

# Xiaowen Han

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## EDUCATION

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- 2019 – Present      **University of Minnesota-Twin Cities**, Minneapolis, MN, U.S.
- Ph.D. Candidate in Sociology
    - Dissertation: *More Than Just a Paycheck: Essays on Life Course Inequality in Intrinsic Job Rewards, Economic Mobility, and Health*
  - M.S. in Biostatistics, School of Public Health, 2023 – Present
  - Ph.D. Minor in Population Studies, Minnesota Population Center, 2022
  - M.A. in Sociology, 2022
- 2016 – 2019      **Beijing Foreign Studies University**, Beijing, China
- M.A., American Studies, School of English and International Studies
- 2012 – 2016      **Xi'an Jiaotong University**, Xi'an, China
- B.A., English Language and Literature
  - Bachelor of Management, Accounting (Dual Degree)

## RESEARCH INTERESTS

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Life Course, Health Disparities, Work and Occupations, Social Stratification and Mobility, Race and Ethnicity, Social Psychology, Family Demography, Quantitative Methodologies

## PEER-REVIEWED PUBLICATIONS

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VanHeuvelen, Tom, **Xiaowen Han**, and Jane VanHeuvelen. Forthcoming. “The Mortality Implications of a Unionized Career.” *Social Science & Medicine*. [\[Link\]](#)

**Han, Xiaowen\***, Jessie Himmelstern\*, and Tom VanHeuvelen. 2024. “The Contribution of Work Values to Early Career Mobility.” *Research in Social Stratification and Mobility*. [\[Link\]](#)

\* Indicates equal first authorship, with names listed alphabetically.

Swartz, Teresa, Claire Kamp Dush, **Xiaowen Han**, Miranda N. Berrigan, Wendy D. Manning, and Katie Nguyen. 2024. “Racial Discrimination and Mental Health Among Asian Americans During the COVID-19 Pandemic.” *Sociology of Race and Ethnicity*. [\[Link\]](#)

**Han, Xiaowen**. 2024. “Demographic Pathways and Intergenerational Effects of Changes in Women’s Education: Evidence from China.” *Chinese Journal of Sociology* 10(2): 243-73. [\[Link\]](#)

**Han, Xiaowen**, Tom VanHeuvelen, Jeylan T. Mortimer, and Zachary Parolin. 2024. “Cumulative Unionization and Physical Health Disparities among Older Adults.” *Journal of Health and Social Behavior* 65(2): 162-81. [\[Link\]](#)

- Han, Xiaowen** and Jeylan T. Mortimer. 2023. “Dynamic Work Trajectories and Their Interplay with Family over the Life Course.” *Frontiers in Sociology* (Section on Work, Employment, and Organizations), Vol.8. [[Link](#)]
- Han, Xiaowen**, Jeylan T. Mortimer, and Tom VanHeuvelen. 2022. “Perceived Discrimination in the Workplace and Mental Health from Early Adulthood to Midlife.” *Longitudinal and Life Course Studies* 14 (1): 22-47. [[Link](#)]
- Han, Xiaowen**. 2019. “Cultural Identity in the Age of Globalization: The Influence of Cultural Consumption on Chinese University Students’ Cultural Identity.” (in Chinese). *Forum on Cross-Cultural Studies* 1(2): 56-69.

## MANUSCRIPTS IN PROGRESS

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Coming Together or Growing Apart: The Trajectories of Intrinsic Rewards from Work and Income Mobility over the Career Life Course.

- Dissertation chapter; results to be presented at the 2025

“The Intergenerational Reproduction of Self-Direction at Work: Revisiting Class and Conformity.” R&R for *Social Forces*

- with Prof. Jeylan Mortimer and Prof. Kaspar Burger

“Constancy of Self-Attitudes from Adolescence to Mid-Life: Does Change Become More Durable or Transient with Age?” Under Review for *American Sociological Review*

- with Prof. Jeylan Mortimer, Prof. Monica Johnson, and Prof. Mike Vuolo

“The Health Consequences of Career-Long Job Quality.” Under Review for *American Journal of Sociology*

