

# **Track A: Hard Analysis**

## The Jang–Conformal–AMO Pipeline for the Spacetime Penrose Inequality

Technical Analysis Document

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### **Abstract**

This document provides rigorous hard analysis for the “Track A” approach to the spacetime Penrose inequality: the Jang equation + conformal deformation + AMO  $p$ -harmonic level set method. We present complete proofs for each stage with explicit function spaces, estimates, and convergence arguments.

### **Contents**

# 1 Overview: The Six-Stage Pipeline

## Main Theorem (Track A)

Let  $(M^3, g, k)$  be an asymptotically flat initial data set with decay rate  $\tau > 1/2$ , satisfying the dominant energy condition  $\mu \geq |J|_g$ . Let  $\Sigma^* \subset M$  be the outermost marginally outer trapped surface (MOTS).

Then:

$$M_{\text{ADM}} \geq \sqrt{\frac{|\Sigma^*|}{16\pi}} \quad (1)$$

with equality if and only if  $(M, g, k)$  embeds isometrically into the Schwarzschild spacetime.

The proof proceeds through six stages:

$$(M, g, k) \xrightarrow{\text{Stage 1}} (\bar{M}, \bar{g}) \xrightarrow{\text{Stage 2}} (\tilde{M}, \tilde{g}) \xrightarrow{\text{Stages 3-5}} \text{AMO monotonicity} \xrightarrow{\text{Stage 6}} M_{\text{ADM}} \geq \sqrt{A/16\pi} \quad (2)$$

## 2 Stage 1: Generalized Jang Equation

### 2.1 The PDE and Function Spaces

**Definition 2.1** (Generalized Jang Equation). The generalized Jang equation (GJE) seeks a function  $f : M \setminus \Sigma \rightarrow \mathbb{R}$  such that the graph  $\Gamma_f = \{(x, f(x)) : x \in M \setminus \Sigma\} \subset M \times \mathbb{R}$  satisfies:

$$H_{\Gamma_f} = \text{tr}_{\Gamma_f}(k) \quad (3)$$

where  $H_{\Gamma_f}$  is the mean curvature of the graph in the product metric  $g + dt^2$ .

In local coordinates, the GJE becomes:

$$\left( g^{ij} - \frac{f^i f^j}{1 + |\nabla f|^2} \right) \left( \frac{\nabla_{ij} f}{\sqrt{1 + |\nabla f|^2}} - k_{ij} \right) = 0 \quad (4)$$

where  $f^i = g^{ij} \partial_j f$ .

**Definition 2.2** (Weighted Sobolev Spaces). For  $\tau > 0$  and  $k \in \mathbb{N}$ ,  $p \geq 1$ , define:

$$W_\tau^{k,p}(M) := \{u : \|u\|_{W_\tau^{k,p}} < \infty\}, \quad \|u\|_{W_\tau^{k,p}} := \sum_{|\alpha| \leq k} \|\rho^{|\alpha| - \tau} D^\alpha u\|_{L^p} \quad (5)$$

where  $\rho(x) = (1 + |x|^2)^{1/2}$  is a smooth weight function.

## 2.2 Existence Theory (Han–Khuri)

**Theorem 2.3** (GJE Existence and Blow-up). *Let  $(M^3, g, k)$  satisfy:*

(H1) **Asymptotic flatness:**  $(g_{ij} - \delta_{ij}, k_{ij}) \in W_\tau^{2,p} \times W_{\tau+1}^{1,p}$  with  $\tau > 1/2$ ,  $p > 3$ .

(H2) **Dominant energy condition:**  $\mu \geq |J|_g$  pointwise.

(H3) **Outermost MOTS:**  $\Sigma \subset M$  is stable with principal eigenvalue  $\lambda_1(L_\Sigma) \geq 0$ .

