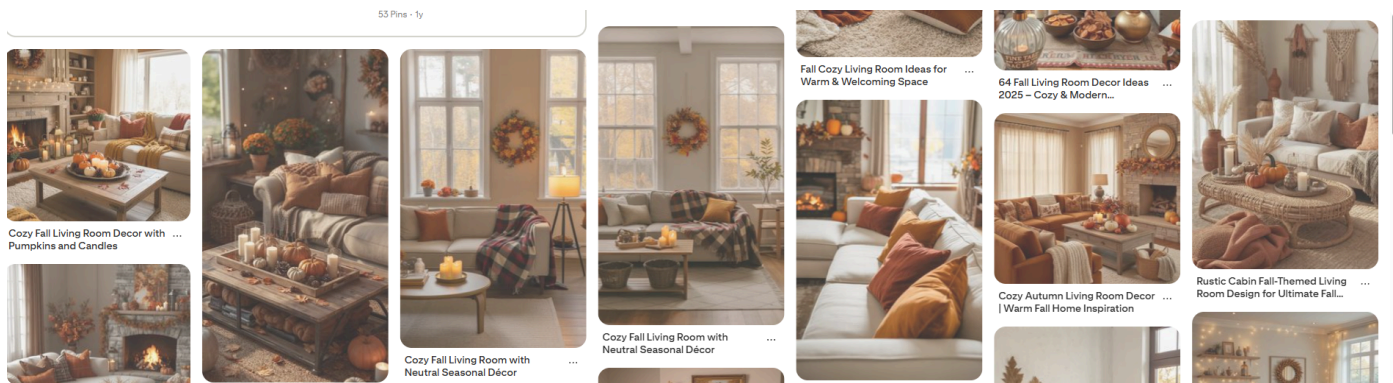


## 1) Start with the right *style* (copy what already wins)

1. Open Pinterest in Incognito → search your keyword → download 3 top-ranking pins (same look/feel you want).




2. In PinToolKit → AI Image Prompt Generator, upload those 3 images → click Generate to get 10 optimized prompts per keyword.  
(Those are highly optimized for the optimal Pinterest inspo vibe and pin style).


**PinToolKit**

fall living room decor

**Selfie Format**  
☐ Enable for portrait-style prompts

Custom keywords (comma-separated)

  
**Upload Pinterest Reference Images**  
Drag & drop up to 3 Pinterest images here  
or click to select files  
[Select Images](#)



[Generate Prompts](#)

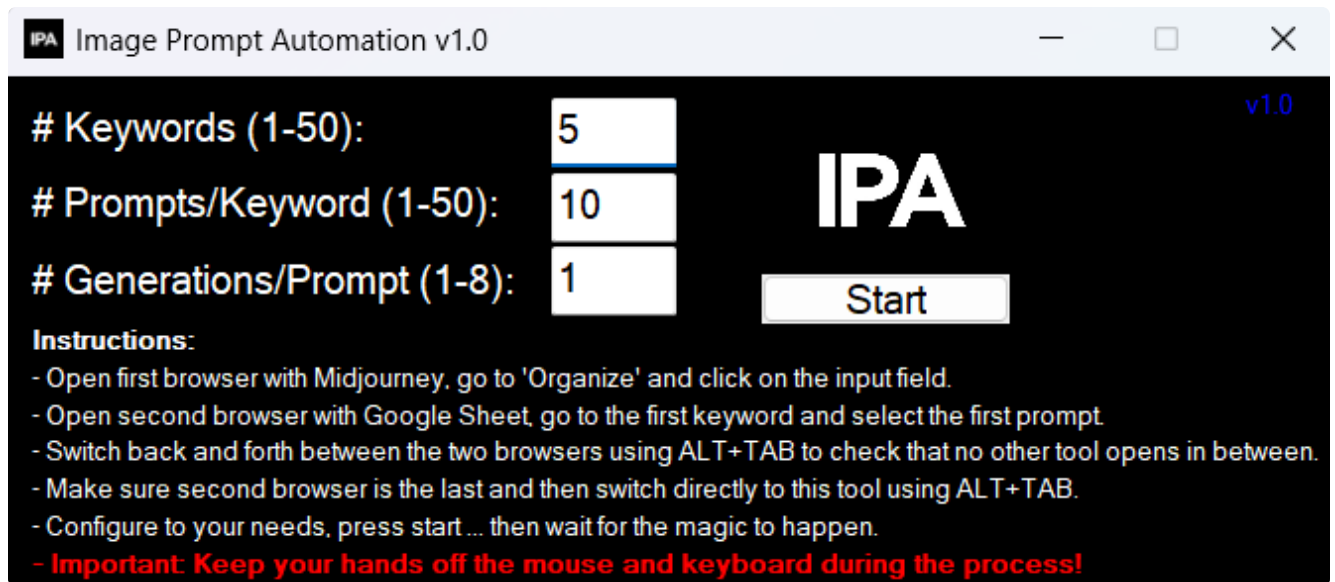
3. Paste those prompts into a Google Sheet (Tab = keyword). Do this for as many keywords as you plan to cover - it makes the next steps hands-free.

