

提议	propose, suggest, recommend, put forward
也许	might, may, could, possibly
...过	have完成时, have done, have been, have already
也许	perhaps, maybe, conceivably, perchance
折中的办法	middle ground, compromise, happy medium
理解	understand, comprehend, grasp
顾虑	concern, worry, apprehension
再讨论	revisit, re-examine, review
问题	issue, problem, matter
观点	point, opinion, perspective
恐怕	afraid, fearful, apprehensive
如果...怎么样	what if, suppose, imagine
有可能	could potentially, might possibly, may well
有能力	well-equipped, qualified, competent
确信	certain, sure, confident
遇到	encounter, come across, face
挫折	setback, obstacle, difficulty
想想	brainstorm, generate ideas, think creatively
感激	gratitude, thankfulness, appreciation
感激	appreciate, value, acknowledge
很高兴...	It's a pleasure, It's an honor, Delighted to
保持联系	stay in touch, keep in contact, remain connected
...很愉快	It's great doing..., It's wonderful doing, It's nice doing
期待	look forward to sth., await with pleasure, anticipate
保重	take care, look after yourself, be well
依次介绍	go round the table and introduce ourselves, take turns to introduce, do round-table introductions
开始议程	move on to the agenda, proceed to the agenda, begin the schedule
坚信	strongly believe, firmly convinced, deeply trust
看法	thought, opinion, viewpoint
事情	matter, issue, affair
探讨	explore, investigate, examine
我想	I'd like to, I wish to, I want to
总结	summarize, recap, outline
总之	in conclusion, to sum up, ultimately
达成一致	agree on, reach consensus, concur
继续前进	move forward, progress, advance
关于	regarding, concerning, with respect to
澄清	clarify, explain, elucidate
清楚	clear, understandable, transparent
会议结束	the meeting is adjourned, the meeting is concluded, we're done
会议定在	the meeting is scheduled for [date], set for [date], planned for [date]
一路平安	safe travels, have a safe trip, travel safely
很高兴	thrilled, delighted, excited

大家好	greetings, hello everyone, good day
我叫	I go by the name of ..., I'm known as, My name is
磨炼我的技能	honed my mention skills, refined my abilities, perfected my techniques
任职	tenure, term of office, period of service
负责	oversaw, supervised, managed
完善	refine, improve, polish
在这个过程中	in the process, during this time, meanwhile
积累	gain, acquire, accumulate
有价值, 丰富	valuable, precious, worthwhile
提高了	enhance, improve, boost
真心	genuinely, sincerely, truly
机会	prospect, opportunity, possibility
贵公司	your esteemed company, your reputable firm, your distinguished organization
成长	grow, develop, progress
成为一员	be part of, join, belong to
充满活力	dynamic, energetic, vibrant
使我振奋	something that truly energizes me, highly motivating, deeply inspiring
使人鼓舞	inspiring, motivational, uplifting
突显	highlight, emphasize, showcase
非常契合	aligns well, matches perfectly, fits ideally
要求	requirement, prerequisite, condition
感到自豪	take pride, take pride in, feel honored by
在职位上脱颖而出	excel in this position, shine in this role, stand out in this job
详细介绍	elaborate on, expand upon, provide details about
感兴趣	curious, interested, keen
组成	composition of the team, team makeup, group structure
在...方面	in terms of, regarding, with respect to
计划, 项目	initiative in place, project underway, program established
资格	qualification, credential, requirement
机会	possibility, opportunity, chance, prospect
考虑	consideration, factor, element
...很愉快	It's been a pleasure doing sth., It was delightful doing, I enjoyed doing
前景	prospect, outlook, potential
特地	I've come to, I'm here to, My purpose is to
特殊照顾	going out of your way for us, making special arrangements, providing exceptional service
草拟	draw up, draft, prepare
临时方案	a tentative plan, provisional arrangement, preliminary scheme
稍加修改	minor alterations can be made then, small changes possible, slight adjustments allowed
是否能保证	is there any way of ensuring, can we guarantee, is it possible to assure
安排很满	full, packed, busy
如果..., 可以	..., that is, if ..., provided that, on condition that
如果你们愿意	it is all right with you, if you agree, should you approve
白天的讨论	discussed during the day, daytime conversations, daylight deliberations

双方都了解情况	that'll put us both in the picture, keep us both informed, ensure mutual understanding
我不能马上说定	I can't say for certain off-hand, I can't commit immediately, I need time to confirm
最好	better to, preferable to, wiser to
比	rather than, instead of, as opposed to
多待一天	spend an extra day, stay one more day, extend by a day
尽管我们很想这样做	much as we'd like to, as much as we desire to, while we wish to
过得愉快	have a pleasant stay here, enjoy your time here, have a good visit
是否能	I wonder if it is possible..., Could you possibly..., Would it be feasible to...
提高	raise, increase, elevate
劳动强度	intensity of labor, workload pressure, job demands
必须通过	have to go through, must undergo, need to complete
放在第一位考虑	put quality as the first consideration, prioritize quality, make quality the top priority
数量	quantity, amount, volume
给你增添麻烦	cause you too much trouble, inconvenience you, create difficulties for you
希望	hope, wish, desire
戴上	wear, put on, don
全自动	full automatic, completely automated, fully mechanized
检查	inspection, examination, review
印象	general impression, overall perception, initial feeling
留下印象	be impressed by, be amazed by, be struck by
使你们胜过	give you an edge over your competitors, provide a competitive advantage, make you stand out
扩大到	expand into, grow into, extend to
探寻	inquire, investigate, look into
乐意帮助	be happy to be of help, glad to assist, pleased to support
确保	assure, guarantee, promise
粗略看	have a glance at, take a quick look, skim through
一致	conside with ours, match ours, align with us
怪不得	no wonder, it's not surprising, understandable
什么时候洽谈生意	at what time can we work out a deal, when can we negotiate, schedule business discussions
扩大	expand, grow, extend
愿望	desire, wish, aspiration
也许	probably, likely, presumably
采取	adopt, implement, take up
百闻不如一见	seeing is believing, direct experience convinces, visual proof persuades
简略说明	outline, summarize, sketch
特性	characteristics, features, qualities
开始	proceed with, begin, commence
顺便	by the way, incidentally, as an aside
提出一个要求	ask you a favor, request your assistance, seek your help
可以请在明天以前回复 吗	would it be too much to ask you to respond to my question by tomorrow, could you reply by tomorrow, may I have your response by then
说服	persuade, convince, influence
应该先...	we should hold off until, delay until, wait for
事实上	as a matter of fact, in fact, actually

坚持	insist, maintain, assert
遵照	comply, conform, adhere
请求	request, ask for, petition
了解	be aware, know, recognize
重要问题	crucial issue, critical matter, vital concern
你是否了解	whether you realize it, if you're aware, in case you know
必要的	essential, crucial, indispensable
例外	exceptions to the rule, special cases, anomalies
你可以...吗	would you care to ..., would you like to, might you consider
提出问题	raise some issues, bring up concerns, mention problems
你可以重复 刚刚所说的吗	sorry, but could you kindly repeat what you just said, would you mind repeating, could you say that again
我相信	I can see, I understand, I recognize
花时间	put a lot of time into it, devote time to, invest effort in
习惯	be accustomed to, be used to, be familiar with
处理	handle, manage, deal with
承认	admit, acknowledge, confess
不擅长	be bad at, be poor at, be weak in
时间管理	time management, scheduling, prioritizing
提高	improve, enhance, better
上市	launch, introduce, release
被赞赏	be appreciated, be valued, be recognized
广泛的	extensive, comprehensive, wide-ranging
反馈	feedback, comments, responses
源自	be derived from, come from, stem from
长期	long-term, extended, prolonged
战略目标	strategic goals, key objectives, primary aims
沉迷于	be addicted to, be hooked on, be obsessed with
在工作时间	during working hours, on company time, at the workplace
未能满足	be ashamed of the failure to meet ..., regret not achieving, disappointed in missing
尖端技术	cutting-edge technology, advanced tech, state-of-the-art
相关联	be associated with, be connected to, be linked with
即将到来的	upcoming, forthcoming, approaching
擅长	be brilliant at, excel at, be expert in
提前完成	ahead of the schedule, before deadline, earlier than planned
培养	foster, nurture, develop
热衷于	be keen on, be enthusiastic about, be fond of
取决于	depend on, rely on, be contingent upon
某些	certain, specific, particular
定期	regular, periodic, recurring
有益	be beneficial to, be advantageous to, be helpful for
有能力	be capable of, be competent to, be able to
日期紧迫	tight deadlines, strict timelines, pressing schedules
有创意	innovative, creative, original

解决方案	solution, answer, resolution
有把握	be certain about, be sure of, be confident in
积极	positive, optimistic, constructive
影响	impact, effect, influence
有资格	be eligible, qualify, meet requirements
适当	proper, appropriate, suitable
有意识	be conscious of..., be aware of, recognize
重复的	repetitive, recurrent, monotonous
感到愤怒	be furious about, be angry about, be enraged by
突然改变	sudden change, abrupt shift, unexpected alteration
适合于	be suitable for, be appropriate for, fit well with
对压力有免疫力	be immune to stress, resistant to pressure, unaffected by tension
仅限于	be limited to, restricted to, confined to
前100位	the first 100 customers, initial 100 clients, earliest 100 buyers
感到羡慕	be envious of, jealous of, covetous of
晋升	promotion, advancement, elevation
入职过程中	during the onboarding process, while being onboarded, in the orientation period
通勤	commute, travel to work, daily journey
挤满了	be crowded with, packed with, full of
渴望	be eager to, be keen to, be anxious to
有点	a bit, slightly, somewhat
正在努力	work on it, address it, tackle it
离开	departure, leaving, exit
违反	violate, breach, infringe
行为准则	code of conduct, ethical standards, behavioral guidelines
相关	be relevant to, pertain to, relate to
充满了	be full of, be packed with, be replete with
害怕发表意见	be scared of speaking up, fear voicing opinions, hesitant to speak out
有点问题	seems to be something wrong with, appears problematic, looks faulty
正常运行	function properly, work correctly, operate normally
宝贵的	valuable, precious, invaluable
指导	guidance, direction, advice
免除	be free of, exempt from, released from
惊讶	astonished at, amazed by, shocked at
激动	thrilled with, excited about, delighted by
积极	positive, optimistic, constructive
由于	due to, because of, owing to
特性	feature, characteristic, aspect
支持的同事	supportive colleagues, helpful coworkers, assisting teammates
额外	extra, additional, supplementary
摆脱	get rid of, eliminate, remove
喜欢	be fond of, enjoy, like
怀疑	be suspicious of, distrust, doubt

