

CARDIOPULMONARY RESUSCITATION IN SCHOOLS (CAPRES)



2023

The CAPRES Project Proposal

CLASStoCARE
— MEDICAL FOUNDATION —

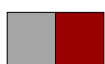
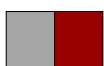


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ABOUT CLASS TO CARE MEDICAL FOUNDATION

Class to Care Medical Foundation is a non-profit organization established to provide support for healthcare centers, promote capacity building for healthcare workers and advocate and create public health awareness for the general public. Our operations cut across Equipment donation, Advocacy, Training and Mentoring.

Our organization is registered with registration number, CAC/ IT/ NO 108616.

In our 20 months of operation, as part of our capacity development programme, we have trained a total of 40 health workers (community health workers, nurses, doctors) in Basic, Life Support Skills, Advanced Cardiovascular Life Support Skills, ECG interpretation. We have also held a mentoring program on emergency response at the emergency rooms of two major medical facilities in Lagos State, as well as donated medical equipment to 3 Primary Health Centres in Lagos State.

Our vision

To be the foremost promoter of access to high quality healthcare for all Nigerians.

Our mission

Improving healthcare service delivery through continuous medical education for healthcare practitioners and promote support to influence healthcare practice in public service.

FOCUS AREAS

1. **Advocacy** and **Public Health Awareness**.
2. **Support** through *Equipment donation* and *Health Facility Rating*.
3. **Continuous Medical Education** through *Training, Mentoring*.

Objectives:

1. Creating health awareness among the general public.
2. Ensuring capacity building of Nigerian healthcare providers by fostering continuous medical education.
3. Conducting high quality trainings and drills, using world standard training facilities, modern equipment, renowned and experienced facilitators, and tested pedagogical techniques.
4. Donating needed equipment and consumables to public health facilities.
5. Influencing health policies and health service delivery through programmes targeted at stakeholders.



THE PROBLEM

The Nigerian healthcare system is ridiculed with myriads of problems and one of them is lack of help to the victims of cardiac arrest because of ***wrong handling of emergencies and cardiac arrest*** and also the under-developed Emergency Medical Service (EMS) leading to high death rate of both the young and adult.

Most Nigerians don't know what to do when there is a *sudden collapse* of friends, neighbors, loved ones, colleagues, etc. The best some can do is to be screaming and crying or dragging the person in all directions while others might be snapping pictures of the victims and post on social media and this *does not* in any way increase the *chances of survival* of the victim.

In recent times we have seen prominent Nigerians who died at occasion as a result of cardiac arrest, people there could not recognize the signs of cardiac arrest not to talk of knowing what to do.

Such is the story reported by Punch Newspaper of 13th May, 2021 that of Mr. Dein, a Community Chief from Ataba in Andoni Local Government Area of River state who slumped (sudden fall to the ground) and died while dancing at a traditional wedding in Borokiri axis of old Port Harcourt Township in River State

The other story reported by Premium times on the 6th April, 2022 was that of a Pastor named Francis Ogunnusi at the Evangelical Church Winning All (ECWA), Onikoko Abeokuta in Ogun State, who reportedly slumped and died while preaching during a service in the church

The church was thrown into confusion when the said pastor suddenly slumped with a microphone in his hand. He was rushed to a nearby FMC, alas, it was too late.



THE SOLUTION

In view of the above, we are extending our Public Health Awareness Programme to include Cardiopulmonary Resuscitation in Schools (**CAPRES**), a project that will help Nigerians have access to quality healthcare by *acquiring knowledge on how to attend to emergencies and cardiac arrests at home and within our environment*.

The **CAPRES** project is about making *young Nigerians both Heart-saver Ambassadors and Heroes which in turn helps to reduce death rate resulting from wrong handling of cardiac arrest*. Our efforts is towards achieving the third, fourth, ninth Sustainable Development Goals (SDG) in the area of healthcare.

Target Beneficiaries of the CAPRES Project

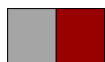
The beneficiaries of this project are secondary school students from JSS 1 to SS3.

Duration

Project start and stop date; 1st January, 2023 – 31st December, 2023.



