



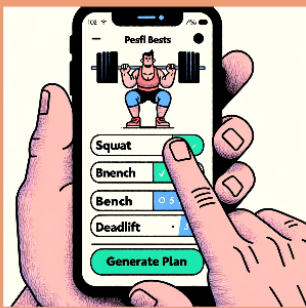
Jonah, eager to improve, wonders where to begin his fitness journey.



A friend's recommendation sparks Jonah's interest in a new fitness app.



The search begins: Jonah stumbles upon the perfect fitness app.



With personal bests entered, Jonah anticipates a tailored workout plan.



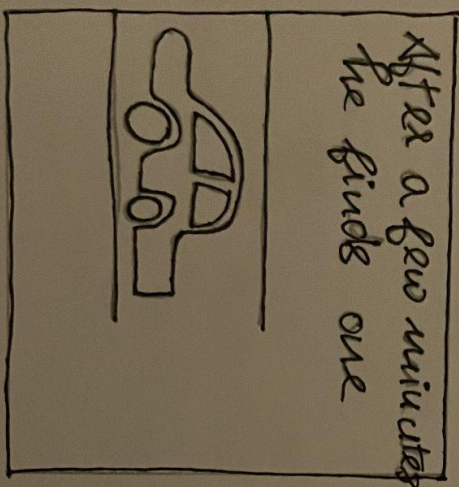
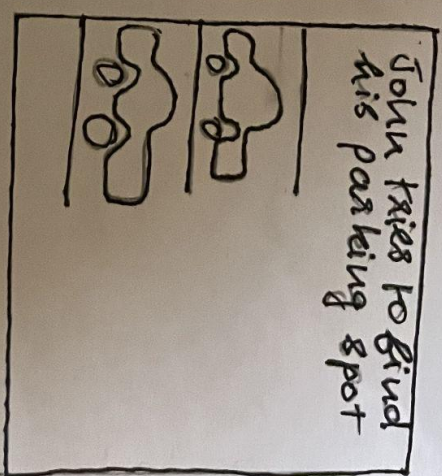
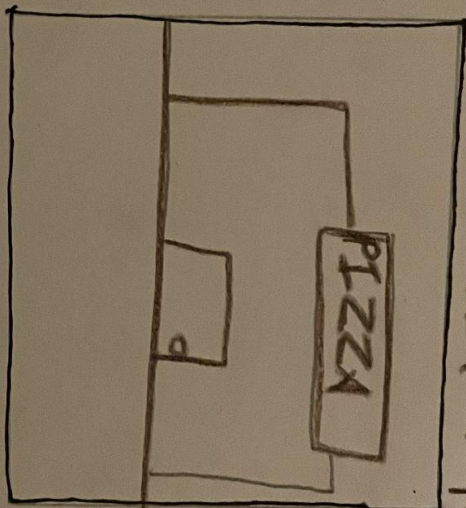
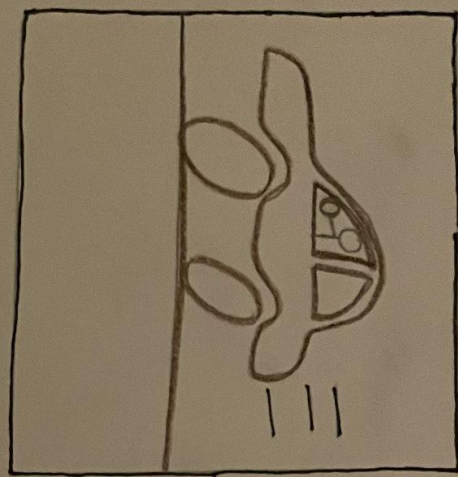
With a tailored plan in hand, Jonah's determination intensifies.



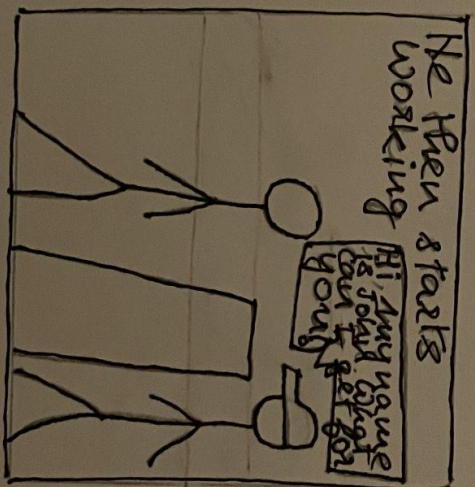
Guided by the app, Jonah's workouts draw admiration and inspire others.

by DAVID DINH

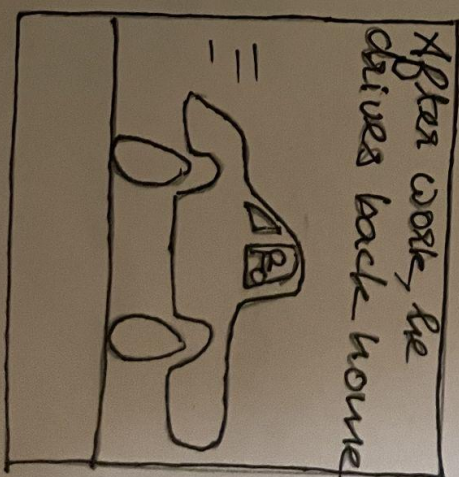
John is driving to work John reached his place



After a few minutes he finds one



He then starts working



After work, he drives back home



A young girl in a cozy room, lying on her bed, looking at her phone



She looks at her social media post and sees she has 10 likes on the post



She looks at her friend's post and sees that her friend has 100 likes



She then puts her head down in her pillow, sad that she isn't as popular.



All of a sudden, the phone installs a new app that's meant to limit social media usage



The girl has a newfound confidence due to improving her connection with social media