- with Prof. Tom VanHeuvelen

## RESEARCH EXPERIENCE

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June 2024 –	Research Assistant for Prof. Phyllis Moen <ul style="list-style-type: none"> <li>• Research Project on “Changing Work Conditions and Cognitive Health in Later Adulthood”</li> </ul>
Jan. 2023 – May 2024	Research Assistant for Prof. Rob Warren <ul style="list-style-type: none"> <li>• EdSHARe (High School &amp; Beyond)</li> </ul>
Sept. 2022 – Jan. 2023	Research Assistant for Prof. Tom VanHeuvelen <ul style="list-style-type: none"> <li>• Research Project on “Cumulative Job Quality and Later-Life Health”</li> </ul>
June 2021 – Aug. 2021	Research Assistant for Prof. Teresa Swartz and Claire Kamp Dush <ul style="list-style-type: none"> <li>• Research Project on “Racial Discrimination and Mental Health Among Asian Americans During COVID” with NCHAT data</li> </ul>
Sept. 2019 – May. 2022	Research Assistant for Prof. Jeylan T. Mortimer <ul style="list-style-type: none"> <li>• Youth Development Study (YDS)</li> </ul>

## AWARDS, GRANTS, AND HONORS

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May 2024	<b>Graduate Summer Research Fellowship</b> <ul style="list-style-type: none"><li>• Department of Sociology, UMN (\$4,000)</li></ul>
2023-24	<b>Barbara Lobodzinska-Lien Sociology Fellowship</b> for research in work and family <ul style="list-style-type: none"><li>• Department of Sociology, UMN (\$25,000)</li></ul>
May 2023	<b>Outstanding Graduate Research Paper</b> <ul style="list-style-type: none"><li>• Department of Sociology, UMN</li></ul>
Apr 2023	<b>Poster Presentation Award Winner</b> , 2023 PAA Annual Meeting. <ul style="list-style-type: none"><li>• “Cumulative Unionization and Physical Health Disparities among Older Adults”, with Prof. Tom VanHeuvelen, Jeylan Mortimer, and Zachary Parolin</li></ul>
Oct 2022	<b>Shimota Family Fellowship</b> <ul style="list-style-type: none"><li>• Department of Sociology, UMN (\$4,000)</li></ul>
June 2022	<b>Graduate Research Partnership Program</b> (with Prof. Tom VanHeuvelen) <ul style="list-style-type: none"><li>• Department of Sociology, UMN (\$4,000)</li></ul>
2021-23	Professional Development Fund for Conference Travel <ul style="list-style-type: none"><li>• Minnesota Population Center, UMN</li><li>• Department of Sociology, UMN</li></ul>
2019-21	Top-off Graduate Student Fellowship <ul style="list-style-type: none"><li>• Department of Sociology, UMN (\$10,000)</li></ul>

## TEACHING AND MENTORSHIP

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Summer 2024	<b>Instructor</b> for SOC 1001 Introduction to Sociology (Online)
2022 – 2024	Student Mentor for Incoming Graduate Students
2019 – 2021	Research Mentor for Undergraduate Research Assistants

## SERVICE

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2024 – 2025	Student Representative on the Advisory Board of the <b>Life Course Center (LCC)</b> <ul style="list-style-type: none"><li>• Institute for Social Research and Data Innovation (ISRDI), UMN</li></ul>
2023 – 2024	Student Representative on the <b>Diversity, Equity and Inclusion (DEI)</b> Committee <ul style="list-style-type: none"><li>• Department of Sociology, UMN</li></ul>
2023 – 2024	Journal Reviewers <ul style="list-style-type: none"><li>• <i>Journal of Health and Social Behavior</i></li><li>• <i>Longitudinal and Life Course Studies</i></li><li>• <i>Research in Social Stratification and Mobility</i></li></ul>

## PRESENTATIONS

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\* Indicates my role as the presenter

Xiaowen Han\*. **“Coming Together or Growing Apart: The Trajectories of Intrinsic Rewards from Work and Income Mobility over the Career Life Course.”**

- 2025. Population Association of America Annual Meeting (PAA). Washington, D.C., USA.

Xiaowen Han\*. **“Intergenerational Transmission of Intrinsic Rewards at Work.”**

- 2024. Summer Meeting of the Research Committee 28 on Social Stratification and Mobility (RC28). Providence, RI, USA.

Xiaowen Han\*, John Robert Warren, Eric Grodsky, and Chandra Muller. **“The Persistence of Black-White Mental Health Paradox in Later Adulthood: Evidence from the High School and Beyond.”**

- 2024. Population Association of America Annual Meeting (PAA). Columbus, USA.