💡 Why this matters: You're aligning your pin generation to interest clusters that already rank, which improves 24–48h engagement signals and downstream distribution.

## 2) Hands-free generation

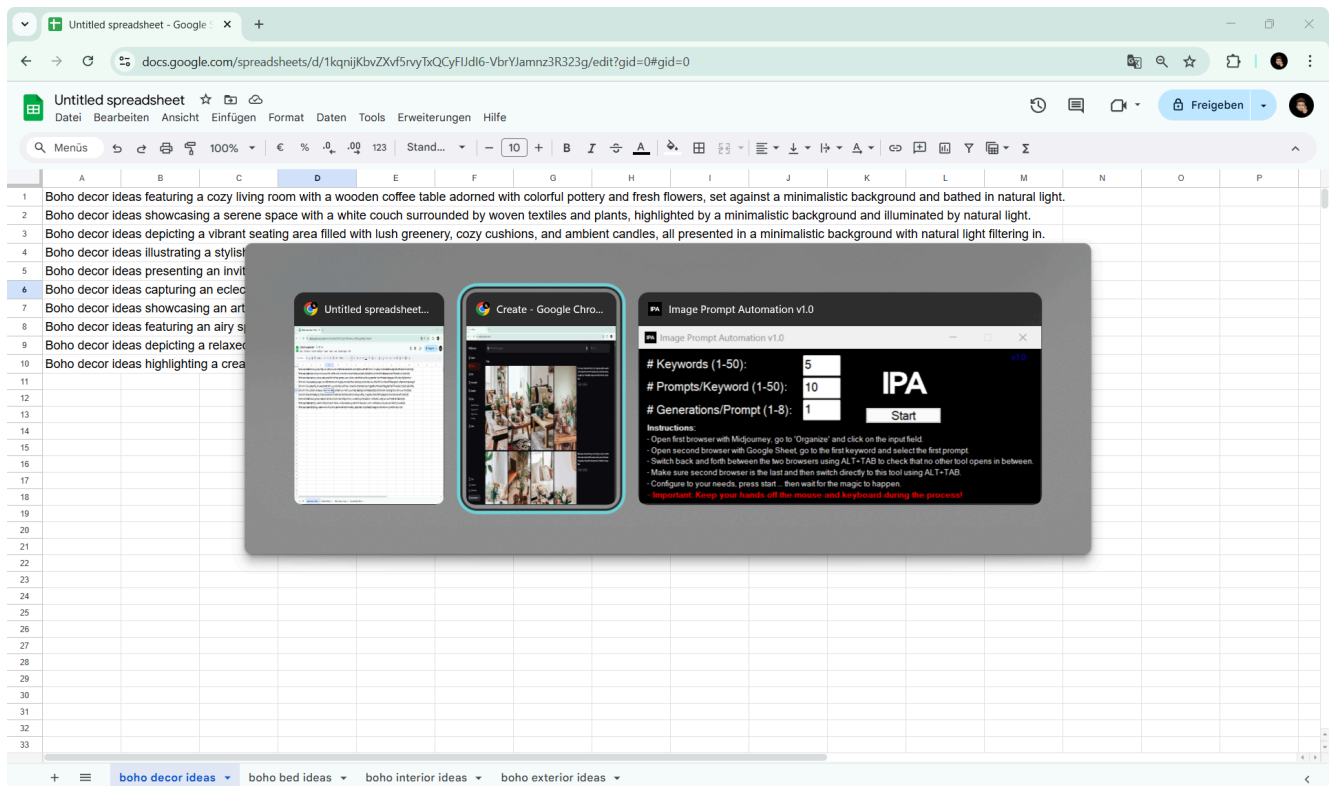
Option A - Midjourney:


