

Xiaowen Han

han00208@umn.edu; +1-651-200-0608

EDUCATION

- 2019 – Present **University of Minnesota-Twin Cities**, Minneapolis, MN, U.S.
- Ph.D. Candidate in Sociology
 - Dissertation: *More Than Just a Paycheck: Essays on Life Course Inequality in Intrinsic Job Rewards, Economic Mobility, and Health*
 - M.S. Candidate in Biostatistics, School of Public Health, 2023 – Present
 - Ph.D. Minor in Population Studies, Minnesota Population Center, 2022
 - M.A. in Sociology, 2022
- 2016 – 2019 **Beijing Foreign Studies University**, Beijing, China
- M.A., American Studies, School of English and International Studies
- 2012 – 2016 **Xi'an Jiaotong University**, Xi'an, China
- B.A., English Language and Literature
 - Bachelor of Management, Accounting (Dual Degree)

RESEARCH INTERESTS

Life Course, Health Disparities, Work and Occupations, Social Stratification and Mobility, Race and Ethnicity, Social Psychology, Family Demography, Quantitative Methodologies

PEER-REVIEWED PUBLICATIONS

Burger, Kaspar, Francesca Mele, Monica K. Johnson, Jeylan T. Mortimer, and **Xiaowen Han**. 2025. "The Intergenerational Reproduction of Self-Direction at Work: Revisiting *Class and Conformity*." *Social Forces*. [\[Link\]](#)

VanHeuvelen, Tom, **Xiaowen Han**, and Jane VanHeuvelen. 2025. "The Mortality Implications of a Unionized Career." *Social Science & Medicine*. [\[Link\]](#)

Han, Xiaowen*, Jessie Himmelstern*, and Tom VanHeuvelen. 2024. "The Contribution of Work Values to Early Career Mobility." *Research in Social Stratification and Mobility*. [\[Link\]](#)

* Indicates equal first authorship, with names listed alphabetically.

Swartz, Teresa, Claire Kamp Dush, **Xiaowen Han**, Miranda N. Berrigan, Wendy D. Manning, and Katie Nguyen. 2024. "Racial Discrimination and Mental Health Among Asian Americans During the COVID-19 Pandemic." *Sociology of Race and Ethnicity*. [\[Link\]](#)

Han, Xiaowen. 2024. "Demographic Pathways and Intergenerational Effects of Changes in Women's Education: Evidence from China." *Chinese Journal of Sociology* 10(2): 243-73. [\[Link\]](#)

- Han, Xiaowen**, Tom VanHeuvelen, Jeylan T. Mortimer, and Zachary Parolin. 2024. “Cumulative Unionization and Physical Health Disparities among Older Adults.” *Journal of Health and Social Behavior* 65(2): 162-81. [\[Link\]](#)
- Han, Xiaowen** and Jeylan T. Mortimer. 2023. “Dynamic Work Trajectories and Their Interplay with Family over the Life Course.” *Frontiers in Sociology* (Section on Work, Employment, and Organizations), Vol.8. [\[Link\]](#)
- Han, Xiaowen**, Jeylan T. Mortimer, and Tom VanHeuvelen. 2022. “Perceived Discrimination in the Workplace and Mental Health from Early Adulthood to Midlife.” *Longitudinal and Life Course Studies* 14 (1): 22-47. [\[Link\]](#)
- Han, Xiaowen**. 2019. “Cultural Identity in the Age of Globalization: The Influence of Cultural Consumption on Chinese University Students’ Cultural Identity.” (in Chinese). *Forum on Cross-Cultural Studies* 1(2): 56-69.

MANUSCRIPTS IN PROGRESS

Coming Together or Growing Apart: The Trajectories of Intrinsic Rewards from Work and Income Mobility over the Career Life Course.

