



Jamie Minor

Corporate Leader & Small Business Owner

Jamie Minor has more than 20 years of corporate experience, including expertise in human resources, inclusion, strategy development, and culture creation. Jamie has a passion for leadership, group facilitation, and employee and stakeholder engagement.

Jamie is also an entrepreneur and an active community member. She owns StrengthIN Consulting and is part of the small business ecosystem at The Mali Center (TMC), a health and wellness business hub owned by her husband Tyrone, that provides equitable access and opportunity to small businesses and nonprofits that prioritize underserved youth and communities. TMC is also the home of the F.I.T. Lab, a fitness studio Tyrone and Jamie have owned and operated for over a decade.

Jamie is a certified personal trainer, a registered yoga instructor, holds a Diversity & Inclusion for HR certificate from Cornell University and a bachelor's degree from the University of Minnesota. She leverages her unique background and lived experience in all aspects of her work to help people and organizations thrive.