

# The Direct Constraint Equation Approach

Bypassing Flows via Elliptic Methods

December 2025

## Abstract

We develop a direct approach to the spacetime Penrose inequality using the constraint equations themselves, avoiding geometric flows. The idea: construct a harmonic function adapted to the trapped surface that directly yields the mass-area bound.

## 1 The Direct Strategy

### 1.1 Motivation

The flow-based approaches (Jang + IMCF/Bray) work but require area comparison:

$$A(\text{MOTS}) \geq A(\text{trapped surface})$$

which is **false** in general.

**New idea:** Don't compare areas. Instead, construct a function directly relating  $M_{\text{ADM}}$  to  $A(\Sigma_0)$ .

### 1.2 The Positive Mass Argument

Recall Witten's proof of positive mass:

1. Solve Dirac equation:  $D\psi = 0$
2. Integrate:  $0 \leq \int |\nabla\psi|^2 + \frac{R}{4}|\psi|^2 = M_{\text{ADM}} \cdot (\text{boundary term})$
3. Conclude:  $M_{\text{ADM}} \geq 0$

**Idea:** Modify boundary conditions to extract  $\sqrt{A/16\pi}$  instead of 0.

## 2 The Adapted Harmonic Function

### 2.1 Setup

Let  $\Sigma_0$  be a trapped surface. Define:

$$\Omega = M \setminus \overline{B_{\Sigma_0}} \tag{1}$$

(exterior of  $\Sigma_0$ ).

**Definition 2.1** (Capacity Function). *Let  $u : \Omega \rightarrow [0, 1]$  solve:*

$$\begin{cases} \Delta_g u = 0 & \text{in } \Omega \\ u|_{\Sigma_0} = 1 \\ u \rightarrow 0 & \text{at infinity} \end{cases} \quad (2)$$

**Lemma 2.2** (Capacity and Mass). *The capacity of  $\Sigma_0$  is:*

$$Cap(\Sigma_0) = \int_{\Omega} |Du|^2 dV_g = - \int_{\Sigma_0} \frac{\partial u}{\partial \nu} dA \quad (3)$$

## 2.2 The Key Identity

**Theorem 2.3** (Bray's Identity). *On  $(M, g)$  with  $R \geq 0$ :*

$$M_{ADM} = \frac{1}{16\pi} \int_M R \cdot u^2 dV + \frac{1}{16\pi} Cap(\Sigma_0)^2 \cdot (\text{geometric factor}) \quad (4)$$

For our case with  $R_g$  not necessarily non-negative (due to  $k$ ), we need to use the constraint equations.

## 3 Using the Constraint Equations

### 3.1 The Constraint Equations

On initial data  $(M, g, k)$ :

$$R_g - |k|^2 + (\text{tr} k)^2 = 2\mu \quad (\text{Hamiltonian}) \quad (5)$$

$$\text{div}_g(k - (\text{tr} k)g) = J \quad (\text{Momentum}) \quad (6)$$

DEC:  $\mu \geq |J|$ .

### 3.2 Scalar Curvature Decomposition

$$R_g = 2\mu + |k|^2 - (\text{tr} k)^2 = 2\mu + |k - \frac{\text{tr} k}{3}g|^2 - \frac{2}{3}(\text{tr} k)^2 \quad (7)$$

Let  $\mathring{k} = k - \frac{\text{tr} k}{3}g$  (traceless part). Then:

$$R_g = 2\mu + |\mathring{k}|^2 - \frac{2}{3}(\text{tr} k)^2 \quad (8)$$

**Corollary 3.1.** *If  $\mu \geq 0$  (from DEC) and  $\text{tr} k = 0$  (maximal slice):*

$$R_g \geq |\mathring{k}|^2 \geq 0 \quad (9)$$

### 3.3 Non-Maximal Slices

For general  $\text{tr} k \neq 0$ :

$$R_g = 2\mu + |\mathring{k}|^2 - \frac{2}{3}(\text{tr} k)^2 \quad (10)$$

This can be negative even with DEC!

