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B Cells in T Follicular Helper Cell Development and Function: Separable Roles in Delivery of ICOS Ligand and Antigen

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B cells are required for follicular Th (Tfh) cell development, as is the ICOS ligand (ICOS-L); however, the separable contributions of Ag and ICOS-L delivery by cognate B cells to Tfh cell development and function are unknown. We find that Tfh cell and germinal center differentiation are dependent on cognate B cell display of ICOS-L, but only when Ag presentation by the latter is limiting, with the requirement for B cell expression of ICOS-L overcome by robust Ag delivery. These findings demonstrate that Ag-specific B cells provide different, yet compensatory, signals for Tfh cell differentiation, while reconciling conflicting data indicating a requirement for ICOS-L expression on cognate B cells for Tfh cell development with those demonstrating that the latter requirement could be bypassed in lieu of that tendered by noncognate B cells. Our findings clarify the separable roles of delivery of Ag and ICOS-L by cognate B cells for Tfh cell maturation and function, and have implications for using therapeutic ICOS blockade in settings of abundantly available Ag, such as in systemic autoimmunity. *The Journal of Immunology*, 2014, 192: 3166–3179.

erminal centers (GCs) develop within B cell follicles of secondary lymphoid organs in response to immunization with Ag. Follicular Th (Tfh) cells, a subset of CD4 Th cells that migrate into GCs, are necessary for B cell maturation into memory and long-lived plasma cells (1). Tfh cells provide signals to cognate B cells via CD40L, programmed cell death 1 (PD-1), and IL-21, among other stimuli, promoting B cell proliferation and affinity maturation within the GC (2–6). Tfh cells also secrete IL-4 and IFN-γ, promoting B cell isotype switching appropriate to the invading pathogen (3, 7–9).

The transcription factor B cell lymphoma 6 (Bcl6) is both necessary and sufficient for the development of Tfh cells leading to expression of transcripts important for their migration and function, whereas repressing activation of genes critical for development of other Th subsets (10–12). Initial upregulation of Bcl6 in T cells occurs within the T cell zone of secondary lymphoid organs (13–18) upon activation by dendritic cells (DCs) expressing ICOS ligand (ICOS-L; B7-H2, CD275) signaling via ICOS on nascent

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Abbreviations used in this article: B6, C57BL/6J; Bcl6, B cell lymphoma 6; CD19^{-/-}, CD19-deficient; CD19^{+/+}, CD19-intact; DC, dendritic cell; GC, germinal center; ICOS-L, ICOS ligand; ICOS-L^{-/-}, ICOS-L-deficient; MFI, mean fluorescent intensity; NP, (4-hydroxy-3-nitrophenyl)acetyl; PD-1, programmed cell death 1; PSGL-1, P-selectin glycoprotein ligand 1; RFP, red fluorescent protein; SLAM, signaling lymphocyte activation molecule; Tfh cell, follicular Th cell; WT, wild type.

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Tfh cells (13). Bcl6 protein expression can be detected in T cells as early as the first cell division, indicating that Tfh cell developmental potential starts concomitantly with T cell activation (17), with polarization between Bcl6⁺ Tfh cells and Blimp1⁺ (positive regulatory domain I-binding factor 1 [Prdm1]) effector T cell populations developing within the first 72 h after viral infection (13). After DC-driven activation, Bcl6-expressing nascent Tfh cells downregulate CCR7 and P-selectin glycoprotein ligand 1 (PSGL-1), facilitating their release from the chemokine ligands CCL19 and CCL21, and allowing for emigration out of the T cell zone (19–23) to sites of initial B cell contact in the interfollicular regions of the lymph node (15) and the T-B border of the spleen (24). Bcl6 upregulation also promotes expression of the chemokine receptor CXCR5, with the latter necessary for Tfh cell entry into the B cell follicle following a gradient of its ligand CXCL13 (21, 25).

Upon contact with B cells, developing Tfh cells receive additional signal(s) that are critical for their continued maturation, including maintenance of Bcl6 expression and progression to functional B cell helpers. For example, signaling lymphocyte associated molecule (SLAM)—associated protein (encoded by *Sh2d1a*), an intracellular adapter molecule that is important for signaling between SLAM family receptors on B and T lymphocytes, is necessary for formation of stable T-B cell conjugates, with proper Tfh cell development, GC formation, and T-dependent Ab responses (8, 26, 27).

ICOS-L expressed on activated B cells, in addition to its provision by DCs in the T cell zone, is critical for Tfh cell development and maintenance. Mice deficient in ICOS fail to develop GCs (28–31) and have decreased numbers of Tfh cells (32, 33), and blocking the function of ICOS-L on B cells by Abs or via conditional genetic deletion abrogates Tfh cell formation (13, 32, 34). Conversely, signaling via ICOS promotes expansion of this population (35), with its overexpression leading to an increase in Tfh cells and spontaneous GC development (36). ICOS signaling delivers a strong PI3K signal that is critical for the induction of

their key cytokines, IL-21 and IL-4 (37), with ICOS-driven IL-21 production mediated by the transcription factor c-Maf (38).

These data suggest a model of Tfh cell development initiated by DC provision of Ag and ICOS-L in T cell zones leading to Bcl6 expression and induction of a Tfh cell gene activation program, with the latter solidified by subsequent interaction with ICOS-Lbearing cognate B cells in interfollicular regions of lymph nodes or at the splenic T-B cell border. Yet, other data suggest complexities to this relatively straightforward model, with the demonstration that the role of B cells in Tfh cell development is not necessarily dependent on delivery of unique B cell signal, such as ICOS-L; rather, the former are positioned to provide an abundant source of Ag (39). More recent data have revealed a novel role for ICOS-L in Tfh cell development, with the finding that its expression on noncognate follicular B cells with signaling via ICOS to PI3K is necessary for optimal positioning of Ag-specific T cells for interaction with cognate B cells and subsequent Tfh cell and GC development (40); this study also indicated that the necessity of ICOS-L on B cells for Tfh cell migration is bypassed upon delivery of Ag by cognate B cells. Nonetheless, as outlined earlier, the latter are required for functional Tfh cells with GC formation, and these experiments and others to date have not separated the independent roles, if any, of B cell delivery of Ag and ICOS-L by cognate B cells in Ag-specific Tfh cell development, migration, and function. In this study, we provide a clarification of these roles, demonstrating that although cognate provision of Ag and ICOS-L by B cells is necessary for Tfh cell maturation and follicular migration with GC formation and generation of Ab, the latter signal is only operative in settings of limited Ag delivery by cognate B cells. These data clarify the separable roles of delivery of Ag and ICOS-L by cognate B cells for Tfh cell differentiation and subsequent function, and have implications for the role of therapeutic ICOS blockade in the setting of abundantly available Ag, such as in systemic autoimmune diseases.