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BUDGET FOR CAPRES PROJECT

1st January to 30TH to December 2023

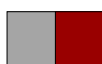
| S/N | Description | Unit cost (Naira) | Quantity | Total Cost(Naira) |
|---|---|--------------------------------------|----------------------------------|-----------------------------|
| 1 | 1 Instructor | 15,000/class | 10 classes | 150,000 |
| 2 | 2 Volunteers | 7,500 x 2/class | 10 classes | 150,000 |
| 3 | <u>Equipment</u> a)Manikins (Infant/child/adult) c)Projectors(mini projector) + d)DVD Player + e) Speakers | 50,000/class 10,000/class | 10 classes 10 classes | 500,000 100,000 |
| 4 | Promotion/Branding a) roll up banners b) Jotters/exercise book c) T- shirt for volunteers/instructors | 15,000 250 5,000 | 2 1,000 8 | 30,000 250,000 40,000 |
| 5 | Logistics: Transportation | 10,000/class | 10 classes | 100,000 |
| 6 | Photography | 10,000 | 10 classes | 100,000 |
| 7 | Communication (Airtime, Internet) | 5,000/class | 10 classes | 50,000 |
| 8 | Printing costs | 3,000/class | 10 classes | 30,000 |
| 9 | Contingencies | | | 225,000 |
| TOTAL: One Million seven hundred and twenty five thousand Naira | | | | 1,725,000 |



CARDIOPULMONARY RESUSCITATION IN SCHOOLS (CAPRES) SPONSORSHIP LEVEL

| Sponsorship Level | Amount | Impact | Partnership Benefits |
|----------------------------|--------------|--|---|
| Diamond of CAPRES | N1, 725, 000 | Empowers 1000 students on live saving knowledge and skills | + Name recognition + Logo on our banner + Sponsor recognition plaque + Opportunity to distribute branded souvenir + 6 T-shirts provided |
| Platinum of CAPRESS | N1, 293, 750 | Empowers 750 students on live saving knowledge and skills | + Name recognition + Sponsor recognition plaque + Opportunity to distribute branded souvenir + 5 T-shirt provided |
| Gold of CAPRES | N862, 500 | Empowers 500 students on live saving knowledge and skills | + Name recognition + Sponsor recognition plaque + Opportunity to distribute branded souvenir + 2 T-shirt provided |
| Silver of CAPRES | N431, 250 | Empowers 250 students on live saving knowledge and skills | + Name recognition + Sponsor recognition plaque + Opportunity to distribute branded souvenir + 1 T-shirt provided |
| Bronze of CAPRES | N172, 500 | Empowers 100 students on live saving knowledge and skills | + Name recognition + Opportunity to distribute branded souvenir + 1 T-shirt provided |
| Friends of CAPRESS | N1, 725 | Empowers 1 students on live saving knowledge and skills | + Name recognition + Free Volunteer course |

NB: Sponsors from Bronze to Diamond category have the privilege to choose the recipients of the CAPRES Propjet if they so desired



EXECUTED CAPRES PROJECT IN YEAR 2022

DIV-HELP COLLEGE AROWOJOBE STREET OSHODI LAGOS



Class to Care Medical Foundation || www.classtocare.org || support@classtocare.org || 0901 209 8263

EXECUTED CAPRES PROJECT IN YEAR 2022

MOTIVATION COMPREHENSIVE HIGH SCHOOL OREMEJI STREET OSHODI LAGOS



NEED FOR SUPPORT

The logistics and management of this CAPRES project has some financial implication, our aim is to empower and equip 1,000 Nigerian secondary school students in JSS1 to SS3. As such, we require support to execute this commendable project.

We are requesting your participation as a sponsor of our upcoming Cardiopulmonary Resuscitation for Schools (**CAPRES**) **2023** project.

We need your financial support to empower and equip 1,000 Nigerian students as part of our ongoing effort to reach 1,000 students in Lagos by the end of year 2023, hence this fundraising appeal

See the above Sponsorship Levels Document to find the giving level that is right for you

We would like to thank you in advance for your generosity. Please do not hesitate to contact us on our office line 0901-209-8263 or through our email address; support@classtocare.org if you have any questions.

By supporting this CAPRES project, It simply mean **you are saving the lives of many average Nigerians** by increasing their chances of survival from wrong handling of cardiac arrest just like the 2 cases above.

Thank you