## 4 The Jang-Modified Metric

### 4.1 Conformal Jang

The Jang equation produces  $\bar{g} = g + df \otimes df$  with:

$$R_{\bar{g}} \geq 2(\mu - |J|) \geq 0 \quad (\text{DEC}) \quad (11)$$

**Theorem 4.1.** *On  $(\bar{M}, \bar{g})$  (Jang graph over  $M \setminus \Sigma^*$ ):*

1.  $R_{\bar{g}} \geq 0$
2.  $\bar{M}$  is asymptotically flat with  $M_{\text{ADM}}(\bar{g}) = M_{\text{ADM}}(g)$
3.  $\bar{M}$  has a cylindrical end at  $\Sigma^*$

### 4.2 Conformal Compactification

Let  $\phi$  be a conformal factor with  $\phi \sim s$  near  $\Sigma^*$ . Define:

$$\hat{g} = \phi^4 \bar{g} \quad (12)$$

Then  $(\hat{M}, \hat{g})$  has:

- Minimal boundary  $\hat{\Sigma}$  with area  $A(\Sigma^*)$
- $R_{\hat{g}} \geq 0$  (if  $\phi$  is chosen correctly)
- Same ADM mass

## 5 The Direct Bound

### 5.1 Harmonic Function on Jang Manifold

On  $(\hat{M}, \hat{g})$ , let  $\hat{u}$  solve:

$$\begin{cases} \Delta_{\hat{g}} \hat{u} = 0 \\ \hat{u}|_{\hat{\Sigma}} = 1 \\ \hat{u} \rightarrow 0 \text{ at } \infty \end{cases} \quad (13)$$

**Theorem 5.1** (Mass-Capacity Inequality).

$$M_{\text{ADM}} \geq \frac{Cap_{\hat{g}}(\hat{\Sigma})^2}{16\pi} \quad (14)$$

*Proof.* Use Bray's argument on  $(\hat{M}, \hat{g})$  with  $R_{\hat{g}} \geq 0$ .  $\square$

### 5.2 Capacity vs Area

**Lemma 5.2** (Isoperimetric Capacity Bound).

$$Cap(\Sigma) \geq 4\pi r_\Sigma = \sqrt{4\pi A(\Sigma)} \quad (15)$$

**Corollary 5.3.**

$$M_{\text{ADM}} \geq \frac{16\pi \cdot A(\hat{\Sigma})}{16\pi} = \sqrt{\frac{A(\hat{\Sigma})}{16\pi}} = \sqrt{\frac{A(\Sigma^*)}{16\pi}} \quad (16)$$

**Same result:** We get the MOTS area, not the trapped surface area.

## 6 Attempt: Direct Bound on Trapped Surface

### 6.1 The Problem

We need a way to relate  $M_{\text{ADM}}$  directly to  $A(\Sigma_0)$  without going through the MOTS.

### 6.2 Harmonic Function from Trapped Surface

Define  $u_0$  solving:

$$\begin{cases} \Delta_g u_0 = 0 & \text{in } M \setminus \Sigma_0 \\ u_0|_{\Sigma_0} = 1 \\ u_0 \rightarrow 0 & \text{at } \infty \end{cases} \quad (17)$$

**Lemma 6.1** (Boundary Flux).

$$\int_{\Sigma_0} \frac{\partial u_0}{\partial \nu} dA = -\text{Cap}(\Sigma_0) \quad (18)$$

### 6.3 The Obstruction

To get  $M \geq \sqrt{A(\Sigma_0)/16\pi}$  directly, we'd need:

$$M_{\text{ADM}} \geq \frac{A(\Sigma_0)}{16\pi} \quad (19)$$

(not squared!)

But the Penrose inequality is:

$$M_{\text{ADM}} \geq \sqrt{\frac{A(\Sigma_0)}{16\pi}} \quad (20)$$

These differ by the square root. The capacity argument gives:

$$M \geq \frac{\text{Cap}^2}{16\pi} \geq \frac{4\pi A}{16\pi} = \frac{A}{4} \quad (21)$$

which is **weaker** than Penrose!

## 7 The Geometric Mean Approach

### 7.1 Idea

Use the **geometric mean** of capacity and area:

$$M_{\text{ADM}} \stackrel{?}{\geq} \sqrt{\text{Cap}(\Sigma_0) \cdot \sqrt{\frac{A(\Sigma_0)}{16\pi}}} \quad (22)$$

No known theorem gives this.

## 7.2 The Hawking Mass

**Definition 7.1.**

$$m_H(\Sigma) = \sqrt{\frac{A}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} H^2 dA \right) \quad (23)$$

**Theorem 7.2** (Hawking Mass Bound). *On  $(M, g)$  with  $R \geq 0$ :*

$$M_{\text{ADM}} \geq m_H(\Sigma) \quad \text{for minimal } \Sigma \quad (24)$$

For minimal  $\Sigma$  ( $H = 0$ ):  $m_H = \sqrt{A/16\pi}$ , giving Penrose.

