

### **Compute Mental Health Score:**

- Read self-assessment scores of q201-q290, 90 questions from Symptom Checklist-90-Revised.
- Each question carries 1-5 marks, representing none, mild, moderate, severe, extreme.
- Sum up 90 scores

# **Compute Drinking Behaviour Score**

- 3 question
- Frequency of drinking
- · How many drinks containing alcohol do you have on a typical day when you are drinking?
- · How often do you have six or more drinks on one occasion?
- Each question carries 1-5 marks, representing degree of alcohol consumption
- · Sum up 3 scores

#### Further process data (mainly Categorization)

- · Education Attainment
- 4 catrgories: Elementary or lower, Junior high school, High school, College or above

- Gender
- swap sequence into 2 categories: Male, Female
- · Number of Accompanying Children
- 3 categories: No children, Cohabitating children, Children residing elsewhere
- Salary
- 4 categories: <1500RMB, 1500-2500RMB, 2500-3500RMB, >=3500RMB
- · Number of Cities Resided in
- 2 categories: 1-2, >=3
- Daily Working Hours
- · Weekly Working Days
- BMI:
- BMI = weight(kg) / (height(m)^2)
- 3 categories: < 18.5; >= 18.5 and < 24; >=24
- Mental Health
- 2 categories: if MentalHealth score <= 160, Normal; if MentalHealth score > 160, Abnormal
- Smoking
- · Current Smoker
- · 2 categories: Unhealthy, Healthy
- if smoked in the past 30 days, Unhealthy; else Healthy
- Drinking
- · Hazardous Alcohol Consumption
- · 2 categories: Unhealthy, Healthy
- if Alcohol Consumption Score >=4 for Male or Alcohol Consumption Score >=3 for Female, Unhealthy; else Healthy
- · Daily Sleeping Hours
- · 2 categories: Unhealthy, Healthy
- if Daily Sleeping Hours 7-9 hours/night, Health; else Unhealthy
- · Sleeping Quality
- 2 categories: 1-2 Good/Fair; 3-4 Poor/Very Poor
- Daily Breakfasts
- · 2 categories: Unhealthy, Healthy
- if almost Daily Breakfasts, Health; else Unhealthy
- · Daily Fruits and Vegetables Consumption
- · 2 categories: Unhealthy, Healthy
- if almost Daily Fruits and Vegetables Consumption, Health; else Unhealthy
- · Daily Regular Meals
- · 2 categories: Unhealthy, Healthy
- · if almost Daily Regular Meals, Health; else Unhealthy

## Compute Lifestyle Behaviour Score

- 6 factors: CurrentSmoker, HazardousDrink, DailySleepingHours, DailyBreakfast, DailyFruitsVegetables, DailyRegularMeals
- 1 score for every Unhealthy Behavior
- Sum: 0, Healthy; 1-2 Relatively Healthy; 3-6 Unhealthy

#### Till here, end of Section 0 - Data Preparation

## Section 1 - Chi-square Test for Socio-demographic characteristics of Rural-to-Urban Migrants by Gender

```
## GenderX
## AgeX Male Female
## <=32 1237 1408
## >32 1574 1265
##
## Pearson's Chi-squared test
##
```

