

Speaking Part2: 18 stories

思路：介绍1句，背景2-3句（时间、地点、原因），内容（5-6句），评价和展望（3-4句）

背诵：给人建议；糟糕服务

修改：缩减爬山累这个话题的内容，将困难改成迷路

新增：电脑崩溃

1.马来西亚男孩

说中文好的外国人

Last summer, I **participated in an online international communication** event organized by my undergraduate school. The event aimed to **foster discussions** on global issues, **bringing together** students from diverse countries and majors. Within my group, I **had the pleasure of getting acquainted with** my friend Mike, a captivating student who came from Malaysia.

Throughout the online activities, we **engaged in** numerous discussions, **providing ample opportunities** to exchange viewpoints. **What pleasantly surprised me** was that this Malaysian friend not only spoke English fluently but also had **an excellent command** of Chinese. **Driven by curiosity**, I connected with him on WeChat and asked whether his proficiency in Chinese was **a result of having lived in China for some time**. To my amazement, he revealed that despite never having visited China, he commenced immersing in Chinese at a young age due to **Malaysia's multicultural milieu**, where he was surrounded by a linguistic tapestry.

He shared some **insights into language learning with me**, emphasizing the importance of **not being afraid to speak up**. Even though there might be occasional grammar and vocabulary errors, people can still understand the main idea. I truly admire his linguistic talent and determination in language learning, prompting me to reflect deeply on the **significance of an immersive language environment in shaping one's language acquisition journey**.

成功的同学/不同文化

I would like to **introduce my Malaysian classmate**, Mike, who I had the opportunity to study with during my undergraduate years. I initially got to know him through an online communication activity organized by our school to promote cross-cultural discussion.

Throughout the online activities, we engaged in numerous discussions, providing ample opportunities to exchange viewpoints. What pleasantly surprised me was that Mike not only spoke English fluently but also had an excellent **command of Chinese**, which he attributed to Malaysia's **multicultural milieu**, where he was surrounded by a linguistic tapestry.

In addition to his **astonishing linguistic achievements**, he is also **a travel enthusiast** who had been various destinations including exotic foreign countries, breathtaking natural landscapes and some historical sites. He enjoys posting his selfies and photos on the moment of Wechat and microblog, where he has got plenty of **followers who never spared with likes and comments**.

I think Mike was **successful in living his life to the fullest**. Even though he didn't **achieve dazzling academic performance**, His **open-minded personality and the willingness to embrace diverse cultures** and **passionately pursue his own hobbies** like traveling truly made himself **a shining star in our modern society**. And I do believe these valuable traits would **contribute to bigger success in his future life journey**.

给人建议

Last summer, I **participated in an online international communication** event organized by my undergraduate school. The event aimed to **foster discussions** on global issues, **bringing together** students from diverse countries and majors. Within my group, I **had the pleasure of getting acquainted with** my friend Mike, a captivating individual from Malaysia pursuing his bachelor's degree in China.

As an overseas student **grappling with the challenges of** adapting in an Chinese-speaking environment, Mike **desperately sought advice on** language acquisition. As a native Chinese speaker, I **shared my insights into language learning** with him. I firstly **emphasized the significant difference** in symbol systems between Chinese and other languages. While the complex nature of Chinese characters can be **daunting and frustrating for foreigners**, my suggestion to overcome this challenge was straightforward: **temporarily set aside** the nerve-wracking symbols and focus on developing listening and speaking skills. Start by **simulating simple Chinese conversations** and don't be afraid to speak up. Even with occasional grammar and vocabulary errors, the main idea can still be understood.

I was delighted to see that, **by prioritizing oral Chinese**, Mike **boosted his confidence in speaking and witnessed substantial improvement** in his language skills, which contributed greatly to his better adaptation to the Chinese campus environment.

2.爬野山

Tired activity, lost way, spend with a young child, exciting activities with others

One unforgettable activity that **left me thoroughly exhausted** took place during a **summer volunteer teaching program** in Guilin. It was a day when our teaching **duties ended early**, a young boy who was energetic and often mischievous in class, offered to show us around the scenic surroundings in this mountainous areas.

