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EXISTOLOGY

Inspired by the Gospel for the conversant
Existology is the teaching of Meaning, Substance and the Content of Existence.
L'Aisteiree.
The Entry to existology is <u>Secret</u> and Source.
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Brevis esse laboro obscurus fio. Horatius
Horatius

Content

This treatise will be presented in four sections.

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Origin

The origin of Existology is in a divided World that needs to be united. United by accepting the spiritual dimension of Being and on the grounds of personal responsibility of each being for himself and the whole world. The unification is related to self-knowledge and the acceptance of one's own spiritual essence. That means starting with oneself and overcoming the inner contradiction between spirituality and materiality. A new ideology of meaningfulness, spirituality and responsibility is necessary for the unification of the World. The genesis of Existology means the creation of new thinking, respect for the spiritual dimension of being and the acceptance of personal responsibility for oneself and for the world into which a man was born. It is possible that Existology is a chance to save the world from disaster.

Take this as a guide to consulting this message.

1. Dogma

The starting point of existology is the paradigm of meaningfulness.

The basis of existology are three postulates and a primary lexicon.

Postulates:

- 1. Everything that exists has a meaning.
 - Everything you can think of exists, and not only that.
 - Even what is not exists.
- 2. I am the divide between who I am and what I appear to be.
 - I am a spiritual being who appears in a bodily form.
- 3. The forbidding of confusion of It and About It.
 - The content of knowledge is never identical with the content of the subject of knowledge.

Lexicon:

- 1. Existence
- 2. Meaning
- 3. Essence
- 4. Content
- 5. Inspiration

Meaning, Essence, Content and Inspiration are the attributes of Existence.

2. Existence and Being

Existology deals with the origin of worlds, reality and also being.

If we talk about the origin, we focus on the source of worlds and reality, on the origin of worlds and reality.

Existology is capable of offering interpretations of relationships between the source and the worlds, as well as the way how the worlds and reality are created.

Physicists agree that the Big Bang began the universe - the first physical phenomenon to reveal the matter. However, the origin of the Big Bang remains a mystery to physics. Secret = Source.

To this end, we need to supplement the primary lexicon with new terms that we will use to explain the "transitions" from source to worlds and reality.

These new terms are:

- 1. Origin
- 2. Revelation
- 3. Creation
- 4. Phenomenon
- 5. Form
- 6. Meaning

Origin, revelation and creation mean the beginning of the time of worlds and reality and the beginning of being.

<u>Source</u>		<u>Worlds</u>		
Substance	-	effect, phenomenon		
Content	-	Form		
Meaning	-	Importance, Significance		

Essence and phenomenon, content and form are paired philosophical categories, which represent the connection of the source (Secret, Mystery) and worlds (reality).

The essence of existence expresses (phenomenon) meaningful contents in respective forms.

The primary forms are:

- Time
- Space
- Mass

Time is a form in which meaningful contents expresses itself as an event or a story.

Space is a form in which meaningful contents expresses itself as an object or a subject.

Mass is a form in which meaningful contents expresses itself in a threedimensional space and one-way time.

Through the action of Inspiration, reality and worlds arise as Beings of meaningful contents in certain phenomena and forms.

Inspiration expresses the Source as starting-point of all the driving forces of worlds and reality, as well as Being.

<u>It means that Inspiration expresses itself as a form of:</u>

- Physical
- Biological
- Psychological

In the material-physical world, Inspiration expresses itself as energy, information and the four elemental forces:

- 1. gravitation,
- 2. electromagnetism
- 3. strong interaction
- 4. weak interaction

In biology, in the living world, Inspiration expresses itself as:

- 1. needs
- 2. recuperative power
- 3. instincts
- 4. tropisms.

At the psychological level, inspiration expresses itself as:

- 1. motivation
- 2. will
- 3. interest
- 4. obligation.

Being expresses existence as the reality of revealed worlds.

Metaphors, allegories, parables and symbols are useful for explaining the origin of worlds. We must always keep in mind the 3rd postulate: "the content of knowledge is never identical with the content of the subject of knowledge." Therefore, all hypotheses are equal. To explain the origin of worlds, we can use, for example, metaphors and parables, the projection of meaningful contents on the "canvas" of space-time and material forms, or, for example, the formation of crystals in solution. For instance, to explain the apparition of the material world, we can use the phenomenon of state of matter as a metaphor.