1. Open [midjourney.com](https://midjourney.com) → Create in one browser window. Open your Google Sheet in another.
2. Automatically generate images with our Image Prompt Automation
  - ⚠ IMPORTANT: I strongly recommend running the automation on a second PC or at a time when you don't need the PC (e.g., before going to sleep). While the automation is running, your PC will be blocked, and you won't be able to use it for other tasks.
  - Open [midjourney.com](https://midjourney.com) in a second browser window and go to Create (Tip: You can similarly do this with [ideogram.ai](https://ideogram.ai), especially for text overlay pins).
  - Use Copy our Image Prompt Automation to efficiently copy and process the prompts.

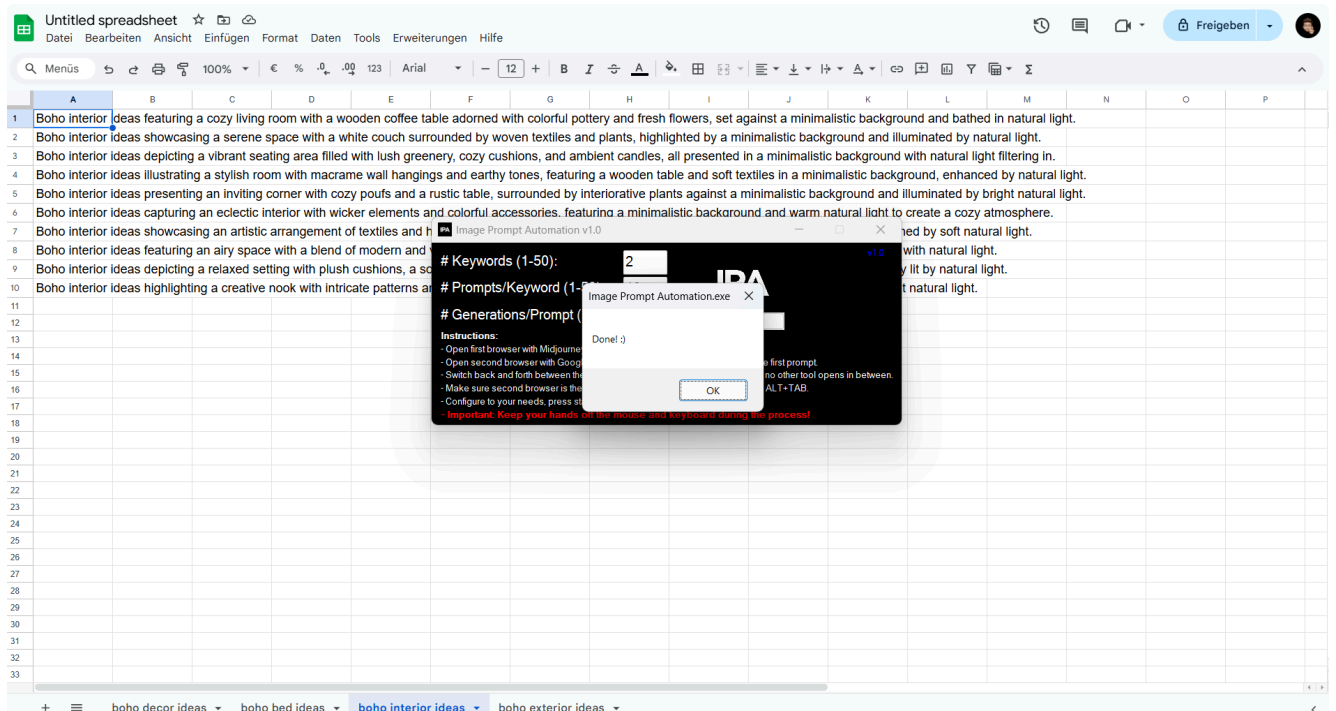


[Image Prompt Automation.exe\(983 KB\)](#)

- Download the Image Prompt Automation, start it, and configure it according to your needs:
  - Number of Keywords = Number of tabs in your sheet
  - Prompts per Keyword = How many prompts do you have per keyword (we typically use 10)
  - Generations per Prompt = How many images should be generated per prompt
- Make sure the browser window with Midjourney and the browser window with the Google Spreadsh



- Then, switch back to the Image Prompt Automation tool and click Start.  
 **Important: Don't touch your keyboard or mouse while the tool is running!**  
 The tool will minimize and automatically copy each prompt from the Google Spreadsheet into Midjourney by simulating keyboard and mouse actions.
- Once the Image Prompt Automation is finished, you'll receive a short message. From this point on, you can use your mouse and keyboard again.



## Option B - Ideogram (native batch workflow):

- Log into [ideogram.ai](https://ideogram.ai).

2. Use Ideogram's batch flow (we prefer this over external automation; it's much more stable).

### Batch Generation

Save time and create images in bulk with Batch Generation. Simply upload a spreadsheet with your prompts and come back to finished images. [Learn more](#)