动机	motive, reason, incentive
突然的	sudden, abrupt, unexpected
参与	be involved with, participate in, engage in
积极	actively, energetically, vigorously
擅长	be good at, excel at, be skilled in
心烦	upset about, distressed by, bothered by
参与	work on, engage in, contribute to
前景	outlook, prospect, forecast
悲观	pessimistic about, negative about, gloomy regarding
完成项目	complete the project, finish the task, conclude the assignment
项目时间表	project timeline, schedule, timetable
缺乏	devoid of, lacking, without
主张	claim, assertion, declaration
遭受	suffer, endure, experience
繁忙时期	during busy periods, in peak times, at hectic moments
意识到	be aware of, recognize, know
做好准备	be ready for, prepared for, set for
屈服于	yield to, submit to, give in to
沉迷于	be obsessed with, fixated on, preoccupied with
导致	leading to, resulting in, causing
延迟	delay, postponement, setback
项目完成	project completion, finishing the project, concluding the work
注意到	notice, observe, detect
涉及	involve in, include in, participate in
丑闻	scandal, controversy, disgrace
进行	conduct, carry out, perform
全面	thorough, exhaustive, comprehensive
道德准则	ethical guidelines, moral standards, principles of conduct
缺乏	be short of, lacking, deficient in
提前	ahead of schedule, early, before deadline
避免	should refrain from, ought to avoid, must not
披露	disclose, reveal, make known
基于	be based on, founded on, grounded in
功绩	merit, worthiness, value
不考虑	irrespective of, regardless of, notwithstanding
处理	deal with, handle, manage
关切	concern, worry, anxiety
与..相反	be contrary to, opposite to, conflicting with
项目计划中的预期	expectations outlined in the project plan, anticipated results, projected outcomes
有义务	be obliged to, be required to, must
遵守	adhere to, comply with, follow
及时	timely, punctual, on time
容易	be prone to doing sth., inclined to, likely to

出现	emerge, appear, come up
促进	promote, encourage, foster
多样性	diversity, variety, multiplicity
包容性	inclusion, integration, involvement
优于	be superior to, better than, exceed
在..方面	in terms of efficiency, regarding productivity, as for effectiveness
来源于	stem from, originate from, derive from
楼下的	downstairs, lower floor, beneath
最近怎么 样	how is it going, how are things, what's up
看到	catch, spot, notice
我们正在进行	we're working on, we're engaged in, we're handling
外面	outside, outdoors, exterior
你这边	from your side, on your end, in your view
有机会	have a chance, get an opportunity, be able to
工作量	workload, amount of work, tasks
布局	layout, arrangement, design
附近	nearby, close by, in the vicinity
午餐	to grab launch, have lunch, eat midday meal
今天的	for today, this day's, current
通勤	commute, travel to work, daily journey
项目进展如何	how's the project progressing, what's the project status, how is the project going
午餐地点	lunch spot, place for lunch, dining location
了解点	catch up on, get updated about, learn the latest
紧急的截止日期	tight deadline, pressing due date, urgent timeline
假期	holiday break, vacation time, leave period
适应	set in, become established, take hold
繁忙	hectic, busy, frenetic
放松	unwind, relax, decompress
专注	focused, concentrated, attentive
高效	productive, efficient, effective
适应	adapt to, adjust to, acclimate to
设置优先级	prioritize, rank in importance, order by urgency
繁忙时	when things get busy, during hectic periods, at peak times
发现	come across, encounter, stumble upon
进行人际网络建设	approach networking within the company, build professional connections, develop work relationships
在不久的将来	in the near future, soon, before long
日常生活	in your daily routine, everyday life, regular activities
及时了解	stay updated on, keep informed about, remain current with
举措	initiative, program, project
进行	approach, method, way
参与	involve in, participate in, engage in
见解	insights, understandings, perceptions
工作量大	with a heavy workload, under much work, with many tasks

最近	lately, recently, of late
培养	foster, nurture, develop
在未来的几个月	in the coming months, in the next few months, over the following months
放松	unwind, relax, decompress
氛围	atmosphere, environment, ambience
动态	dynamics, interactions, relationships
保持联系	stay connected, remain in touch, keep in contact
部门	department, division, unit
个人的	individual, personal, private
生意不错/差	business is booming/slow, trade is thriving/declining, sales are strong/weak
销售量	volume of sales, sales quantity, amount sold
具体工作	specific job, particular task, exact work
总部	head/main office, central office, corporate center
行业	field, sector, industry
报到	come on board, join, start working
好久不见	It's has been a long time, Long time no see, It's been ages
你好吗	how (are) you doing, how are you, how's it going
近来好吗	how have you been, how are things, what's new
时差	jet lag, time zone fatigue, travel tiredness
殷勤招待	hospitality, welcoming treatment, generous hosting
普通话	mandarin, standard Chinese, Putonghua
太惊讶了	what a surprise, how surprising, that's amazing
场合	occasion, event, situation
观光	do some sight seeing, tour around, visit attractions
我会的	I will do that, I'll take care of it, Consider it done
请便	go head, proceed, feel free
不必客气	anytime, my pleasure, don't mention it
我保证	I promise, I assure you, I guarantee
有道理	make sense, is logical, stands to reason
听起来不错	sounds good -> great -> terrific -> fantastic, seems excellent, appears wonderful
这个我同意	That's fine with me, I agree, That works for me
在某种程度上	to some extent, partly, somewhat
振作起来	cheer up, perk up, take heart
也许有希望	there's a hope, there's a chance, it's possible
这没什么	it was no big deal, it's unimportant, it's trivial
无所谓	it doesn't matter, it's irrelevant, it's inconsequential
别着急	take it easy, relax, don't worry
确实如此	that's for sure, absolutely, definitely
听起来正常	sounds standard, seems typical, appears normal
继续	go on, proceed, carry on
有效	it works, it functions, it succeeds
没什么	nothing serious, not important, no big issue
常常	very often, frequently, regularly



当然算	it counts, it matters, it's valid
等一下	later, afterward, subsequently
我不懂你的意思	I don't see your point, I don't understand, I'm not following
还没	not yet, still not, as yet
还可以	not bad, okay, decent
可能是这样	it could be, possibly, perhaps
还可以更好	could be better, has room for improvement, isn't perfect
可能	could -> maybe -> probably, might, potentially
重点是什么	what's the point, why does it matter, what's the purpose
搁置	put ... on the backburner, postpone, delay
同时处理很多事情	have a lot of balls in the air, juggle many tasks, handle multiple things
接项目	take on projects, accept assignments, undertake work
现在	at the moment, currently, presently
有太多任务	have too much on my plate, overloaded, swamped with work
能力和时间	bandwidth, capacity, availability
好高骛远	try to boil the ocean with the project, attempt too much, overreach
清空大脑	do a quick brain dump, brainstorm freely, think aloud
想出	come up with, devise, create
协调	coordinate, organize, arrange
提出观点征求意见	run it up the flagpole, test the idea, get feedback
甩锅	throw me under the bus, blame me, make me the scapegoat
对某人烦	be annoyed with, irritated by, frustrated with
过度控制	micromanage, over-supervise, control excessively
被解雇	be let go, be fired, be dismissed
让我知情	keep me in the loop, inform me, include me
按时	on time, punctually, as scheduled
准备就绪	good to go for today's presentation, ready, prepared
可靠的	solid, dependable, trustworthy
浪费时间	a waste of time, unproductive, futile
进行	conduct, carry out, perform
获利	make a profit, earn money, gain financially
互动	engagement, interaction, participation
恢复身材	get in shape, become fit, exercise
居家锻炼	home workouts, exercising at home, domestic fitness
发布	put on website, post online, upload
吸引	appeal to, attract, interest
批量购买	buy in bulk, purchase wholesale, get large quantities
克服	overcome, conquer, surmount
物有所值	be good value for money, cost-effective, worth the price
缺货	be out of stock, unavailable, sold out
付全款	pay in full, complete payment, settle entirely
分期付款	a payment plan in monthly installments, pay over time, deferred payments
灵活的	flexible, adaptable, adjustable

发起退款	issue a refund, give money back, reimburse
要求	ask, request, inquire
售罄	be sold out, out of stock, gone
按时	on time, punctual, timely
提供	offer, provide, give
注册	sign up, enroll, register
存货	inventory, stock, merchandise
活动	campaign, initiative, drive
筹集资金	raise capital, gather funds, secure financing
计算	account for, calculate, include
业务发展	business grow, company expansion, commercial progress
由于	due to, because of, owing to
显示	reveal, show, demonstrate
库存	inventory, stock, supply
季度	quarter, three-month period, financial term
双方	two parties, both sides, the pair
达成	reach, achieve, accomplish
详细说明	detail, specify, elaborate
构成了	constitute, form, compose
违约	a breach of contract, violation of agreement, contract breaking
禁止	prohibit ... from ..., forbid, ban
获得	obtain, acquire, get
遵守	comply with, adhere to, follow
提交	file, submit, present
知识产权	intellectual property, IP, creative rights
全天候	45862, around the clock, always available
招聘	recruit, hire, employ
培养	train, educate, develop
由于	thanks to, because of, owing to
嗨	Hi there, Hello, Greetings
热烈欢迎	a warm welcome, cordial reception, friendly greeting
与你共度时光	have you with us, host you, enjoy your company
因...而著称	be known as/for, famous for, recognized as
允许我	allow me, let me, permit me
以...而自豪	pride ourselves on being ..., take pride in, boast about
专注于	we specialize in, focus on, concentrate on
成立于	founded in, established in, created in
已经成为	have emerged as ..., become, developed into
行业	sector, field, industry
我能为您做些什么 吗	how may I assist you today, how can I help, what do you need
随时告诉我	don't hesitate to let me know, feel free to inform me, please tell me
联系	reach out, contact, get in touch
协助	assistance, help, support