- Dissertation chapter; to be presented at the 2025 PAA and 2025 ASA annual meeting

“Constancy of Self-Attitudes from Adolescence to Mid-Life: Does Change Become More Durable or Transient with Age?” Under Review for *American Journal of Sociology*

- with Prof. Jeylan Mortimer, Prof. Monica Johnson, and Prof. Mike Vuolo

“The Health Consequences of Career-Long Job Quality.” Under Review

- with Prof. Tom VanHeuvelen

RESEARCH EXPERIENCE

June 2024 –	Research Assistant for Prof. Phyllis Moen <ul style="list-style-type: none"> • Research Project on “Changing Work Conditions and Cognitive Health in Later Adulthood”
Jan. 2023 – May 2024	Research Assistant for Prof. Rob Warren <ul style="list-style-type: none"> • EdSHARe (High School & Beyond)
Sept. 2022 – Jan. 2023	Research Assistant for Prof. Tom VanHeuvelen <ul style="list-style-type: none"> • Research Project on “Cumulative Job Quality and Later-Life Health”
June 2021 – Aug. 2021	Research Assistant for Prof. Teresa Swartz and Claire Kamp Dush <ul style="list-style-type: none"> • Research Project on “Racial Discrimination and Mental Health Among Asian Americans During COVID” with NCHAT data
Sept. 2019 – May. 2022	Research Assistant for Prof. Jeylan T. Mortimer <ul style="list-style-type: none"> • Youth Development Study (YDS)

AWARDS, FELLOWSHIPS, AND HONORS

May 2024	Graduate Summer Research Fellowship <ul style="list-style-type: none">• Department of Sociology, UMN (\$4,000)
2023-24	Barbara Lobodzinska-Lien Sociology Fellowship for research in work and family <ul style="list-style-type: none">• Department of Sociology, UMN (\$25,000)
May 2023	Outstanding Graduate Research Paper <ul style="list-style-type: none">• Department of Sociology, UMN
Apr 2023	Poster Presentation Award Winner , 2023 PAA Annual Meeting. <ul style="list-style-type: none">• “Cumulative Unionization and Physical Health Disparities among Older Adults”, with Prof. Tom VanHeuvelen, Jeylan Mortimer, and Zachary Parolin
Oct 2022	Shimota Family Fellowship <ul style="list-style-type: none">• Department of Sociology, UMN (\$4,000)
June 2022	Graduate Research Partnership Program (with Prof. Tom VanHeuvelen) <ul style="list-style-type: none">• Department of Sociology, UMN (\$4,000)
2021-23	Professional Development Fund for Conference Travel <ul style="list-style-type: none">• Minnesota Population Center, UMN• Department of Sociology, UMN
2019-21	Top-off Graduate Student Fellowship <ul style="list-style-type: none">• Department of Sociology, UMN (\$10,000)

TEACHING AND MENTORSHIP

Summer 2024	Instructor for SOC 1001 Introduction to Sociology (Online)
2022 – 2024	Student Mentor for Incoming Graduate Students
2019 – 2021	Research Mentor for Undergraduate Research Assistants

SERVICE

2024 – 2025	Student Representative on the Advisory Board of the Life Course Center (LCC) <ul style="list-style-type: none">• Institute for Social Research and Data Innovation (ISRDI), UMN
2023 – 2024	Student Representative on the Diversity, Equity and Inclusion (DEI) Committee <ul style="list-style-type: none">• Department of Sociology, UMN
2023 – 2024	Journal Reviewers <ul style="list-style-type: none">• <i>Journal of Health and Social Behavior</i>• <i>Longitudinal and Life Course Studies</i>• <i>Research in Social Stratification and Mobility</i>• <i>Social Currents</i>

PRESENTATIONS

* Indicates my role as the presenter

Xiaowen Han*. **“Coming Together or Growing Apart: The Trajectories of Intrinsic Rewards from Work and Income Mobility over the Career Life Course.”**

- 2025. American Sociological Association Annual Meeting (ASA). Chicago, USA.
- 2025. Population Association of America Annual Meeting (PAA). Washington, D.C., US.

Xiaowen Han*. **“Intergenerational Transmission of Intrinsic Rewards at Work.”**

- 2025. Population Association of America Annual Meeting (PAA). Washington, D.C., US.
 - Poster Award Winner
- 2024. Summer Meeting of the Research Committee 28 on Social Stratification and Mobility (RC28). Providence, RI, USA.

Xiaowen Han*, John Robert Warren, Eric Grodsky, and Chandra Muller. **“The Persistence of Black-White Mental Health Paradox in Later Adulthood: Evidence from the High School and Beyond.”**

- 2024. Population Association of America Annual Meeting (PAA). Columbus, USA.