Materials and Methods

Mice

Mice were housed in pathogen-free conditions at the Yale School of Medicine (New Haven, CT). C57BL/6J (B6), OT-II TCR transgenic (C57BL/6-Tg [TcraTcrb]425Cbn/J), CD19-deficient (CD19^{-/-}; B6.129P2(C)- $Cd19^{tm1(cre)Cgn}$ /J), Ig anti-hen egg lysozyme transgenic MD4, and ICOS-L^{-/-} (B6.129P2- $Icosl^{tm1Mak}$ /J) mice were purchased from The Jackson Laboratory. B1-8 mice were a gift from Klaus Rajewsky (41), with B1-8 animals deficient in ICOS-L^{-/-} bred in our colony. Animals were used at 6–8 wk of age, with approval for procedures given by the Institutional Animal Care and Use Committee of Yale University.

Cell transfers and immunizations

For cell transfers, a total of 0.5×10^6 CD4 OT-II TCR transgenic T cells along with 1×10^6 B1-8 Ig transgenic B cells were delivered to recipient mice via retro-orbital injection, unless otherwise stated. Mice were immunized with 100 µg (4-hydroxy-3-nitrophenyl) acetyl (NP)₁₅-OVA (Biosearch Technologies) precipitated in aluminum hydroxide (alum) i.p. 24 h posttransfer of cells. Seven days later, animals were sacrificed and spleens harvested, with division into portions for microscopy and flow cytometric analysis.

Flow cytometry and cell sorting

Tissues were homogenized by crushing between two frosted glass slides followed by straining through a 40- μ M nylon filter. Red cell lysis was followed by hypotonic disruption as described previously (22), and remaining cells were counted. Abs used for flow cytometric staining included CD4 (clone RM4-5), CD44 (clone IM7), PD-1 (clone J43), IgD (clone 11-26), IL-4 (clone 8D4-8; all from eBioscience); B220 (clone RA3-6B2), Thy1.1 (clone OX-7), CXCR5 (2G8), CD62L (clone MEL-14), GL-7 (clone GL7), FITC CD95 (clone Jo2), PE-Cy7 (all from BD Biosciences); and IL-21R-FC (R&D Systems). Anti-PSGL-1 (BD Biosciences) was directly conjugated to Alexa 647 as described previously

(23). Staining for CXCR5 was performed at room temperature (25°C) with 30-min incubation. Intracellular staining for cytokines was performed using BD Cytofix/Cytoperm kits following the manufacturer's protocol. Stained and rinsed cells were analyzed using an LSRII Multilaser Cytometer (BD Biosciences). For certain experiments (Fig. 4), CD4 T cells were enriched using a biotin-based magnetic separation kit (EasySep; Stemcell Technologies) before cell-surface staining, with specific populations sorted using a FACSAria (BD Bioscience). Biotin-based magnetic separation kits (EasySep) were used to isolate T and B cells for cell transfer studies.

Microscopy

Spleens were snap frozen in OCT tissue-freezing solution and stored at -80°C . Tissues were cut into 6- μm sections and processed as described previously (22). Sections were stained with GFP FITC (Rockland Immunochemicals), CD4 (clone RM4-5) FITC (eBioscience), IgD (clone 11-26) Alexa 647 (eBioscience), PNA biotin (Vector Laboratories), and rabbit IgG anti-FITC 488 and Alexa 555 (both from Invitrogen). Images were obtained from a laser-scanning confocal microscope (model 510 META; Carl Zeiss) at $\times 25$ magnification. ImageJ software from the National Institutes of Health was used for the measurement of GC and B cell follicle size, as well as for T cell counting.

Quantitative PCR

Sorted cell populations were processed for RNA isolation and conversion into cDNA, as described previously (23). An MX4005P Thermal Cycler and Brilliant SYBER Green Master Mix (both from Stratagene) were used for quantitative PCR using the following primers: *Bcl6*, 5'-CACACTC-GAATTCACTCTG-3' (forward) and 5'-TATTGCACCTTGGTGTTTGG-3' (reverse); *Hprt* (Superarray; Qiagen). *Bcl6* expression was normalized to the *Hprt* control.

ELISA

For assessment of anti-NP Abs, sera were collected by cardiac puncture 7–14 d after immunization of mice with NP $_{15}$ -OVA in alum. Plates were coated with NP $_{6}$ -CGG or NP $_{28}$ -CGG (Biosearch Technologies), and anti-NP IgM and IgG Abs were detected using HRP-conjugated goat and anti-mouse IgM or IgG1 Abs (Southern Biotechnology Associates). Standard curves were created using sera from B6 mice immunized with NP-OVA $_{15}$ and used to convert OD values into units using Prism4 (GraphPad Software).

Statistics

Data were analyzed using the Student t test with Prism4. The number of asterisks represents the degree of significance with respect to p value, with the exact value presented within each figure legend.

