# Regularizations

**Shusen Wang** 

### The $\ell_2$ -Norm Regularization

### **Linear Regression**

**Input:** feature matrix  $\mathbf{X} \in \mathbb{R}^{n \times d}$  and labels  $\mathbf{y} \in \mathbb{R}^n$ .

**Output:** vector  $\mathbf{w} \in \mathbb{R}^d$  such that  $\mathbf{X}\mathbf{w} \approx \mathbf{y}$ .



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• Least squares regression:

$$\min_{\mathbf{w}} \frac{1}{n} ||\mathbf{X}\mathbf{w} - \mathbf{y}||_{2}^{2}.$$

• Ridge regression:

$$\min_{\mathbf{w}} \frac{1}{n} ||\mathbf{X}\mathbf{w} - \mathbf{y}||_{2}^{2} + \gamma ||\mathbf{w}||_{2}^{2}.$$





Loss Function

Regularization



### Ridge Regression:

**Algorithms** 

- Analytical solution:  $\mathbf{w}^* = (\mathbf{X}^T \mathbf{X} + n \gamma \mathbf{I}_d)^{-1} \mathbf{X}^T \mathbf{y}$ .
  - Time complexity:  $O(nd^2 + d^3)$ .

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- Analytical solution:  $\mathbf{w}^* = (\mathbf{X}^T \mathbf{X} + n \gamma \mathbf{I}_d)^{-1} \mathbf{X}^T \mathbf{y}$ .
  - Time complexity:  $O(nd^2 + d^3)$ .
- Derivations:
  - The objective function is  $Q(\mathbf{w}) = \frac{1}{n} ||\mathbf{X}\mathbf{w} \mathbf{y}||_2^2 + \gamma ||\mathbf{w}||_2^2$ .
  - The gradient is  $\nabla Q(\mathbf{w}) = \frac{2}{n} \mathbf{X}^T (\mathbf{X} \mathbf{w} \mathbf{y}) + 2\gamma \mathbf{w}$ .
  - Set  $\nabla Q(\mathbf{w}^*) = 0$  leads to  $\frac{2}{n} (\mathbf{X}^T \mathbf{X} + n \gamma \mathbf{I}_d) \mathbf{w}^* = \frac{2}{n} \mathbf{X}^T \mathbf{y}$ .
- Time complexity:
  - $O(nd^2)$  time for the multiplication  $\mathbf{X}^T\mathbf{X}$ .
  - $O(d^3)$  time for the inversion of the  $d \times d$  matrix  $\mathbf{X}^T \mathbf{X} + n \gamma \mathbf{I}_d$ .

### Ridge Regression:

**Algorithms** 

- Conjugate gradient (CG)
  - $O\left(\sqrt{\kappa}\log\frac{n}{\epsilon}\right)$  iterations to reach  $\epsilon$  precision.
  - Hessian matrix:  $\nabla^2 Q(\mathbf{w}) = \frac{2}{n} (\mathbf{X}^T \mathbf{X} + n \gamma \mathbf{I}_d)$ .
  - $\kappa = \frac{\lambda_{\max}(\mathbf{X}^T\mathbf{X}) + n\gamma}{\lambda_{\min}(\mathbf{X}^T\mathbf{X}) + n\gamma}$  is the condition number of the Hessian.

## Usefulness of Regularization

**Question:** Why do we use the  $\ell_2$ -norm regularization?

## Usefulness of Regularization

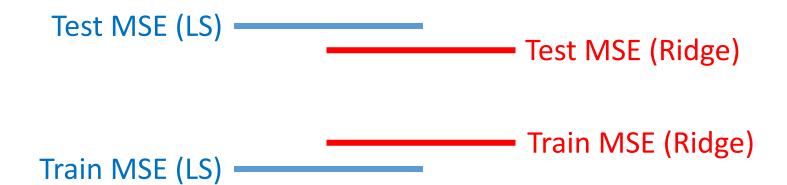
**Question:** Why do we use the  $\ell_2$ -norm regularization?

- Reason 1: easier to optimize.
  - Conjugate gradient (CG) requires  $O\left(\sqrt{\kappa}\log\frac{n}{\epsilon}\right)$  iterations to reach  $\epsilon$  precision.
  - Least squares:  $\kappa = \frac{\lambda_{\max}(\mathbf{X}^T\mathbf{X})}{\lambda_{\min}(\mathbf{X}^T\mathbf{X})}$ .
  - Ridge regression:  $\kappa = \frac{\lambda_{\max}(\mathbf{X}^T\mathbf{X}) + n\gamma}{\lambda_{\min}(\mathbf{X}^T\mathbf{X}) + n\gamma}$ .  $(\gamma \uparrow, \kappa \downarrow)$ .
  - $\Longrightarrow$  CG converges faster as  $\gamma$  increases.

### Usefulness of Regularization

**Question:** Why do we use the  $\ell_2$ -norm regularization?

- Reason 1: easier to optimize.
- Reason 2: better generalization.
  - Least squares has better training error (due to the optimality).
  - Ridge regression makes better prediction on test set (due to bias-variance decomposition).



### The $\ell_1$ -Norm Regularization



Fact 1: y can be independent of some of the d feature.

**Fact 2:** if  $d \gg n$ , linear models are likely to overfit.

$$\mathbf{x} \in \mathbb{R}^d \xrightarrow{\text{prediction}} y \in \mathbb{R}$$

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**Example:** Use genomic data to predict disease.

- d is huge: human have 20K protein-coding genes.
- n is small: tens or hundreds of human participants in an experiment.
- Most genes are irrelevant to a specific disease.

