WHODAS 2.0

World Health Organization Disability Assessment Schedule 2.0

36-item version, self-administered

Patient Name:	Age:	Date:

This questionnaire asks about <u>difficulties due to health/mental health conditions</u>. Health conditions include **diseases or illnesses**, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs. Think back over the <u>past 30 days</u> and answer these questions thinking about how much difficulty you had doing the following activities. For each question, please circle only <u>one</u> response.

In the past day, how much difficulty did you have in: D1.1 Concentrating on doing something for ten minutes? D1.2 Remembering to do important things? D1.3 Analyzing and finding solutions to problems in day-to-day life? D1.4 Learning a new task, for example, learning how toget to a new place? D1.5 Generally understanding what people say? D1.6 Starting and maintaining a conversation? D1.7 Standing for long periods, such as 30 minutes? D1.8 Setting around inside your home? D2.1 Standing up from sitting down? D2.2 Standing up from sitting down? D2.3 Moving around inside your home? D2.4 Setting out of your home? D2.5 Walking a long distance, such as a kilometer (or quivalent)? D2.6 Setting out of your home? D2.7 Standing your whole body? D2.8 Starting and minutes? D2.9 Setting dessed? D2.9 Standing up from sitting down? D2.0 Setting dressed? D2.0									Clinician Use Only		
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								Clinician Use Only		
	Numeric scores assigned to each of the items:	1	2	3	4	5	Raw Item Score	. <u>⊆</u> 0	in a	
In the <u>last 30 days</u> , how much difficulty did you have in:								Raw Domain Score	Average Domain Score	
Life activities—Household							Ra		∢ □	
D5.1	Taking care of your <u>household responsibilities</u> ?	None	Mild	Moderate	Severe	Extreme or cannot do				
D5.2	Doing most important household tasks well?	None	Mild	Moderate	Severe	Extreme or cannot do				
D5.3	Getting all of the household work done that you needed to do?	None	Mild	Moderate	Severe	Extreme or cannot do		20	5	
D5.4	Getting your household work done as quickly as needed?	None	Mild	Moderate	Severe	Extreme or cannot do				
Life act	tivities—School/Work									
-	work (paid, non-paid, self-employed) or go to schoo vise, skip to D6.1.	ol, comp	lete que	estions D5.	5–D5.8,	below.				
Becaus	se of your health condition, in the past <u>30 days</u> , how	w much	difficult	<u>y</u> did you h	ave in:					
D5.5	Your day-to-day work/school?	None	Mild	Moderate	Severe	Extreme or cannot do				
D5.6	Doing your most important work/school tasks well?	None	Mild	Moderate	Severe	Extreme or cannot do				
D5.7	Getting all of the work <u>done</u> that you need to do?	None	Mild	Moderate	Severe	Extreme or cannot do		20	5	
D5.8	Getting your work done as quickly as needed?	None	Mild	Moderate	Severe	Extreme or cannot do				
	pation in society									
In the I	past <u>30 days</u> :		1	1				1	1	
D6.1	How much of a problem did you have in joining in community activities (for example, festivities, religious, or other activities) in the same way as anyone else can?	None	Mild	Moderate	Severe	Extreme or cannot do				
D6.2	How much of a problem did you have because of <u>barriers or hindrances</u> around you?	None	Mild	Moderate	Severe	Extreme or cannot do				
D6.3	How much of a problem did you have <u>living</u> with dignity because of the attitudes and actions of others?	None	Mild	Moderate	Severe	Extreme or cannot do				
D6.4	How much <u>time</u> did <u>you</u> spend on your health condition or its consequences?	None	Some	Moderate	A Lot	Extreme or cannot do		40	5	
D6.5	How much have <u>you</u> been <u>emotionally affected</u> by your health condition?	None	Mild	Moderate	Severe	Extreme or cannot do				
D6.6	How much has your health been a <u>drain on the</u> <u>financial resources</u> of you or your family?	None	Mild	Moderate	Severe	Extreme or cannot do				
D6.7	How much of a problem did your <u>family</u> have because of your health problems?	None	Mild	Moderate	Severe	Extreme or cannot do				
D6.8	How much of a problem did you have in doing things by yourself for relaxation or pleasure?	None	Mild	Moderate	Severe	Extreme or cannot do				
General Disability Score © World Health Organization, 2012. All rights reserved. Measuring health and disability: manual for WHO Disability Assessment Schedule (WHO								180	5	

© World Health Organization, 2012. All rights reserved. Measuring health and disability: manual for WHO Disability Assessment Schedule (WHODAS 2.0), World Health Organization, 2010, Geneva.

