

ADHD IN GIRLS

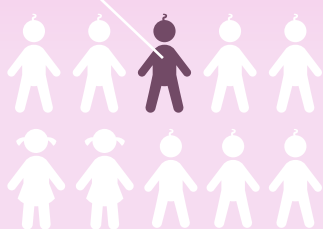


ARE YOU MISSING THE SIGNS?

6.1
Million

6.1 million American children —
about 1 in 10 —
have ADHD

1 OUT OF 10



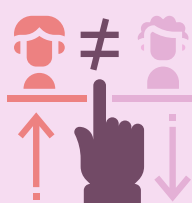
yet boys are 3 times
more likely to receive
an diagnosis than girls



Girls are significantly
**UNDER-
DIAGNOSED**

ADHD(Attention Deficit Hyperactivity Disorder)
is a **common** neurodevelopmental condition

People with **ADHD** have **brain** differences
compared to those without it



**A Systemic
Gender Bias** - in
medical research
has largely
contributed to the
underdiagnosis of
girls.



**PRESENTATION
DIFFERENCE**

Other Causes



**MIS-
DIAGNOSIS**



**LACK OF
AWARENESS**

Forgetful
Spacey
Makes
careless
mistakes
Does not
appear to
listen
Often appear
overwhelmed

INATTENTIVE

Girls are most
commonly
diagnosed with the
Inattentive ADHD
compared to boys

While they could
also be
**hyperactive or
the combined**

Racing
Thoughts
Fidgeting
Impulsive
with
decisions
Intense
verbal
activity
Emotional
Dysregulation

HYPERACTIVE

**Failing to recognize and intervene in cases of ADHD in girls
can lead to significant consequences in later lives:**



**ACADEMIC
UNDER-
ACHIEVEMENT**



**LOW
SELF-ESTEEM**



**VULNERABLE TO
BULLYING**



**RISK TO
EATING
DISORDER**



**ANXIETY
AND
DEPRESSION**

IF YOU ARE CONCERNED

FIND OUT IF YOUR CHILD HAVE ADHD

See your doctor to
get an diagnosis



KEEP TRACK OF ✓

The Symptoms



COLLECT FEEDBACK

From those
close to you
or your child



LEARN MORE ABOUT **GIRLS WITH ADHD** AT
<https://adhdgirlsandwomen.org/resources/>