During our exploration, we **stumbled upon** an **uncharted mountain**. Intrigued by the challenge, we **impulsively decided** to climb it. However, with no designated paths and lacking of proper equipment, we find it to be **a treacherous journey and encountered various obstacles**. Thorny branches **hooked our clothes, leaving us with scratched knees**, and the steep mountain surface made it challenging to find a foothold. The most thrilling moments were when we couldn't **confirm our exact position** on the mountain due to the lack of clear signposts and references, and sometimes we even found ourselves repeatedly going back and forth in same places.

As we triumphantly reached the summit, the sun had already set, disappointing our **anticipation to enjoy the panoramic** view. We struggled downhill and **a wave of exhaustion hit us all, leaving us utterly worn out.**

Reflecting on this adventure, the unplanned mountain climb was both **physically and mentally draining**. **Despite the fatigue**, the shared struggle with my fellow volunteers **forged a unique bond** and **became a memorable chapter** in our volunteering journey.

Good phrase:

- exhausted\fatigue\worn out\physically and mentally draining
- treacherous\obstacles\unpredictability
- expedition

3.全家福

珍贵的礼物/照片/有用的广告/期待已久的美好事物

In my senior high school, during a bus commute, I was **captivated by a public service advertisement** showcasing a Taiwanese man returning to mainland after 63 years, tearing up at a decades-old family photo. This heart-touching ad **prompted my deep reflections on** family bonds and reunions, **igniting the inspiration to craft** a special **visual keepsake** for my own family.

Recognizing that **arranging a family photoshoot in a photography studio** and subsequent framing could pose a **financial challenge**, I embarked on a long-journey of **financial planning**. Diligently saving my allowances, trimming unnecessary expenses, and taking on extra responsibilities in student jobs, I finally **secured enough funds for this heartfelt gift**.

On the day of the scheduled shoot, **the surprise and joy** on my parents' faces made all the effort worthwhile. Throughout the session, our family **engaged in happy and natural interactions**, with those **genuine smiles and heartfelt moments** warmly captured by the professional photographer. When I **presented this elaborately** framed family portrait to my parents, their eyes brimmed with tears and emotions.

This family portrait **encapsulates not just our physical presence but the essence of shared moments and the family bonds** that tie us together.

【prompt me , true-meaning of an successful advertisement; **goes beyond** commercial promotion; serves as a reminder to cherish the valuable moments with family.】

难用的科技/有用发明

In my senior high school, during a bus commute, I was **captivated by a public service advertisement** showcasing a Taiwanese man returning to mainland after 63 years, tearing up at a decades-old family photo. This heart-touching ad **prompted my deep reflections on** family bonds and **the crucial role of camera language in conveying social consensus and emotions**, sparking

my desire to learn photography.

(The camera has **seamlessly integrated into our daily life**, becoming **an indispensable tool for various purposes**. Whether **capturing fleeting moments** with friends and family, **documenting personal achievements**, or **expressing creativity through photography**, the camera **serves as a versatile companion**. It has **transformed the way I perceive and share the world** around me.)

After months of money-saving, I successfully **managed to buy myself a digital camera**. As I delved into this technology, I find it **challenging to master**. The camera boasts an array of **manual controls**, including **aperture, shutter speed, and ISO settings**, providing photographers with **the flexibility to fine-tune their shots**. While this level of **customization is undoubtedly a boon** for seasoned photographers, for someone like me with **limited photography expertise**, it **transforms the seemingly simple act of taking a photo into a complex operation**.

Despite the challenges, I am determined to **conquer this technological hurdle**. I've started **watching tutorials online** and **experimenting during my free time to gradually enhance my proficiency with the camera**. While it's undoubtedly a fantastic piece of technology, I wish its **user interface** was a bit more intuitive for amateurs like me.

Good phrase:

- visual keepsake
- seamlessly integrated, indispensable tool for various purposes, versatile companion
- flexibility, customization

4.丢沙包游戏

Game in childhood

喜欢扔沙包。人群分两队：攻击，躲避

When I was a child, I really enjoyed to play the game **throwing sandbags** which is a team battle. In this unique game, players are divided into two **opposing camps**. One team **is responsible for throwing sandbags**, and another team is going to **avoid sandbag attacks in designated areas**.

