

# Staphysagria-Enriched NDDS Shampoo: A New Horizon in Herbal Hair Care





## Introduction

- ➤ Dandruff affects over 50% of the global population, often caused by microbial infections (C. albicans, S. aureus), stress, diet, and pollution.
- Left untreated, dandruff can lead to seborrheic dermatitis, hair loss, and scalp infections, impacting both physical health and confidence.
- Conventional shampoos contain harsh chemicals (sulfates, parabens) that provide temporary relief but fail to address the root cause of dandruff, leading to scalp irritation and long-term damage to hair.
- ➤ Herbal alternatives often fail due to poor absorption into the scalp and lack of comprehensive benefits, typically only targeting one aspect like antifungal activity.
- > Staphysagria, used for centuries for its antifungal and antibacterial properties, is a proven remedy but underutilized in modern formulations.
- > By incorporating **Staphysagria into an advanced delivery system**, we enhance its **absorption**, ensuring **effective treatment** for both symptoms and the root cause of dandruff.
- This innovation offers a safe, natural, and highly effective solution for dandruff, promoting long-lasting scalp health.



## **Need and Objectives**

- ➤ Rising Hair & Scalp Issues: Increasing cases of dandruff, infections, and hair loss demand safer and more effective alternatives.
- Limitations of Conventional Shampoos: Synthetic shampoos contain harsh chemicals that cause irritation, dryness, and long-term scalp damage.
- > Staphysagria with Phytosomal Advantage: Staphysagria's antimicrobial and soothing properties are enhanced using a phytosomal system, improving absorption, stability, and efficacy.
- **Eco-friendly & Innovative Solution:** This research introduces a NDDS-based herbal shampoo, offering a sustainable, safe, and advanced approach to hair and scalp care.



## **Need and Objectives**

To extract bioactive constituents from *Staphysagria* using an appropriate extraction method.

**To perform preliminary phytochemical screening** of *Staphysagria* extract to identify its bioactive constituents.

To develop and optimize a phytosome formulation using *Staphysagria* extract as the active ingredient.

To evaluate the phytosome formulation for key parameters such as entrapment efficiency, particle size, etc

To incorporate the prepared phytosome into a shampoo base to create a novel herbal shampoo formulation.

To evaluate the formulated shampoo for its antifungal and antibacterial activities for hair and scalp care concerns.

Effective Herbal Shampoo for Scalp & Hair Care

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#### 1. Procurement of crude drug:

The crude drug (seed of *Delphinum Staphysagaria* Linn.) was obtained as a gift sample.

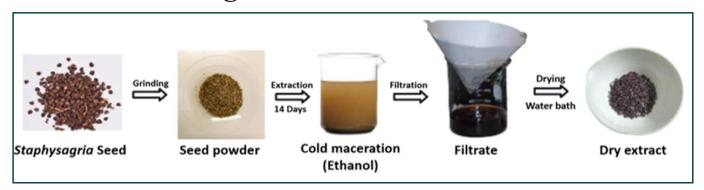
#### 2. Authentication of crude drug:

➤ The authenticity of the procured seed was confirmed by a botanist.

#### 3. Processing of crude drug:

The seeds were subjected to drying under controlled shelter conditions and subsequently processed for extraction.

#### 4. Extraction of crude drug:



#### 5. Solubility analysis of extract:

Extract was soluble in ethanol and insoluble in water.



#### 6. Preliminary phytochemical screening of seed extract:

The analysis revealed the presence of key phytochemical which is alkaloids, which are known to contribute to its therapeutic properties.

#### 7. Determination of Alkaloidal content:

Alkaloidal content was determined by Titration method.

#### 8. Standardization of Extract:

#### 8.1. Thin Layer Chromatography (TLC):

➤ Co-TLC was performed with Delphinine using chloroform:methanol (9:1 v/v) as mobile phase and Dragendorff's reagent as a Spraying agent.





**Total Alkaloidal Content** 





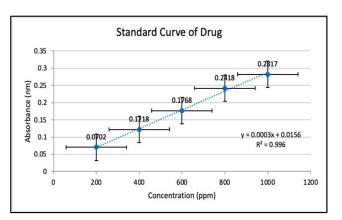
#### 8.2. Ultraviolet-visible (UV-Vis) Spectroscopy:

#### 8.2.1. Determination of maximum wavelength ( $\lambda_{max}$ ) and Standardization of extract:

An Absorption Spectrum was compared with standard alkaloid (Delphinine), to confirm its presence.