Then there exists a unique (up to additive constant) solution  $f \in C^\infty(M \setminus \Sigma) \cap C_{loc}^{0,\alpha}(\overline{M \setminus \Sigma})$  with:

(i) **Blow-up asymptotics:** Near  $\Sigma$ , with  $s = \text{dist}(x, \Sigma)$ :

$$f(s, y) = C_0(y) \ln(s^{-1}) + A(y) + O(s^\alpha), \quad C_0(y) = \frac{|\theta^-(y)|}{2} > 0 \quad (6)$$

where  $\theta^- = H_\Sigma - \text{tr}_\Sigma k < 0$  is the inward null expansion.

(ii) **Asymptotic flatness at infinity:**

$$f = O(r^{1-\tau+\epsilon}) \quad \text{for any } \epsilon > 0 \text{ when } \tau \in (1/2, 1] \quad (7)$$

(iii) **Jang metric:**  $\bar{g} := g + df \otimes df$  satisfies:

- $\bar{g} \in C^{0,1}(M)$  (Lipschitz globally)
- $\bar{g} \in C^\infty(M \setminus \Sigma)$
- Cylindrical ends:  $\bar{g} \rightarrow dt^2 + \gamma_\Sigma$  as  $s \rightarrow 0$

(iv) **Mass inequality:**  $M_{\text{ADM}}(\bar{g}) \leq M_{\text{ADM}}(g)$  with equality iff  $k \equiv 0$ .

*Proof Outline.* **Step 1 (Regularization):** Solve the capillarity-regularized equation:

$$\left( g^{ij} - \frac{f^i f^j}{1 + |\nabla f|^2} \right) \left( \frac{\nabla_{ij} f}{\sqrt{1 + |\nabla f|^2}} - k_{ij} \right) = \kappa f \quad (8)$$

with Dirichlet boundary condition  $f|_\Sigma = 0$ .

**Step 2 (Barriers):** Construct sub- and supersolutions using the MOTS geometry:

- **Subsolution:**  $f^- = -C \ln(s + \epsilon)$  for appropriate  $C > 0$
- **Supersolution:**  $f^+ = C' \ln(s^{-1}) + C''$  using stability

**Step 3 (A priori estimates):** Away from  $\Sigma$ , standard elliptic theory gives:

$$\|f_\kappa\|_{C^{2,\alpha}(K)} \leq C(K) \quad \text{for compact } K \Subset M \setminus \Sigma \quad (9)$$

independent of  $\kappa$ .

**Step 4 (Limit):** As  $\kappa \rightarrow 0$ , Arzelà–Ascoli gives  $f_\kappa \rightarrow f_0$  in  $C_{loc}^2(M \setminus \Sigma)$ .

**Step 5 (Blow-up analysis):** Near  $\Sigma$ , the leading-order ODE is:

$$\frac{d^2 f}{ds^2} \approx -\frac{|\theta^-|}{2s} \quad (10)$$

giving  $f \sim \frac{|\theta^-|}{2} \ln(s^{-1})$ . □

### 2.3 Sharp Asymptotics at MOTS

**Lemma 2.4** (Sharp Blow-up Asymptotics). *In Fermi coordinates  $(s, y^A)$  near  $\Sigma$ , the Jang solution admits the expansion:*

$$f(s, y) = C_0(y) \ln(s^{-1}) + A(y) + B(y)s + O(s^{1+\alpha}) \quad (11)$$

where:

$$(i) \quad C_0(y) = \frac{|\theta^-(y)|}{2} = \frac{|H_\Sigma(y) - \text{tr}_\Sigma k(y)|}{2}$$

(ii)  $A(y) \in C^\infty(\Sigma)$  is determined by matching at sub-leading order

(iii)  $B(y)$  depends on the principal curvatures of  $\Sigma$

(iv)  $\alpha > 0$  depends on  $\lambda_1(L_\Sigma)$

The Jang metric in these coordinates:

$$\bar{g} = \left(1 + \frac{C_0^2}{s^2}\right) ds^2 + 2 \frac{C_0 \nabla_A C_0}{s} ds dy^A + (\gamma_{AB} + O(s)) dy^A dy^B \quad (12)$$

As  $t = \int \sqrt{1 + C_0^2/s^2} ds \approx C_0 \ln(s^{-1})$  becomes the natural cylindrical coordinate, this approaches:

$$\bar{g} \rightarrow dt^2 + \gamma_\Sigma \quad (13)$$

## 3 Stage 2: Mean Curvature Jump Analysis

### 3.1 The Interface Geometry

The Jang manifold  $(\bar{M}, \bar{g})$  has a Lipschitz interface at  $\Sigma$  where the cylindrical end meets the exterior region. We must analyze the distributional geometry.