在城郊，大庭院和广场，和伙伴玩：粉笔画方形，开始

I grew up on the outskirts of the city, and back then, the community was not crowded. There were always **spacious courtyards and open squares** where children could freely run around to make fun. So, I often **engaged in this pastime** with other children **from our community, turning the large yard downstairs into our battleground**. With a chalk-drawn rectangle and properly sized sandbags, we were **all set for excitement**.

吸引我的点：户外运动(刺激和workout)，团队活动

What drew me to this game was **its outdoor nature**, involving a lot of **running around while dodging sandbags**. The sheer amount of physical activity **made it both exhilarating and a great workout**. Additionally, being a **team game** added another layer of enjoyment. There was a rule that if you caught a sandbag, you could save a knocked-out teammate. This rule often prompted us to **take**

calculated risks to rescue teammates, cultivating a strong sense of teamwork and significantly contributing to the development of our friendship.

5. Elon Musk

成功商人/有趣想法的人/popular person/没见但想见

马斯克。有远见，涉猎广。

The individual I'm eager to delve into is Elon Musk, a **well-known entrepreneur and innovator**, who has left an **indelible mark on various industries**. However, my knowledge about him is limited to news articles, documentaries, and his Twitter account.

特斯拉：电动汽车，改革自动化--可持续性，环境。SpaceX：航空制造，探索宇宙--可循环火箭

Elon Musk is the **driving force behind Tesla**, a groundbreaking electric vehicle company that has **revolutionized the automotive sector** with its focus on **sustainability**. His commitment to **cleaner transport solutions** aligns with **forward-thinking environmental goals**. Moreover, Musk founded **SpaceX**, a private aerospace manufacturer and space transportation company. SpaceX has **achieved unprecedented milestones** in space exploration, including **reusable rocket technology and successful commercial missions**.

成功原因：创新，挑战，追求

The success of Elon Musk can **be attributed to** his unique combination of technological innovation, risk-taking, and **a relentless pursuit of ambitious goals**. His ability to lead companies that **operate at the forefront of technological advancements** sets him apart in the business world.

评价：解决全球问题。Neuralink和Boring Company

What truly inspires me about Elon Musk is his **commitment to addressing global issues**. Through ventures like Neuralink and The Boring Company, he **tackles challenges related to** artificial intelligence and urban transportation. Musk's visionary approach to business, coupled with his **determination to create a positive impact on** the world, makes him a truly admirable and influential figure in my eyes.

Good phrase:

- well-known, set sb apart
- sustainability, cleaner transport solutions, forward-thinking environmental goals
- commitment/determination, address global issues/tackle challenges

6.南北朝时期

感兴趣的历史时期/一幅画

南北朝时期，回溯2000年，在唐朝开始前。兴趣开始：小学老师讲故事

I'm **particularly intrigued by** the **Northern and Southern period** in China, dating back 2000 years, a period that **came before** the influential Tang dynasty. **My interest sparked** during my primary school days when a teacher shared **a captivating story about** the emperor and queen of that era, which really **triggered my curiosity** so I delved deeper into online research after classes.

自由开明：同性婚姻，男女装扮

This historical epoch was **marked by its openness and liberation**. Same-sex marriage was **legally recognized**, allowing couples to live happily without **judgment and discrimination** from other people. What fascinates me even more is the **vibrant fashion culture** of the time. Both men and women **adorned themselves in flamboyant attire and intricate makeup, embracing a spirit of self-expression** that resonates with me.

从历史学习：acceptance&equal right. more...more..fueling

I believe there's **a wealth of lessons** our modern society could **draw from this liberal era**, particularly in terms of **fostering acceptance and ensuring equal rights for everyone**. The more I delve into this historical period, the more I discover, fueling my desire to **learn and share the valuable insights it offers**.

//

I'm captivated by **a painting depicting** the Northern and Southern period in China, a historical era dating back 2000 years before the influential Tang dynasty. My fascination with this artwork **traces back** to primary school when historical teacher shared it to us and a compelling story of this era, which truly sparked my interest and curiosity.

This painting vividly portrays the openness and liberation of this historical epoch. **The artist skillfully captures scenes** where same-sex marriage was legally recognized, allowing couples to live happily without judgment and discrimination. What adds to the allure is the vibrant fashion culture **depicted in the artwork**, with both men and women adorned in flamboyant attire and intricate makeup, embracing a spirit of self-expression that resonates with me.