随时待命	be at your disposal, available to you, ready to help
告诉我	inform us, let us know, notify us
需要帮助	need assistance, require help, could use support
尽量...	as ... as possible, to the fullest extent, maximally
安排会议	schedule a meeting, set up a meeting, arrange a session
您什么时间最方便	what time works best for you, when suits you, your preferred time
准备行程	prepared an itinerary, planned a schedule, arranged a program
空闲时间	provide your availability, give your free time, share when you're free
下周	upcoming week, next week, the following week
合适的	suitable, appropriate, fitting
讨论话题	cover topics, address subjects, discuss matters
出现顺利	seamless travel, smooth journey, easy trip
逗留期间	during your stay, while you're here, throughout your visit
订了晚餐	make dinner reservation, book a table, arrange a meal
更喜欢?	would you prefer .. or, do you favor, which do you like better
提前	in addance, beforehand, earlier
考虑到	take into account, consider, factor in
偏好	preference, liking, choice
品尝	experience, try, sample
提供早餐	serve breakfast, offer morning meal, provide breakfast
尽力	do our best to, try hard to, make every effort to
调整	tailor, customize, adapt
相应地	accordingly, appropriately, suitably
开始会议	kick off the meeting, start the session, launch the discussion
简要	brief, concise, short
概述	overview, summary, outline
解决顾虑	address concerns, handle worries, deal with issues
持开放态度	be open to, receptive to, willing to consider
共同增长	mutual growth, shared development, joint progress
专注于	specialize in, focus on, concentrate on
领先的	cutting-edge, advanced, innovative
旗舰产品	flagship product, premier offering, main product
简化流程	streamline workflow, optimize processes, improve efficiency
提高效率	enhance efficiency, boost productivity, improve performance
强调	highlight, emphasize, stress
努力工作	work diligently, labor hard, apply oneself
一系列	a range of, various, multiple
超越期望	exceed your expectations, surpass what you anticipated, go beyond your hopes
带您了解	work through, guide through, explain
展示	demonstration, presentation, display
功能	functionality, features, capabilities
协助	assist in resolving issues, help solve problems, aid in fixing matters
定位原因	identify the root cause, find the source, determine the origin

制定计划	develop a plan, create a strategy, formulate an approach
分享顾虑	share your concerns, express your worries, voice your issues
快速解决	address them promptly, handle quickly, deal with immediately
至关重要	crucial, vital, essential
解决问题	make things right, correct issues, fix problems
确保您的满意	ensure your satisfaction, guarantee you're pleased, make certain you're happy
认真对待这个问题	take this matter seriously, treat this issue importantly, handle this concern earnestly
竭尽全力	do our utmost, try our hardest, make every effort
相关的	relevant, pertinent, applicable
你可能感兴趣	may be of interest to you, could appeal to you, might catch your attention
更多信息	further information, additional details, extra data
澄清	clarify, explain, elucidate
向您介绍...	give you the lowdown on ..., brief you about, inform you regarding
打断我	interrupt, cut in, interject
我全神贯注倾听	I'm all ears, I'm listening carefully, I'm fully attentive
运作	operate, function, work
见解	insights, understandings, perceptions
意见	input, feedback, suggestions
额外的	additional, extra, supplementary
给我发送电子邮件	drop me an email, send me a message, write to me
有任何问题	if anything comes up, should any issues arise, if problems occur
增添了	add, include, incorporate
巨大价值	immense value, great worth, significant benefit
会议纪要	meeting minutes, notes, records
很快	shortly, soon, momentarily
分发	circulate, distribute, pass around
为您提供进一步帮助	assist you further, help you more, continue supporting you
通过电子邮件	by email, via email, through electronic mail
在压力下	under pressure, stressed, in stressful conditions
超出预期	beyond expectations, exceeding predictions, surpassing projections
在截止日期内	within the deadline, by the due date, on time
通过电话	over the phone, via telephone, by phone call
争分夺秒	against the clock, racing time, time-pressured
不切实际	beside the point, irrelevant, off-topic
沿途	along the way, en route, during the process
超出范围	beyond the scope, outside parameters, exceeding boundaries
不顾一切困难	against all odds, despite challenges, overcoming obstacles
与其他人一起	along with others, together with colleagues, in collaboration with
到最后	by the end, when concluding, at the conclusion
工作场合	workplace, office environment, professional setting
处于前沿	at the forefront, leading edge, cutting edge
朝着目标	towards a goal, aiming for, working toward
错误地	by mistake, accidentally, unintentionally

关于	with regard to, in reference to, concerning, regarding
整天	throughout the day, all day, during the entire day
无一例外	without exception, universally, with no exemptions
事后	after the fact, retrospectively, subsequently
以...为代价	at the expense of, sacrificing, costing
根据	in light of, in accordance with, based on, per
在...过程中	in the process of, while doing, during
关于	with respect to, pertaining to, in relation to
通过	by means of, using, via
尽管	in spite of, despite, notwithstanding
以...为目的	with the purpose of, with the intention of, aiming to, designed to
因为	on account of, due to, owing to
在...的情况下	under the event of, if occurring, should happen
庆祝	in celebration of, honoring, commemorating
领导项目	lead a project, head a project, manage a project
实施	implement, execute, carry out
促进团队合作	foster teamwork, encourage collaboration, build team spirit
精简	streamline, optimize, make efficient
评估	access, evaluate, appraise
制定	establish, create, formulate
监督	oversee, monitor, supervise
达到期望	meet expectations, fulfill requirements, satisfy standards
应对挑战	adapt to challenges, adjust to difficulties, handle obstacles
以身作则	lead by example, model behavior, demonstrate through actions
促进沟通	facilitate communication, enable discussion, encourage dialogue
激发创意	inspire creativity, stimulate innovation, encourage ideas
至关重要	crucial, critical, vital
就...而言	in terms of, with regard to, concerning, regarding
承担	take on, accept, undertake
临时任务	ad-hoc tasks as needed, impromptu assignments, temporary duties
导致了	lead to, result in, cause
至于	as for, regarding, concerning
很快	soon, shortly, in the near future
总体上	on the whole, generally, overall
表现非常出色	perform exceptionally well, excel, exceed expectations
在..情况下	in the event of, if occurs, should happen
停电	power outage, blackout, electrical failure
擅长	be skilled in, proficient in, adept at
定位和解决	identify and address, pinpoint and resolve, recognize and fix
至关重要	be essential, be critical, be indispensable
具备	possess, have, hold
带领团队实现	lead team in achieving objectives, guide group to reach goals, direct staff toward targets
变化不断的 环境	environment where change is constant, dynamic setting, evolving conditions

注重细节	detail oriented, meticulous, thorough
各方面	in all aspects of ..., in every area, throughout
积极主动的	proactive, taking initiative, self-starting
预见问题	anticipate issues, foresee problems, predict challenges
随时关注	stay updated on, remain informed about, keep current with
调整	adapt, modify, alter
相应的	accordingly, appropriately, correspondingly
整体生产力	overall productivity, total output, general efficiency
在...环境下	in the context of, within the framework of, considering
考虑到	in light of, given, taking into account
专注于, 旨在	with a focus on, concentrating on, targeting
决策中	in decision-making, when choosing, during selections
更好满足	better meet, more fully satisfy, exceed
及时	promptly, quickly, without delay
监督	oversee, manage, supervise
定期	regularly, routinely, at fixed intervals
与...保持联系, 合作	in liaison with, coordinate with, work with
配合	coordinate with, collaborate with, align with
持续	continuously, constantly, without interruption
成员之间	among members, between colleagues, within the team
发起项目, 启动计划	initiate projects, launch programs, begin undertakings
与...一致	align with, match, correspond to
偏好	preference, liking, inclination
反馈会议	feedback session, review meeting, evaluation discussion
专业知识	expertise, specialized knowledge, skills
确保大家意见一致	ensure everyone is on the same page, confirm mutual understanding, verify alignment
促进	promote, encourage, foster
发起	initiate, start, commence
收集意见	gather input, collect feedback, solicit opinions
积极	actively, energetically, vigorously
提高, 加强	enhance, improve, strengthen
寻求	look to, aim to, attempt
联合	joint, combined, collaborative
如果...	what if, suppose, imagine
10%折扣	a discount of 10%, 10 percent off, ten-percent reduction
达成一致	reach an agreement, come to terms, find consensus
确保清晰	for clarity, to be clear, for understanding
恐怕	I'm afraid, regrettably, unfortunately
继续进行	proceed it, continue, move forward
担忧	be concerned about, worry about, have reservations
延长截止日期	extend the deadline, push back the due date, postpone
稍微	slightly, somewhat, a little
迅速	promptly, quickly, immediately

