



A 401(k) Plan Loan vs a Life Insurance Loan: Is One Safer Than the Other?

When it comes to paying for big ticket items, we often borrow. In this article we focus on **two loan sources**: borrowing from your 401(k) retirement plan, and borrowing against your life insurance policy with a policy loan.

Which is better: 401(k) loans or life insurance loans?

You'll find conflicting advice. Some experts say 401(k) loans should be your first choice. Others, like **Forbes contributor Colleen Oakley**, say 401(k) loans should be your *last choice*.

The Championship Match: 401(k) Plan Loans vs. Life Insurance Policy Loans

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<http://www.bankonyourself.com/401k-loan-versus-life-insurance-loan>