This painting not only serves as a visual feast but also holds a wealth of lessons for our modern society. It inspires contemplation on fostering acceptance and ensuring equal rights for everyone. **Each brushstroke seems to convey the richness** of this historical period, fueling my desire to appreciate and share the valuable insights it offers.

Good phrase:

- historical era/epoch
- openness and liberation, vibrant fashion culture, embracing a spirit of self-expression
- a wealth of lessons

- depict, portary, brushstroke

7.十二点断电

重要的规定

The rule I am going to tell you about is that my university would **cut off the electricity** of the **dormitory** at twelve every evening, whether it is at the weekends or weekdays. But the **power supply** of the elevators and the lights in the corridor and the bathroom would be **sustained**, so that we would not run into something or have to climb the stairs at night.

Actually, there is **no specific illustration** about what would happen if we break the rule. Perhaps, the primary reason for this **awkward situation** is that we can never do it. **The keys of the circuit box** are **kept in the hands of officials** running the dormitory. It is impossible to steal them and **secretly turn on the switch**.

I think this rule is important because it basically **dictates our daily routine** as we have to go to bed after the blackout, helping us to **develop the habit of early to bed and early to rise**. If we can **gain access to electricity** throughout the night, it is highly likely for us to **indulge in video games** and not go to sleep until the early morning.

There may be some **rationality behind this policy**, but I do not like it at all because it **causes great inconveniences**. As college students, we **are doomed to stay up to complete the assignments** every now and then and to **revise for the final exams** at the end of the term. However, because of this rule, the **only option left to us to fulfil these tasks** is to go to a 24hour café or MacDonald nearby, which not only **generates extra expenditure** but also **dampens our efficiency** because of their noisy environment.

这一政策背后可能有一定的合理性，但我一定都不喜欢它，因为它带来极大的不便。作为大学生，我们注定时不时熬夜赶作业，或者在期末的时候熬夜复习考试。然而，因为这条规矩，我们完成这些任务的唯一选择就是前往附近24小时营业的咖啡厅或者麦当劳。这不仅会产生额外的费用，而且还会因为吵闹的环境而影响效率。

Good phrase:

- cut off the electricity, power supply, gain access to electricity
- dictate our daily routines, develop the habit of early to bed and early to rise

8.破洞牛仔裤

Clothing wear most often

衣柜里最喜欢的是一条破洞牛仔裤

Well, I would like to tell you about a pair of **ripped jeans** that are my favorite item **among all the things I have in my wardrobe**.

二手商店里低价收购。那时破洞牛仔裤非常流行，同学们都喜欢。当我穿上它我觉得自己非常时髦出众。后来时尚变化，我仍然穿着它，除非正式场合。我甚至还穿它睡觉因为太舒服了。

I bought them **for an unbelievably cheap price** a long time ago in a **second-hand clothing store**. At that point, ripped jeans were really popular and everybody in my school **was keen on them**. So, whenever I put these jeans on, I felt really **stylish and really stood out from the crowd**. After a while though, trends started to change, but I refused to abandon my jeans. I **wore them almost everywhere**, from home to school and only changed them for formal occasions such as **a ceremony or a wedding**. Sometimes I even slept in my jeans because they were so comfortable.

为什么喜欢这些牛仔裤：1.时尚感 2.容易搭配 3.布料好，不易破

Actually, it is quite easy to understand **why I fancy these jeans so much**. Firstly, they instantly **create a stylish and fashionable look for the wearer**. Secondly, jeans are **easy to mix and match** and I can **wear them with heaps of different shirts** without worrying about **looking ridiculous in other people's eyes**. And lastly, **denim is so tough that it can't be torn**, so I can **have them for a long time and save a great deal of money**.

我太爱了，一天也不能割舍。希望能再度流行，让年轻人知道它的好。

All in all, I love my jeans and cannot **get through a day without them**. I think such an item **should be made trendy again** so that the youngsters nowadays can really **get to know their awesomeness**.

Good phrase:

- favorite, be keen on, fancy sth

9.游戏设计

Interested job/经常看的书

【The book that I frequently revisit is "**The Art of Game Design**," renowned as the bible for game practitioners.】

Well, the job I'm really keen on is being an **independent game developer**. 【I've been a **passionate gamer** since my early days, **immersing myself in games across various platforms**, from PC to handheld devices. 】 I still remember the **excitement when I first discovered**, through a social media platform, that independent game development could be pursued as a profession.