Download template

Simple template (.csv)  
Full template (.csv)

Upload spreadsheet

File name	Submitted		Status	
Batch 8.csv	9:13 AM	100%	Done	↓
Batch 7.csv	9:12 AM	100%	Done	↓

All you need to do is fill out their template sheet with your prompts and settings - and Ideogram will generate all the images for you automatically, without having to enter each prompt one by one.

	A	B	C	D	E	F	G	H	I	J	K	
	prompt	visibility	aspect_ratio	magic_prompt	model	seed_number	rendering	negative_prompt	style	color_palette	num_images	
	A clean, minimal private		16:9	off	2.0		default		design		1	
	A watercolor illus private		16:9	off	2.0		default		design		2	
	A bright and refr private		16:9	off	2.0		default		general		3	
	A sleek, modern private		16:9	on	2.0	238171730	default	on	design	#ffffff #ff8b2b #8b4513	4	
	A humorous, car private		16:9	on	2.0		default		design		1	
	Happy active sei private		16:9	on	2.0		default		auto		3	

It's super convenient, and we actually prefer this over using an additional external automation (which we've also built and tested before). This is simply the easiest way.

The only catch: you'll need the Pro version (\$60/mo). But my recommendation is to get Pro once, generate as many images as you possibly can, and then cancel. That way, you can build up a huge buffer (because you get unlimited *slow credits* that can generate in the background).

You can easily organize everything into your Google Drive folders and prepare content for several months ahead.

💡 MJ is fantastic for volume/plain images. Ideogram is excellent for text-overlay heavy designs.

### 3) Download images in clean batches

From Midjourney:

1. Go to Organize → scroll to most recent images.
2. SHIFT-click to select many → Download (MJ auto-packs into ZIPs of ~50).

From Ideogram:

1. Go to Creations → each set is 4 images; tick the white checkbox of one per set (or click-drag to multi-select).
2. Click Download (packs to ZIPs, max 50/ZIP).

Move ZIPs to a working folder (we use C:\Temp on Windows for simplicity).