#### 8.2.2. Preparation of standard calibration curve:

Concentration (ppm)	Absorbance (270nm)
200	0.0702
400	0.1218
600	0.1768
800	0.2418
1000	0.2817



#### 9. Preparation and Optimization of Phytosome:

- Phytosome was prepared by solvent injection technique.
- Several batches was prepared and particle size (nm) and Entrapment efficiency (%) was calculated for optimization of Phytosome.

  Butch Extract Lipid Cholesterol Entrapment Particle size

40		<b>*</b>
Staphysagria	Organic solvent	Organic Phase+
Extract (Aq)	+ Phospholipid	Extract (Aq)

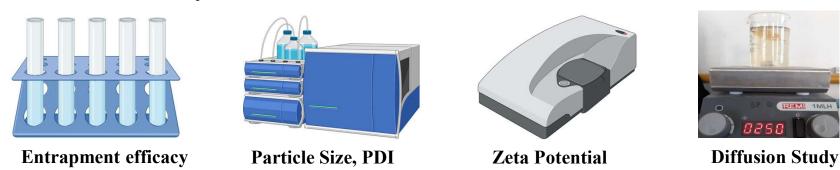
Batch No.	Extract (mg)	Lipid (mg)	Cholesterol (mg)	Entrapment Efficiency (%)	Particle size (nm)
В3	10	10	1	83	182
B7	30	20	3	58	195
B10	40	30	3	72	161
B11	60	50	5	81	154
B15	70	80	6	73	178
B17	90	100	8	77	207
B21	100	110	8	90	101



#### 10. FT-IR study:

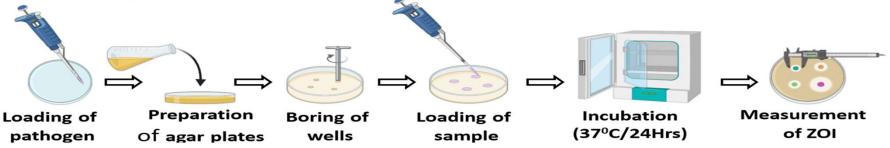
FT-IR analysis was performed to identify the functional groups present in the staphysagria extract and confirm its chemical composition.

#### 11. Evaluation of Phytosome:



#### 12. Antimicrobial study of prepared shampoo:

The antimicrobial study of the formulation was conducted using the agar well diffusion method (Bore method).





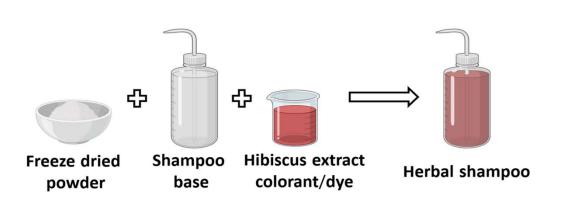
#### 13. Formulation of staphysagria enriched phytosomal shampoo:

#### 13.1. Steps for Water-Based Hibiscus Extract

Fresh hibiscus petals are rinsed, separated, and added to boiling distilled water. The mixture is simmered for 15–20 minutes, then cooled and strained to remove residues, yielding a deep red extract.

#### 13.2. Preparation of Phytosomal shampoo

- Coconut and castor oils were saponified with KOH under reflux.
- ➤ Glycerin and freeze-dried Phytosome were added with stirring, followed by ethyl alcohol, methyl paraben (preservative), lemongrass oil (fragrance), and hibiscus extract (colorant).



Sr. No.	Ingredients	Quantity (% w/w)
1	Castor oil	3
2	Coconut oil	10
3	Potassium hydroxide	3
4	Ethyl alcohol	4
5	Glycerin	2
6	Staphysagria Phytosome	0.2
7	Lemon grass oil	0.05
8	Methyl paraben	0.01
9	Distilled water q.s.	100
10	Hibiscus extract	0.01



#### 14. Characterization of prepared shampoo

#### 14.1. pH:

> 0.2% shampoo solution was used to determine the pH by using the pH meter.

#### 14.2. Foam formation (Shake test):

➤ 2 ml sample of 0.2% shampoo was mixed with water, shaken in a covered measuring cylinder, and retained foam for over 15 minutes, indicating good foaming stability.

#### 14.3. Skin irritation test:

➤ The shampoo was applied to the skin for 5 minutes, showing no redness or irritation.