Results

Expansion of Tfh cells after immunization is B cell dependent

Tfh cells fail to develop in RAG- or B cell-deficient µMT mice (21, 23, 32); however, the absence of mature B cells in the periphery of these animals disrupts secondary lymphoid architecture and hinders CD4 T cell localization (42). To examine Tfh cell generation in the absence of B cell help in anatomically intact mice, we used as recipients of adoptive transfers CD19^{-/-} animals (21). Although CD19 is crucial for B cell activation by T-dependent Ags, it is not required for B cell development and normal splenic architecture (43, 44). We adoptively transferred congenically mismatched Thy1.1 $^+$ OT-II OVA-specific TCR transgenic CD4 T cells into CD19 $^{-/-}$ or, as controls, wild type (WT) CD19-intact (CD19+/+) B6 recipients followed by i.p. challenge with NP-OVA in alum and analysis 7 d later. Ag-specific Thy1.1+ CD4⁺ cells transferred into CD19^{-/-} and WT CD19^{+/+} mice expanded equivalently (Fig. 1A); however, T cells transferred into the CD19^{-/-} group failed to upregulate the Tfh cell markers CXCR5 and PD-1 (Fig. 1B), and had greatly diminished expression of Bcl6 protein and Bcl6 mRNA compared with T cells transferred into intact recipients, albeit with amounts higher than in unimmunized controls (Fig. 1C and data not shown). T cell expansion and residual Bcl6 mRNA and Bcl6 protein upregulation after transfer to CD19^{-/-} mice were presumably secondary to

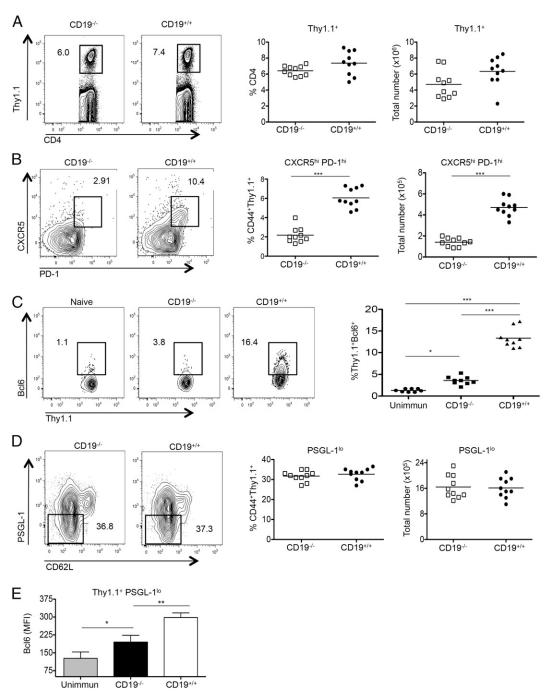


FIGURE 1. CD19^{+/+} B cells are required for Tfh cell development. CD19^{-/-} (n = 10) or CD19^{+/+} (n = 10) mice received CD4⁺ Thy1.1⁺ OT-II TCR transgenic T cells, with spleens of recipients harvested 7 d after immunization with NP-OVA. (**A**) Representative flow cytometry plots of splenic cells showing the percentages of transferred Thy1.1 cells among total CD4 T cells (*left two panels*). The graphs (*right two panels*) show percentages and absolute numbers of CD4⁺ Thy1.1⁺ T cells after transfer to CD19^{-/-} or CD19^{+/+} recipients. (**B**) Representative flow cytometry plots of splenic cells from CD19^{-/-} or CD19^{+/+} recipients, as gated on CD4⁺ Thy1.1⁺ CD44⁺ CXCR5^{hi} PD-1^{hi} T cells (*left two panels*). *Graphs on the right* show the percentages and total numbers of such cells. (**C**) Bcl6 expression in the transferred CD4⁺Thy1.1⁺ OT-II cells recovered from CD19^{-/-}, CD19^{+/+}, or unimmunized recipients (*left three panels*). *Graph on the right* shows the MFI of Bcl6 expression among the transferred CD4⁺ Thy1.1⁺ OT-II cells. (**D**) Representative PSGL-1 expression in the transferred CD4⁺ Thy1.1⁺ OT-II cells recovered from CD19^{-/-} or CD19^{+/+} recipients (*left two panels*), with the percentages and numbers of these cells also shown (*right two graphs*). (**E**) MFI of PSGL-1 expression among the transferred CD4⁺ Thy1.1⁺ OT-II cells, including into unimmunized recipients. All experiments were performed three times with $n \ge 5$ mice per group. Error bars represent SD. ***p < 0.001, **p < 0.003, *p < 0.02 by Student t test comparing cells transferred into CD19^{-/-} or CD19^{+/+} mice. Unimmun, unimmunized recipients.

Ag-specific signals delivered by DCs (13–15, 17, 23, 45). Down-regulation of the T zone retention ligand PSGL-1 occurred on T cells transferred into both CD19 $^{-/-}$ and WT recipients (Fig. 1D), with the transferred cells that became PSGL-1 lo in both groups expressing more Bcl6 than cells adoptively transferred to unimmunized controls (Fig. 1E; mean fluorescent intensity [MFI] 216 \pm

28.94 versus 140 \pm 19.2, respectively). Thus, in the absence of CD19 signaling in B cells, the Tfh cell developmental program is initiated by DCs with upregulation of *Bcl6* mRNA and protein, and downregulation of PSGL-1; however, CD19-bearing B cells are essential for upregulation of CXCR5 and PD-1, and for maximal induction of Bcl6 in Ag-specific Tfh cells.

Ag-specific B cells are necessary for Ag-specific Tfh cell development and function

To dissect the factors that B cells use to foster Tfh cell differentiation, we first examined the requirement for their Ag specificity. In this study, we set up a dual T and B cell cotransfer system. transferring Thy1.1+ OT-II OVA-specific TCR transgenic CD4 T cells and either NP-specific B cells from B1-8 Ig transgenic mice (41) or polyclonal B cells from WT B6 mice into CD19^{-/-} or CD19^{+/+} hosts, followed by i.p. immunization of recipients with NP-OVA in alum. The B1-8 gene, when paired with endogenous Vλ1 chains, is specific for the hapten NP; ~2% of B cells in such animals bind NP (46). Tfh cell development among the transferred Thy1.1+ OT-II TCR transgenic cells was assessed 7 d later. Transfer of NP-specific B cells to CD19^{-/-} mice restored CXCR5 and PD-1 upregulation on transferred OVA-specific T cells to a degree equivalent to that observed with transfer into CD19^{+/+} mice (Fig. 2A; 9.6 versus 9.4%, respectively). In contrast, cotransfer of polyclonal B cells failed to significantly induce CXCR5 and PD-1 expression on the transferred CD4 T cells (Fig. 2A), a result most likely because of the decreased precursor frequency of NP-specific B cells present in the 1×10^6 transferred polyclonal B cells (47). These data indicate that Ag-specific T-B interactions are essential for the upregulation of the Tfh cell-surface markers CXCR5 and PD-1.

