# Trends

* What is a fad?
* Do you pay attention to fads?
* What were some fads when you were in high school?
* What were some fads when you were in college?
* What are some fads now?
* Are fads the same as popular culture?
* What are some of the fads in your home country? Are they the same as where you are living now?
* Why do you think people pay attention to fads?
* What fad influence your life the most?
* What portion of the general population do you think creates or follows fads?
* How do fads start and who starts them? Today? In the past?
* What media influences how fads evolve?
* If you wanted to start a trend, how would you go about it?
* How long does it take for a fad to die out?
* What are the current trends in fashion?
* What are the current trends in electronics?
* What are the current trends in music, books, or movies?
* What are the current trends in dating/relationships?
* How do you learn about the current trends?
* Are there any current trends you don't like?
* Are there any trends from the past you hope come back?
* Are there any trends from the past you hope never come back?
* What sorts of trends do you think will develop in the near future?
* Name a trend that you followed.
* What is a fad diet? Can you name any?
* What is a yo-yo diet?
* Have you ever tried a fad diet?
* Do you count calories? Do you think counting calories is a good way to lose weight?
* Do you ever eat or drink "diet" products, such as diet coke?
* Have you ever tried a weight loss program?
  + Was it successful?
* Do your parents talk about fads "in their day"?
* What fads or trends do you remember from the 80's, 90's or any other time period?