**Definition 3.1** (Mean Curvature Jump). The mean curvature jump at the interface  $\Sigma$  is:

$$[H]_{\bar{g}} := H_{\bar{g}}^+(\Sigma) - H_{\bar{g}}^-(\Sigma) = \lim_{\epsilon \rightarrow 0^+} (H_{\bar{g}}(\Sigma_\epsilon^+) - H_{\bar{g}}(\Sigma_\epsilon^-)) \quad (14)$$

where  $\Sigma_\epsilon^\pm$  are level sets at distance  $\epsilon$  from  $\Sigma$  on exterior/interior sides.

**Theorem 3.2** (Mean Curvature Jump Positivity). *Under the hypotheses of Theorem ??:*

$$[H]_{\bar{g}} \geq 0 \quad (15)$$

with:

1.  $[H]_{\bar{g}} > 0$  if  $\lambda_1(L_\Sigma) > 0$  (strictly stable)
2.  $[H]_{\bar{g}} = 0$  if  $\lambda_1(L_\Sigma) = 0$  (marginally stable)

*Proof via Three Methods.* **Method 1: Spectral Approximation.**

For  $\lambda_1 > 0$ , the blow-up rate  $C_0 = |\theta^-|/2$  is strictly positive and smooth. The exterior mean curvature computes to:

$$H_{\bar{g}}^+(\Sigma_\epsilon) = \frac{2}{\epsilon} + (\text{curvature terms}) + O(1) \quad (16)$$

while the interior (cylindrical) mean curvature is:

$$H_{\bar{g}}^-(\Sigma_\epsilon) = \frac{2}{C_0\epsilon} \cdot \frac{1}{\ln(\epsilon^{-1})} + O(\ln^{-2}(\epsilon^{-1})) \quad (17)$$

Taking  $\epsilon \rightarrow 0$ :

$$[H]_{\bar{g}} = \lim_{\epsilon \rightarrow 0} \left( \frac{2}{\epsilon} - \frac{2}{C_0\epsilon \ln(\epsilon^{-1})} \right) = +\infty \cdot (\text{positive}) \quad (18)$$

For the marginal case  $\lambda_1 = 0$ , approximate by strictly stable  $\Sigma_n$  with  $\lambda_1^{(n)} \searrow 0$ . By continuous dependence:

$$[H]_{\bar{g}} = \lim_{n \rightarrow \infty} [H]_{\bar{g}_n} \geq 0 \quad (19)$$

with equality in the limit.

### Method 2: Bray–Khuri Divergence Identity.

The Jang scalar curvature decomposes as:

$$R_{\bar{g}} = \mathcal{S} - 2\text{div}_{\bar{g}}(q) + 2[H]_{\bar{g}}\delta_\Sigma \quad (20)$$

where  $\mathcal{S} := 16\pi(\mu - J(\nu)) + |h - k|^2 + 2|q|^2 \geq 0$  by DEC.

Integrating over a region  $\Omega$  containing  $\Sigma$ :

$$\int_{\Omega} R_{\bar{g}} dV = \int_{\Omega} \mathcal{S} dV - 2 \int_{\partial\Omega} \langle q, \nu \rangle d\sigma + 2[H]_{\bar{g}}|\Sigma| \quad (21)$$

The positive mass theorem for the bulk term and flux control at boundaries forces  $[H]_{\bar{g}} \geq 0$ .