#### 4) Bulk unzip & safe rename ZIPs (1 click)

1. Copy rename\_and\_unpack.bat into your ZIP folder (e.g., C:\Temp ).
2. Double-click to run → If Windows warns, click More info → Run anyway.
3. It will auto-rename ZIPs (remove weird chars) and extract all. You'll see a Done message.
4. You can delete the ZIPs and the BAT now (they're in Recycle Bin if you need them later).


Mac: The file includes Mac instructions to create/run the shell script in Terminal ( `touch` , `nano` , `chmod +x` , then `bash ...` ). Follow the snippet in the lesson to make the script executable and run it in the same folder as your ZIPs.

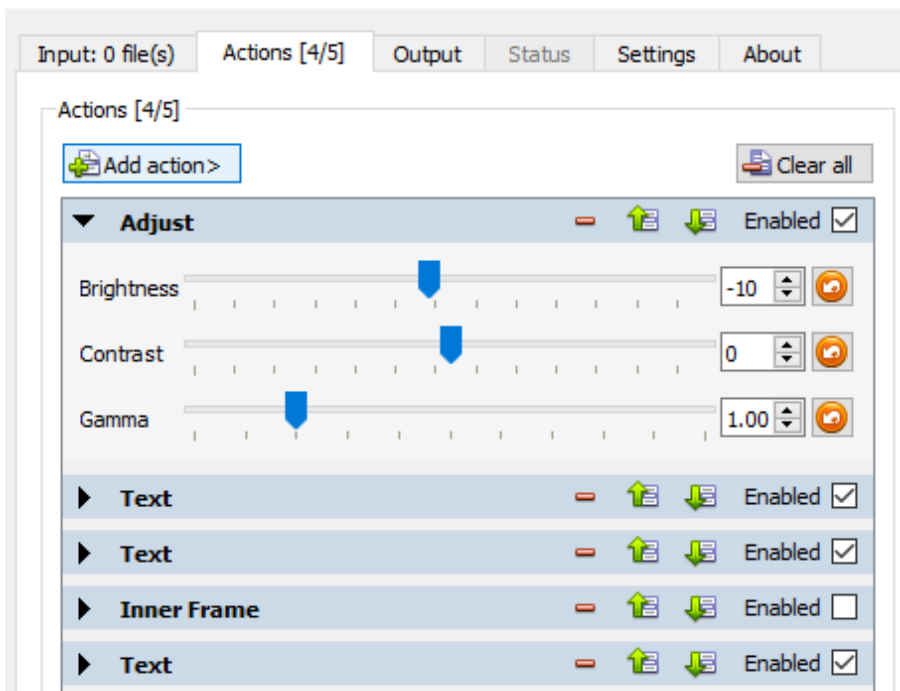
You can see this workflow more in detail

here: <https://www.pinscalesystem.com/view/courses/pindesignworkflow/3325446-tools-automation/10836398-script-package-unpack-high-amount-of-zip-files-shuffle-rename-files>