多次延迟	repeated delays, constant postponements, continual setbacks
你是否有办法	is there any way you could..., can you possibly, might you be able to
约定日期	agreed date, scheduled day, set time
放心	rest assured that ..., be confident, don't worry
尽快	at your earliest convenience, as soon as possible, when you can
有...余地	there is room for, flexibility exists, some leeway
另外一个问题	one another note..., on a different subject, switching topics
结束会议	conclude the meeting, wrap up, finish
修改	revise, amend, alter
你有什么看法	how do you feel about ..., what's your opinion, what are your thoughts
合理	reasonable, fair, sensible
我了解你的立场	I see where you're coming from, I understand your perspective, I get your point
明确指出	make it clear that, clarify, emphasize
强调	emphasize, stress, highlight
及时	timely, prompt, appropriate
提醒一下	just a reminder, let me recall, to note
那么就定下来了	so, it's agreed then, settled, confirmed
通知	inform, advise, tell
问题解决	this matter is settled, issue resolved, case closed
总结一下	to sum up, in summary, briefly
长久的	long-lasting, enduring, persistent
希望你一切都好	hope this call/email finds you well, trust you're doing well, wishing you good health
向你更新	update you on ..., inform you about, bring you up to date
具体的	specific, particular, precise
复习	go over, review, examine
我们愿意	we are here to ..., we are prepared to, we stand ready
联系	engage with, interact with, connect with
进一步	further, additional, more
征求你的意见	seek your input, request your feedback, ask for your views
重视...	value ..., appreciate, prize
查看	check in, monitor, follow up
你方面	on your end, from your side, in your view
准备工作已完成	preparations are in place, arrangements are made, everything is ready
我们非常重视	... are highly valued, ...are greatly appreciated, ...are prioritized
不断地	constanttly, continuously, always
超越	exceed, surpass, go beyond
塑造	shape, form, mold
了解	inquire, ask, investigate
问题	address any hiccups, resolve issues, fix problems
提供演示	provide a detailed walkthrough, give a demonstration, show step-by-step
对你感兴趣	be of interest to you, appeal to you, attract your attention
下订单	place an order, make a purchase, buy
转接到	connect you to..., transfer you to, put you through to

稍等	hold on for a moment, wait briefly, just a second
电话信号不太好	the line is breaking up, poor connection, bad reception
我会记下来的	I will make a note of that, I'll record that, I'll document it
回复你	get back to you, respond to you, answer you
确认细节	confirm the details, verify the particulars, double-check
不确定的	uncertain, unsure, doubtful
跟进这个事情	follow up on this, pursue this matter, continue working on
回复你	get back to you, respond, answer
我会迅速处理这个事务	I will take care of this matter promptly, I'll address this quickly, I'll handle this immediately
替代方案	alternative solutions, other options, different approaches
达成一致的策略	the agreed-up strategy, the approved plan, the settled approach
制定的计划	outlined plan, detailed scheme, prepared program
整个项目过程中	throughout the project, during the entire undertaking, all along
我没听懂	I didn't get that, I missed that, I didn't catch that
重复最后那部分	repeat that last bit, say that again, go back over
与...交谈	speak to, talk with, converse with
挂断电话	hang up, end the call, disconnect
信号接收	reception, connection, signal quality
额外的	additional, extra, supplementary
现在打来合适吗	Am I calling a good time, Is this convenient, Is now okay
约个时间碰面	make an appointment with, schedule a meeting, arrange to see
找个时间见面	fix a time to meet, set up a meeting, arrange a get-together
打电话: 我有紧急的事	It's rather urgent, This is time-sensitive, It's pressing
抱歉你刚刚说什么	sorry, what was that again, pardon me, could you repeat
听不太好	not very well, having trouble hearing, can't quite make out
线路不好	It's a very bad connection, The reception is poor, We have static
待会打给你	catch you later, call back, try again
你可以稍等一下吗	may I put you on hold, can you wait, hold please
我得挂电话了	I must go now, need to end the call, have to leave
让我确认一下	Let me check that out, I'll verify, allow me to confirm
暂定星期一早上	Let's shoot for on Monday morning, Tentatively schedule for Monday AM, Plan for Monday start
那就星期三十点见	so that's Wednesday at ten then, confirmed for 10am Wednesday, settled on that time
很高兴和你谈话	nice talking to you, enjoyed our conversation, good speaking with you
他今天休假	He is off day, He is day off, He's not working today, On leave
电话占线	the line is engaged, busy signal, on another call
很抱歉让你久等	sorry to keep you waiting, apologies for the delay, thank you for your patience
我会为你转达	I will pass it on for you, I'll relay the message, I'll inform them
谈论	speak about, discuss, talk about
概述	outline, summarize, sketch
特点	feature, characteristic, trait
采用	employ, utilize, adopt
克服	overcome, conquer, surmount
影响	implications, consequences, ramifications



持续	last for, continue for, persist for
时间不多	time is short, limited time, pressing deadline
我会	I intend, I plan to, I will
做结论	conclude with..., end with, finish by
集中于	concentrate on, focus on, center on
根据	according to, based on, as stated by
表明	indicate, show, demonstrate
稳定增长	a steady growth of 15% quarter-over-quarter, consistent increase, sustained rise
突显	highlight, emphasize, underscore
观点	takeaway, key point, main idea
重点说下	emphasize, stress, highlight
重点说明	underscore, emphasize, accentuate
获得20%增长率	achieve the 20% increase, reach 20% growth, attain the rise
相一致	this ties in with..., aligns with, corresponds to
一开始的	original, initial, first
我向你提出的 问题	the question I put to you before, the issue I raised earlier, my previous query
清楚地	clearly, evidently, plainly
显示了	show, demonstrate, reveal
发现	see, observe, notice
图表	chart, graph, diagram
解释了	illustrate, explain, clarify
详细解释了	give you a breakdown of, provide details about, elaborate on
提高	boost, enhance, increase
总体	overall, general, comprehensive
生产率	productivity, efficiency, output
简而言之	in brief, in short, briefly
总结一下	to summarize, to sum up, in conclusion, to recap
关键在于	the key to ... lies in ..., the crucial factor is, the main point is
路线图	roadmap, plan, strategy
指出	raise, mention, bring up
至此	with that, at this point, now
关键点	key point, main idea, central issue
强调	highlight, emphasize, stress
显著的	significantly, notably, considerably
详细介绍	walk you through ..., guide you through, explain in detail
转到	move on to the next slide, proceed to, continue with
详细情况	a breakdown, an analysis, details
引起你的注意	draw your attention, direct your focus, call your notice
开放时间	open the floor for ..., invite discussion, welcome comments
奉献精神	dedication, commitment, devotion
有效性	effectiveness, efficacy, efficiency
迅速发展的行业	rapidly evolving industry, fast-changing sector, dynamic field
涉及	involve, include, entail

优化	streamline, improve, refine
感谢	acknowledge, recognize, appreciate
始终...	remains committed to, stays dedicated to, continues to focus on
鼓励	encourage, motivate, inspire
目标是	aim to..., seek to, intend to
培养	foster, nurture, develop
促进我们的成功	contribute to our success, aid our achievements, help us succeed
尽管	despite, in spite of, notwithstanding
团队之间	across teams, among groups, interdepartmental
在....的过程中	as we ..., while we..., during our...
探索机会	navigate these opportunities, explore these chances, investigate these prospects
适应	adapt to, adjust to, acclimate to
a证明了b	a is a testament to b, a demonstrates b, a shows b
非常	overwhelmingly, extremely, profoundly
塑造我们的行业	shape our industry, influence our field, mold our sector
对...至关重要	be integral to, be essential to, be vital for
制定策略	strategy on..., plan for, approach to
引导	guide, direct, lead
利用机会	capitalize on the opportunities, take advantage of chances, leverage prospects
令人钦佩	be commendable, be praiseworthy, be admirable
跨职能	cross-functional, interdisciplinary, multi-departmental
组织内	within the organization, inside the company, internally
业务努力	business endeavors, commercial efforts, corporate initiatives
确定	identify, recognize, pinpoint
共同努力	collective effort, team work, joint endeavor
格局	landscape, environment, scenario
正在进行	be well underway, be in progress, be advancing
传播	disseminate, spread, circulate
随着	as we ..., while we..., during our...
保持警惕	stay mindful of ..., remain aware of, keep attentive to
至关重要	imperative, critical, essential
面对	in the face of, confronting, dealing with
保持适应性	stay adaptive, remain flexible, keep adjusting
削减成本 计划	cost-cutting initiative, expense reduction program, budget trimming measure
评估	assess, evaluate, appraise
可行性	feasibility, practicality, viability
扩展	expand, grow, enlarge
多元的	diverse, varied, multifaceted
包容性的	inclusive, welcoming, comprehensive
探讨途径	explore avenues for ..., investigate methods, examine approaches
继续	continue, persist, carry on
推动	drive, propel, promote
重要组成部分	an essential component, a key part, a vital element

提供见解	provide insights into, offer understanding, give perspective on
收获	takeaway, key point, main lesson
产生共鸣	resonate with..., connect with, appeal to
导致	result in, lead to, cause
更高可靠性	greater reliability, improved dependability, enhanced consistency
揭示	reveal, show, disclose
延伸到	extend to, reach to, apply to
提升可见度	enhance visibility, increase awareness, improve exposure
积极地	proactively, actively, assertively
区分自己	differentiate ourselves, set apart, distinguish
明智的	make informed decisions, decide wisely, choose knowledgeably
中心主题围绕着	the central theme revolves around, the main idea concerns, the primary focus is
坚信	firmly believe, strongly hold, be convinced
我认为	I'm of the view that, I believe that, my opinion is
明显的	noticeable, evident, observable
向...的趋势	trend towards..., movement toward, shift to
变化	shift, change, transition
建议	propose that, suggest that, recommend
解决	tackle, address, handle
注意	note, observe, remark
表明	indicate, show, demonstrate
相反的	in contrast, conversely, on the other hand
相对而言	comparatively, relatively, proportionally
从...中学到	learn from, gain from, take away from
展示	demonstrate, show, exhibit
总结一下	to wrap it up..., to conclude, in summary
是时候	it's time to ..., now we should, the moment has come to
问题	matter, issue, concern
能理解	can relate to, understand, empathize with
在某个时候	at some point, eventually, one day
我们中间	among us, within our group, in our team
通过我们的共同努力将会	our collective efforts will lead to, teamwork will result in, collaboration will bring
...认为...	argue that ..., contend that, maintain that
符合	in line with, consistent with, compatible with
展望未来	look ahead, plan for the future, anticipate
预计	anticipate, expect, predict
有望	is poised to ..., is ready to, is prepared to
朝着...方向变化	change in favor of..., shift toward, move towards
体现	a manifestation, a demonstration, an expression
显而易见	be evident in..., be clear in, be apparent in
问题的紧迫性	the pressing nature of this problem, the urgency of this issue, the criticality
迅速的	swift, quick, prompt
是时候采取行动	the time to act is now, immediate action is required, we must act