#### 15. Stability Studies:

The stability study of Staphysagria-loaded Phytosome and Staphysagria-Enriched Phytosomal Shampoo under 30±2°C and 65±5% RH conditions was performed over three months, assessing particle size, entrapment efficiency, color, appearance, and pH, which remain stable with minimal variations





#### 1. Extraction of crude drug and percentage yield:

Extractive value of Staphysagria seed was found to be 17.84%

#### 2. Solubility analysis of extract:

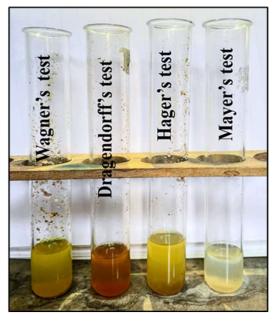
Extract was found to be **soluble in ethanol** and insoluble in water.

#### 3. Preliminary Phytochemical Screening:

➤ Phytochemical screening revealed the presence of **alkaloids**, a key phytochemical known for contributing to its therapeutic properties.

#### 4. Thin Layer Chromatography (TLC):

➤ Rf value was found to be **0.55** which complies with the Delphinine of Homeopathic Pharmacopoeia of India Volume VI.



Phytochemical tests



TLC



#### 5. Determination of Total Alkaloidal Content:

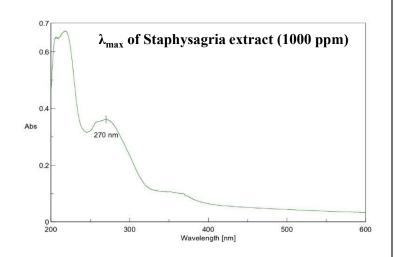
Total alkaloidal content was found to be 2.916% w/w.

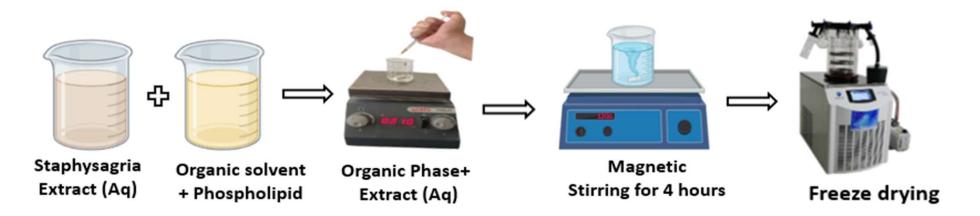
#### 6. Determination of $\lambda$ max:

λmax of Staphysagria extract was found to be 270 nm which complies with the λmax of Delphinine as per Homeopathic Pharmacopoeia of India Volume VI.

#### 7. Preparation of Phytosome:

Phytosome was prepared by Solvent Injection Technique.

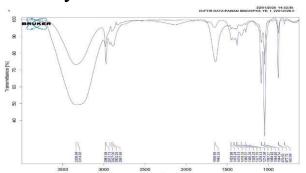




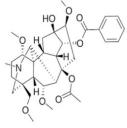


#### 8. FT-IR Study:

- > Structure integrity: Primary functional groups of staphysagria are retained.
- ➤ **Drug-Excipient interaction:** Reduced peak intensities and slight shift suggest possible interaction between drug and excipients in the formulation.
- Formulation stability: Similarity in the spectral patterns of drug and formulation confirms the stability of formulation.



Frequency range (cm <sup>-1</sup> )	Vibration type
~3300	stretching
~2800–3000	stretching
~1650–1750	stretching
~1500–1600	stretching
~1000–1300	stretching
	~3300 ~2800–3000 ~1650–1750 ~1500–1600



#### **Delphinine**

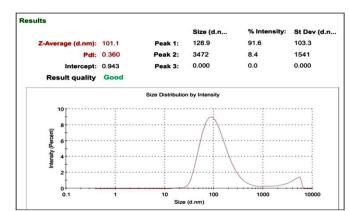
## 9. Evaluation of Phytosome:

#### 9.1. Entrapment efficiency (%)

Entrapment efficiency of phytosome was found to be 89.70%

#### 9.2. Particle size (nm)

> Particle size of prepared phytosome was found to be 101.1 nm.





