

Trends

- What is a fad?
- Do you pay attention to fads?
- What were some fads when you were in high school?
- What were some fads when you were in college?
- What are some fads now?
- Are fads the same as popular culture?
- What are some of the fads in your home country? Are they the same as where you are living now?
- Why do you think people pay attention to fads?
- What fad influence your life the most?
- What portion of the general population do you think creates or follows fads?
- How do fads start and who starts them? Today? In the past?
- What media influences how fads evolve?
- If you wanted to start a trend, how would you go about it?
- How long does it take for a fad to die out?
- What are the current trends in fashion?
- What are the current trends in electronics?
- What are the current trends in music, books, or movies?
- What are the current trends in dating/relationships?
- How do you learn about the current trends?
- Are there any current trends you don't like?
- Are there any trends from the past you hope come back?
- Are there any trends from the past you hope never come back?
- What sorts of trends do you think will develop in the near future?
- Name a trend that you followed.
- What is a fad diet? Can you name any?
- What is a yo-yo diet?
- Have you ever tried a fad diet?
- Do you count calories? Do you think counting calories is a good way to lose weight?
- Do you ever eat or drink "diet" products, such as diet coke?
- Have you ever tried a weight loss program?
 - Was it successful?
- Do your parents talk about fads "in their day"?
- What fads or trends do you remember from the 80's, 90's or any other time period?