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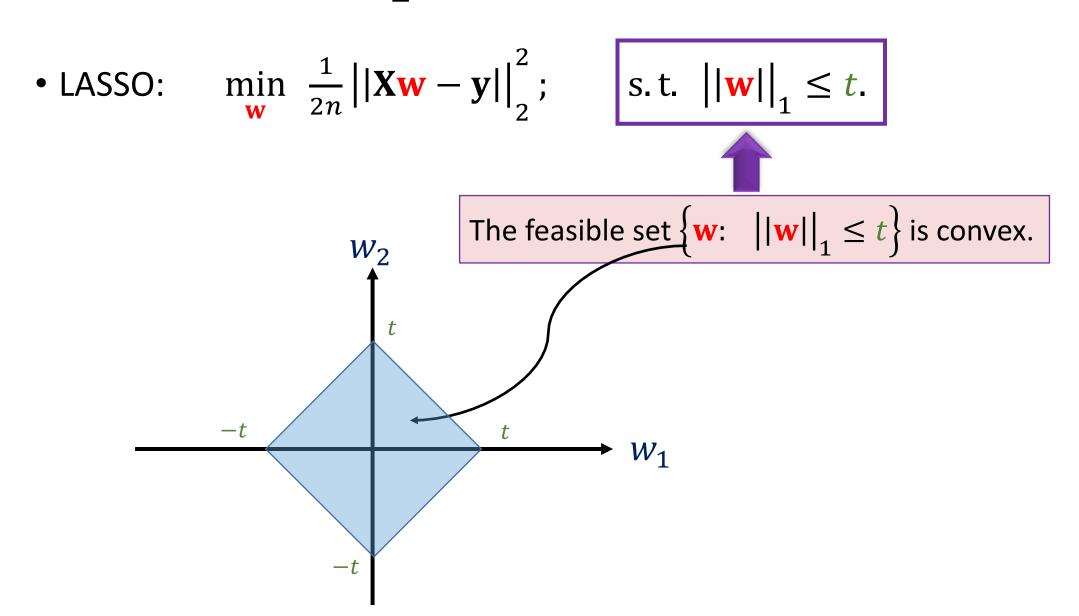
**Fact 2:** if  $d \gg n$ , linear models are likely to overfit.

**Goal 1:** Select the features relevant to y.

**Goal 2:** Prevent overfitting for large d, small n problems.

• LASSO:  $\min_{\mathbf{w}} \frac{1}{2n} ||\mathbf{X}\mathbf{w} - \mathbf{y}||_{2}^{2}$ ; s.t.  $||\mathbf{w}||_{1} \le t$ .

The feasible set  $\{\mathbf{w}: \ ||\mathbf{w}||_1 \le t\}$  is convex.



- LASSO:  $\min_{\mathbf{w}} \frac{1}{2n} ||\mathbf{X}\mathbf{w} \mathbf{y}||_{2}^{2}$ ; s.t.  $||\mathbf{w}||_{1} \le t$ .
  - It is a convex optimization model.
  - The optimal solution  $\mathbf{w}^*$  is **sparse** (i.e., most entries are zeros).
  - Smaller  $t \rightarrow$  sparser  $\mathbf{w}^*$ .

• LASSO: 
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; s.t.  $\left| |\mathbf{w}| \right|_{1} \le t$ .

- It is a convex optimization model.
- The optimal solution  $\mathbf{w}^*$  is **sparse** (i.e., most entries are zeros).
- Smaller  $t \rightarrow$  sparser  $\mathbf{w}^{\star}$ .
- - Let x' be a test feature vector.
  - The prediction is  $\mathbf{x}'^T \mathbf{w}^* = w_1^* x_1' + w_2^* x_2' + \dots + w_d^* x_d'$ .
  - If  $w_1^* = 0$ , then the prediction is independent of  $x_1'$ .

# The $\ell_1$ -Norm Regularization

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; s.t.  $||\mathbf{w}||_{1} \le t$ .

• Another form:  $\min_{\mathbf{w}} \frac{1}{2n} ||\mathbf{X}\mathbf{w} - \mathbf{y}||_2^2 + \gamma ||\mathbf{w}||_1$ .





**Loss Function** 

Regularization

## Summary

### Regularized ERM

Regularized empirical risk minimization:

$$\min_{\mathbf{w} \in \mathbb{R}^d} \quad \frac{1}{n} \sum_{i=1}^n L(\mathbf{w}; \mathbf{x}_i, y_i) + R(\mathbf{w}).$$

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**Loss Function** 

• Linear regression: 
$$L(\mathbf{w}; \mathbf{x}_i, y_i) = \frac{1}{2} (\mathbf{w}^T \mathbf{x}_i - y_i)^2$$

• Logistic regression: 
$$L(\mathbf{w}; \mathbf{x}_i, y_i) = \log(1 + \exp(-y_i \mathbf{w}^T \mathbf{x}_i))$$

• SVM: 
$$L(\mathbf{w}; \mathbf{x}_i, y_i) = \max\{0, 1 - y_i \mathbf{w}^T \mathbf{x}_i\}$$

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Regularization

• 
$$\ell_1$$
-norm:  $R(\mathbf{w}) = \gamma ||\mathbf{w}||_1$ 

• 
$$\ell_2$$
-norm:  $R(\mathbf{w}) = \gamma ||\mathbf{w}||_2^2$ 

• Elastic net: 
$$R(\mathbf{w}) = \gamma_1 ||\mathbf{w}||_1 + \gamma_2 ||\mathbf{w}||_2^2$$