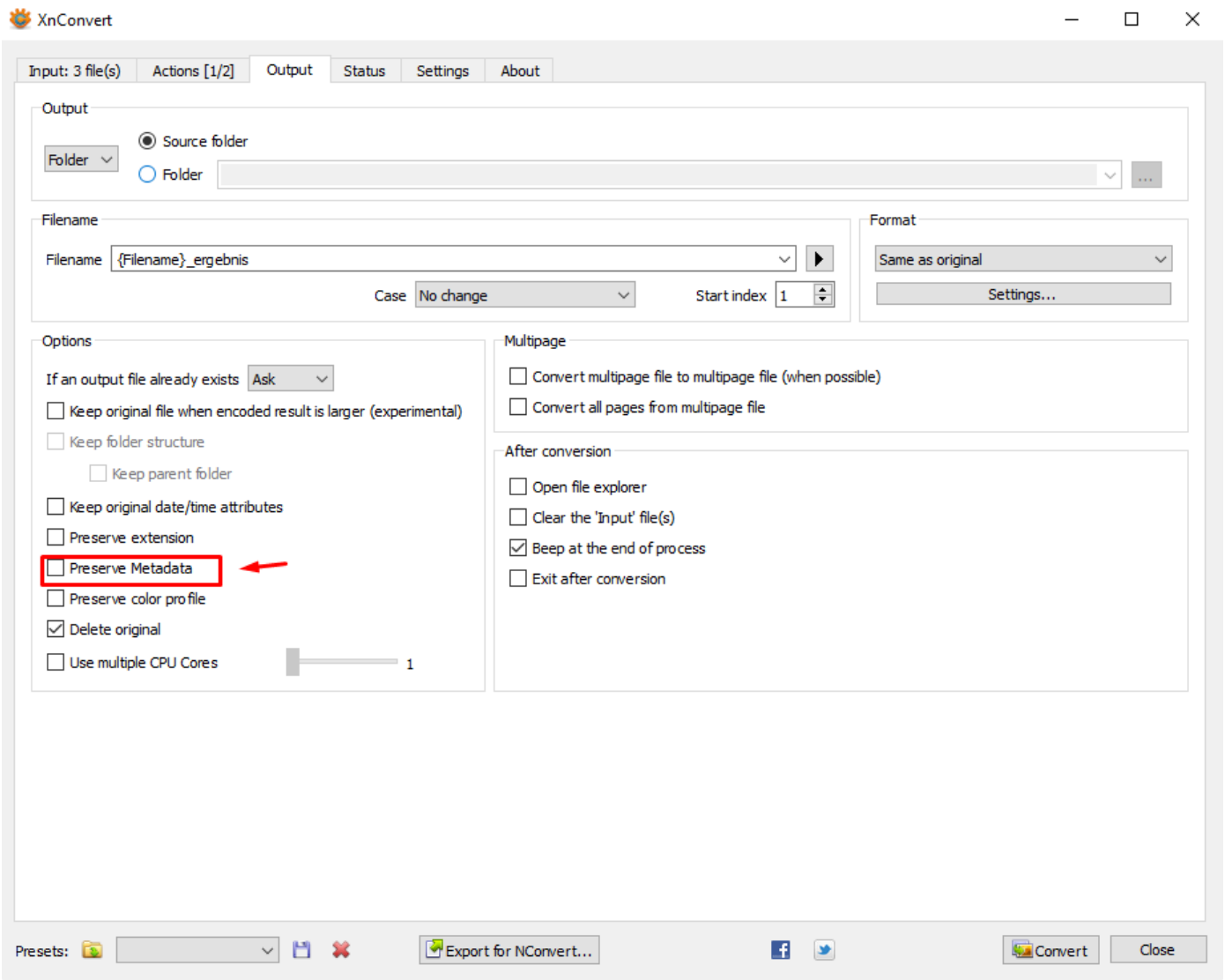
#### 5) Humanize + strip metadata in XnConvert

1. Open XnConvert → Add folder → select your working folder (e.g., C:\Temp ).
2. In Actions, make a few small adjustments - like tweaking brightness and contrast, adding a bit of grain or texture, and maybe a subtle vignette - just enough to break up the image's perfection a little.

