



VENTURA FOODS, LLC

PERATOR SUPPORT SERVICES

Culinary & Product Development

Name: Black Sesame Soba Pasta Salad

Ingredients:	Quantity	Procedure
Pine nuts	1T	1.Lightly brown pine nuts and sunflower seeds
Sunflower seeds	1T	2.Add sesame seeds and toast for 30 seconds
Black sesame seeds	1C	3.Puree seed mixture and add dressing (should be a thick paste)
Cayenne	1/2t	4.Combine all ingredients well and serve
Sea salt- fine grain	TT	
Broccoli, poached, cooled	1/2C	
Green onions, bias sliced 1/8"	1/4C	
Cucumber, peeled, sliced 1/8"	1/4C	
Tofu, 1" squares, seared	1/2C	
<i>Mandarin Orange Ginger, 14187-SYS</i>	1C	
Soba noodles, cooked, cooled	1#	