艺术和科技的融合：创造和自主性

【This tome vividly **portrays**】 What really draws me to this job is **the blend of artistry and technology**. I've always been a creative person, and the idea of **bringing my imaginative worlds to life through interactive experience** is incredibly appealing. **The prospect of having the autonomy** to shape every aspect of a game, **from its storyline to the visual elements**, is thrilling. 【The author skillfully capture the mesmerizing scenes where】 Moreover, the gaming industry is **dynamic and constantly evolving**, which means there's always **room for innovation and opportunities**.

职业要求: creativity, problem-solving, other aspects

【This literature work also emphasize】 Now, the **qualities this job demands** are quite diverse. **First and foremost, creativity is key.** Game developers need to **think outside the box to craft unique and engaging gameplay.** **Additionally, strong problem-solving skills** are crucial because you might **encounter numerous challenges** in the development process. **It's also important to have a good command of** coding languages, graphic design, and possibly even music composition, **depending on the scale of the games** you want to create.

感兴趣的科学

The scientific field that really **piques my interest** is **virtual reality (VR) development.**

What captivates me about this field is **the convergence of technology and creativity.** Being inherently creative, the idea of **crafting immersive virtual environments and experiences** is exceptionally appealing. The prospect of having the ability to shape every aspect of a virtual reality scenario, **from its conceptualization to the visual and interactive elements,** is both **thrilling and intellectually stimulating.** Moreover, the field of virtual reality is **constantly evolving and dynamic,** offering ample opportunities for innovation.

Now, the **skills and qualities required for this area** are quite diverse. **First and foremost, creativity remains paramount.** Virtual reality developers need to **think innovatively to design compelling and realistic virtual worlds.** **Additionally, strong problem-solving skills** are crucial because you may **encounter various challenges** during the development process. **It's also important to have a good command of** programming languages, graphic design, and possibly even sound engineering, **depending on the complexity of the virtual reality experiences** you aim to create.

delving into the realm of virtual reality development **aligns with** my passion for **creativity with cutting-edge technology.** The more I delve into this science subject, the more I discover, fueling my desire to **learn and share the valuable insights it offers.**

Good phrase:

- passionate, immerse myself in
- blend of artistry and technology, have the autonomy to
- dynamic and constantly evolving, room for opportunities and innovation

10.跳水--全红婵

运动员/经常看的运动/水上运动/未来想尝试的冒险

奥林匹克跳水定义

Unlike traditional diving, Olympic diving involves **executing acrobatic maneuvers mid-air after leaping off a springboard or platform**. It's a thrilling and awe-inspiring sport showcased in the Summer Olympic Games.

激发热情的是全红婵，14岁赢金牌。她的技能和决心--催化剂

What truly sparked my interest in this **challenging discipline** was **witnessing the incredible achievements** of **Quan Hongchan**, the young Chinese diver who **clinched a gold medal** at the Tokyo Summer Olympics in 2021 at the tender age of 14. Her **remarkable skills and dedication became a catalyst** for my own **fascination with Olympic diving**.

blend: stamina, strength, flexibility and agility; percision. 转折: challenge, push自己的allure

(Quan Hongchan's journey in Olympic diving demands)

Olympic diving demands **a unique blend of stamina, strength, flexibility, and agility**. The **precision** required to perform **acrobatic stunts like flips and twists** adds an extra layer of complexity. While the challenges are undeniable, the allure of **pushing my physical and mental boundaries propels me** to dive headfirst into this exhilarating water sport. I look forward to the day when I can **take the plunge and experience the breathtaking world** of Olympic diving.

Good phrase:

- execute acrobatic maneuvers, perform acrobatic stunts
- challenging discipline, incredible achievement, remarkable skills
- propel, spark my interest

11.桂林支教（当众讲课）

重要决定/人生改变/人前讲话/困难挑战

a summer volunteer teaching initiative orchestrated by my college. Our mission was to **impart captivating biological lessons** to **underprivileged children** in rural areas to **spark their scientific curiosity**. Just before our departure, the team member who was supposed to lead the first lesson **unexpectedly caught ill**.