我们非常重视	... are highly valued, ...are greatly appreciated, ...are prioritized
在...方面取得重要影响	make a significant impact in..., have a major effect on, greatly influence
显著的	notable, remarkable, significant
显示了	reveal, demonstrate, show
明显的	clear, evident, obvious, apparent
归因于	be attributed to, be ascribed to, result from
随着时间	over time, gradually, with time
变得明显	emerge, appear, become visible
如图所示	as depicted in the graph, as shown in the chart, as illustrated
相关性	a clear correlation, a definite relationship, a strong connection
表明了	indicate, show, demonstrate
具有重要意义	be of significant importance, be crucial, be vital
认识到	acknowledge, recognize, admit
局限性	limitation, constraint, restriction
可以合理推测	it's reasonable to predict that, one can reasonably assume, it's logical to expect
强调	stress, emphasize, highlight
与...进行比较	be benchmarked against..., be compared with, be measured against
因果关系	causal relationship, cause-and-effect link, direct connection
异常值	outlier, anomaly, deviation
证实了	corroborate, confirm, verify
分析数据	examine data, analyze information, study figures
明显看出了...	it becomes evident that ..., it's clear that, it's apparent that
必须	it's essential to ..., it's crucial to, it's vital to
强调了	underscore, emphasize, highlight
列举	outline, list, enumerate
显示	demonstrate, show, exhibit
值得注意的是	noteworthy is, it's important to note, significantly
表明	suggest, indicate, imply
全面的	comprehensive, thorough, complete
建立联系	draw connections between, link, relate
是...的关键	is essential to..., is crucial for, is vital to
具体方向	specific directions, particular approaches, defined paths
尤其是	especially, particularly, notably
可靠性	reliability, dependability, consistency
尤其是	particularly, especially, specifically
得出结论	draw a conclusion, reach a verdict, come to a decision
涉及	involve, include, entail
提供了	yield, produce, provide
增强理解	enhance understanding, improve comprehension, deepen insight
概括了	condense, summarize, abbreviate
提取有价值的见解	extract valuable insights, derive useful findings, gain key understandings
数据解释	data interpretation, analysis of data, making sense of figures
做出明智决策	make informed decisions, decide knowledgeably, choose wisely

进行	conduct, carry out, perform
彻底的	thorough, comprehensive, exhaustive
市场动态	market dynamics, industry trends, business environment
奠定了基础	provide a foundation for, establish the basis for, lay the groundwork for
战略决策	strategic decision-making, high-level choices, key determinations
改进	improve, enhance, better
对比分析	a comparative analysis, side-by-side evaluation, relative assessment
旨在	aim to, intend to, seek to
数值化衡量	numeric measure, quantitative indicator, statistical metric
定量评估	quantitative assessment, measurable evaluation, statistical analysis
定性分析	qualitative analysis, subjective evaluation, descriptive study
优先考虑	prioritize, rank first, give precedence to
确保	ensure, guarantee, make certain
战略一致	strategic alignment, coordinated planning, unified direction
关键的	critical, crucial, vital
在...保持领先地位	stay ahead in..., maintain leadership in, keep an advantage in
先简要总结	start with a brief summary of the results, begin with an overview, open with a recap
坚实的基于	firmly grounded in, solidly based on, well-founded in
积极	proactively, actively, assertively
与...相比	against, compared to, versus
评估	assess impact, evaluate effect, measure influence
进行数据细分	do a data breakdown, analyze by category, examine in detail
潜在的	underlying, fundamental, basic
持续的	consistently, constantly, continually
追踪进展	track progress, monitor development, follow advancement
推论统计	inferential statistics, predictive analysis, deductive methods
各种	various, several, diverse
合成信息	synthesize, combine, integrate
概述	overview, summary, outline
保持数据完整性	maintain data integrity, preserve accuracy, ensure reliability
至关重要	crucial, critical, essential
准确性	accuracy, precision, correctness
问题解决能力	problem-solving, troubleshooting, analytical skills
共同努力实现目标	work toward common goals, collaborate on objectives, unite for aims
涉及	involve, include, require
预防策略	implement preventive measures, take proactive steps, establish safeguards
持续改进	continuous improvement, ongoing enhancement, constant betterment
是...的关键	lead to long-term success, result in sustained achievement, bring lasting results
评估	evaluate, assess, appraise
使我们	allow us..., enable us to, permit us to
促进了	foster, encourage, promote
知情决策	informed decision-making, knowledgeable choices, educated selections
及时的	timely, prompt, opportune

定期监控进展	stay on track with..., keep up with, maintain progress in
进展顺利	progress is on track, development is proceeding well, advancement is going as planned
第一阶段	first phase of..., initial stage, beginning part
稳步推进	make steady progress, advance consistently, move forward steadily
交付成果	deliverables, outputs, products
按计划完成	have been met as planned, achieved on schedule, fulfilled according to timeline
遇到了	encounter, face, come across
有效解决	have been effectively addressed, successfully handled, properly dealt with
项目目前比计划提前进行	the project is currently ahead of schedule, progressing faster than planned, advancing quicker than expected
出色的	exceptional, outstanding, excellent
保持在预算范围内	we remain within the allocated budget, staying under financial limits, keeping to cost constraints
一直	consistently, constantly, always
超过	exceed, surpass, go beyond
解决客户问题	resolve any client concerns, address customer issues, handle client queries
积极的	actively, energetically, vigorously
推进	move forward, advance, progress
按照	according to, per, following
制定的计划	outlined schedule, established plan, set timetable
举行会议	held a meeting, conducted a session, had a discussion
质量标准	quality standard, benchmark, criterion
带来了	result in, lead to, cause
整合	integrate ... into, incorporate, combine
出现的问题	issues that arise, problems that occur, challenges that emerge
项目工作流程	project workflow, process, procedure
完成文档	finalize documentation, complete paperwork, finish records
符合...	is in compliance with..., meets requirements of, adheres to
面对	in the face of, confronting, dealing with
实施了	implement, execute, carry out
根据	based on, according to, grounded in
我们要提前完工了	we are way ahead of schedule, finishing early, progressing faster than planned
寻求	seek, look for, pursue
持续改进和完善	for ongoing improvement and refinement, for constant betterment, for continual enhancement
我们正按计划进行	we are right on target, progressing as scheduled, advancing according to plan
坦白来说	frankly, honestly, truthfully
我们有点落后了	we are running a little behind, slightly delayed, not quite on schedule
兄弟们	folks, team, everyone
我们得抓紧了	let's speed things up, need to hurry, must accelerate
已经70%完成了	it's 70% done, three-quarters complete, nearing completion
按时	on time, punctually, as scheduled
我们已经完成一半了	we are halfway there, midway through, at the 50% mark
不能再推迟了	there must be no further delays, no more postponements, deadlines must be met
下班的时候	close of business, end of the day, COB
他们始终了解	they are consistently informed about ..., kept up-to-date, regularly briefed

建立了	establish, set up, create
迅速应对	address any challenges promptly, respond quickly to issues, handle problems immediately
采纳市场反馈	incorporate market feedback, integrate customer input, include user comments
进入	move into, transition to, begin
整体战略	overall strategy, comprehensive plan, master approach
一套	a set of, a series of, a collection of
紧密协作	collaborate closely with, work hand-in-hand, partner effectively
展开	initiate, begin, start
技能水平	skill level, competency, proficiency
概要	overview, summary, outline
我们将	we are here today to ..., our purpose today is to, the objective of this meeting is to
需要十分钟	take about 10 minutes, require approximately ten minutes, last around 10 mins
休息时间	break, recess, intermission
中断我	interrupt, cut in, interject
好的	right, correct, okay
让我们开始	let's move to .., let's proceed to, we'll now transition to
在我下面做报告的是	I'd like to hand over to..., I'll now pass it to, let me introduce
总结来说	in conclusion, to summarize, to wrap up, in summary
取得了成功的成果	have led to a successful outcome, resulted in achievement, produced positive results
强调	underscore, emphasize, highlight
总结	recap, summarize, review
请提出来	please raise it, kindly mention it, feel free to bring it up
根据你的经验	in your experience, from your perspective, based on your background
首先	to begin with, first of all, initially
考虑	take into account ..., factor in, consider
此外	in addition, furthermore, moreover
而且	furthermore, additionally, also
应对挑战	address any challenges, handle difficulties, resolve issues
相比之下	in contrast, on the other hand, conversely
因此	as a result, consequently, hence
重新评估	reassess, reevaluate, review
推迟	postpone, delay, defer
从长远看	in the long run, over time, ultimately
同时	at the same time/in the meantime, meanwhile, concurrently
考虑到	in light of, considering, given
调整	adjust, adapt, modify
在...方面	in terms of, regarding, with respect to
在初期	in the initial stages, at the start, during early phases
进行研究	conduct a research, perform a study, carry out an investigation
促进合作	foster collaboration, encourage teamwork, facilitate cooperation
简化流程	streamline process, optimize procedures, improve efficiency
接纳多样性	embrace diversity, welcome differences, value variety
定期的	regular, periodic, recurring

