



Australian  
National  
University

## Participant Information – Beliefs about Expressing Emotions Study

**Researchers:** This study is being conducted by Paige Mewton, a Research Assistant under the supervision of Dr Amy Dawel, at the Research School of Psychology, CHM, The Australian National University.

**Project Title:** Face identity and expression perception. *Ethics Protocol number:* 2019/970, Study 2021c.

### General Outline of the Project:

**Description and Methodology:** This study aims to understand people's beliefs about how they should express emotions, and how these beliefs relate to emotional wellbeing. We are also interested in how these beliefs differ across cultures. You will be asked about your beliefs about expressing emotions in front of different people, and about your emotional wellbeing and empathy. You will also complete a demographic questionnaire (e.g., age, gender identification, ethnicity, country of birth, English language fluency) and some questions about social status. **All data will be collected anonymously, with no record of your name or date of birth.**

**Participants:** Participants will be approximately 600 undergraduate students at

The Australian National University.

**Use of Data, and Finding Out About the Study's Outcomes:** The results of the study may appear in scientific publications and student theses, plus scientific conference presentations and academic seminars. On completion of the study, a summary of results will be accessible using the password emotion\_study at <https://www.dropbox.com/sh/wt9pd28o2g4729d/AACBsDPGXx6DyD8LXHqnVp3O3dl=0>

**Project Funding:** This project does not have any specified funding.

### **Participant Involvement:**

**Voluntary Participation & Withdrawal:** Your participation in this study is entirely voluntary. At the end of this information sheet, you will be asked to indicate if you agree to participate in the study. You may also withdraw from the study at any point by stopping the questionnaire. However, because your data is collected in an entirely de-identified way (i.e., it cannot be linked to you), it is not possible to withdraw after you leave the study. If you do stop completing the survey at any point your data will be destroyed as soon as practicable.

**What will I be asked to do?** You will be asked about your beliefs about expressing emotions in front of different people, and about your emotional wellbeing. You will also complete a demographic questionnaire (e.g., age, gender identification, ethnicity, country of birth, English language fluency) and some questions about social status.

**Location and Duration:** The study will take place online. Participants will complete one testing session lasting approximately half an hour.

**Remuneration:** Participants will receive half an hour of course credit.

**Benefits:** We hope participating in this study will help you learn about the research process. Participating in this research is not expected to benefit you personally otherwise, but aims to increase scientific understanding of emotion.

**Risks:** We do not expect this survey to cause psychological distress. However, many students are experiencing psychological distress due to COVID-19 and other factors, and thus we provide a link to a list of evidence-based services below.

**Exclusion criteria:** All students who are eligible for ANU course credit via the SONA system are welcome to participate.

**Confidentiality:** Your confidentiality will be protected as far as the law allows. Any theses or scientific publications arising from the study will not include names or any other identifying information about participants. Your data will be collected in an entirely de-identified fashion, without any record of your name or birthdate. De-identified data (e.g., survey responses with demographic information) may be made available to other scientific researchers including researchers outside Dr Dawel's laboratory; this includes where funding body rules require raw data to be placed in a public depository; where other scientists wish to check the integrity of published results; or where new students in Dr Dawel's laboratory wish to undertake additional analysis of previously-collected data. In data made available to other researchers, and in theses and scientific publications, individual participants will be referred to only by a participant-number code (e.g. "P1").

- Have access or seek correction to your personal information
- Complain about a breach of an Australian Privacy Principle (APP) by ANU and how ANU will handle the complaint

### Queries and Concerns:

—Dr Amy Dawel at amy.dawel@anu.edu.au (preferred method of contact) or ph. 6125 4106

[https://www.dropbox.com/s/pqj5efa16lwqfo1/AppendixA\\_Resources%20and%20Sudl=0](https://www.dropbox.com/s/pqj5efa16lwqfo1/AppendixA_Resources%20and%20Sudl=0)

The ANU Human Research Ethics Committee

The Australian National University

Telephone: +61 2 6125 3427

Email: Human.Ethics.Officer@anu.edu.au

Do you consent to participate in this study?

☐ **NO** — I wish to exit this study.

☐ **YES** — I agree to participate in this study. I have read and understood the above information, and have had any questions or concerns (listed below) addressed to my satisfaction.

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