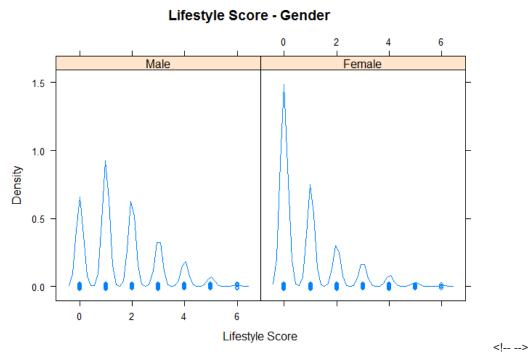
```
## data: Age
## X-squared = 41.241, df = 1, p-value = 1.346e-10
##
                    GenderX
## Occupation
                    Male Female
## Manufacturing
                    1406 1107
##
   Construction
                     677
##
   Hospitality
                      148
    Domestic service 144
##
                            430
##
    Small business
                      232 403
##
   Recreation/leisure 204 404
##
## Pearson's Chi-squared test
##
## data: Occupation
## X-squared = 752.52, df = 5, p-value < 2.2e-16
##
              GenderX
## WorkplaceScale Male Female
      Large 851 649
##
                      841
##
        Moderate 1101
        Small 859 1183
##
## Pearson's Chi-squared test
##
## data: WorkplaceScale
## X-squared = 110.02, df = 2, p-value < 2.2e-16
##
                     GenderX
## EducationAttainmentX Male Female
## Elementary or lower 53 110
## Junior high school 340 501
## High school 1409 1380
  College
                     1009 682
##
##
## Pearson's Chi-squared test
## data: EducationAttainment
## X-squared = 110.89, df = 3, p-value < 2.2e-16
                    GenderX
##
## MaritalStatus
                    Male Female
## Married
                     2042 1977
## Single
                     700 631
## Cohabitating
                      39 47
  Divorced or widowed 30
                              18
##
## Pearson's Chi-squared test
##
## data: MaritalStatus
## X-squared = 4.9029, df = 3, p-value = 0.179
                            GenderX
## AccompanyChildX
                             Male Female
                              849
## No children
    Cohabitating children
                              878
                                    968
##
  Children residing elsewhere 1084
                                    909
##
##
## Pearson's Chi-squared test
## data: AccompanyChild
## X-squared = 18, df = 2, p-value = 0.0001234
```

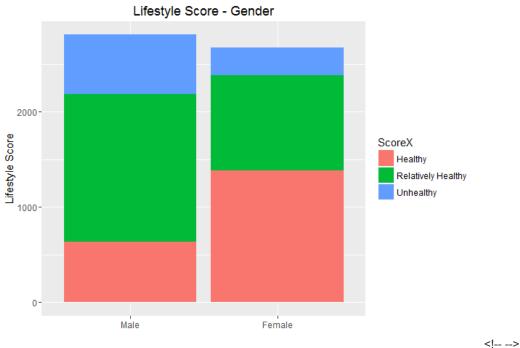
```
##
              GenderX
## SalaryX
              Male Female
## <1500RMB
               168 317
## 1500-2500RMB 1036 1492
## 2500-3500RMB 1071
                     628
##
   >=3500RMB 536
##
## Pearson's Chi-squared test
##
## data: Salary
## X-squared = 356.87, df = 3, p-value < 2.2e-16
                        GenderX
## NumberOfCitiesResidedInX Male Female
                    1-2 1859 2207
                    >=3 952 466
##
##
## Pearson's Chi-squared test
##
## data: NumberOfCitiesResidedIn
## X-squared = 193, df = 1, p-value < 2.2e-16
                  GenderX
## DailyWorkingHoursX Male Female
##
             =8 1273 1310
              <8 18 62
##
##
              8-11 1066 615
##
              >=11 454 686
## Pearson's Chi-squared test
##
## data: DailyWorkingHours
## X-squared = 189.59, df = 3, p-value < 2.2e-16
##
                  GenderX
## WeeklyWorkingDaysX Male Female
               <=4 57 99
##
               5 805
                          759
               6 1046 1201
##
##
               7 903 614
##
## Pearson's Chi-squared test
##
## data: WeeklyWorkingDays
## X-squared = 74.984, df = 3, p-value = 3.652e-16
##
                      GenderX
## TypeOfResidence
                      Male Female
## Collective dormitory 1040 515
## Renting with others 324 312
## Renting as a family 897 1400
   Renting alone
                        430
## Owning a living place 120 122
##
## Pearson's Chi-squared test
##
## data: TypeOfResidence
## X-squared = 299.26, df = 4, p-value < 2.2e-16
```

