**Happiness Decline among Youth: Algorithmic Technologies**

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**How does Algorithmic Technologies, specifically Generative Pre-trained Transformers (GPT) affect young adults.**

Algorithmic technologies such as social media, and increasingly popular GPT[[1]](#footnote-1) models, shape attention and judgement. Experts find ChatGPT’s inconsistent advice can sway moral-dilemma processes[[2]](#endnote-1). The World Happiness Report of 2024 reports that young adults in North America have the lowest life evaluations aged 15-24[[3]](#endnote-2); reflecting generational shifts as perceived happiness increases with age; while Jan-Emmanuel De Neve considered inequality, polarization[[4]](#footnote-2), and technology as considerable factors[[5]](#endnote-3). Without addressing Jan-Emmanuel De Neve’s factors at scale, other minor problematic issues in our society could begin to drastically worsen.

**How does citizenship fit in?**

I define citizenship as the willingness to see one another, and yourself. For example, instead of reacting to somebody, taking a second to understand how they got there. By believing GPT models are entirely accurate, while ignoring hallucinations[[6]](#footnote-3), we could begin to form condescending behavior, among others; circumventing that thinking process. The research linked to endnote “i” stated 80% said they would have made the same judgement without advice, though it was proven that, “subjects adopted ChatGPT’s (random) moral stance (Nature News).” While the next generations are among us, we must focus on strengthening them, not older generations as the current is much more variable.

**Works Cited**

1. Analyze data and generate human-like text, images, and sounds. [↑](#footnote-ref-1)
2. Krügel, S., Ostermaier, A., & Uhl, M. (2023, April 6). CHATGPT’s inconsistent moral advice influences users’ judgment. Nature News. https://www.nature.com/articles/s41598-023-31341-0 [↑](#endnote-ref-1)
3. World Happiness Report of 2024. World Happiness Report. (2024, March 20). https://files.worldhappiness.report/WHR24.pdf [↑](#endnote-ref-2)
4. People start to dislike or distrust the other side as a group, not just disagree on issues. [↑](#footnote-ref-2)
5. Santos, L., & Neve, J.-E. (n.d.). How to make America’s Young People Happier Again: The Happiness Lab with dr. Laurie Santos. Pushkin Industries. https://www.pushkin.fm/podcasts/the-happiness-lab-with-dr-laurie-santos/how-to-make-americas-young-people-happier-again [↑](#endnote-ref-3)
6. Producing false, misleading, or nonsensical information as if it were factual and accurate. [↑](#footnote-ref-3)