For trapped  $\Sigma$  with  $H < 0$ :  $m_H < \sqrt{A/16\pi}$ , giving a **weaker** bound.

## 8 Analysis of the Obstruction

### 8.1 Why Direct Methods Fail

1. **Capacity:** Gives  $M \geq \text{Cap}^2/16\pi$ , not  $M \geq \sqrt{A/16\pi}$
2. **Hawking mass:** Gives  $M \geq m_H$ , which is smaller than  $\sqrt{A/16\pi}$  for trapped surfaces
3. **Harmonic functions:** The boundary conditions on trapped surfaces don't give the right inequality

### 8.2 The Fundamental Issue

The Penrose inequality involves a **square root**:

$$M \geq \sqrt{\frac{A}{16\pi}} \sim A^{1/2} \quad (25)$$

But elliptic methods (capacity, Dirichlet energy) give:

$$M \sim \text{Cap}^2 \sim A \quad \text{or} \quad M \sim m_H < A^{1/2} \quad (26)$$

The flow methods (IMCF, Bray) achieve the square root by:

- Starting from minimal surface ( $H = 0$ )
- Using monotonicity of Hawking mass along the flow
- The square root emerges from the Geroch formula

**Key insight:** The square root comes from the **minimal surface condition  $H = 0$** , which trapped surfaces violate!

## 9 A Potential New Approach

### 9.1 The Modified Hawking Mass

**Definition 9.1** (Trapping-Corrected Hawking Mass).

$$\tilde{m}_H(\Sigma) = \sqrt{\frac{A}{16\pi}} \left( 1 - \frac{1}{16\pi} \int_{\Sigma} \theta^+ \theta^- dA \right) \quad (27)$$

**Lemma 9.2.** For trapped surfaces:  $\theta^+ \theta^- > 0$ , so  $\tilde{m}_H < \sqrt{A/16\pi}$ .

For MOTS:  $\theta^+ = 0$ , so  $\tilde{m}_H = \sqrt{A/16\pi}$ .

**Proposition 9.3** (Evolution under  $\theta^+$ -flow).

$$\frac{d\tilde{m}_H}{dt} = (\text{complicated expression involving } R, k, A, \nabla\theta^\pm) \quad (28)$$

No clear sign, so no monotonicity.

## 9.2 The $\theta$ -Capacity

**Definition 9.4.**

$$Cap_\theta(\Sigma) = \inf_{u|\Sigma=1} \int_M w_\theta |Du|^2 dV \quad (29)$$

where  $w_\theta = e^{\int \theta^+/H}$  is a weight adapted to trapping.

**Problem:**  $H < 0$  for trapped surfaces, so  $\theta^+/H > 0$ , making  $w_\theta > 1$ , which increases capacity, not helps.

# 10 Honest Conclusion

## 10.1 Summary of Attempts

Method	Gives	Needed
Capacity	$M \geq \text{Cap}^2/16\pi$	$M \geq A^{1/2}$
Hawking mass	$M \geq m_H < A^{1/2}$	$M \geq A^{1/2}$
Jang + IMCF	$M \geq A(\text{MOTS})^{1/2}$	$M \geq A(\text{trapped})^{1/2}$
Direct elliptic	No clean inequality	—

## 10.2 The Real Obstruction

The square root in the Penrose inequality:

$$M \geq \sqrt{\frac{A}{16\pi}} \quad (30)$$

arises from:

1. The Geroch monotonicity formula for Hawking mass
2. Which requires  $H = 0$  (minimal surface) as the starting point
3. Trapped surfaces have  $H < 0$ , breaking the argument

**To solve 1973:** We need either:

- A new monotone quantity that works for  $H < 0$
- A way to “correct” the Hawking mass for trapping
- A completely different approach (spinors? optimal transport?)

### 10.3 Current State

The spacetime Penrose inequality for arbitrary trapped surfaces remains **OPEN**.

All known methods give the inequality for MOTS only:

$$M_{\text{ADM}} \geq \sqrt{\frac{A(\Sigma^*)}{16\pi}} \quad (31)$$

where  $\Sigma^*$  is the outermost MOTS.

The gap  $A(\Sigma^*) \geq A(\Sigma_0)$  is **not provable** in general.

## References

- [1] H. Bray, J. Differ. Geom. **59**, 177 (2001).
- [2] G. Huisken, T. Ilmanen, J. Differ. Geom. **59**, 353 (2001).