We next examined Bcl6 mRNA and its protein expression in activated OVA-specific T cells with cotransfer of Ag-specific B1-8 or polyclonal B cells. Expression of the mRNA was increased 5-fold in T cells transferred alongside NP-specific B cells relative to the groups receiving polyclonal B cells or T cells alone (Fig. 2B, compare the second, third, and fourth bars) with transfer of NPspecific B cells to CD19+/+ recipients further enhancing Bcl6 upregulation (Fig. 2B; compare the fifth with the sixth bars). Cotransfer of NP-specific B cells to CD19^{-/-} mice restored normal expansion of Tfh cells in the transferred population, with expression of Bcl6 protein and PD-1 equivalent to that seen after transfer to CD19+/+ recipients, whereas cotransfer with polyclonal B cells did not result in an increase in either compared with transfer of T cells alone (Fig. 2C-E). By contrast, the presence or absence of NP-specific B cells had no effect on the downregulation of PSGL-1 on the transferred Ag-specific T cells (Fig. 2F), underscoring the observation (Fig. 1D) that initial downregulation of this glycoprotein is independent of T cell interactions with B cells, and precedes induction of CXCR5 and PD-1. Because of the lack of CXCR5 or PD-1 expression on T cells transferred alone or with polyclonal B cells to CD19 $^{-/-}$ animals in these cotransfers (Fig. 2A, 2C, 2D), we determined Bcl6 expression in the total Thy1.1⁺ PSGL-1¹⁰ populations to ensure that we did not bias our analysis of Bcl6-expressing cells by selecting T cells that only upregulated PD-1 and CXCR5.

We considered two possible causes for the failure of Tfh cell differentiation upon cotransfer of TCR transgenic T cells with polyclonal compared with the robust differentiation observed with NP-specific B cells: 1) that the former polyclonal cells were insufficiently activated after NP-OVA challenge, or 2) that they contained a relative lack of Ag-specific B cells compared with the NP-specific transfers. To address the first possibility, we immunized HEL-specific (MD4) (48) or NP-specific B1-8 Ig transgenic mice with either HEL or NP-OVA in alum, respectively, to activate B cells. Forty-eight hours postimmunization, MD4 and B1-8 B cells were equivalently activated as assessed by upregulation of class II MHC and CD86 (Fig. 3A). ICOS-L was also robustly expressed on both populations, in a manner analogous to that seen on WT B cells after their activation (Fig. 3B, compare ICOS-L expression on IgD+ and IgD- B cells with that on ICOS-L-deficient animals; ICOS-L is also expressed on IgD+ B cells from

CD19^{-/-} mice as expected, given its constitutive expression on naive B cells) (49). We then transferred purified B cells from these mice together with Thy1.1+ OT-II CD4 T cells into either CD19^{-/-} or CD19^{+/+} recipients. Activated B1-8 B cells induced upregulation of CXCR5 and PD-1 on cotransferred OT-II T cells roughly equivalently in both CD19^{-/-} and CD19^{+/+} recipients, whereas transfer of activated MD4 HEL-transgenic B cells failed to induce this Tfh cell phenotype (Fig. 4A). Likewise, cotransfer of activated ICOS-L-bearing, HEL-specific B cells neither induced Bcl6 protein expression in transferred T cells nor enhanced numbers of Bcl6⁺ PD-1^{hi} OVA-specific T cells (Fig. 4B). Hence, the presence of activated B cells alone is not sufficient to drive Agspecific Tfh cell differentiation; rather, activated B cells also need to engage T cells in an Ag-dependent manner (39). To determine whether the OVA-specific Tfh cells that developed after cotransfer with B cells were functional, we assessed GC development in recipient mice 7 d after transfer and NP-OVA immunization. The percentage of B220+ IgD - CD95hiGL-7hi GC B cells was equivalent between CD19^{-/-} and CD19^{+/+} recipients that received OT-II TCR transgenic T cells along with NP-specific B cells (Fig. 4C, 7.8 ± 1.7 versus $7.3 \pm 1.3\%$, respectively). At this time point, IgM and IgG1 NP-specific Abs are generated by both extrafollicular plasmablasts and GC-derived plasma cells that are dependent on help provided by Bcl6⁺ T cells (45). Serum titers of both anti-NP IgM and IgG1 Abs were roughly equivalent between immunized CD19^{-/-} and CD19^{+/+} mice that had received activated B1-8 B cells, whereas animals that were recipients of HEL-specific MD4 Ig transgenic cells had impaired Ab production in concert with their GC defects (Fig. 4D). Thus, cognate Ag presentation by B cells, not simply their activation, is essential for both full maturation and function of Ag-specific Tfh cells.

The requirement for B cell ICOS-L for Ag-specific Tfh cell development and function can be circumvented in the presence of activated Ag-specific B cells

Although B cell Ag presentation is typically required for the generation of Tfh cells, this does not seem to result from the provision of a unique B cell-derived signal; rather, it appears to be a consequence of responding B cells that rapidly become the primary source of presented Ag (39). Indeed, Tfh cells can initially develop in the absence of Ag-presenting B cells when abundant Ag is presented by DCs (13, 39). Signaling via ICOS-L on DCs is necessary for the initiation of Tfh cell development and initial Bcl6 upregulation, whereas its expression on B cells seems to provide signals important for maintenance of Bcl6 levels and Tfh cell numbers and continued development (13, 34). Its expression on noncognate follicular B cells is also necessary for optimal positioning of Ag-specific T cells for interaction with cognate B cells and subsequent Tfh cell and GC development (40). However, the separable relationship between provision of Ag and ICOS costimulation from cognate B cells in Ag-specific Tfh cell development is unclear.

