

Introduction

Motivation

Evidence-based practice (EBP) is a healthcare approach in which professionals utilize the most reliable and relevant information to make clinical decisions tailored to individual patients (McKibbon 1998).

McKibbon, K A. 1998. “Evidence-Based Practice.” *Bulletin of the Medical Library Association* 86 (3): 396–401. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC226388/>.