Xiaowen Han*, John Robert Warren, and Eric Grodsky. **“The Long Arm of Adolescent Psychological Resources: Effects on Later Life Mental, Physical, and Cognitive Health.”**

- 2024. Population Association of America Annual Meeting (PAA). Columbus, USA.
- 2023. American Sociological Association Annual Meeting (ASA). Philadelphia, USA.

Xiaowen Han*, Tom VanHeuvelen, Jeylan Mortimer, and Zachary Parolin. **“Cumulative Unionization and Physical Health Disparities among Older Adults.”**

- 2023. Population Association of America Annual Meeting (PAA). New Orleans, USA.
 - Poster Award Winner
- 2022. “The Health Consequences of Cumulative Unionization.” Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Cleveland, USA.

Kaspar Burger, Francesca Mele, Jeylan Mortimer, and Xiaowen Han. **“The Intergenerational Reproduction of Self-Direction at Work: Revisiting Class and Conformity.”**

- 2023. International Sociological Association (ISA) RC28 Meeting. Paris, France.
- 2023. World Congress of Sociology, International Sociological Association (ISA). Virtual.
- 2023. American Sociological Association Annual Meeting (ASA). Philadelphia, USA.
- 2023. Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Munich, Germany.

Monica Kirkpatrick Johnson, Michael Vuolo, Xiaowen Han, and Jeylan Mortimer. **“Constancy of Self-Attitudes from Adolescence to Mid-Life: Does Change Become More Durable or Transient with Age?”**

- 2024. American Sociological Association Annual Meeting (ASA). Montreal, Canada.
- 2023. Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Munich, Germany.

Xiaowen Han*. **“Demographic Pathways of Intergenerational Educational Reproduction: Evidence from China.”**

- 2023. Population Association of America Annual Meeting (PAA). New Orleans, USA.
- 2022. International Chinese Sociological Association Annual Meeting (ICSA). Virtual.

Xiaowen Han*, Jessie Himmelstern, and Tom VanHeuvelen. **“Getting by in Precarious Times: How Work Values and Education Structure Employment and Earnings Mobility in the Early Career.”**

- 2022. American Sociological Association Annual Meeting (ASA). Los Angeles, USA.
- 2022. Tom VanHeuvelen, Jessie Himmelstern, and Xiaowen Han. “Getting by in Precarious Times: Intragenerational Mobility in the Transition to Adulthood.” Population Association of America Annual Meeting (PAA). Atlanta, USA.

Teresa Swartz, Claire M. Kamp Dush, and Xiaowen Han. **“Racial Discrimination and Mental Health Among Asian Americans During the COVID-19 Pandemic.”**

- 2022. Population Association of America Annual Meeting (PAA). Atlanta, USA.
- 2022. Association for Asian American Studies Annual Meeting (AAAS). Denver, USA.

Abbey Hammel, Xiaowen Han, and Jeylan Mortimer. **“Agency and Career Uncertainty in the Time of COVID.”**

- 2022. Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Cleveland, USA.

Xiaowen Han*, Jeylan T. Mortimer, and Tom VanHeuvelen. **“Perceived Discrimination in the Workplace and Mental Health from Early Adulthood to Mid-Life.”**

- 2021. American Sociological Association Annual Meeting (ASA). Virtual.
- 2021. Society for Longitudinal and Life Course Studies Annual Meeting (SLLS). Virtual.

Xiaowen Han*. **“Positive Parenting Practices, Parental Socioeconomic Status, and the Intergenerational Transmission of Psychological Well-being: An Empirical Analysis Based on CFPS Data.”**

- 2020 International Chinese Sociological Association Annual Conference (ICSA). Virtual.

Xiaowen Han*. **“Structure and Determinants of Beliefs About Meritocracy: A Comparison of the United States and China.”**

- 2020. American Sociological Association Annual Meeting (ASA). Virtual.

OTHER RESEARCH TRAINING & PROFESSIONAL CERTIFICATES

Dec. 2021	Causal Inference, CenterStat (online course)
May 2021	Berkeley Workshop in Formal Demography, UC Berkeley (via Zoom)
2013-2014	Exchange student, Fu Jen Catholic University, Taipei

PROFESSIONAL MEMBERSHIPS

American Sociological Association (ASA), Population Association of America (PAA), Society for Longitudinal and Life Course Studies (SLLS), International Chinese Sociological Association (ICSA)

STATISTICAL SOFTWARE

Stata, R, Python

LANGUAGES

Mandarin Chinese, English