To address this question, we devised a system to discern the effects of B cell contribution of Ag presentation, costimulation, or both. We intercrossed NP-specific B1-8 with ICOS-L-deficient (ICOS-L^{-/-}) mice (50) yielding Ag-specific B cells deficient in ICOS-L (NP-ICOS-L^{-/-}) that upon Ag stimulation upregulated class II MHC and CD86 equivalently to ICOS-L-intact cells (Fig. 3). Because we had shown that robust Tfh cell development and function was dependent on the presence of Ag-specific B cells (Fig. 4A–C), cotransferring NP-ICOS-L^{-/-} B cells with T cells allowed us to examine the specific role of ICOS-L in Tfh development. ICOS-L-intact or –deficient NP-specific B cells were cotransferred with OT-II TCR transgenic CD4 T cells into WT CD19^{+/+} or CD19^{-/-} mice followed by immunization with NP-OVA with analysis 7 d later.

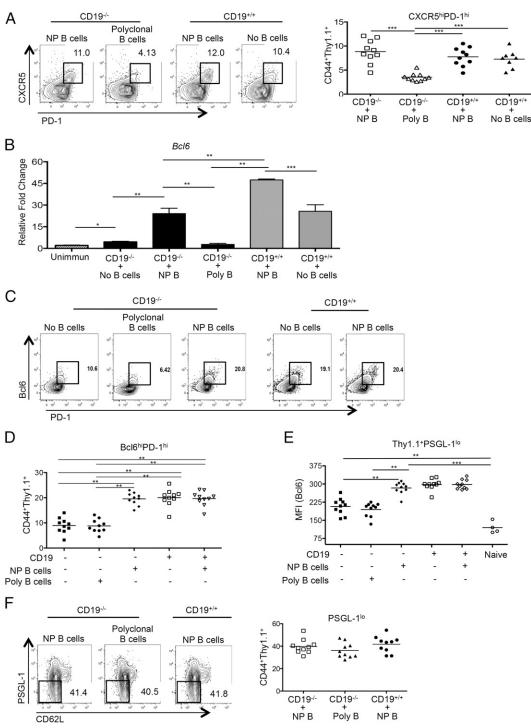


FIGURE 2. Ag-specific B cells are required for Ag-specific Tfh cell development. CD19^{-/-} or CD19^{+/+} mice received CD4⁺ Thy1.1⁺ OT-II cells and NP-specific (n = 10), polyclonal B cells (n = 10), or no B cells (n = 10), with spleens of recipients harvested 7 d after immunization with NP-OVA. (**A**) Representative flow cytometry plots of splenic cells from CD19^{-/-} or CD19^{+/+} recipients, as gated on CD4⁺ Thy1.1⁺ CD44⁺ CXCR5^{hi} PD-1^{hi} T cells (*left three panels*), with the *graph on the right* showing the percentages of such cells among the transferred populations. (**B**) cDNA was synthesized from sorted CD4⁺ Thy1.1⁺ OT-II T cells from CD19^{-/-} or CD19^{+/+} mice that received cotransfers of NP-specific or polyclonal B and CD4⁺ Thy1.1⁺ OT-II T cells. Quantitative PCR for *Bcl6* was compared with that of *Hprt*. cDNA from sorted naive CD4⁺ Thy1.1⁺ OT-II T cells (CD4⁺CD44^{lo}) served as a control. (**C** and **D**) Representative Bcl6 and PD-1 expression on the transferred CD4⁺ T cells, including those transferred without B cells, in conjunction with numbers of such cells. (**E**) Bcl6 MFI from transferred CD4⁺ Thy1.1⁺ OT-II PSGL-1^{lo} T cell populations. (**F**) Representative flow cytometry plots of splenic cells from CD19^{-/-} or CD19^{+/+} recipients, as gated on CD4⁺Thy1.1⁺CD44⁺ PSGL-1^{lo} T cells (*left three panels*), with the *graph on the right* showing the percentages of such cells. Experiments were performed three times with $n \ge 3$ per group. Error bars represent SD. ***p < 0.001, **p < 0.003, *p < 0.02 by Student t test comparing cells transferred into CD19^{-/-} or CD19^{+/+} mice. Poly, polyclonal B cells.

OVA-specific T cells upregulated CXCR5 and PD-1, and had equivalent Bcl6 protein expression and IL-21 and IL-4 production,

whether they were cotransferred with ICOS-sufficient or -deficient cognate B1-8 B cells (Fig. 5A–5C, respectively).

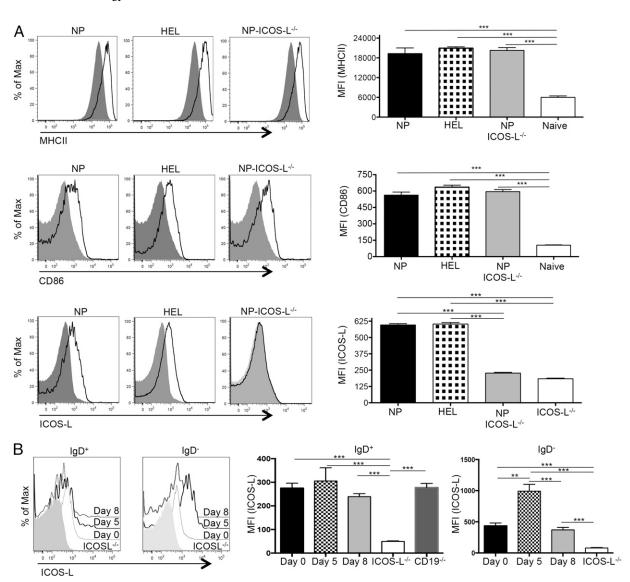


FIGURE 3. Expression of surface proteins on adoptively transferred B cells. (**A**) Expression of class II MHC, CD86, and ICOS-L on NP-specific ICOS-L $^{+/+}$ (n = 7), NP-ICOS-L $^{-/-}$ (n = 7), and HEL-specific MD4 B cells (n = 7) (solid black line) compared with expression of these proteins on naive B cells (gray shaded area; left), with the MFI expression of these markers from each group of mice graphically displayed (right). (**B**) Expression of ICOS-L on transferred B cells before (day 0), and at days 5 and 8 after, immunization with NP-OVA (shaded histogram), with its MFI expression graphically displayed (right). ***p < 0.001, ** p < 0.003.