 XnConvert



3. Go to Output → uncheck “Preserve metadata” (removes EXIF, MJ username, prompts).



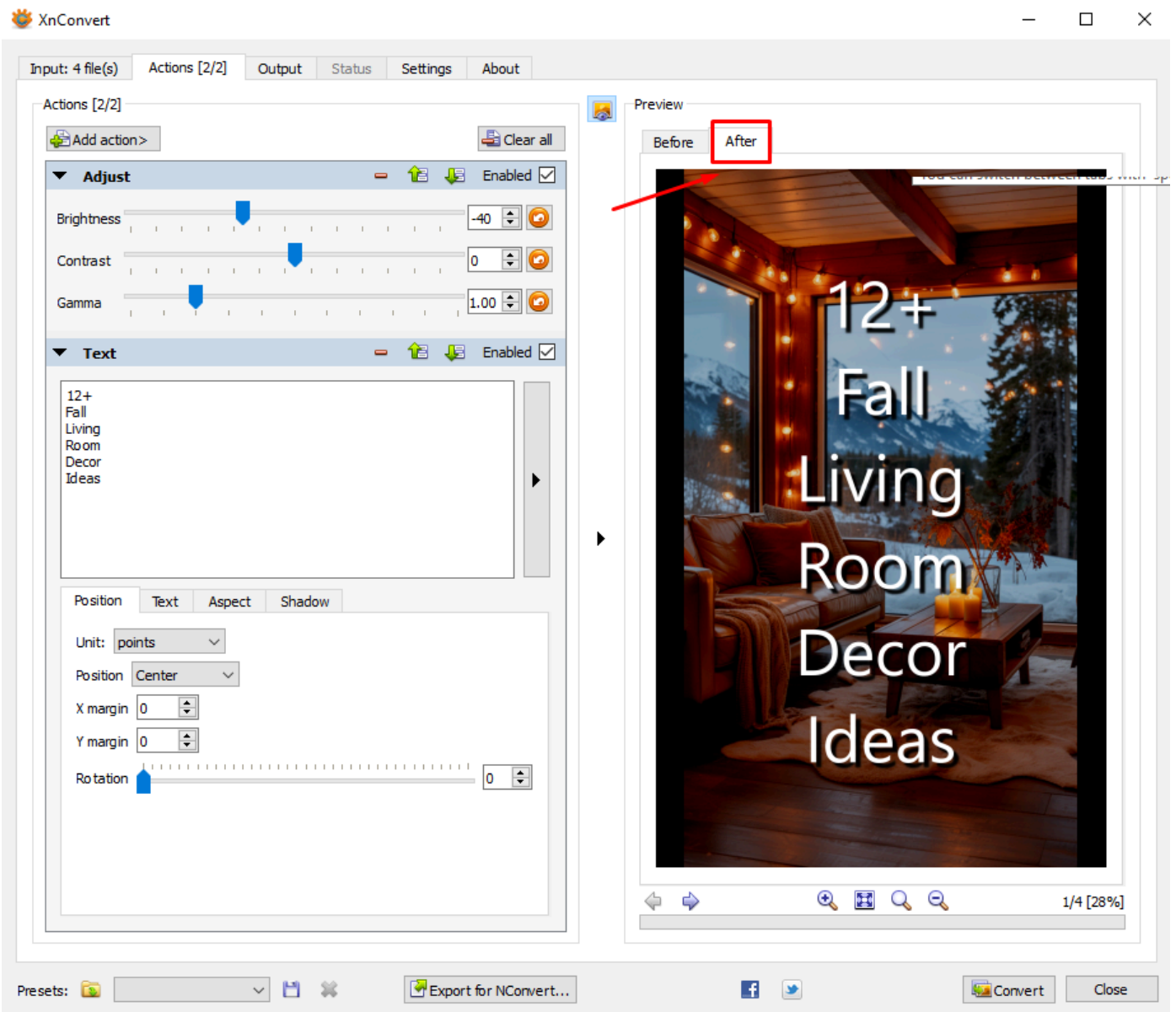
4. Click Convert → Yes. Let it finish.

💡 Why this matters: Pinterest models don't only read EXIF; they detect synthetic patterns (uniform light, perfectly smooth gradients, repeating edge geometry). Controlled micro-imperfections + metadata cleaning make outputs scan as organic.

6) Auto text overlays in XnConvert (optional)

- Still in XnConvert, set overlay text with dynamic placement responsive to 9:16.
- You can also save this as a template to standardize title placements.





## 7) (Optional) Sync to Google Drive for Desktop

1. Install Drive for Desktop → sign in (you get a G: drive).
2. Copy your Ready-to-Upload keyword folders into your Drive.
3. Check the Drive icon for sync status.
4. When it says success, you can safely clean local temp to keep your machine light.

Result: You now have upload-ready AI image folders that look human, are cleaned, titled/overlaid (if you chose), and neatly named per keyword.