Observing our teacher's evident distress, I **pondered** whether to **step forward** and shoulder the responsibility of delivering the **inaugural lesson**, while a substantial concern for me was the **limited time left for preparation**. After **intensive mental struggles**, I decided to **assumed this undertaking voluntarily**.

After arrival, We were welcomed by a classroom **brimming with eager students**, some even **peering through windows** due to a lack of seats. The sheer number of people made me both nervous and **deeply touched by their thirst for knowledge**. Following the prepared logic, I successfully delivered my lecture, and the carefully crafted examples truly **captivated all the children**. The subsequent thunderous applause and appreciations made me **fulfilled and gratified**.

This experience really helped me to **unearth my inner resilience** strength to deal with challenges **within tight schedule**. It turned out to be **a transformative moment** in my life, underscoring the **importance of embracing challenges and making decision that contribute to personal growth**.

电脑崩溃

a summer volunteer teaching initiative orchestrated by my college. Our mission was to **impart captivating biological lessons** to **underprivileged children** in rural areas to **spark their scientific curiosity**. As the team leader, I was designated to shoulder the responsibility of delivering the **inaugural lesson**.

After arrival, We were welcomed by a classroom **brimming with eager students**, some even **peering through windows** due to a lack of seats. The sheer number of people made me both nervous and **deeply touched by their thirst for knowledge**. However, as I began **setting up the computer for the presentation**, I encountered **unexpected technical issues**. The **projector refused to cooperate**, and the computer **froze at a crucial moment**.

Despite the setback, I **remained composed and quickly improvised**, resorting to traditional teaching methods. Though the technological glitch posed a challenge, it provided an opportunity for me to showcase adaptability and problem-solving skills. Following the prepared logic, I successfully delivered my lecture, and the carefully crafted examples truly **captivated all the children**. The subsequent thunderous applause and appreciations made me **fulfilled and gratified**.

This experience underscored the importance of **being prepared for unforeseen technical challenges** and highlighted the need for **adaptability in the face of unexpected obstacles**.

Good phrase:

- step forward, should the responsibility, assume this undertaking voluntarily

12.自驾游去云南（毕业旅行+泼水节）

beautiful city / long car journey / city visit in future

Last April, I went on **a memorable car trip** with some college friends to Yunnan Province in China. We decided to self-drive so that we could have **the freedom to explore at our own pace** and truly **appreciate the stunning landscapes along the way**.

Throughout our journey, we were absolutely **amazed by the breathtaking scenery** of Yunnan, ranging from the **majestic Himalayas** to the mesmerizing **terraced rice fields** and **ancient towns** like Li Jiang, which really provided a **visual feast**. The **Three Parallel Rivers**, with their deep gorges, and **serene lakes** like Erhai made the province even more fascinating.

One of the highlights of our trip was being able to take part in the annual **Water Splashing Festival**. During this festival, local residents dress in their finest attire and use whatever containers they can find to splash water at each other, symbolizing **good fortune and blessings for the year ahead**. It was a pleasant and lively celebration that allowed us to **immerse ourselves in the local culture and traditions**.

Overall, this car journey to Yunnan Province was **truly unforgettable**. We were able to **witness the natural beauty of the region and experience its vibrant cultural traditions**.

Party/Traditional celebration/有趣的童年经历

A truly engaging traditional celebration I would like to share with you is the **Water splashing festival** in Yunnan Province, a picturesque region nestled in the southwestern China. I was fortunately to **experience and took part in this celebration** during my **graduation trip with some college friends** last April. (during a family trip when I was about 5-6 years old.)

During that special celebration, local residents dress in their finest attire, while women carry clean water to **wash the Buddha statue**, **seeking blessings for purity and protection**. After the "Bathing the Buddha" ritual, individuals begin to splash water on each other **as a gesture of goodwill**. This act is believed to **wash away diseases and disasters, ushering in a life of happiness and prosperity**. People use various containers to carry water, flood the streets and alleys, playfully chase and splash each other, with echoing laughters and drenched bodies.

This gathering **carried on into the evening**. As night descended, the village **echoed with drum beats and music**, while people **indulged themselves in singing and dancing**, creating an **exceptionally vibrant atmosphere**.