We next asked whether the OVA-specific Tfh cells that developed after cotransfer with ICOS-L-intact or -deficient NP-specific B cells promoted similar GC responses 7 d after transfer and NP-OVA immunization. The percentage of splenic B220⁺ IgD⁻ CD95^{hi} GL-7^{hi} GC B cells was equivalent between recipients that received ICOS-L-intact or -deficient B cells (Fig. 5D; 7.7 ± 2.1 versus 7.4 ± 1.8%, respectively). Serum titers of both anti-NP IgM and class-switched IgG1 Abs were also roughly equivalent among immunized CD19^{-/-} and CD19^{+/+} mice that had received ICOS-L-intact or -deficient NP-specific B cells (Fig. 5E). Thus, cognate Ag presentation by B cells can bypass the requirement for ICOS signaling for both maturation and function of Ag-specific Tfh cells, the latter measured by GC formation and initiation of isotype switching.

We next assessed the ability of T cells to migrate into the B cell follicle and function in GC responses in the presence or absence of ICOS-L signaling delivered by Ag-specific B cells. HEL- or NP-specific ICOS-L^{+/+} or NP-specific ICOS-L^{-/-} B cells were cotransferred with OT-II red fluorescent protein (RFP)–expressing

CD4 T cells (51) into CD19^{-/-} hosts, with an additional group of recipients receiving only T cells, followed by immunization with NP-OVA in alum and sacrifice 7 d later. Donor RFP⁺ T cells were present in both the B cell follicle and GCs of CD19^{-/-} mice that received NP-specific ICOS-L^{+/+} or NP-specific ICOS-L^{-/-} B cells, as in CD19^{+/+} mice (Fig. 6A, 6B). Moreover, CD19^{-/-} recipients that received ICOS-L-sufficient or -deficient donor B1-8 B cells developed similar numbers of GC B cells and anti-NP Ab responses. By contrast, we found more Ag-specific RFP⁺ T cells outside of the follicle in CD19^{-/-} mice that received HEL B cells, or T cells alone, with poor GC development. As expected, control animals that received T cells alone failed to generate either GC B cells or Ab responses.

Because Tfh cells are essential for GC maintenance and B cell affinity maturation, with their upregulation of Bcl6, we also examined the peak of the primary response, assessing the GC phenotype 14 d postimmunization. Consistent with our day 7 results, CD19^{-/-} mice that received adoptively transferred activated HEL B cells, or T cells alone, failed to robustly generate GC B cells,

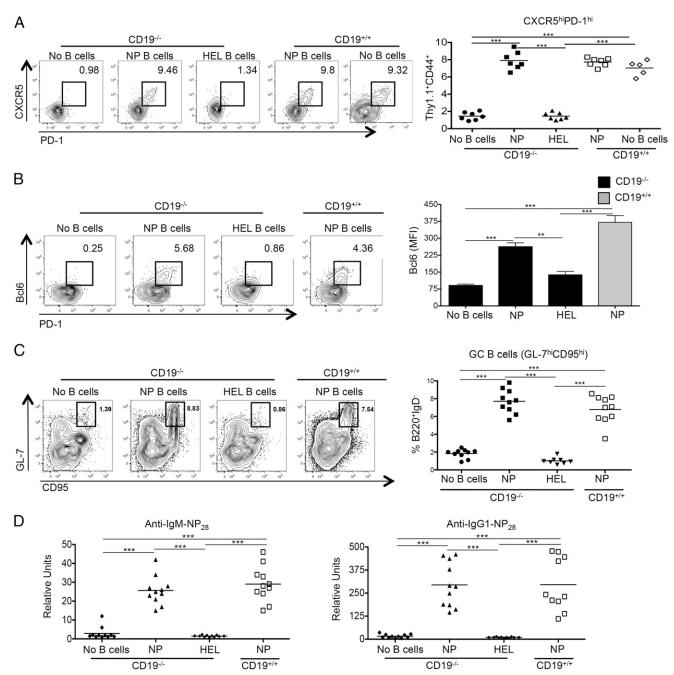


FIGURE 4. Ag-specific B cells are required for development of functional Tfh cells. CD19^{-/-} or CD19^{+/+} mice received CD4 Thy1.1⁺ OT-II cells alone ($n \ge 5$), or with NP-specific (n = 7) or HEL-specific MD4 B cells (n = 7), with spleens of recipients harvested 7 d after immunization with NP-OVA and sera collected. (**A**) Representative flow cytometry plots of CD4⁺ Thy1.1⁺ CD44⁺ CXCR5^{hi} PD-1^{hi} T cells from the recipients, with the *graph on the right* showing the percentages of such cells among the transferred population. (**B**) Representative Bcl6 and PD-1 expression in the transferred CD4⁺ T cells, including cells transferred without B cells (*left four panels*), in conjunction with Bcl6 expression (*right panel*). (**C**) Representative flow cytometry plots of B220⁺ IgD⁻ GL-7^{hi} CD95^{hi} GC B cells taken from the recipients, with the percentages of such cells among B220⁺ IgD⁻ cells shown on the *graph on the right*. (**D**) IgM (*left*) and IgG (*right*) anti-NP28 Ab levels in the recipients. Experiments were performed three times with $n \ge 3$ per group. Error bars represent SD. ***p < 0.001, **p < 0.003 by Student *t* test comparing cells transferred into CD19^{-/-} or CD19^{+/+} mice.

with their B220⁺IgD⁻ B cells also not significantly upregulating Bcl6 (Fig. 7A, 7B). By contrast, CD19^{-/-} mice that received NP-specific ICOS-L^{+/+} or ICOS-L^{-/-} B cells developed substantial numbers of GC B cells, with B220⁺IgD⁻ B cells having enhanced Bcl6 expression similar to that seen in WT mice. CD19^{+/+} mice had slightly more such cells, presumably a consequence of maturation of endogenous B cell populations. In addition, sera collected from CD19^{-/-} mice that received NP-specific ICOS-L^{+/+} or ICOS-L^{-/-} B cells had significantly increased levels of both high- (NP₆) and low-affinity (NP₂₈) NP-specific Ab levels com-

pared with mice receiving HEL B cells or mice that did not receive B cell transfers (Fig. 7C).

