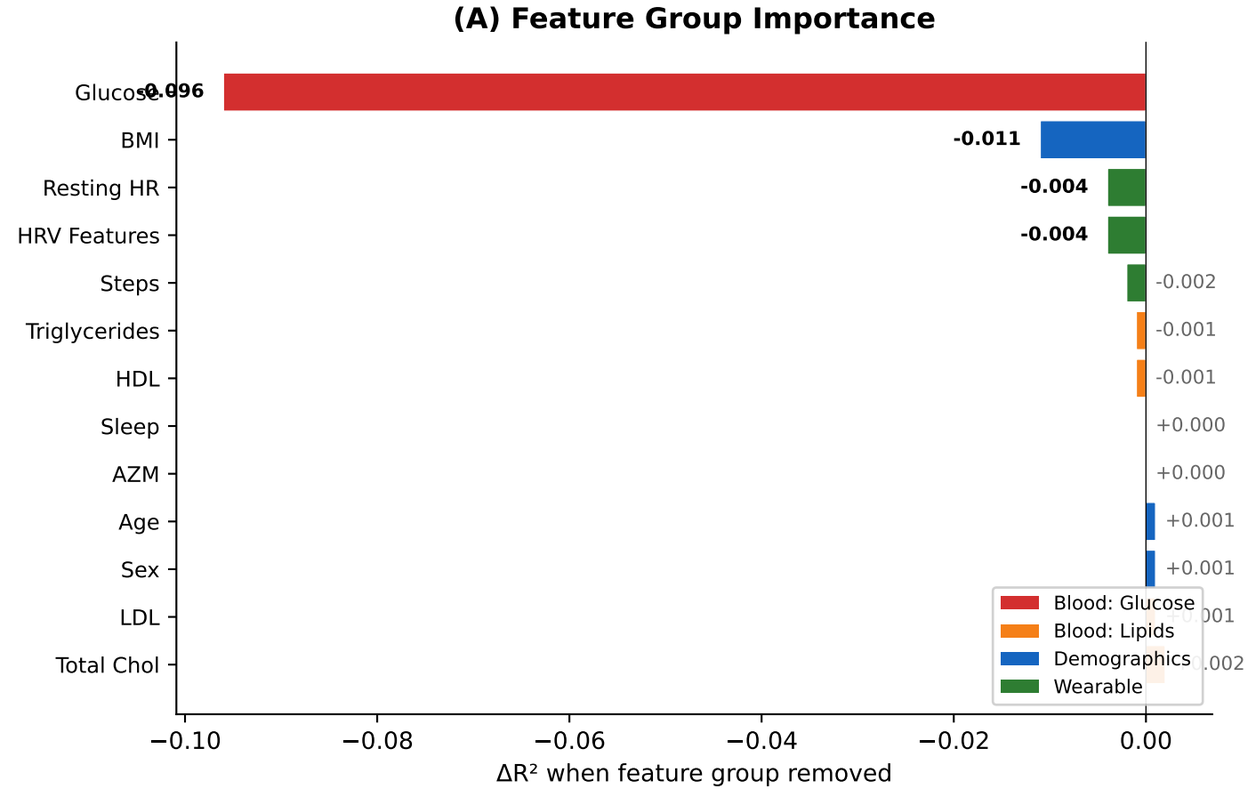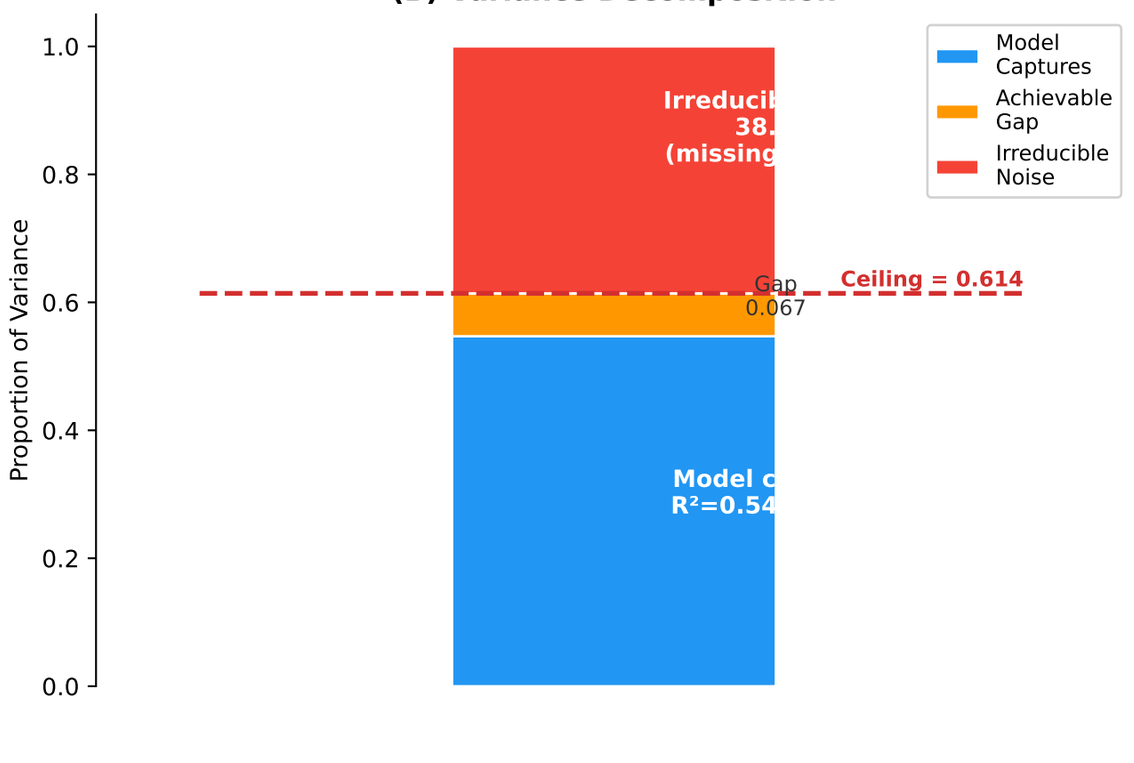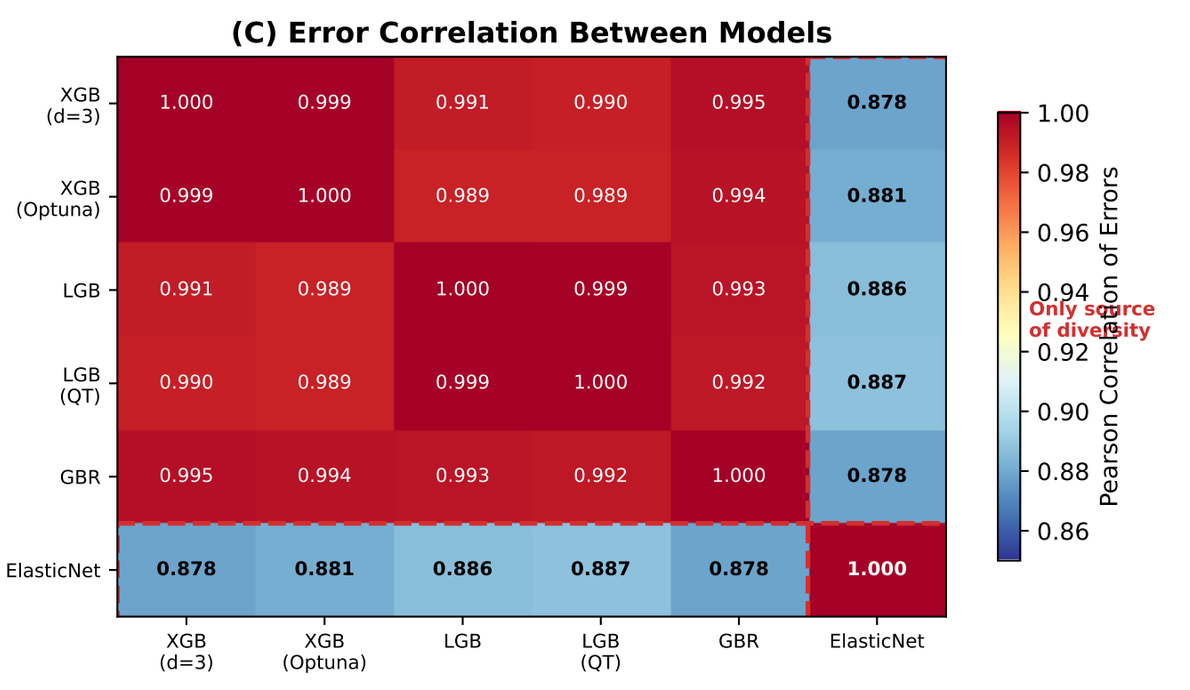