distance at least K from each of u, v, w. We cannot have  $d_G(w, Q(x, y)) < K$  since then we get  $d_G(x, w) < K + K = 2K$ , which is impossible as  $x \in P(u, v)$ . Similarly, we cannot have  $d_G(u, Q(x, y)) < K$ . Assume, by way of contradiction,  $d_G(v, Q(x, y)) < K$ . Then, there is a vertex  $z \in Q(x, y)$  with  $d_G(v, z) < K$ . Assuming, without loss of generality,  $d_G(x, z) \le d_G(z, y)$ , we get  $d_G(v, x) \le d_G(v, z) + d_G(z, x) \le K - 1 + (K - 1)/2 = 3/2(K - 1) < \lfloor \frac{3}{2}K \rfloor$ . The latter contradicts the choice of vertex  $v_u$  as being a vertex of  $P(u, v) \cap D_G(v, \lfloor \frac{3}{2}K \rfloor)$  furthest (along the path P(u, v)) from v. This proves that the  $K_{1,3}$ -minor constructed is K-fat.

Now, we can assume that all three paths  $P(v_u, u_v)$ ,  $P(v_w, w_v)$ ,  $P(u_w, w_u)$  are pairwise at distance at least K. In this case, we can build a K-fat  $K_3$ -minor in G. Set  $H_v := G[D_G(v, \lfloor \frac{3}{2}K \rfloor)]$ ,  $H_u := G[D_G(u, \lfloor \frac{3}{2}K \rfloor)]$ . It is easy to see that these connected subgraphs  $H_v, H_w$ ,  $H_u$  and paths  $P(v_u, u_v)$ ,  $P(v_w, w_v)$ ,  $P(u_w, w_u)$  form a K-fat  $K_3$ -minor in G. Recall that  $d_G(v, P(u, w)) \ge 4K$ ,  $d_G(u, P(v, w)) \ge 4K$  and  $d_G(w, P(u, v)) \ge 4K$ . Hence, if  $d_G(V(H_v), V(H_u)) < K$ , then  $d_G(v, u) < \lfloor \frac{3}{2}K \rfloor + K + \lfloor \frac{3}{2}K \rfloor \le 4K$ , which is impossible. If  $d_G(V(H_v), P(u_w, w_u)) < K$ , then  $d_G(v, P(u, w)) < \lfloor \frac{3}{2}K \rfloor + K < 3K$ , which is also impossible. By symmetries, the  $K_3$ -minor constructed is K-fat.

Note that, in the proof of Lemma 12, we constructed very specific K-fat  $(K_3, K_{1,3})$ -minors. In our K-fat  $K_3$ -minor, the connected subgraphs  $H_1, H_2, H_3$  are disks. In our K-fat  $K_{1,3}$ -minor, the connected subgraphs  $H_1, H_2, H_3$  are singletons and the paths  $P_{i,0}$ , i=1,2,3, are shortest paths. Even more specific K-fat  $(K_3, K_{1,3})$ -minors were obtained in [1]. It was shown that if a graph G contains no  $(\geq K)$ -subdivision of  $K_3$  as a geodesic subgraph and no  $(\geq 3K)$ -subdivision of  $K_{1,3}$  as a 3-quasi-geodesic subgraph, then  $\mathsf{pb}(G) \leq 18K + 2$  (see [1] for details and definitions).

From Lemma 12, we immediately get the following corollary.

Corollary 7. If G has neither K-fat  $K_3$ -minor nor K-fat  $K_{1,3}$ -minor, then  $mci(G) \le 4K-1$ . In particular,  $mci(G) \le 4 \cdot mfi(G) + 3$ .

*Proof.* The first part of Corollary 7 follows from Lemma 12. For the second part, let  $\mathsf{mfi}(G) = K-1$ . Then, G has neither K-fat  $K_3$ -minor nor K-fat  $K_{1,3}$ -minor. By the first part,  $\mathsf{mci}(G) \le 4K-1 = 4(K-1)+3 = 4 \cdot \mathsf{mfi}(G)+3$ .

Combining Lemma 11 and Corollary 7 with Theorem 4, we get.

Theorem 5. For every graph G,

$$\begin{split} & \operatorname{mfi}(G) \leq \operatorname{mci}(G) \leq 4 \cdot \operatorname{mfi}(G) + 3, \\ & \operatorname{mfi}(G) \leq \operatorname{pl}(G) \leq 16 \cdot \operatorname{mfi}(G) + 10, \\ & \frac{\operatorname{mfi}(G)}{2} \leq \operatorname{pat}(G) \leq 8 \cdot \operatorname{mfi}(G) + 5, \\ & \frac{\operatorname{mfi}(G) - 1}{2} \leq \operatorname{adc}(G) \leq 16 \cdot \operatorname{mfi}(G) + 10, \\ & \operatorname{mfi}(G) \leq \Delta(G) \leq 16 \cdot \operatorname{mfi}(G) + 12, \\ & \frac{\operatorname{mfi}(G)}{4} \leq \operatorname{dsp}(G) \leq \operatorname{dpr}(G) \leq 8 \cdot \operatorname{mfi}(G) + 5, \\ & \frac{\operatorname{mfi}(G)}{2} \leq \operatorname{pcc}(G) \leq 16 \cdot \operatorname{mfi}(G) + 10. \end{split}$$