From the original unity of source, from the singularity as the original state, occurs through the action of the Inspiration the division of space-time and the primal energy of the Big Bang as a state of full four forces. From this energy, particles formed, which transformed into an atom, which is the beginning of the material world - the universe.

A mathematical model of this transformation could explain the relationship between spirit and matter.

Thematic diversity of worlds is characteristic for Realities. For physicists, those are parallel worlds of the hyperspace, or, for example, the world of music, the world of plants, the world of people, the world of science, the world of crime, and they are also the narrative and fictional worlds of literature. All this can be divided into two areas of material and spiritual worlds.

Every world is a collection of revealed meaningful contents. The contents appear in space-time and material forms. Every revealed content arises, lasts and comes to an end.

It arises and passes as an object, and it lasts as an event between its origin and extinction. The revealed content is in the form of an object or a theme. The revealed content is a space-time entity with specific features: dimensions, mass, momentum, duration and more.

There are certain relationships between the contents. We can talk about embedded contents and interactions and independent contents. Therefore, the reality is a set of intersecting worlds.

An essential feature of the worlds are the various forms of Being: material, living, psychic, animal, vegetative, plant, instinctive, conscious, spiritual, etheric, astral, and other more. Therefore our material world is exceptional. Throughout the events of our lives, we are <u>material phenomena</u> which, like all phenomena, have a <u>spiritual essence</u>.

In the material world, everything connects with three basic types of connections, such as:

- Causality
- Synchronicity (time coincidence)
- The relationship between the stability of the whole and the variability of its parts

Causality is the relationship of the necessary connection of phenomena when one of them (cause) induces another phenomenon or phenomena as its consequence (impact). In time, the reason is before the effect.

Synchronicity is the agreement of two phenomena, which are connected by their meaningfulness.

The connection between the stability of the whole and variability of its parts expresses itself as a general principle. For example, the strength of matter is conditioned by changes in energy and forces at the level of atoms and molecules as part of every material object; a constant stream of metabolic changes conditions the integrity of the whole living organism; habitat stability depends on changing conditions of plants and animals; stability of society with economic, political and cultural changes (processes).

Similarly, all transformations of worlds, nature, civilisation, culture are related to the permanence (absolute stability) of the "Source", which in its undiscovered form contains all their contents.

This is the relationship between Source and reality.

From the point of view of the Source, reality and worlds are inside, from the point of view of the worlds, the Source is present in all objects and events of reality, it "seeps through".

3. Man

The second postulate addresses you directly. You are a spiritual being who appears in a material (bodily) form.

You call yourself Me.

It is essential to always start with yourself. That is what I call (you say) Me. The word human being connects us. The man is you. The man is Me. Therefore, when I write about you, I write about myself and vice versa.

I = man = MeThus begins your and my self-knowledge.

First, I will determine a basic vocabulary of self-knowledge:

- Man
- Personality
- Individuality
- Ego
- Values
- Attributes

Man (I) is a unity (whole) of the contents of the spiritual **essence** and its **expressions** (phenomenon) in the world.

Personality is the expression of a person's spiritual nature in a set of values and qualities.

Individuality is an expression of a person's personality in a unique combination of values and qualities.

Ego is an expression of individuality in the perception of oneself in the manifestations of values and qualities.

Value is an expression of the meaningfulness of existence in a set of individual human preferences.

Attributes are individual human traits that are expressed in interaction with the world.

Man (I, like You) is a biological, physical being. It belongs to nature and is a living creature. Therefore, it is possible to determine what **nature** and **life** are.

Nature is an expression of the meaningfulness of existence in various forms of inanimate and living objects, connected by events of interaction in space-time.

Life is a part of nature, which is characterised by the phenomena of cyclic reproduction. Life manifests itself as an event of the origin, duration and extinction of living objects (organisms) in periods specific to these organisms.

Man, as a human being expresses itself as an organism that is a living part of nature.

The brain, part of the organism, is **a material** mediator between the spiritual nature of human and his organism. The brain is a link between the Source and the World.

