

How to Reduce the Risk of a Ban When Creating a New Account:

If you want to create a new account with the lowest risk of getting banned, follow this approach:

1. Use an iPhone or iPad (the logic behind this is that most spammers don't use an iPhone or iPad for this )
2. Connect with 5G (no VPN)
3. Open Safari in an incognito tab (this automatically activates private relay if you have an iCloud subscription).

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LTE 92%

Private Browsing

Safari is designed with privacy in mind by preventing tracking by default. Private Browsing adds additional privacy protections for all your private tabs. After you close a tab, Safari won't remember the pages you visited, your search history or your AutoFill information.

Privacy Report



Safari has not yet blocked any connections in Private Browsing. Your IP address is hidden from known trackers and websites you visit.

Edit



Search or enter website



4. Open Pinterest.com and create a new personal account (not a business account immediately!)

5. Wait 1-2 days and switch your account to a business account then

I've tested this method countless times on different devices, browsers, with proxies and VPNs and without. This is by far the safest way.

Additional Thoughts & Observations:

Lately, I've seen quite a few banned account screenshots circulating on X - often tied to Pins uploaded via third-party tools or from users reporting AI-generated Pins.

It seems like Pinterest is getting even more sensitive when it comes to third-party schedulers. So I highly recommend using Pinterest's native scheduler instead.

💡 My Experience:

I haven't had any bans in a long time, but back when I was using Tailwind regularly, some accounts did get flagged from time to time.

Same goes for posting too much in one go - if you're uploading more than 48 Pins per day, especially on newer accounts (under 1 year old), the chances of getting flagged go way up.

Why Pinterest Is Cracking Down on Spam

I think Pinterest is doubling down on spam filters because AI has massively increased activity on the platform - and with that, came a wave of spammers.

You can still use AI images - but they need to be high quality.

We filter out anything that doesn't meet our standards.

These days, you can get much better results by training Midjourney or Ideogram and experimenting with different prompts - some of them work insanely well.