Section 2 - Chi-square Test for Physical and Mental Status and Lifestyle Behaviours of Rural-to-Urban Migrants by

```
GenderX
##
                   Male Female
## BMIX
## Under Weight
                     108
## Normal
                    1785 1883
## Overweight/Obesity 918 552
##
## Pearson's Chi-squared test
##
## data: BMI
## X-squared = 139.2, df = 2, p-value < 2.2e-16
##
              GenderX
## MentalHealthX Male Female
##
    Normal 2508 2378
      Abnormal 303
##
## Pearson's Chi-squared test
##
## data: MentalHealth
## X-squared = 0.093297, df = 1, p-value = 0.76
                              GenderX
## CurrentSmokerX
                              Male Female
## Previous smoker/Never smoked 1489 2611
## Current smoker
                             1322 62
##
## Pearson's Chi-squared test
## data: Smoking
## X-squared = 1451.6, df = 1, p-value < 2.2e-16
##
                         GenderX
## HazardousDrinkX
                          Male Female
## Nonhazardous alcohol use 1980 2458
## Hazardous alcohol use 831 215
## Pearson's Chi-squared test
##
## data: Drinking
## X-squared = 411.04, df = 1, p-value < 2.2e-16
##
                      GenderX
## DailySleepingHoursX Male Female
## 7-9 Hours/night 2165 2105
## <7 or >9 Hours/night 646
##
## Pearson's Chi-squared test
##
## data: SleepingTime
## X-squared = 2.3835, df = 1, p-value = 0.1226
                         GenderX
## SleepingQualityX
                          Male Female
## Nonhazardous alcohol use 2474 2341
## Hazardous alcohol use 337 332
##
## Pearson's Chi-squared test
##
```

```
## data: SleepingQuality
## X-squared = 0.2386, df = 1, p-value = 0.6252
##
                            GenderX
## DailyBreakfastX
                            Male Female
## Almost Daily Breakfast 2302 2156
## Not Almost Daily Breakfast 509
##
## Pearson's Chi-squared test
##
## data: DailyBreakfast
## X-squared = 1.3721, df = 1, p-value = 0.2414
                                    GenderX
## DailyFruitsVegetablesX
                                   Male Female
  Almost Daily Fruits Vegetables 2101 2149
## Not Almost Daily Fruits Vegetables 710 524
##
## Pearson's Chi-squared test
##
## data: DailyFruitsVegetables
## X-squared = 25.121, df = 1, p-value = 5.384e-07
                                GenderX
## DailyRegularMealsX
                                 Male Female
## Almost Daily Regular Meals
                                 2398 2244
## Not Almost Daily Regular Meals 413 429
##
## Pearson's Chi-squared test
## data: DailyRegularMeals
## X-squared = 1.9416, df = 1, p-value = 0.1635
##
                    GenderX
## ScoreX
                     Male Female
## Healthy
                     640 1385
## Relatively Healthy 1544 1001
## Unhealthy
                 627
##
## Pearson's Chi-squared test
##
## data: LifestyleScoreX
## X-squared = 513.27, df = 2, p-value < 2.2e-16
```





Section 3 - Association between lifestyle Score and socio-demographic characteristics and phiscal and mental status (By Gender)

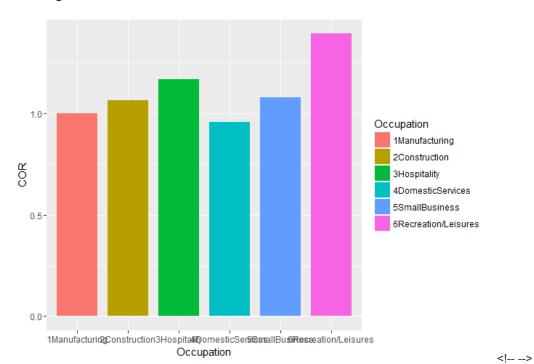
```
##
## Call:
## glm(formula = ScoreX ~ AGE1 + OCCUPATION1 + WORKPLACESCALE1 +
       EDUCATIONATTAINMENT1 + MARITALSTATUS1 + ACCOMPANYCHILD1 +
##
##
       SALARY1 + NUMBEROFCITIESRESIDEDIN1 + DAILYWORKINGHOURS1 +
##
      WEEKLYWORKINGDAYS1 + RESIDENCE1 + BMI1 + MENTALHEALTH1, data = Male)
## Deviance Residuals:
       Min
             1Q
                       Median
##
                                      3Q
                                              Max
## -1.49797 -0.35625 0.05648 0.25285 1.32332
##
## Coefficients:
```