The most relevant function of the brain is consciousness. **The source influences the brain**. The manifestation of the spirit in human is the consciousness of a human. The content of consciousness is the expression of the spirit in the forms of thoughts made of images and experiences.

The spiritual essence of a man (mine and yours) is expressed through the activity of the brain. Human consciousness generally expresses itself as the most important characteristic of personality. Consciousness contains values, properties, states and processes, as manifestations of the relationship between personality and the world.

A crucial part of the influence of the spirit on a man is **self-awareness**:

- I know I feel
- I know I perceive
- I know I know

I am also aware of my uniqueness, authenticity and originality.

I know I'm me.
I know that:

"Self is the divide between what I am and what I appear to be."

It is my message.

It is part of the content of your consciousness, and it is up to you to deal with the knowledge that you are a spiritual being in a bodily form.

Brain activity precedes awareness. The influence of the Source on the brain, among other things, influences the origin of the content of consciousness in various forms - cognition.

Cognition is the manifestation of meaningful contents of consciousness in the form of cognitive processes:

- Feelings
- Perceptions
- Perception
- Presentiment
- Intuition
- Feeling
- Knowing
- Idea
- Faith

- 1) In Personality, my Self is expressed as self-awareness.
- 2) In Individuality, my Self is expressed as authenticity, uniqueness and uniqueness.
- 3) In Ego, my Self is expressed as ambition, aspirations, attitudes and motivations.

My relationship towards reality, nature, people is related to values and qualities.

Responsibility is an expression of the meaningfulness of existence in a person's personal need to participate in the creation of reality - it is related to the need for self-realisation of human.

Values set what is important to me in my life.

Attributes determine what I can and cannot afford in my life.

The content of responsibility is related to values. The scope of responsibility is related to my set of attributes.

Responsibility compensates for my negative attitudes and experiences such as anger, rage, envy, fear, and more. Therefore, we can argue that responsibility has a regulatory influence on human decision-making and behaviour.

<u>In terms of accountability, my positions are demarcated by several issues:</u>

- What do I want?
- What do I need?
- What do I expect?

These questions are related to what I can have or take. The other side of the coin is about what I can give, and here are two more questions!

- What do I need?
- What do I offer?

Responsibility prevents the projection of my internal contradictions and conflicts into my actions and decisions. Thus, it prevents Evil from entering reality through me.

Responsibility is expressed in the need and necessity of fulfilling my mission as self-realisation of personality. It means that the meaningfulness of existence is expressed through my responsibility in the content of my mission.

The mission takes place during my life events in the contents created by myself as part of reality.

4. Man and the World

I use the word "World" here as a term for all possible worlds, for reality and also for "Being".

The origin of matter and **the creation** of the material world made it possible for mankind to appear in material (corporeal) bodily form as a spacetime object.

Man (Me) remains between the Source and the World, preserving its spiritual **essence** and bodily **phenomenon**. At the same time, there is an internal division between the essence and phenomenon, when a person loses a component of his spiritual essence in his consciousness and his physicality, personality, individuality and ego begin to dominate.

There is spiritual disorientation.

It expresses itself in the conflict between the content of source and content of your consciousness (personality, individuality and ego).

At the same time, human (Me) is within the Source and is identical with him in its spiritual essence.

The personality either does not perceive the source or sees the source as something outside of it. You begin to perceive the World and yourself in the world in isolation from your spiritual essence.

You are born into the reality of the material world, into civilisation, into a specific culture, into the world people. What is your world like? What are its main features?

They are pollution, war and suffering.

If you are to participate in the reality of your world, you must first and foremost focus on ensuring that your planet is not a rubbish dump, that discords and conflict are not killing and destroying each other, you must defend your world with all responsibility. Furthermore, according to your abilities and values, you can participate in creating the reality of your world.

Here I have to add other terms to the dictionary of existology. They are:

- creativity
- idea

In order to know what we are talking about, it is necessary to define these terms.

I define creativity from the point of existology (1) and psychology (2).

- 1. **Creativity** is an immediate manifestation of inspiration in the content of consciousness focused on creating new forms in the content of reality.
- **2. Creativity** is a set of cognitive processes focused on the implementation of ideas.