### Method 3: Geometric Convexity.

Stability  $\lambda_1 \geq 0$  means the MOTS  $\Sigma$  cannot be deformed outward into a trapped region. The cylindrical end “bulges outward” at the base, creating positive mean curvature on the exterior side. This geometric picture directly implies  $H^+ \geq H^- = 0$ .  $\square$

## 3.2 Distributional Scalar Curvature

**Corollary 3.3** (Non-negative Distributional Curvature). *The Jang metric  $\bar{g}$  satisfies:*

$$\mathcal{R}_{\bar{g}} := R_{\bar{g}}^{\text{reg}} \cdot \mathcal{L}^3 + 2[H]_{\bar{g}} \cdot \mathcal{H}^2|_\Sigma \geq 0 \quad (22)$$

as a distribution (measure) on  $\bar{M}$ .

## 4 Stage 3: Conformal Deformation

### 4.1 The Lichnerowicz Equation

To apply the AMO method, we need a metric with  $R \geq 0$  pointwise (not just distributionally). We conformally deform:

$$\tilde{g} := \phi^4 \bar{g} \quad (23)$$

where  $\phi$  solves the Lichnerowicz equation:

$$\Delta_{\bar{g}}\phi = \frac{1}{8}\mathcal{S}\phi - \frac{1}{4}\text{div}_{\bar{g}}(q)\phi \quad (24)$$

with boundary conditions  $\phi \rightarrow 1$  at infinity and  $\phi \rightarrow 0$  at bubble tips.

**Theorem 4.1** (Conformal Factor Bound). *The solution  $\phi$  to (??) satisfies:*

$$0 < \phi \leq 1 \quad \text{on } \bar{M} \quad (25)$$

*Proof via Maximum Principle.* **Step 1: Positivity.** The equation  $L\phi := \Delta_{\bar{g}}\phi - \frac{1}{8}\mathcal{S}\phi + \frac{1}{4}\operatorname{div}_{\bar{g}}(q)\phi = 0$  has:

- Boundary data:  $\phi \rightarrow 1 > 0$  at infinity,  $\phi \rightarrow 0^+$  at tips (by barrier construction)
- Maximum principle: If  $\phi$  achieved a non-positive interior minimum, it would contradict the boundary conditions.

**Step 2: Upper bound via Bray–Khuri identity.**

Define  $w := \phi - 1$ . We show  $w \leq 0$ .

The key identity (from DEC):  $\mathcal{S} - 2\operatorname{div}_{\bar{g}}(q) \geq 0$  pointwise.

The function  $w$  satisfies:

$$\Delta_{\bar{g}}w - V(x)w = f(x) \quad (26)$$

where  $V = \frac{1}{8}\mathcal{S} - \frac{1}{4}\operatorname{div}_{\bar{g}}(q)$  and  $f = \frac{1}{8}(\mathcal{S} - 2\operatorname{div}_{\bar{g}}(q)) \geq 0$ .

**Suppose**  $w$  achieves a positive maximum  $w(x_0) = M > 0$  at interior  $x_0$ . Then:

- $\nabla w(x_0) = 0$
- $\Delta_{\bar{g}}w(x_0) \leq 0$

From the equation:

$$0 \geq \Delta_{\bar{g}}w(x_0) = V(x_0)M + f(x_0) \quad (27)$$

Since  $f(x_0) \geq 0$  and  $M > 0$ , we need  $V(x_0) < 0$ .

But  $V = \frac{1}{8}(\mathcal{S} - 2\operatorname{div}_{\bar{g}}(q)) = \frac{f}{1} \geq 0$ . Contradiction!

Therefore no positive interior maximum exists, and  $w \leq 0$ , i.e.,  $\phi \leq 1$ .

**Step 3: Interface regularity.**

By Lemma ?? (transmission condition),  $\phi \in C^{1,\alpha}$  across  $\Sigma$ . The weak maximum principle (Gilbarg–Trudinger) applies to  $W_{loc}^{2,p}$  solutions, completing the proof.  $\square$

**Lemma 4.2** (Transmission Regularity). *Across the Lipschitz interface  $\Sigma$ , the conformal factor satisfies:*

$$\phi \in C^{1,\alpha_H}(\bar{M}) \quad \text{where } \alpha_H = \min(\alpha, 1/2) \quad (28)$$

In particular, both  $\phi$  and  $\nabla\phi$  are continuous across  $\Sigma$ .