3.1 For Male rural-to-urban migrants

```
Estimate Std. Error t value Pr(>|t|)
                             1.978631 0.156230 12.665 < 2e-16 ***
## (Intercept)
                              ## AGE1>32
                             0.063100 0.039560 1.595 0.11081
## OCCUPATION1Construction
                             ## OCCUPATION1Hospitality
## OCCUPATION1DomesticSservices -0.044610 0.058487 -0.763 0.44568
## OCCUPATION1SmallBusiness
                             0.075734 0.049764
                                                1.522 0.12816
## OCCUPATION1Recreation/Leisures 0.331250 0.053911
                                                6.144 9.18e-10 ***
## WORKPLACESCALE1Moderate
                            -0.008106 0.032049 -0.253 0.80034
## WORKPLACESCALE1Small
                             ## EDUCATIONATTAINMENT1JuniorHigh -0.187499 0.095858 -1.956 0.05056 .
## EDUCATIONATTAINMENT1HighSchool -0.111268 0.091229 -1.220 0.22270
## EDUCATIONATTAINMENT1College -0.072839 0.093310 -0.781 0.43509
## MARITALSTATUS1Single
                             0.056723 0.050426 1.125 0.26074
## MARITALSTATUS1Cohabitating
                           0.120444 0.111791 1.077 0.28140
## MARITALSTATUS1Divorced/Widowed 0.100772 0.119414 0.844 0.39880
## ACCOMPANYCHILD1Cohabitate -0.008547 0.051075 -0.167 0.86712
## ACCOMPANYCHILD1ResideElsewhere 0.007660 0.049181 0.156 0.87624
                             0.027921 0.054442 0.513 0.60809
## SALARY11500-2500RMB
                             0.058638 0.054596 1.074 0.28290
## SALARY12500-3500RMB
                             0.117109 0.059141 1.980 0.04778 *
## SALARY1>=3500RMB
## NUMBEROFCITIESRESIDEDIN1>=3 -0.004453 0.026825 -0.166 0.86817
## DAILYWORKINGHOURS1<8
                             -0.025527
                                       0.154696 -0.165 0.86894
                                                0.129 0.89748
## DAILYWORKINGHOURS18-11
                             0.003987
                                       0.030943
## DAILYWORKINGHOURS1>=11
                             0.114165 0.039478
                                                2.892 0.00386 **
## WEEKLYWORKINGDAYS15
                             -0.163331 0.090661 -1.802 0.07172 .
## WEEKLYWORKINGDAYS16
                             -0.048697 0.088735 -0.549 0.58320
## WEEKLYWORKTNGDAYS17
                            -0.115942 0.089946 -1.289 0.19750
## RESIDENCE1Rent(with others) 0.006436 0.042956 0.150 0.88091
## RESIDENCE1Rent(family)
                            0.023618 0.034763 0.679 0.49695
## RESIDENCE1Rent(alone)
                            ## RESIDENCE1OwnLivingPlace
                            -0.096656   0.067424   -1.434   0.15181
## BMI1NormalWeight
                            -0.049859 0.065055 -0.766 0.44350
## BMI10verweight
                            ## MENTALHEALTH1Abnormal
                            ## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.4152092)
##
     Null deviance: 1266.9 on 2810 degrees of freedom
## Residual deviance: 1153.0 on 2777 degrees of freedom
## AIC: 5542.3
##
## Number of Fisher Scoring iterations: 2
                                  COR
                                         2.5 % 97.5 %
##
## (Intercept)
                             7.2328332 5.3250680 9.824077
## AGE1>32
                            1.0846672 1.0241515 1.148759
## OCCUPATION1Construction
                            1.0651334 0.9856685 1.151005
## OCCUPATION1Hospitality
                            1.1669024 1.0376905 1.312204
## OCCUPATION1SmallBusiness
                             1.0786757 0.9784343 1.189187
## OCCUPATION1Recreation/Leisures 1.3927085 1.2530583 1.547922
## WORKPLACESCALE1Moderate
                           0.9919265 0.9315353 1.056233
## WORKPLACESCALE1Small
                             1.1223432 1.0467270 1.203422
## EDUCATIONATTAINMENT1JuniorHigh 0.8290299 0.6870298 1.000380
## EDUCATIONATTAINMENT1HighSchool 0.8946991 0.7482083 1.069871
## EDUCATIONATTAINMENT1College 0.9297503 0.7743564 1.116328
## MARITALSTATUS1Single
                           1.0583623 0.9587638 1.168307
## MARITALSTATUS1Cohabitating 1.1279970 0.9060484 1.404315
## MARITALSTATUS1Divorced/Widowed 1.1060244 0.8752245 1.397687
## ACCOMPANYCHILD1Cohabitate 0.9914896 0.8970421 1.095881
## ACCOMPANYCHILD1ResideElsewhere 1.0076896 0.9150892 1.109660
## SALARY11500-2500RMB
                           1.0283146 0.9242410 1.144107
## SALARY12500-3500RMB
                            1.0603913 0.9527829 1.180153
## SALARY1>=3500RMB
                            1.1242418 1.0011954 1.262411
```