促进了	promote a culture, encourage an environment, foster a climate
围绕	focus on..., center on, concentrate on
分享有关	share insights about..., discuss perspectives on, exchange views regarding
接下来	following this, after this, subsequently
简要介绍	briefly introduce, give a short overview of, provide a quick summary of
进入主题之前	before diving into the main topic, prior to discussing the core subject, before addressing the key issue
说到这	on that note, in that context, related to this
请问	inquire, ask, question
遇到过	encounter, face, come across
在这个基础上	building upon this foundation, expanding on this base, developing from this starting point
除了这些以外	apart from these, in addition to these, besides these
想一想	give it a thought, consider it, reflect on it
更重要的是	even more important, crucially, most significantly
由此	consequently, as a result, therefore
此外	furthermore, moreover, additionally
对比	compare, contrast, juxtapose
解释	explain, clarify, elucidate
这个位置有人坐 吗	is this seat taken, is this chair occupied, may I sit here
我们几点开始	what time are we starting, when does this begin, at what time does this commence
今天的议程是什么	what's on the agenda, what are today's topics, what's the schedule
让我简要介绍一下	let's brief you on the agenda today, allow me to summarize today's plan, I'll quickly go over the schedule
可以请大家注意吗	may I have your attention, please, could everyone listen, please focus
请讲重点	please get to the point, kindly be concise, stick to key points
具体	be specific, give details, provide particulars
让...先讲完	could you please let ... finish, allow ... to complete their thought, don't interrupt ...
等一下	later, afterward, subsequently
你的看法	what's your view, what's your opinion, how do you see this
相关的	relevant, pertinent, applicable
看法	idea, opinion, perspective
跟进	stick to, adhere to, follow
再详细解释一点	explain that in more details, elaborate further, provide additional clarification
留到以后 讨论	leave it to another discussion, postpone this conversation, defer this topic
改天	leave this until another date, reschedule this, postpone to later
抱歉迟到了	sorry to be late, apologies for my tardiness, excuse my delay
你是什么意思	what do you mean by that, could you clarify, please explain
我不是这个意思	I didn't mean that, that's not what I intended, I misspoke
停一下	just a moment, hold on, wait a second
我没听到	I didn't get that, I missed that, could you repeat
等一下	hold on, wait, pause
我们的理解相同	we are on the same page, we agree, we're aligned
期限	due, deadline, timeframe
没有更好的办法了	It couldn't be better, This is optimal, Perfect as is
好论点	good point, valid observation, strong argument



某些	partial, some, limited
这是老问题	It's the same problem, This issue persists, We've seen this before
让我想想	let me see, give me a moment, I'll consider
可以接受	acceptable, satisfactory, adequate
大概可以	that's probably all right, that seems acceptable, that should work
你说的好像很简单	you make it sound so easy, you simplify this, you present this as straightforward
你是说	are you saying...?, do you mean..., is your point...
这恐怕没用	I'm afraid it's no use, this won't help, this is ineffective
这不需要	it's not necessary, this is superfluous, we can skip this
站在同一基础上比较	compare apples to apples, make fair comparisons, evaluate equivalently
还有没有什么要增加的	Is there anything you want to add on, Any further comments?, Anything to supplement
哪一天你可以	what date would suit you, when works for you, what's your availability
会议纪要	meeting minutes, notes, records
让我们开始	let's get started with, let's begin with, let's dive into
在我们开始之前	before we begin, prior to starting, first of all
更正	correction, amendment, rectification
事项	item, matter, issue, topic
紧急的	pressing, urgent, critical
继续	proceed, continue, move forward
开放时间听	open the floor for..., invite comments on, welcome discussion about
继续	move forward, proceed, advance
关键点	key takeaway, main point, central message
结束	wrap up, conclude, finish
再次聚首	reconvene, meet again, reassemble
分配	assign, allocate, delegate
清晰地	clear, distinct, unambiguous
回到	circle back, return to, revisit
遗留的	remaining, outstanding, unresolved
积极地	actively, energetically, vigorously
散会	adjourn, conclude, close the meeting
列出	outline, list, enumerate
确保清晰	for clarity, to be clear, for understanding
持续	continuous, ongoing, constant
安排	schedule, timetable, plan
行动事项	action items, tasks, follow-ups
迅速	promptly, quickly, immediately
分发	distribute, circulate, share
确保每个人了解	keep everyone informed, maintain communication, update all
宣布会议结束	consider this meeting adjourned, the meeting is now closed, we're done
反思	reflect, consider, contemplate
花一点时间	take a moment, pause briefly, stop to consider
总结	recap, summarize, review
成果	outcome, result, conclusion

承诺	commitment, pledge, obligation
感谢	appreciate, recognize, acknowledge
额外的	additional, supplementary, extra
如果需要	if needed, if necessary, when required
设定	set, establish, determine
明确的	clear, specific, definite
下一步	next step, subsequent action, following move
展现	display, show, demonstrate
参与	engagement, involvement, participation
在我们结束时	as we conclude, to wrap up, in closing
展示	demonstrate, show, illustrate
依赖	rely on, depend on, count on
各自的	respective, individual, corresponding
教训	lesson, learning, insight
讨论中	during our discussion, in our conversation, while talking
显而易见的	evident, clear, apparent
有很大贡献	it greatly contributes to..., significantly adds to, meaningfully supports
决策过程	decision-making process, choice mechanism, selection procedure
保持势头	keep the momentum going, maintain progress, continue advancing
积极态度	maintain a proactive approach to our tasks, stay initiative-taking, keep being forward-looking
供您参考	for your reference, FYR, as background
结束本次会议	bring this meeting to a close, conclude this session, finish up
记录下	make a note of, document, jot down
需要关注	need attention, require focus, demand consideration
会后	post-meeting, after the session, following up
推动因素	driver, motivator, catalyst
关键	key, crucial, vital
集体努力	collective efforts, team work, joint endeavor
保持沟通畅通	keep the lines of communication open, maintain open dialogue, ensure free exchange
持续的	ongoing, continuing, current
确定	confirm, verify, validate
让我们开始	let's get started with, let's begin with, let's dive into
在我们开始之前	before we begin, prior to starting, first of all
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集体努力	collective efforts, team work, joint endeavor
保持沟通 畅通	keep the lines of communication open, maintain open dialogue, ensure free exchange
持续的	ongoing, continuing, current
确定	confirm, verify, validate
被记录	be documented, recorded, filed
负责人	responsible parties, accountable individuals, assigned people
重申	reiterate, repeat, restate
检查准确性	review... for accuracy, verify correctness, check precision
证明	testament, evidence, proof
团结	unity, cohesion, solidarity
未解决的	outstanding, unresolved, pending
传递	carry forward, continue, extend
积极动力	positive momentum, favorable progress, constructive energy
发送	send out, distribute, circulate
丰富了	enrich, enhance, improve
保持	maintain, preserve, sustain
...度	the level of ..., degree, extent
感谢每个人的辛勤工作	acknowledge the hard work put in by the entire team, recognize team effort, appreciate contributions
努力	make a conscious effort to ..., strive to, work diligently to
及时的	in a timely manner, promptly, without delay
对...起到了积极作用	contribute to..., positively impact, benefit
在前进过程中	as we move forward, going ahead, progressing
未解决的	lingering questions, remaining issues, open queries
事业	endeavors, efforts, undertakings
承认	acknowledge, recognize, admit
迄今为止取得的	made so far, achieved to date, accomplished thus far
确定	identify, recognize, pinpoint
塑造	shape, form, influence
负责	take ownership of, be accountable for, assume responsibility for
障碍	roadblock, obstacle, hurdle
前面可能的	ahead, coming up, forthcoming
确实是	truly, genuinely, really
成就	accomplishment, achievement, success
切实可行的	realistic, practical, feasible
增添了丰富性	contribute to the richness of ..., add value to, enhance
传达	circulate, distribute, share
得到有效传达	are effectively communicated, are properly shared, are clearly expressed
让我们	let's make a conscious effort to ..., let's strive to, let's work to
表达自信心	express confidence in..., show belief in, demonstrate faith in
带入到	carry forward the ... into ..., bring into, extend to
很高兴	it's really good to ..., it's wonderful to, it's great to

我们可以开始了吗	are we good to go, are we ready, can we proceed
大家都到了	everybody is here, all present, complete attendance
让我们开始吧	let's get the ball rolling, let's commence, let's start
让我们按照议程进行	let's stick to the agenda, follow the schedule, adhere to the plan
开始会议	kick off the meeting, launch the session, open the discussion
持续	last, continue, endure
各个方面	various aspects, multiple dimensions, different facets
中心主题	central theme, main focus, primary topic
我们将研究	we'll be examining..., we'll analyze, we'll explore
影响	implication, consequence, ramification
围绕着	center around, focus on, revolve around
会议	session, meeting, gathering
放大屏幕	make it bigger, zoom in, enlarge
我现在就把介绍放上来	I'm going to put up my presentation now, I'll display my slides, let me share my screen
我在准备	I get ready to ..., I prepare to, I'm setting up to
调整缩放级别	adjust the zoom level, modify the magnification, change the view
暂时	momentarily, briefly, temporarily
继续之前	before we proceed, prior to continuing, before moving on
开始	initiate, start, launch
可见	visible, apparent, noticeable
我想弄清楚	just to clarify, to be clear, for understanding
打断你	interrupt you, cut in, break in
你介意	would you mind if ..., is it okay if, could I
插话	I jump in here, let me interject, allow me to add
抱歉打断一下	sorry to jump in, excuse the interruption, pardon me
有一点需要讨论一下	there's a point to address, an issue to raise, a matter to discuss
请稍等一下	hold on a minute, wait a second, pause
回顾一下	go back over ..., revisit, recap
我没听清楚	I didn't get that, I missed that, could you repeat
你的声音断断续续	you are breaking up, the audio is cutting out, your voice is fading
请你先说	please go ahead, after you, proceed
没关系	it's fine, no problem, that's okay
请你说话大声点	speak up a little, increase your volume, project your voice
调整音量	adjust the volume, modify the sound level, change the audio
有点杂音	the audio is a bit fuzzy on my end, there's some static, sound quality is poor
遇到了	experience, encounter, have
摄像头出了点问题	there's a glitch with my camera, my webcam isn't working, video issues
我什么也听不到	I can't hear a thing, audio is completely gone, no sound
你开静音了吗	are you on mute, is your microphone off, check your mute status
黑屏了/白屏了	the screen is blank, display is black/white, nothing showing
屏幕卡住了	the screen is frozen, image is stuck, display isn't updating
音画不同步	the image and sound are out of sync, audio-visual mismatch, lag between video and audio
你的声音断断续续	you're breaking up a little bit, audio cutting in and out, intermittent sound