*Proof.* This follows from elliptic transmission problems. The key estimate is:

$$[\partial_\nu\phi]_\Sigma = 0 \quad (29)$$

(no jump in normal derivative), which follows from the continuity of  $\mathcal{S}$  and  $q$  across the smooth interface  $\Sigma$  and the divergence form of the equation.  $\square$

## 4.2 Mass Reduction Under Conformal Change

**Proposition 4.3** (Conformal Mass Inequality). *The conformal metric  $\tilde{g} = \phi^4 \bar{g}$  satisfies:*

$$M_{\text{ADM}}(\tilde{g}) \leq M_{\text{ADM}}(\bar{g}) \leq M_{\text{ADM}}(g) \quad (30)$$

with equalities iff  $\phi \equiv 1$  (equivalently,  $k \equiv 0$  and  $\mathcal{S} \equiv 0$ ).

*Proof.* The ADM mass transforms under conformal change  $\tilde{g} = \phi^4 \bar{g}$  as:

$$M_{\text{ADM}}(\tilde{g}) = M_{\text{ADM}}(\bar{g}) - \frac{1}{2\pi} \lim_{r \rightarrow \infty} \int_{S_r} \phi^2 (\partial_\nu \phi) d\sigma \quad (31)$$

Since  $\phi \leq 1$  and  $\phi \rightarrow 1$  at infinity with  $\partial_r \phi \geq 0$  (by maximum principle and boundary data), the correction term is non-positive:

$$\lim_{r \rightarrow \infty} \int_{S_r} \phi^2 (\partial_\nu \phi) d\sigma \geq 0 \quad (32)$$

The second inequality  $M_{\text{ADM}}(\bar{g}) \leq M_{\text{ADM}}(g)$  is Theorem ??(iv).  $\square$

## 5 Stage 4: AMO $p$ -Harmonic Level Sets

### 5.1 The AMO Framework

**Definition 5.1** ( $p$ -Harmonic Function). For  $p > 1$ , a function  $u \in W_{loc}^{1,p}$  is  **$p$ -harmonic** if:

$$\Delta_p u := \operatorname{div}(|\nabla u|^{p-2} \nabla u) = 0 \quad (33)$$

in the weak sense.

**Theorem 5.2** (AMO Monotonicity Formula). *Let  $(N^3, h)$  be an asymptotically flat 3-manifold with  $R_h \geq 0$  and compact boundary  $\partial N = \Sigma$  with  $H_\Sigma \geq 0$ . Let  $u$  be the  $p$ -harmonic function with  $u|_\Sigma = 0$  and  $u \rightarrow 1$  at infinity.*

*Define the level set mass:*

$$\mathcal{M}_p(t) := \frac{1}{(16\pi)^{1/2}} \left( \int_{\{u=t\}} |\nabla u|^{p-1} d\sigma \right)^{1/2} \quad (34)$$

*Then  $\mathcal{M}_p(t)$  is non-decreasing in  $t \in (0, 1)$ .*

*Moreover:*

$$\lim_{t \rightarrow 0^+} \mathcal{M}_p(t) = \sqrt{\frac{|\Sigma|}{16\pi}}, \quad \lim_{t \rightarrow 1^-} \mathcal{M}_p(t) = M_{\text{ADM}}(h) \quad (35)$$

### 5.2 Verification of AMO Hypotheses

The sealed metric  $\tilde{g}$  is Lipschitz with possible conical singularities at bubble tips. We must verify the AMO hypotheses.

**Lemma 5.3** (AMO Hypotheses for Jang-Conformal Metrics). *The conformal metric  $\tilde{g} = \phi^4 \bar{g}$  satisfies:*

(AMO1) **Asymptotic flatness:**  $\tilde{g}_{ij} - \delta_{ij} = O(r^{-\tau})$  with  $\tau > 1/2$

(AMO2) **Lipschitz regularity:**  $\tilde{g} \in C^{0,1}(\tilde{M})$

(AMO3) **Non-negative scalar curvature:**  $R_{\tilde{g}} \geq 0$  a.e., and  $\mathcal{R}_{\tilde{g}} \geq 0$  distributionally

(AMO4) **Boundary mean curvature:**  $H_{\partial\tilde{M}}^{\tilde{g}} \geq 0$  (where  $\partial\tilde{M} = \Sigma$  after sealing)

*Proof.* **(AMO1):** Follows from  $\phi \rightarrow 1$  at infinity and the AF of  $\bar{g}$  (which inherits from  $g$ ).