Overall, this opportunity of being able to delve into the Water splashing festival was **truly unforgettable**. It was a **delightful and spirited** celebration that allowed both local residents and tourists to immerse themselves in the mesmerizing culture and traditions of Yunnan province.

Good phrase:

- stunning landscapes, breathtaking scenery, nature beauty
-
- It's a good occasion to **let my hair down** and **blow off steam**
- It's a real **knees-up**
- The celebration does **just the ticket**
- It goes without saying that some people are **reluctant to** attend any kind of parties, due to shyness or having an introverted or a conservative kind of character.
- face-to-face interactions

- It depends on one's character rather than where they are, if you ask me. I mean, party goers who drink **copious amount of alcohol** means it could **have a detrimental effect on one's vital organs** and mental health. Also if one is acting like **a couch potato, binge-watching movies** all day, isn't healthy either.
- In a nutshell, both aspects could be a **double-edged sword**

13.朝阳公园

城市的一个公园/有趣的地方

朝阳公园：位置，绿洲；

风景-植被、小路、湖水；便于休闲娱乐；

活动丰富-Game, Kites; exercise stations

租车去玩，拉风；还车超载，庆幸

enchanting places in Beijing that I would like to talk about is the Chaoyang Park. Nestled in the heart of the city, Chaoyang Park is a **sprawling oasis** that **offers a welcome escape from the hustle and bustle of urban life.**

The park **is renowned for its vast green expanses, meandering pathways, and serene lakes.** As you enter, you are greeted by **the sight of towering trees and vibrant flowers**, creating a **refreshing contrast** to the surrounding cityscape. The lush greenery and well-maintained lawns **make it an ideal spot for leisurely strolls, picnics, or simply finding a quiet corner to relax.**

What makes Chaoyang Park truly special is its **diverse range of activities.** From **energetic sports enthusiasts engaging in various games** on the open fields to **families flying kites** in the designated areas, the park caters to a wide audience. There are also **exercise stations**, attracting fitness enthusiasts and providing a space for people to **engage in outdoor workouts.**

Last month, during the mid-autumn festival, some college classmates and I rented a tandem bicycle to explore the park. Pedaling together, the unusual sight of a group of students on a single bike **turned quite a few heads**, earning us cheers and whistles and making us feel both fashionable and unique. When returning the bicycle, we were astonished to realize its legal capacity was only five people. Fortunately, we were lucky enough to escape the notice of the park ranger, adding a sense of adventure to our journey in this fascinating park.

(Combination: Arm extension, horizontal bar, pull-up, stepper trainer, waist Twister.)
(playing frisbee,badminton)

14.姐姐搬新家

认识的人搬家/理想的房子

My sister recently **embarked on a new chapter in her life by** moving into a charming flat. As a primary school math teacher, her **decision to relocate was driven by a desire** to be closer to her workplace, making her daily commute more convenient.

(My ideal home would be a charming flat, just like the one my sister recently moved into. As a primary school math teacher, her decision to relocate was driven by a desire to be closer to her workplace, making her daily commute more convenient.)

During my **summer visit to her new abode**, I was welcomed by **a refreshing breeze** as I stepped into the living room, **providing a comfortable ambiance**, especially in the summer heat. The living room **boasted an array of modern appliances**, including a vacuum cleaner, an air freshener, and a cutting-edge smart TV. **What truly caught my attention was** the towering **transparent cabinets** flanking the sleek TV, **adorned with whimsical cartoon figurines** that **infused the modern living room with a playful charm**.

What made her apartment more fascinating was the **study room**. In the morning, **Sunlight gracefully bathed** the room through **expansive windows**. In the study, there is only some **occasional sound of page turning**, creating a serene ambiance that is perfect for reading and studying.

(I would be delighted if I had the opportunity to reside in such an apartment).

My sister was **delighted** with her new apartment. The time **saved from commuting** allows her to enjoy more adequate sleep. Moreover, she can **concentrate more on** lesson planning or free reading in the quiet study, significantly enhancing her productivity and overall work efficiency.

15.失望的电影

A movie that **left me deeply dissatisfied** is "Under the Light," directed by Zhang Yimou. The film revolves around **complex power relations within corruptible structures** and was just released during the Chinese National Day.