##	NUMBEROFCITIESRESIDEDIN1>=3	0.9955571	0.9445671	1.049300
##	DAILYWORKINGHOURS1<8	0.9747957	0.7198406	1.320051
##	DAILYWORKINGHOURS18-11	1.0039951	0.9449160	1.066768
##	DAILYWORKINGHOURS1>=11	1.1209372	1.0374744	1.211114
##	WEEKLYWORKINGDAYS15	0.8493102	0.7110422	1.014465
##	WEEKLYWORKINGDAYS16	0.9524701	0.8004239	1.133398
##	WEEKLYWORKINGDAYS17	0.8905267	0.7465949	1.062206
##	RESIDENCE1Rent(with others)	1.0064568	0.9251902	1.094862
##	RESIDENCE1Rent(family)	1.0238990	0.9564595	1.096094
##	RESIDENCE1Rent(alone)	1.1003380	1.0182394	1.189056
##	RESIDENCE10wnLivingPlace	0.9078685	0.7954840	1.036130
##	BMI1NormalWeight	0.9513637	0.8374750	1.080740
##	BMI10verweight	0.9360028	0.8194939	1.069076
##	MENTALHEALTH1Abnormal	1.4310271	1.3232573	1.547574

# Male - significant risk factor COR visualization



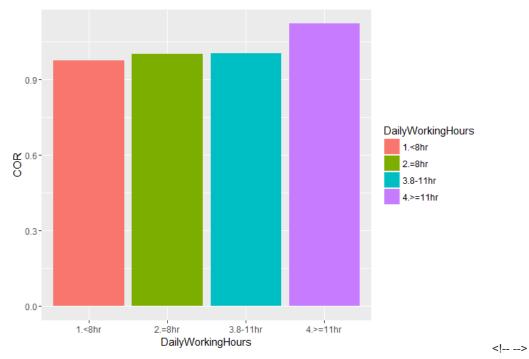
WorkplaceScale

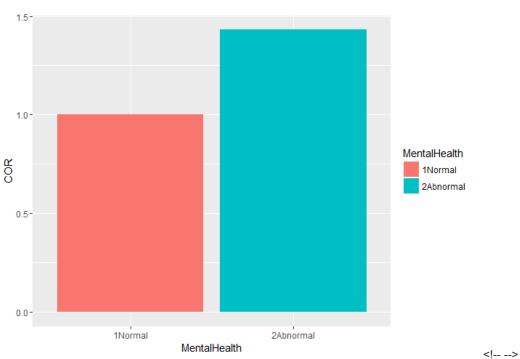
1Large

2Moderate
WorkplaceScale

3Small

<!--->





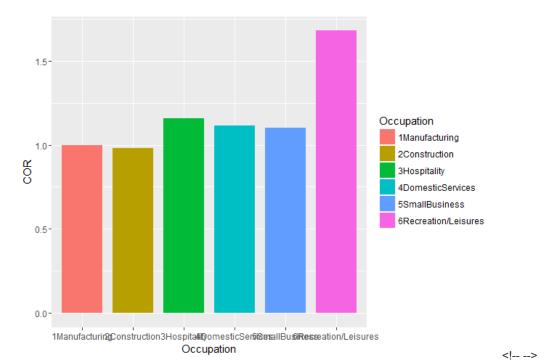
#### 3.2 For Female rural-to-urban migrants

```
##
## glm(formula = ScoreX ~ AGE2 + OCCUPATION2 + WORKPLACESCALE2 +
##
      EDUCATIONATTAINMENT2 + MARITALSTATUS2 + ACCOMPANYCHILD2 +
##
      SALARY2 + NUMBEROFCITIESRESIDEDIN2 + DAILYWORKINGHOURS2 +
##
      WEEKLYWORKINGDAYS2 + RESIDENCE2 + BMI2 + MENTALHEALTH2, data = Female)
##
## Deviance Residuals:
## Min 1Q Median 3Q Max
## -1.6138 -0.4594 -0.2414 0.5136 1.7972
##
## Coefficients:
                                Estimate Std. Error t value Pr(>|t|)
##
## (Intercept)
                                1.293523 0.120644 10.722 < 2e-16 ***
```

```
## AGE2>32
                               0.014917 0.029424 0.507 0.612224
## OCCUPATION2Construction
                              -0.021491 0.073038 -0.294 0.768600
                              0.147091 0.047071 3.125 0.001798 **
## OCCUPATION2Hospitality
## OCCUPATION2DomesticSservices    0.108534    0.039136    2.773    0.005589 **
                               0.098447 0.043174 2.280 0.022675 *
## OCCUPATION2SmallBusiness
## OCCUPATION2Recreation/Leisures 0.517682 0.045688 11.331 < 2e-16 ***
## WORKPLACESCALE2Moderate
                               0.010667
                                         0.035235 0.303 0.762112
## WORKPLACESCALE2Small
                               0.051326
                                         0.034373
                                                   1.493 0.135499
## EDUCATIONATTAINMENT2JuniorHigh 0.039865 0.064800
                                                   0.615 0.538470
## EDUCATIONATTAINMENT2HighSchool 0.020335 0.062973 0.323 0.746785
## EDUCATIONATTAINMENT2College 0.018209 0.067369 0.270 0.786959
## MARITALSTATUS2Single
                               ## MARITALSTATUS2Cohabitating
                              0.100922 0.098914 1.020 0.307682
## MARITALSTATUS2Divorced/Widowed 0.106013 0.145290 0.730 0.465661
## ACCOMPANYCHILD2Cohabitate -0.012255 0.050199 -0.244 0.807148
## ACCOMPANYCHILD2ResideElsewhere -0.035067 0.048845 -0.718 0.472871
## SALARY21500-2500RMB
                             ## SALARY22500-3500RMB
                              -0.072600 0.044031 -1.649 0.099298 .
                              ## SALARY2>=3500RMB
