* Black font with white background
* 2s for each word🡪4s for each slide
* 200ms for interval between each word 🡪0ms
* Each list followed by 30-s delay period with counted backward on paper🡪 30-s delay period counted backwards by three’s on the screen
  + Such as <https://screenshots.firefox.com/wZFsqCcvgaLTcYKC/www.geomotiontv.com>
* After the fourth list plus 30-s delay period, 10 minutes filler task. 5 minutes for writing down the states, and another 5 minutes for two-digit multiplication problems
* Free recall test for four minutes