Set in the fictional Jinjiang City, the film kicks off with **a frustrated citizen threatening to detonate a bomb on a public bus**. As the **protagonist investigates and delves** into this incident, he is drawn into **a convoluted conspiracy** masterminded by businessmen and politicians who **run criminal enterprises under the veneer of respectability**.

The beginning of the film provides plenty of **suspenses**. However, as the plot progressed, the **overwhelming intricacies and shady dealings** among characters **led to a muddled storyline**, losing its initial momentum and left me confused. What's more, while the green-and-yellow **cinematography** gaudily conveys **a pervading atmosphere of corruption**, it becomes quite **nauseating over the course of two hours**.

In my opinion, "Under the Light" **pales in comparison to** Zhang's masterpieces, lacking the **intricate storytelling flair characteristic of his work**, and the **abrupt edits and traces of dubbing** ultimately render the film **a disappointing potboiler**.

16. 爸爸做饭

Cook for others

For this topic, I'd like to introduce my father, who is undoubtedly the joyful and dominant force in our kitchen.

My dad, a **cheerful and slightly plump middle-aged man**, is an absolute food enthusiast. Specializing in **crafting authentic Chinese cuisines**, he **possesses an exceptional sense of timing and heat control**. One of his masterpieces is the red-braised pork, **surpassing even restaurant versions** with its perfect **chewiness and impeccable flavor**. From mouthwatering ribs to lamb soup, I am undeniably **hooked on his cooking**.

In the realm of cookery, my dad is undoubtedly a natural talent. He usually **picks up new dishes through his own experiments and exploration**. With the increasing **popularity of videos for learning** in recent years, he has also **caught up with the trend** of learning cooking through videos.

For my father, cooking is not a chore; it's a labor of love and a means of **connecting with people on a deeper level**. He finds joy in **witnessing the delight on people's faces** as they **savor his creations** and cherishes the conversations and memories created around the dining table.

17. 大学室友

帮助他人的人

Allow me to introduce my dorm roommate in college as a **remarkable individual who consistently goes out of her way** to help others. With her stunning eyes and warm smiles, she **possesses a kind-hearted nature** that radiates throughout our campus.

Notably, she **excels academically** and **willingly shares her knowledge with those in need**. Whenever we encounter difficulties in our studies, she readily **offers a lending hand** and **provides invaluable insights on those challenging math problems**. Additionally, she **generously shares her class notes**, which greatly aids our learning process.

Moreover, **her generosity transcends beyond academics and extends to our daily lives**. Whenever we find ourselves **struggling emotionally or facing interpersonal conflicts**, she is **always there to offer a supportive ear and provide guidance**. She is also keen on **providing recommendations** when it comes to purchasing clothes or beauty products. One particular incident that stands out in my memory is when we went to **McDonald's** together and encountered a foreigner who had difficulties in communicating with the waitress, she fearlessly stepped in to assist with conversation effectively.

It is evident that her **willingness to help stems from** her outgoing and compassionate personality. She firmly believes that **building connections and spreading love through acts of kindness** is the key to meaningful relationships.

18. PS4线下体验店

新开的商店/错误信息/不好的服务/人多的地方

Recently, a PS4 offline store has opened its door near our campus. **Motivated by the enticing promotions** on social media, where **influencers promised exclusive previews and an unparalleled gaming experience**, I decided to check out the store for myself.

However, upon stepping into the newly opened store, I quickly realized that the influencers' **vivid representation** did not align with the reality. The store was **ill-prepared to handle the influx of customers**, where the overcrowded environment made it challenging to **explore the gaming consoles and accessories** at my own pace.

The service within the store was also disappointing. The staff seemed **overwhelmed**, with the high number of customers and limited manpower. Their attention was **divided among several customers**, leading to **minimal individualized instructions**. When I **sought clarification** on certain game aspects, my queries often **went unanswered due to the staff's preoccupation with** managing the crowded environment, leaving me somewhat dissatisfied.

In essence, while the idea of a new PS4 store was exciting, the actual experience **fell short** due to the overcrowded environment and poor service. **It served as a reminder** that the success of a gaming store **goes beyond its physical space; customer experience and efficient service** play pivotal roles in **creating a positive and memorable visit for gaming enthusiasts**.

(In essence, the visit to the PS4 offline store turned out to be a letdown, **with the gap between the influencers' promises and the actual experience** highlighting the importance of **genuine representation** in the gaming community.)