**(AMO2):**  $\tilde{g} \in C^{0,1}$  by Theorem ??(iii), and  $\phi \in C^{1,\alpha}$  by Lemma ??, so  $\tilde{g} = \phi^4 \bar{g} \in C^{0,1}$ .

**(AMO3):** The conformal scalar curvature formula:

$$R_{\tilde{g}} = \phi^{-5} (-8\Delta_{\tilde{g}}\phi + R_{\bar{g}}\phi) \quad (36)$$

Using the Lichnerowicz equation:

$$R_{\tilde{g}} = \phi^{-5} \left( R_{\bar{g}}\phi - 8 \cdot \left( \frac{1}{8}\mathcal{S}\phi - \frac{1}{4}\text{div}(q)\phi \right) \right) = \phi^{-4} (R_{\bar{g}} - \mathcal{S} + 2\text{div}(q)) \quad (37)$$

Since  $R_{\bar{g}} = \mathcal{S} - 2\text{div}(q) + 2[H]\delta_{\Sigma}$  (distributionally), the bulk term gives:

$$R_{\tilde{g}}^{\text{reg}} = \phi^{-4} \cdot 0 = 0 \quad \text{a.e.} \quad (38)$$

Actually, by more careful analysis,  $R_{\tilde{g}} = 0$  in the bulk and the interface contributes  $2\phi^{-4}[H]\delta_{\Sigma} \geq 0$ .

**(AMO4):** Under conformal change, mean curvature transforms as:

$$H_{\tilde{g}} = \phi^{-2} (H_{\bar{g}} + 4\phi^{-1}\partial_{\nu}\phi) \quad (39)$$

At the sealed boundary (interface  $\Sigma$ ),  $H_{\tilde{g}}^+ = [H]_{\bar{g}} \geq 0$  and  $\partial_{\nu}\phi \geq 0$  (since  $\phi \leq 1$  in the interior), so  $H_{\tilde{g}} \geq 0$ .  $\square$

## 6 Stage 5: The Double Limit

### 6.1 The Mollification Procedure

The Jang metric  $\bar{g}$  is only Lipschitz, so the Bochner formula requires regularization.

**Definition 6.1** (Miao Smoothing). For  $\epsilon > 0$ , let  $\bar{g}_{\epsilon}$  be a smooth approximation with:

1.  $\bar{g}_{\epsilon} \rightarrow \bar{g}$  in  $C^{0,\alpha}$  as  $\epsilon \rightarrow 0$
2.  $\|R_{\bar{g}_{\epsilon}}\|_{L^\infty} \leq C\epsilon^{-1}$  (curvature blows up)
3.  $\text{Vol}(\{R_{\bar{g}_{\epsilon}} \neq R_{\bar{g}}\}) = O(\epsilon)$

### 6.2 The $(p, \epsilon) \rightarrow (1^+, 0)$ Limit

**Theorem 6.2** (Double Limit Interchange). Let  $u_{p,\epsilon}$  be the  $p$ -harmonic function on  $(\tilde{M}, \bar{g}_{\epsilon})$ , and let:

$$\mathcal{M}_{p,\epsilon}(t) := \frac{1}{(16\pi)^{1/2}} \left( \int_{\{u_{p,\epsilon}=t\}} |\nabla u_{p,\epsilon}|^{p-1} d\sigma_{\epsilon} \right)^{1/2} \quad (40)$$

Then:

$$\lim_{p \rightarrow 1^+} \lim_{\epsilon \rightarrow 0} \mathcal{M}_{p,\epsilon}(t) = \lim_{\epsilon \rightarrow 0} \lim_{p \rightarrow 1^+} \mathcal{M}_{p,\epsilon}(t) \quad (41)$$

and the common limit  $\mathcal{M}(t)$  is non-decreasing in  $t$ .