Taken together, these data indicate that Ag presentation by activated cognate B cells is necessary to promote Ag-specific T cell migration into the B cell follicle with associated GC development and Ig affinity maturation, a phenotype consistent with the deficiency in T cell–specific CXCR5, PD-1, and Bcl6 upregulation in the absence of Ag-specific B cells (Figs. 3, 4). They also demonstrate that in the context of robust Ag presentation by activated B cells, the latter's requirement for ICOS-L expression in Ag-

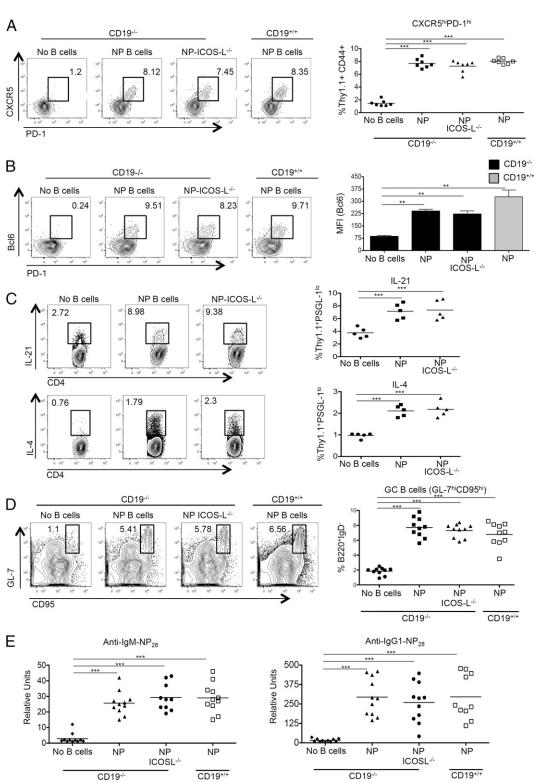


FIGURE 5. ICOS-L on Ag-specific B cells is dispensable for Ag-specific Tfh formation and function. CD19^{-/-} or CD19^{+/+} mice received CD4 Thy1.1⁺ OT-II cells alone (n = 7-10), or with ICOS-L^{+/+} NP-specific (n = 7-10) or ICOS-L^{-/-} NP-specific B cells (n = 7-10), with spleens of recipients harvested 7 d after immunization with NP-OVA and sera collected. (**A**) Representative flow cytometry plots of CD4⁺ Thy1.1⁺ CD44⁺ CXCR5^{hi} PD-1^{hi} T cells from the recipients, with the *graph on the right* showing the percentages of such cells among the transferred population. (**B**) Representative Bcl6 and PD-1 expression in the transferred CD4⁺ T cells, including cells transferred without B cells (*left four panels*), in conjunction with Bcl6 expression in the Thy1.1⁺ PSGL-1^{lo} population in the various recipients (*right panel*). (**C**) Representative flow cytometry plots of IL-21 and IL-4 expression (*top three* and *bottom three panels*, respectively) in the CD4⁺ Thy1.1⁺ CD44⁺ CXCR5^{hi} PD-1^{hi} T cells from the various recipients, with aggregate totals of cytokine-positive cells from the Thy1.1⁺ PSGL-1^{lo} population (*right panels*, n = 5 in each group). (**D**) Representative flow cytometry plots of B220⁺ IgD⁻ GL-7^{hi} CD95^{hi} GC B cells taken from the recipients, with the percentages of such cells among B220⁺ IgD⁻ cells shown on the *graph on the right*. (**E**) IgM (*left*) and IgG (*right*) anti-NP₂₈ Ab levels in the recipients. Experiments were performed three times with $n \ge 3$ per group. Error bars represent SD. ***p < 0.001, **p < 0.003 by Student t test comparing cells transferred into CD19^{-/-} or CD19^{+/+} mice.

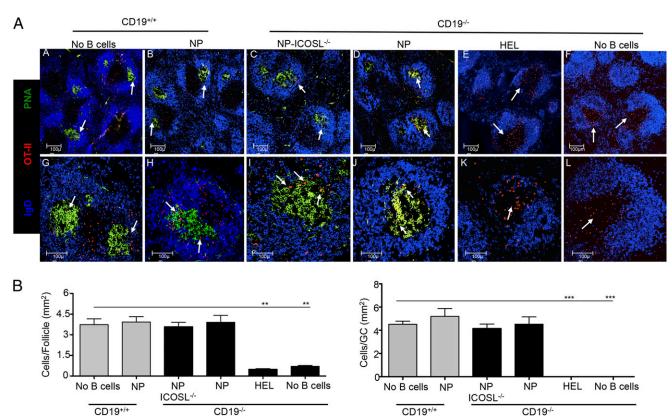


FIGURE 6. Ag-specific B cells are required for follicular migration of Ag-specific T cells. $CD19^{-/-}$ or $CD19^{+/+}$ mice received RFP+ $CD4^+$ Thy1.1+ OT-II cells alone (n = 5), or with NP-specific (n = 5), NP-specific ICOS-L^{-/-} (n = 5), or HEL-specific MD4 B cells (n = 5), with spleens of recipients harvested 7 d after immunization with NP-OVA followed by staining for confocal microscopy. **(A)** Representative follicles (original magnification ×10) stained with anti-IgD (blue) or PNA (green), along with transferred RFP+ OT-II T cells (red) [(A-F) top panels] or representative follicles, with the same stains, shown at higher magnification $[(G-L) bottom panels, \times 25 \text{ objective}]$. Scale bars, 100 μ m. (B) T cells localized within follicles (left) and GCs (right) were manually counted (blinded) using ImageJ software, with numbers of T cells per square millimeter of follicle and GCs determined, using all the follicles and GCs examined. Gray and black bars represent CD19+/+ and CD19-/- recipients, respectively. **p < 0.03, ***p = 0.01.

specific Tfh cell development, migration, and proper function can be circumvented.