#### 9.3. Zeta potential (mV)

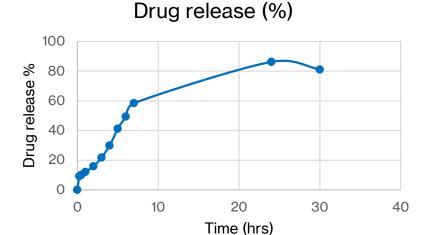
> Zeta potential of prepared Phytosome was found to be -16.30 mV.

				Mean (mV)	Area (%)	St Dev (mV
Zeta	Potential (mV):	-16.3	Peak 1:	-18.7	92.7	6.42
Zeta [	Deviation (mV):	8.17 <b>Peak 2:</b>	1.25	7.3	1.83	
Conductivity (mS/cm): Result quality		0.807 Peak 3:	0.00	0.0	0.00	
		Good				
		2	Zeta Potential [	Distribution		
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				potential		

#### 9.4. Release study of Phytosome

> % drug release was found to be 86.31% at 24 hours.

Time (hrs)	Drug release (%)
0	0
0.25	9.25
0.5	10.05
1	12.1
2	15.9
3	21.85
4	29.95
5	41.2
6	49.47
7	58.53
24	86.31
30	81.14

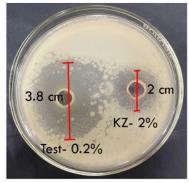




#### 10. Anti-Microbial study of the prepared shampoo:

#### 10.1. Antifungal Activity

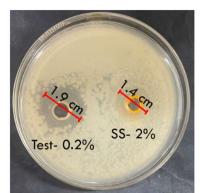
- ➤ The antifungal activity of the Staphysagria-based shampoo (0.2%) was evaluated against Candida albicans, with ketoconazole (2%) as the standard.
- The shampoo demonstrated a significantly larger zone of inhibition compared to ketoconazole, indicating superior antifungal efficacy.



KZ- 2%= Ketoconazole 2% solution Test- 0.2%= Staphysagria shampoo 0.2% Antifungal activity

#### 10.2. Anti-bacterial Activity

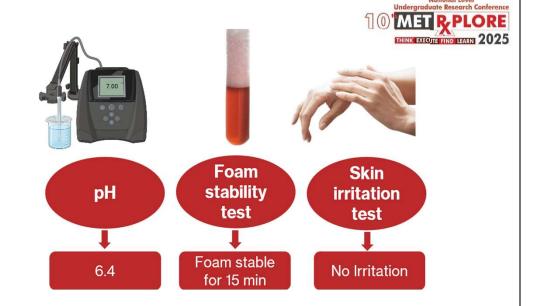
- The antibacterial activity of the Staphysagria-based shampoo (0.2%) was assessed against Staphylococcus aureus, with selenium sulfide (2%) as the standard.
- ➤ The shampoo exhibited a greater zone of inhibition than selenium sulfide, suggesting enhanced antibacterial activity.



SS- 2%= Selenium Sulfide 2% solution Test- 0.2%= Staphysagria shampoo 0.2% Anti-bacterial activity

## 11. Evaluation of Staphysagria enriched phytosomal shampoo:

> Staphysagria enriched phytosomal shampoo was prepared and evaluated for pH, foam stability and skin irritation test.



#### 12. Stability studies:

Stability studies of prepared phytosomal batch and Staphysagria enriched phytosomal shampoo was performed as per ICH Guidelines.

Stability Studies						
Stability Condtion	Staphysagria loaded Phytosome		Staphysagria-Enriched Phytosomal Shampoo			
30± 2°C/ 65±5%RH	Particle Size (nm)	Entrapment Efficiency (%)	Color	Appearance	рН	
1 <sup>st</sup> Day	101.1	89.7	Reddish Orange	Clear	6.4	
30 <sup>th</sup> Day	101.9	89.6	Reddish Orange	Clear	6.4	
2 Month	102.4	89.3	Reddish Orange	Clear	6.4	
3 Month	103.7	89.2	Reddish Orange	Clear	6.4	



## **Conclusion**

- The **Staphysagria-loaded phytosomal herbal shampoo** was successfully formulated and evaluated.
- The phytosomal system enhanced bioavailability, stability, and scalp penetration, making it more effective than conventional formulations.
- The shampoo exhibited ideal physicochemical properties, antimicrobial activity, and therapeutic potential for scalp health.
- This research highlights a novel, eco-friendly, and effective NDDS-based approach for herbal hair care, offering a safer alternative to synthetic shampoos.
- Further studies can explore clinical efficacy and long-term stability to establish its commercial viability.



## Refrences

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