a. Is this MVP really minimal?

It is kind of minimal, so we do need rolling maximum 8 dice and etc.

b. Is this MVP really viable?

I don’t think it is really viable, according to the rule book, the game have 4 process in one rounds and 8 kind of fortune card need use:

1. Preparation(set up) Stage
2. Playing stage (rolling and rerolling)
3. Scoring stage
4. Final turn stage

c. Can some features be simplified?

yeah