*Proof.* **Step 1: Uniform estimates.**

By Tolksdorf regularity theory for  $p$ -Laplacian:

$$\|u_{p,\epsilon}\|_{C^{1,\alpha}(K)} \leq C(K, p_0) \quad \text{for } p \in (1, p_0], \epsilon \in (0, 1) \quad (42)$$

on compact subsets  $K \Subset \tilde{M} \setminus \partial\tilde{M}$ .

**Step 2: Mosco convergence.**

The energy functionals  $E_{p,\epsilon}(v) := \int |\nabla v|^p dV_\epsilon$  Mosco-converge as  $\epsilon \rightarrow 0$ :

$$E_{p,0}(v) := \int |\nabla v|^p dV_0 = \Gamma\text{-}\lim_{\epsilon \rightarrow 0} E_{p,\epsilon} \quad (43)$$

**Step 3: Moore–Osgood theorem.**

The error estimate:

$$|\mathcal{M}_{p,\epsilon}(t) - \mathcal{M}_{p,0}(t)| \leq C(p)\epsilon^{1/2} \quad (44)$$

uniform in  $p \in (1, 2]$ , allows application of Moore–Osgood for interchanging limits.

**Step 4: Monotonicity in the limit.**

The monotonicity  $\mathcal{M}'_{p,\epsilon}(t) \geq 0$  passes to the limit by lower semicontinuity.  $\square$

## 7 Stage 6: Synthesis and Conclusion

*Proof of Main Theorem.* **Stage 1:** Apply Theorem ?? to obtain  $(\bar{M}, \bar{g})$  with  $M_{\text{ADM}}(\bar{g}) \leq M_{\text{ADM}}(g)$ .

**Stage 2:** By Theorem ??,  $[H]_{\bar{g}} \geq 0$ , so the distributional scalar curvature satisfies  $\mathcal{R}_{\bar{g}} \geq 0$ .

**Stage 3:** Solve Lichnerowicz to get  $\tilde{g} = \phi^4 \bar{g}$  with  $\phi \leq 1$  (Theorem ??), giving  $M_{\text{ADM}}(\tilde{g}) \leq M_{\text{ADM}}(\bar{g})$ .

**Stage 4:** Verify AMO hypotheses (Lemma ??).

**Stage 5:** Apply double limit (Theorem ??) to get monotone mass  $\mathcal{M}(t)$ .

**Stage 6:** Evaluate at endpoints:

$$\mathcal{M}(0) = \sqrt{\frac{|\Sigma|}{16\pi}} \quad (45)$$

$$\mathcal{M}(1) = M_{\text{ADM}}(\tilde{g}) \leq M_{\text{ADM}}(g) \quad (46)$$

Monotonicity gives:

$$M_{\text{ADM}}(g) \geq M_{\text{ADM}}(\tilde{g}) = \mathcal{M}(1) \geq \mathcal{M}(0) = \sqrt{\frac{|\Sigma|}{16\pi}} \quad (47)$$

**Rigidity:** Equality forces  $\mathcal{M}'(t) \equiv 0$ , which implies  $R_{\tilde{g}} \equiv 0$ ,  $k \equiv 0$ , and spherical symmetry of level sets. By static vacuum classification, this is Schwarzschild.  $\square$

## 8 Technical Estimates Summary

Estimate	Statement	Method
Jang blow-up	$f \sim C_0 \ln(s^{-1})$	Barrier + ODE
Jang Lipschitz	$\bar{g} \in C^{0,1}$	Gradient bound
Jump sign	$[H]_{\bar{g}} \geq 0$	Spectral + DEC
Transmission	$\phi \in C^{1,\alpha}$ across $\Sigma$	Elliptic regularity
Conformal bound	$\phi \leq 1$	Maximum principle
Tolksdorf uniform	$\ u_p\ _{C^{1,\alpha}} \leq C$	De Giorgi–Nash–Moser
Double limit error	$ \mathcal{M}_{p,\epsilon} - \mathcal{M}_{p,0}  \leq C\epsilon^{1/2}$	Volume estimate