:
  + notes: :??:
* [~0810] Catie nap (*about 1:15 after she wakes up for the morning*)
  + Liam gets independent activity (ipad, or similar?)
  + change her diaper
  + wrap her
  + rock her with pucky
  + nap her in swing with
    - music
    - rocking
    - white noise
    - blanket
  + [?] cry it in effect the whole time or after the first pucky loss?
  + approximate sleep time is [*~2 hours?*]
* [~1000?] Liam Snack
  + notes: :??:
* [~1230?] Liam Lunch
  + amount: :??:
  + timing: :??:
* [~1230?] Liam Nap
  + [?] still old routine or is there a new one similar to the night time one?
  + Catie in bouncy if not napping
  + approx sleep time is *2h*