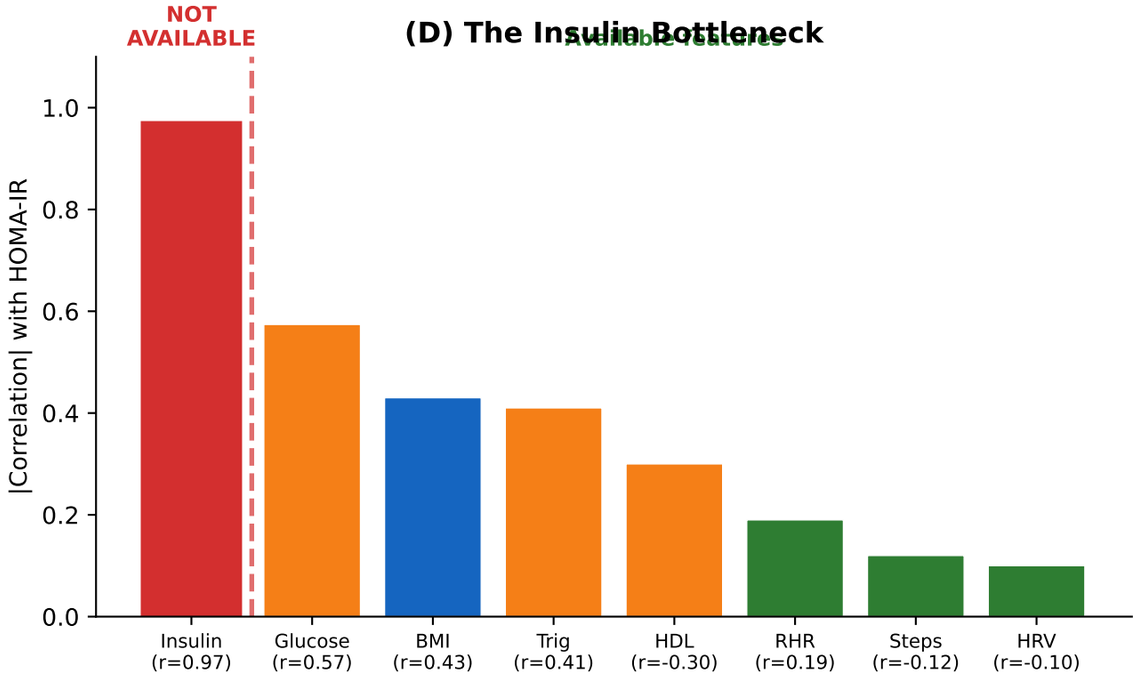Information-Theoretic Analysis of HOMA-IR Prediction