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WHODAS 2.0

World Health Organization Disability Assessment Schedule 2.0

36-item version, self-administered

The adult self-administered version of the World Health Organization Disability Assessment Schedule 2.0 (WHODAS 2.0) is a 36-item measure that assesses disability in adults age 18 years and older. It assesses disability across six domains, including understanding and communicating, getting around, self-care, getting along with people, life activities (i.e., household, work, and/or school activities), and participation in society. If the adult individual is of impaired capacity and unable to complete the form (e.g., a patient with dementia), a knowledgeable informant may complete the proxy-administered version of the measure, which is available at www.psychiatry.org/dsm5. Each item on the self-administered version of the WHODAS 2.0 asks the individual to rate how much difficulty he or she has had in specific areas of functioning during the past 30 days.

WHODAS 2.0 Scoring Instructions Provided by World Health Organization

WHODAS 2.0 Summary Scores: There are two basic options for computing the summary scores for the WHODAS 2.0 36-item full version.

Simple: The scores assigned to each of the items—"none" (1), "mild" (2), "moderate" (3), "severe" (4), and "extreme" (5)—are summed. This method is referred to as simple scoring because the scores from each of the items are simply added up without recoding or collapsing of response categories; thus, there is no weighting of individual items. This approach is practical to use as a hand-scoring approach, and may be the method of choice in busy clinical settings or in paper-and-pencil interview situations. As a result, the simple sum of the scores of the items across all domains constitutes a statistic that is sufficient to describe the degree of functional limitations.

Complex: The more complex method of scoring is called "item-response-theory" (IRT)—based scoring. It takes into account multiple levels of difficulty for each WHODAS 2.0 item. It takes the coding for each item response as "none," "mild," "moderate," "severe," and "extreme" separately, and then uses a computer to determine the summary score by differentially weighting the items and the levels of severity. The computer program is available from the WHO Web site. The scoring has three steps:

- Step 1—Summing of recoded item scores within each domain.
- Step 2—Summing of all six domain scores.
- Step 3—Converting the summary score into a metric ranging from 0 to 100 (where 0 = no disability; 100 = full disability).

WHODAS 2.0 Domain Scores: WHODAS 2.0 produces domain-specific scores for six different functioning domains: cognition, mobility, self-care, getting along, life activities (household and work/school) and participation.

WHODAS 2.0 Population Norms: For the population norms for IRT-based scoring of the WHODAS 2.0 and for the population distribution of IRT-based scores for WHODAS 2.0, please see http://www.who.int/classifications/icf/Pop norms distrib IRT scores.pdf

<u>Additional Scoring and Interpretation Guidance for DSM-5 Users</u>

The clinician is asked to review the individual's response on each item on the measure during the clinical interview and to indicate the self-reported score for each item in the section provided for "Clinician Use Only." However, if the clinician determines that the score on an item should be different based on the clinical interview and other information available, he or she may indicate a corrected score in the raw item score box. Based on findings from the DSM-5 Field Trials in adult patient samples across six sites in the United States and one in Canada, DSM-5 recommends calculation and use of average scores for each domain and for general disability. The **average scores** are comparable to the WHODAS 5-point scale, which allows the clinician to think of the individual's disability in terms of none (1), mild (2), moderate (3), severe (4), or extreme (5). The average domain and general disability scores were found to be reliable, easy to use, and clinically useful to the clinicians in the DSM-5 Field Trials. The **average domain score** is calculated by dividing the raw domain score by the number of items in the domain (e.g.,