## NUMBEROFCITIESRESIDEDIN2>=3 0.085318 0.031630 2.697 0.007033 **
                              0.045368 0.080913 0.561 0.575049
## DAILYWORKINGHOURS2<8
                               0.075581 0.032102 2.354 0.018625 *
## DAILYWORKINGHOURS28-11
## DAILYWORKINGHOURS2>=11
                               0.049497
                                         0.034045
                                                   1.454 0.146106
## WEEKLYWORKINGDAYS25
                              -0.032612 0.071192 -0.458 0.646931
## WEEKLYWORKINGDAYS26
                               0.004615 0.068104
                                                   0.068 0.945979
## WEEKLYWORKINGDAYS27
                               0.042469 0.068022 0.624 0.532455
## RESIDENCE2Rent(with others)
                               0.070459 0.047383 1.487 0.137129
                              ## RESIDENCE2Rent(family)
                              0.097644 0.045539 2.144 0.032110 *
## RESIDENCE2Rent(alone)
## RESIDENCE2OwnLivingPlace
                              -0.114915 0.067504 -1.702 0.088810 .
## BMI2NormalWeight
                              0.053338 0.043179 1.235 0.216841
## BMI2Overweight
                              0.033017 0.050794 0.650 0.515736
                             0.320589 0.038185 8.396 < 2e-16 ***
## MENTALHEALTH2Abnormal
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.367857)
##
      Null deviance: 1220.97 on 2672 degrees of freedom
## Residual deviance: 970.77 on 2639 degrees of freedom
## AIC: 4948.3
## Number of Fisher Scoring iterations: 2
                                    COR
                                          2.5 % 97.5 %
##
## (Intercept)
                              3.6456074 2.8779112 4.6180902
## AGE2>32
                             1.0150284 0.9581486 1.0752849
## OCCUPATION2Construction
                             0.9787387 0.8481963 1.1293723
## OCCUPATION2Hospitality
                             1.1584592 1.0563645 1.2704211
## OCCUPATION2DomesticSservices 1.1146430 1.0323409 1.2035065
## OCCUPATION2SmallBusiness
                             1.1034555 1.0139224 1.2008948
## OCCUPATION2Recreation/Leisures 1.6781331 1.5343948 1.8353364
## WORKPLACESCALE2Moderate
                             1.0107243 0.9432791 1.0829919
## WORKPLACESCALE2Small
                              1.0526665 0.9840847 1.1260279
## EDUCATIONATTAINMENT2JuniorHigh 1.0406707 0.9165488 1.1816016
## EDUCATIONATTAINMENT2HighSchool 1.0205431 0.9020460 1.1546064
## EDUCATIONATTAINMENT2College 1.0183759 0.8924082 1.1621245
                             1.2135993 1.0983154 1.3409839
## MARITALSTATUS2Single
## MARITALSTATUS2Cohabitating 1.1061900 0.9112421 1.3428443
## MARITALSTATUS2Divorced/Widowed 1.1118359 0.8363149 1.4781265
## ACCOMPANYCHILD2Cohabitate 0.9878195 0.8952573 1.0899520
## ACCOMPANYCHILD2ResideElsewhere 0.9655407 0.8773913 1.0625463
## SALARY21500-2500RMB
                             0.9193689 0.8521751 0.9918609
## SALARY22500-3500RMB
                              0.9299730 0.8530831 1.0137930
## SALARY2>=3500RMB
                             1.1547884 1.0313961 1.2929429
## NUMBEROFCITIESRESIDEDIN2>=3 1.0890634 1.0235987 1.1587150
## DAILYWORKINGHOURS2<8
                            1.0464129 0.8929556 1.2262423
```