有点回声	there's a bit of an echo, audio feedback, sound repetition
我的wifi不太稳定	my wifi has been a little bit patchy, internet connection is spotty, network is unreliable
换个话题	shift gears, change subjects, move to another topic
我们过渡到下一个讨论点吧	let's transition to our next point of discussion, proceed to the next item, move forward to
让我们转向	let's turn our attention to.../let's now direct our focus to..., shift focus to, redirect to
让我们继续讨论	let's proceed to discuss..., continue with, move on to
下一个议程	next on the agenda is..., following item is, subsequent topic
最后的想法	last-minute thoughts, closing comments, final remarks
保持联系	stay connected, remain in touch, keep communicating
富有成效的	productive, fruitful, valuable
后续会议定于	our follow-up meeting is set for [date], next meeting scheduled for, continuation on
更多详情稍后公布	more details to follow, additional information coming, specifics later
快速提醒一下	a quick reminder..., brief notification, short notice
请注意	make a note that ..., be aware that, remember that
议程将提前分发	agenda items will be circulated beforehand, schedule shared in advance, topics distributed early
让我们开始	let's get started with, let's begin with, let's dive into
在我们开始之前	before we begin, prior to starting, first of all
更正	correction, amendment, rectification
事项	item, matter, issue, topic
紧急的	pressing, urgent, critical
继续	proceed, continue, move forward
开放时间听	open the floor for..., invite comments on, welcome discussion about
继续	move forward, proceed, advance
关键点	key takeaway, main point, central message
结束	wrap up, conclude, finish
再次聚首	reconvene, meet again, reassemble
分配	assign, allocate, delegate
清晰地	clear, distinct, unambiguous
回到	circle back, return to, revisit
遗留的	remaining, outstanding, unresolved
积极地	actively, energetically, vigorously
散会	adjourn, conclude, close the meeting
列出	outline, list, enumerate
确保清晰	for clarity, to be clear, for understanding
持续	continuous, ongoing, constant
安排	schedule, timetable, plan
行动事项	action items, tasks, follow-ups
迅速	promptly, quickly, immediately
分发	distribute, circulate, share
确保每个人了解	keep everyone informed, maintain communication, update all
宣布会议结束	consider this meeting adjourned, the meeting is now closed, we're done
反思	reflect, consider, contemplate
花一点时间	take a moment, pause briefly, stop to consider

总结	recap, summarize, review
成果	outcome, result, conclusion
承诺	commitment, pledge, obligation
感谢	appreciate, recognize, acknowledge
额外的	additional, supplementary, extra
如果需要	if needed, if necessary, when required
设定	set, establish, determine
明确的	clear, specific, definite
下一步	next step, subsequent action, following move
展现	display, show, demonstrate
参与	engagement, involvement, participation
在我们结束时	as we conclude, to wrap up, in closing
展示	demonstrate, show, illustrate
依赖	rely on, depend on, count on
各自的	respective, individual, corresponding
教训	lesson, learning, insight
讨论中	during our discussion, in our conversation, while talking
显而易见的	evident, clear, apparent
有很大贡献	it greatly contributes to..., significantly adds to, meaningfully supports
决策过程	decision-making process, choice mechanism, selection procedure
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会后	post-meeting, after the session, following up
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关键	key, crucial, vital
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传递	carry forward, continue, extend
积极动力	positive momentum, favorable progress, constructive energy
发送	send out, distribute, circulate

丰富了	enrich, enhance, improve
保持	maintain, preserve, sustain
...度	the level of ..., degree, extent
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影响	implication, consequence, ramification
围绕着	center around, focus on, revolve around
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我现在就把介绍放上来	I'm going to put up my presentation now, I'll display my slides, let me share my screen
我在准备	I get ready to ..., I prepare to, I'm setting up to
调整缩放级别	adjust the zoom level, modify the magnification, change the view



暂时	momentarily, briefly, temporarily
继续之前	before we proceed, prior to continuing, before moving on
开始	initiate, start, launch
可见	visible, apparent, noticeable
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没关系	it's fine, no problem, that's okay
请你说话大声点	speak up a little, increase your volume, project your voice
调整音量	adjust the volume, modify the sound level, change the audio
有点杂音	the audio is a bit fuzzy on my end, there's some static, sound quality is poor
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我的wifi不太稳定	my wifi has been a little bit patchy, internet connection is spotty, network is unreliable
换个话题	shift gears, change subjects, move to another topic
我们过渡到下一个讨论点吧	let's transition to our next point of discussion, proceed to the next item, move forward to
让我们转向	let's turn our attention to.../let's now direct our focus to..., shift focus to, redirect to
让我们继续讨论	let's proceed to discuss..., continue with, move on to
下一个议程	next on the agenda is..., following item is, subsequent topic
最后的想法	last-minute thoughts, closing comments, final remarks
保持联系	stay connected, remain in touch, keep communicating
富有成效的	productive, fruitful, valuable
后续会议定于	our follow-up meeting is set for [date], next meeting scheduled for, continuation on
更多详情稍后公布	more details to follow, additional information coming, specifics later
快速提醒一下	a quick reminder..., brief notification, short notice
请注意	make a note that ..., be aware that, remember that
议程将提前分发	agenda items will be circulated beforehand, schedule shared in advance, topics distributed early
替代	alternative, substitute, replacement

方案	solution, approach, resolution
可能	might, may, could
调整	adjustment, modification, adaptation
提议的	proposed, suggested, recommended
实行一段时间	implement a trial period, test run, pilot phase
根据	according, based on, per
下降	decline, decrease, reduction
明显的	clear, evident, apparent
上升趋势	a trend towards..., upward movement, increasing pattern
完全	completely, entirely, fully
评估	assessment, evaluation, appraisal
最终确定计划	finalize the plan, complete the planning, conclude arrangements
我想	I'd like to, I wish to, I want to
意见	input, feedback, suggestion
提到	outline, summarize, sketch
提出	bring up, raise, introduce
我认为值得...	I think it's worth..., I believe it's valuable to, it merits
保持竞争力	stay competitive, remain competitive, keep an edge
成立	set up, establish, form
一个特别小组	a task force, working group, project team
根本	root, fundamental, basic
花点时间...	Let's take a moment to..., Let's pause to, Let's spend time
回顾	review, examine, assess
团队之间	among teams, between groups, interdepartmental
至关重要的	be pivotal for, be crucial for, be vital to
共同项目	joint projects, collaborative initiatives, shared undertakings
调整	tweak, fine-tune, adjust
继续	move forward, proceed, advance
在我们结束之前	before we conclude, prior to wrapping up, to close
额外的	additional, supplementary, extra
反馈	feedback, comments, responses
顾虑	concern, worry, apprehension
采纳	adopt, implement, embrace
在类似情境下	in similar situations, under comparable circumstances, in alike cases
关于...的误解	misunderstanding regarding..., confusion about, incorrect view of
看起来	It seems that..., It appears that, Evidently
达成了共识	reach a consensus, come to agreement, find common ground
同意	agree on, concur on, be in accord about
解决	address, handle, resolve
分歧	differences in opinion, disagreements, varying views
一致的	unified, aligned, harmonious
确保	ensure, guarantee, make certain
方法	approach, method, strategy

公开讨论	openly discuss, talk freely about, debate transparently
预计	anticipate, expect, foresee
流程	process, procedure, system
研究	look into..., investigate, examine
例行任务	routine tasks, regular duties, standard assignments
考虑	take...into account, factor in, consider
完善	refine, improve, polish
打破常规思维	think outside the box, be innovative, approach creatively
引入	introduce, bring in, implement
看起来大家普遍同意	It seems that there is a general agreement on..., There appears to be consensus that, Most agree that
方面	aspect, facet, element
承诺采取	commit to this approach, pledge to follow, dedicate to this method
在...方面	in terms of..., regarding, with respect to
进行	conduct, carry out, perform
全面的	thorough, comprehensive, exhaustive
风险评估	risk assessment, danger evaluation, threat analysis
同意	in agreement with, concurring with, aligned with
确保	ensure, guarantee, confirm
渠道	channel, medium, avenue
信息交流	information exchange, data sharing, communication
散会	adjourn, conclude, close
最终确定	finalize, complete, conclude
认可	recognition, acknowledgment, appreciation
保持高昂士气	maintain high morale, keep spirits up, preserve motivation
确立	establish, set up, institute
做出决策	reach decisions, make choices, determine outcomes
高效的	efficiently, productively, effectively
可行性研究	a feasibility study, viability assessment, practicality analysis
现实的	realistic, practical, feasible
可实现的	attainable, achievable, reachable
重视	value, appreciate, prize
应该经过	should undergo, must experience, needs to go through
结束	wrap up, conclude, finish
总的来说	to sum up, in summary, in conclusion
我们有很多要讨论	we have a lot to cover, much to address, many topics to discuss
感谢参加会议, 我们将要...	I appreciate your presence here as we..., Thank you for attending while we...
涵盖了	is packed with, contains, includes
主题	topics, subjects, matters
旨在	is structured to, is designed to, aims to
富有成效的	productive, fruitful, valuable
开始	kick off, launch, commence
回顾	recap, summarize, review
接下来	following that, after this, subsequently