Xiaowen Han\*, John Robert Warren, and Eric Grodsky. **“The Long Arm of Adolescent Psychological Resources: Effects on Later Life Mental, Physical, and Cognitive Health.”**

- 2024. Population Association of America Annual Meeting (PAA). Columbus, USA.
- 2023. American Sociological Association Annual Meeting (ASA). Philadelphia, USA.

Xiaowen Han\*, Tom VanHeuvelen, Jeylan Mortimer, and Zachary Parolin. **“Cumulative Unionization and Physical Health Disparities among Older Adults.”**

- 2023. Population Association of America Annual Meeting (PAA). New Orleans, USA.
  - Poster Presentation Award Winner
- 2022. “The Health Consequences of Cumulative Unionization.” Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Cleveland, USA.

Kaspar Burger, Francesca Mele, Jeylan Mortimer, and Xiaowen Han. **“The Intergenerational Reproduction of Self-Direction at Work: Revisiting Class and Conformity.”**

- 2023. International Sociological Association (ISA) RC28 Meeting. Paris, France.
- 2023. World Congress of Sociology, International Sociological Association (ISA). Virtual.
- 2023. American Sociological Association Annual Meeting (ASA). Philadelphia, USA.
- 2023. Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Munich, Germany.

Monica Kirkpatrick Johnson, Xiaowen Han, and Jeylan Mortimer. **“Constancy of Self-Attitudes from Adolescence to Mid-Life: Does Change Become More Durable or Transient with Age?”**

- 2023. Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Munich, Germany.

Xiaowen Han\*. **“Demographic Pathways of Intergenerational Educational Reproduction: Evidence from China.”**

- 2023. Population Association of America Annual Meeting (PAA). New Orleans, USA.
- 2022. International Chinese Sociological Association Annual Meeting (ICSA). Virtual.

Xiaowen Han\*, Jessie Himmelstern, and Tom VanHeuvelen. **“Getting by in Precarious Times: How Work Values and Education Structure Employment and Earnings Mobility in the Early Career.”**

- 2022. American Sociological Association Annual Meeting (ASA). Los Angeles, USA.

- 2022. Tom VanHeuvelen, Jessie Himmelstern, and Xiaowen Han. “Getting by in Precarious Times: Intragenerational Mobility in the Transition to Adulthood.” Population Association of America Annual Meeting (PAA). Atlanta, USA.

Teresa Swartz, Claire M. Kamp Dush, and Xiaowen Han. **“Racial Discrimination and Mental Health Among Asian Americans During the COVID-19 Pandemic.”**

- 2022. Population Association of America Annual Meeting (PAA). Atlanta, USA.
- 2022. Association for Asian American Studies Annual Meeting (AAAS). Denver, USA.

Abbey Hammel, Xiaowen Han, and Jeylan Mortimer. **“Agency and Career Uncertainty in the Time of COVID.”**

- 2022. Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Cleveland, USA.

Xiaowen Han\*, Jeylan T. Mortimer, and Tom VanHeuvelen. **“Perceived Discrimination in the Workplace and Mental Health from Early Adulthood to Mid-Life.”**

- 2021. American Sociological Association Annual Meeting (ASA). Virtual.
- 2021. Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Virtual.

Xiaowen Han\*. **“Positive Parenting Practices, Parental Socioeconomic Status, and the Intergenerational Transmission of Psychological Well-being: An Empirical Analysis Based on CFPS Data.”**

- 2020 International Chinese Sociological Association Annual Conference (ICSA). Virtual.

Xiaowen Han\*. **“Structure and Determinants of Beliefs About Meritocracy: A Comparison of the United States and China.”**

- 2020. American Sociological Association Annual Meeting (ASA). Virtual.

## OTHER RESEARCH TRAINING & PROFESSIONAL CERTIFICATES

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Dec. 2021	Causal Inference, CenterStat (online course)
May 2021	Berkeley Workshop in Formal Demography, UC Berkeley (via Zoom)
2013-2014	Exchange student, Fu Jen Catholic University, Taipei

## PROFESSIONAL MEMBERSHIPS

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American Sociological Association (ASA), Population Association of America (PAA), Society for Longitudinal and Life Course Studies (SLLS), International Chinese Sociological Association (ICSA)

## STATISTICAL SOFTWARE

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Stata, R, Python

## LANGUAGES

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Mandarin Chinese, English