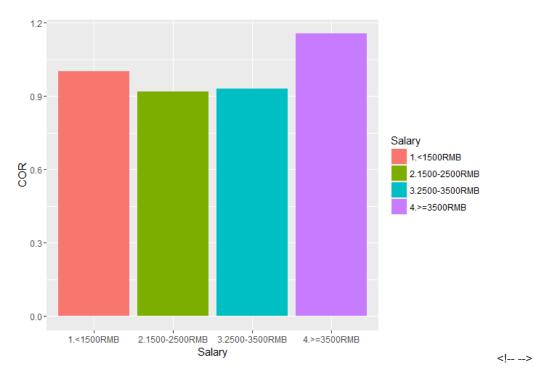
i	##	DAILYWORKINGHOURS28-11	1.0785105	1.0127431	1.1485488
ŧ	##	DAILYWORKINGHOURS2>=11	1.0507422	0.9829170	1.1232476
ŧ	##	WEEKLYWORKINGDAYS25	0.9679142	0.8418567	1.1128473
i	##	WEEKLYWORKINGDAYS26	1.0046257	0.8790917	1.1480859
i	##	WEEKLYWORKINGDAYS27	1.0433837	0.9131537	1.1921865
ŧ	##	RESIDENCE2Rent(with others)	1.0730011	0.9778398	1.1774232
i	##	RESIDENCE2Rent(family)	0.9874437	0.9194093	1.0605125
i	##	RESIDENCE2Rent(alone)	1.1025700	1.0084241	1.2055053
i	##	RESIDENCE2OwnLivingPlace	0.8914418	0.7809681	1.0175428
i	##	BMI2NormalWeight	1.0547857	0.9691929	1.1479374
i	##	BMI2Overweight	1.0335682	0.9356281	1.1417604
i	##	MENTALHEALTH2Abnormal	1.3779398	1.2785766	1.4850249

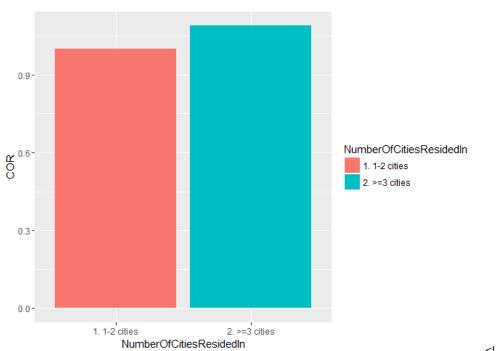
## Female - significant risk factor COR visualization



1.251.000.750.500.500.501Married 2Single 3Cohabitating 4Divorced/Widowed MaritalStatus

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