The idea is a touch of the Source in the form of guessing (possibilities) the discovery of a part of the Secret.

The humble openness to the Source creates the presumption of touch that you experience as an idea:

openness - touch - idea - realisation

Your creativity is a tool for realising your share in creating reality. At the same time, it is necessary to avoid spiritual disorientation and always be aware of the three postulates of the Existology dogma.

- 1. You contribute to the creation of meaningful reality.
- 2. Your spiritual essence is the source of your ideas.
- 3. None of your ideas can be the same as the Source (Secret) as the whole (It is always about that.).

The division of the world and its conflicts seem to be related to the neglect of the third postulate.

When the Source touched the prophets, Jehovah appeared to Moses, and Allah appeared to Muhammad as the content of their vision of the Mystery. Then the interpreters confused It and About It.

A dispute arose over who the true God was, followed by wars and religious conflicts, which continue in various forms to this day and are a source of suffering.

God is a **concept** that arises in your consciousness by touching the Source. And with that, there is a danger of confusing It and About It. It is up to you to keep Evil out of it.

Responsibility depends on who you are - what your qualities are, and what you care about - what your values are.

Values, qualities and responsibilities determine your position in the world, your position, roles and functions. From this follows the content of your mission and thus your contribution to the creation of the reality of your world.

Your World is a world of opposites that determine both the development of reality and problems.

Part of your mission is to realise the meaningfulness of existence in counterbalancing conflicts and problems by unifying opposites.

You belong to the world of people. The world of people exists as specific areas of human activity: industry, agriculture, science, art, education, medicine, and more.

The world of people connects business, money and commerce.

The world of people is divided by religion and politics.

Our own principles for fulfilling the mission and realising responsibility are significant.

For example, act according to two commandments:

- You will not hurt anyone.
- If you can, help.

You carry out these commandments in an individual style:

Do not act according to who you are and how you feel, but according to what you want to (must) prove.

You fulfil your mission by realising certain functions and roles in accordance with your position, place in the world. You implement functions and roles in activities where you are free to decide according to certain priorities.

You determine priorities according to importance and urgency. Always in line with one's values.

It is necessary to be connected to the Source, the source of your inspiration. Everyday life in the material world of people isolates you from the Source. Therefore, it is necessary to master the techniques of connection to the Source. There are a vast number of connection procedures.

For example, in shamanism, there are more than 700 ways to achieve ecstasy. It is a state of blurred consciousness in which the influence of stimuli from the material world is limited, and **the brain** is opened to the Source.

In existology, you have a unique method of achieving a state of blurred consciousness called a verbal filter.

There may also be a spontaneous connection to the Source, such as sleep. There are created discoveries, inventions come, music, poems, and more.

In the state of blurred consciousness, astral travel takes place, when you can see other worlds, get acquainted with images of archetypes and mythological symbols.

So you can touch other worlds as well. Entry into another reality requires the same expressions of responsibility as your action in the world into which you were born.

Perspective

Existology of possibilities and perspectives

Existology creates a new methodological basis for the analysis and explanation of natural and social phenomena, as well as the possibility of a positive interpretation of so-called paranormal phenomena. Existology offers a logical bridge between reality and mysticism.

Broaden your horizons of Existology:

- Internet
- Wikipedia
- publications
- training
- study materials
- training of experts, consultants and teachers

They are creating and forming a group and society of like-minded people.

Opening up the spiritual dimension of being through new thinking. Forming a new understanding of reality and life, a productive relationship with the world, fulfilling a personal mission.

- 1. The analysis and interpretation of scientific knowledge, work of art and technological processes concerning the Dogma of existology.
- 2. Research in the fields of cosmology, biology, psychology and sociology based on existological postulates.
- 3. Change of ideology, economy and politics following the content of existology.
- 4. Teaching, education and training of those interested in the field of existology is already underway.
- 5. Formulation of new approaches and methods in self-knowledge has been started.
- 6. Monitoring and the interpretation of so-called are paranormal phenomena such as telepathy, telekinesis, clairvoyance, astral travel.
- 7. New approaches to alchemy, astrology, shamanism, etc.