鉴于	in light of, considering, given
积极地	proactive, active, initiative-taking
措施	measure, step, action
克服障碍	overcome obstacles, surmount challenges, conquer difficulties
设想	envision, imagine, foresee
影响	impact, effect, influence
预计	anticipate, expect, predict
加强	strengthen, reinforce, fortify
从而	in turn, consequently, as a result
提高收入	boost revenue, increase earnings, enhance income
过于紧张	too aggressive, overly ambitious, excessively bold
延长	extend, prolong, continue
交付	deliver, provide, hand over
考虑到	considering, taking into account, bearing in mind
与...契合	align well with..., match nicely with, correspond to
回顾	reflect on, think about, consider
过去一个季度	the past quarter, previous three months, last quarter
超过目标	exceed targets, surpass goals, outperform objectives
面临	face, encounter, confront
需要在未来解决	we need to address moving forward, must handle going ahead, should tackle in future
导致了	result in a 15% increase, bring about, cause
尽管取得了进展	despite this progress, notwithstanding advances, although improving
提升	elevate, raise, improve
健全的	robust, strong, sturdy
进入新市场	tap into new markets, access fresh markets, penetrate new areas
鉴于	given..., considering, in view of
至关重要	crucial, critical, vital
根据性地	accordingly, appropriately, consequently
需要更多澄清	need a bit more clarification, require further explanation, demand additional details
包含	be inclusive of, comprise, encompass
相关的	associate, related, connected
最新的	latest, most recent, newest
强调	underscore, emphasize, highlight
评为优秀	rate...as excellent, grade highly, rank as outstanding
显示出	indicating, showing, demonstrating
涉及到	involve, include, entail
推出	launch, introduce, release
有针对性的	targeted, focused, specific
发布日期即将到来	the release date is approaching, launch day is nearing, publication time is coming
至关重要的	paramount, supreme, foremost
完成截止日期	meet our deadline, hit our target date, finish on time
情况	landscape, scenario, situation
加速	expedite, hasten, speed up

使我们在竞争中具备优势	give us a competitive edge, provide an advantage, offer superiority
我们已经完成了议程的一半	we're halfway through our agenda, we've covered 50% of items, midway in schedule
让我们保持这个进度	let's keep momentum going, maintain progress, continue advancing
收获	takeaway, key point, main lesson
不同的	differing, varying, diverse
这个问题	on this matter, regarding this issue, about this topic
意见	opinion, view, perspective
花些时间	take a moment to..., pause to, spend time
考虑到提出的关切	accommodate the concern, address the worry, meet the issue
自然的	natural, normal, expected
观点	perspective, viewpoint, standpoint
并提出解决方案	and come back with..., return with answers, provide resolutions
概括	capture, summarize, encapsulate
准确	accurately, precisely, correctly
总结一下	to recap, to summarize, in review
令人赞赏	is truly appreciated, is highly valued, is greatly admired
反映在	reflect in, show in, demonstrate in
不同的意见	diverse opinions, varied views, multiple perspectives
发表意见	to speak up, voice opinions, express views
促进	foster, encourage, promote
产生	leads to, results in, brings about
共同之处	commonalities, similarities, shared aspects
确保每个人同意	ensure everyone is on board, confirm alignment, verify agreement
分发	circulate, distribute, share
很快地	shortly, soon, briefly
供大家参考	for your reference, FYR, as information
强调	highlight, emphasize, stress
完全地	entirely, completely, fully
支撑我的观点	back up my point, support my argument, substantiate my position
时间很重要	time is of the essence, timing is crucial, punctuality matters
提醒一下	just a quick reminder, brief notification, short notice
保持进度	stay on schedule, keep to timetable, maintain timeline
折中	find a common ground/a middle ground, reach compromise, meet halfway
分歧	the diversity of perspective, differing views, varied opinions
达成共识	reach a consensus, come to agreement, find mutual understanding
承担任务	take on the task of..., undertake, assume responsibility for
感谢大家的努力	I appreciate the effort everyone has put into this, recognize contributions, value hard work
提出观点	voice your opinions, express views, share thoughts
达成共识	in agreement on/get on the same page, aligned, concurring
下次会议定于	our next meeting is scheduled for..., is set for, is planned for
时间很重要	time is of the essence, timing is crucial, punctuality matters
保持进度	stay on schedule, keep to timetable, maintain timeline
共同立场	common ground, mutual understanding, shared basis

折中方案	middle ground, compromise, balanced approach
达成一致	agree on, concur on, be in accord about
观点	perspectives, viewpoints, standpoints
发表意见	voice your opinions, express views, share thoughts
达成共识	be in agreement on, aligned, concurring
感谢参加	appreciate your presence as we..., thank you for attending while we...
概述关键举措	outline key initiatives, summarize main projects, highlight primary actions
推动成功	drive our success on, propel our achievements in, advance our accomplishments
稍微	slightly, somewhat, a little
看法	perspective, viewpoint, standpoint
行动方案	course of action, plan of action, approach
涉及的	involved, included, participating
倾向于	be inclined to, tend to, lean toward
尽管	while, although, even though
合理的	valid, sound, legitimate
看法	viewpoint, perspective, opinion
理解	acknowledge, recognize, understand
持有乐观态度	share the same level of optimism, be equally positive, maintain similar confidence
保持会议进展	stay on track, remain focused, keep progressing
继续	move on to, proceed to, transition to
迄今为止	so far, up to now, thus far
既然	now that, since, given that
列出	outline, list, enumerate
及时推进	ensure timely progress, guarantee prompt advancement, maintain schedule
可行的	actionable, practicable, implementable
总结一下	to recap, to summarize, in review
确定了	identify, recognize, pinpoint
启动	initiate, begin, launch
定期更新	regular update, periodic report, routine briefing
简而言之	in a nutshell, in brief, to summarize
传播	circulate, distribute, share
表达不同意见	voice differing opinions, express alternative views, present contrasting perspectives
征求意见	solicit feedback, request input, seek comments
我不喜欢	It's not for me, It's not my thing, It's not my preference
总的来说	generally speaking, in general, overall
举例来说	for example, for instance, as an illustration
稍后联系	touch base later, follow up, reconnect
抄送你	loop you in, include you, keep you informed
看法一致	be on the same page, be aligned, be in agreement
结束讨论	wrap up this discussion, conclude this conversation, finish this debate
着手进行	get the ball rolling..., initiate, start the process
进展顺利	be on track, progressing well, going as planned
打破常规	think outside the box, be innovative, approach creatively

立即着手	hit the ground running, start immediately, begin energetically
尝试这个想法	run with this idea, pursue this concept, test this approach
利用	leverage, utilize, capitalize on
负责人	the point person, lead contact, primary responsible individual
过一遍	run through, review, go over
暂时搁置	put a pin in..., pause, postpone temporarily
有很好的把握	have a good grasp of..., understand well, be knowledgeable about
善于识别...	have a keen eye for identifying..., be skilled at spotting, excel at detecting
深入挖掘	dive deep into, explore thoroughly, investigate in depth
调整策略	pivot our strategy, shift our approach, modify our plan
稍后回到	circle back to this point later, return to this topic, revisit this issue
集思广益	put our heads together, brainstorm, collaborate
试运行一个项目	run a pilot program, conduct a trial, test a concept
善于	have a talent for..., be skilled at, excel in
试探一下这个想法	run this idea up, test this concept, float this proposal
优化	streamline, improve efficiency, refine
最终结论	the bottom line is..., essentially, ultimately
产生影响	move the needle, make an impact, effect change
知名度	awareness, recognition, visibility
打破沉默	break the ice, initiate conversation, overcome initial awkwardness
掌握要领	get the hang of..., learn the basics, understand the fundamentals
为团队贡献	bring something to the table, offer value, contribute meaningfully
言简意赅	cut to the chase, get to the point, be direct
理解, 接受	wrap our heads around it, comprehend, come to terms with
领导, 带头	take the lead, assume leadership, guide
结束事务	close the loop, complete the process, finalize
尝试一下	give it a shot, try it out, attempt
陷入细节	be in the weeds, bogged down in minutiae, overly focused on details
深入了解	drill down to..., examine closely, analyze thoroughly
向你请教	pick your brain about..., seek your expertise, ask for your insight
放弃	throw in the towel, give up, concede
搁置	put on the back burner, postpone, defer
看到全局	get the big picture, understand the overall situation, see the broader context
额外付出努力	go the extra mile, exceed expectations, make additional effort
重新规划	it's back to the drawing board for improvement, start over, revise completely
进行数据分析	crunch the numbers, analyze data, process statistics
可行性	feasibility, practicality, viability
事实就是这样	it is what it is, that's the reality, accept the situation
按照规定	by the book, according to protocol, following procedures
立即开始	hit the ground running, start immediately, begin at full speed
不了解最新情况	feel out of the loop, be uninformed, not up-to-date
确立立场	put a stake in the ground, take a firm position, make a definitive stand
不可能完成的任 务	square the circle, attempt the impossible, try the unfeasible

置之不顾	throw...under the bus, sacrifice, betray
离职	jump ship, leave the company, resign
持怀疑态度	take it with a grain of salt, be skeptical, view cautiously
采取捷径	cut corners, take shortcuts, do hastily
岌岌可危	be at stake, be at risk, be in jeopardy
迎难而上	bite the bullet, face difficulty, endure hardship
使计划受挫	throw a curveball, surprise with a problem, present an unexpected obstacle
看懂言外之意	read between the lines, infer meaning, understand implicitly
明显的问题	elephant in the room, obvious issue everyone avoids, unaddressed problem
显而易见的事	a no-brainer, an easy decision, obvious choice
不要重复造轮子	don't reinvent the wheel, use existing solutions, avoid unnecessary duplication
时间非常紧迫	we're down to the wire, time is running out, nearing deadline
临近	approach, near, come close to
一针见血	hit the nail on the head, be exactly right, identify precisely