ICOS-L on B cells is required for Tfh cell development and GC responses when Ag-presenting B cells are limited

We next addressed the possibility that the transfer of a B cell population highly enriched for Ag-specific cells could overcome the requirement for their provision of ICOS-L in Tfh cell development. Hence, we transferred decreasing numbers (1 \times 10⁶, 0.5 \times 10^6 , 0.25×10^6 , and 0.12×10^6) of NP-specific B cells sufficient or deficient in ICOS-L, together with a fixed number of OT-II CD4 T cells into CD19^{-/-} mice, followed by immunization with NP-OVA in alum. Seven days later, spleens were harvested and analyzed for Tfh and GC B cells. Upon limiting the transfer of NP-specific B cells, we observed a decline in the development of Ag-specific CXCR5^{hi}PD-1^{hi} OT-II Tfh cells that was proportional to the number of transferred B cells, with this decline significantly accentuated in the absence of ICOS-L on the transferred Agspecific B cells; for example, compare the numbers of OVAspecific Tfh cells that developed in mice receiving 0.5×10^6 and 0.25×10^6 transferred ICOS-intact versus -deficient NPspecific B cells (Fig. 8A). A 50% decrease in the number of transferred NP-ICOS-L^{-/-} B cells led to an ~50% reduction in the development of OT-II Tfh cells with a like reduction in their Bcl6 expression (Fig. 8A, 8C, 8D). The significant reduction in percentage of Tfh cells that developed in concert with transfer of ICOS-L^{-/-} compared with ICOS-L^{+/+} NP-specific B cells indicates that when T cells are not in the presence of an excess of Agspecific B cells, costimulation from ICOS-L on B cells becomes essential for efficient OVA-specific Tfh cell differentiation.

We also analyzed GC B cell development after cotransfer of a range of ICOS^{+/+} and ICOS-L^{-/-} NP B cells. As we observed for Tfh cell development, GC B cell formation was hindered as the numbers of Ag-specific B cells in cotransfers were limited, in parallel with demonstration of a requirement for ICOS-L on B cells (Fig. 8B, 8E). Our data shown earlier demonstrated that the NP-ICOS-L^{-/-} B cells do not have an intrinsic defect in GC B cell development or function (Figs. 6, 7); thus, the diminished GC response observed in the absence of ICOS-L on B cells when Ag-specific B cells are limited is likely due to defective Tfh cell differentiation. Hence, when fewer Ag-specific B cells are present, ICOS signaling by Ag-specific B cells is required for robust Ag-specific Tfh cell development and function.

We next examined the requirement for cognate B cell expression of ICOS-L for Tfh cell development in a situation in which Ag is limiting. We transferred congenically mismatched Thy1.1⁺ OT-II CD4 T cells into CD19^{-/-} mice followed by immunization with 100 μg NP-OVA to ensure equivalent priming of nascent Tfh cells by DCs. Thy1.1⁺ CD4 T cells were then sorted 48 h after immunization and retransferred with NP-specific B cells sufficient or deficient in ICOS-L into CD19^{-/-} recipients primed 2 d earlier with 25 or 50 μg NP-OVA. The former Ag dose was not sufficient to engender a robust Tfh cell response (Fig. 8F, *left flow cytometry panels*); however, upon immunization of recipients with 50 μg NP-OVA, CXCR5^{hi}PD-1^{hi} OT-II Tfh cells robustly developed, but were reduced in the absence of ICOS-L on cognate B cells (Fig. 8F, *left*

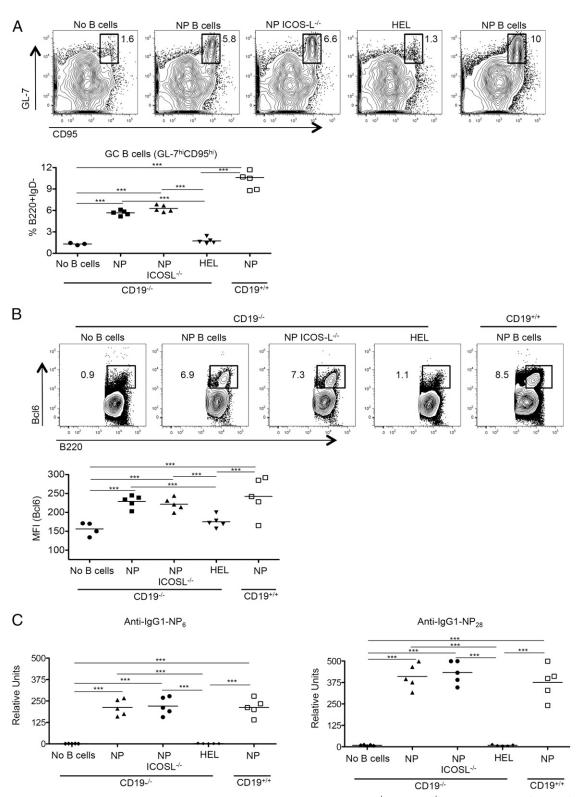


FIGURE 7. Cognate Tfh–B cell interactions are required for GC B cell development. CD19^{-/-} or CD19^{+/+} mice received CD4⁺ Thy1.1⁺ OT-II cells alone (n = 5), or with NP-specific (n = 5), NP-specific ICOS-L^{-/-} (n = 5), or HEL-specific MD4 B cells (n = 5), with spleens and sera of recipients harvested 14 d after immunization with NP-OVA. (**A**) Representative flow cytometry plots of B220⁺ IgD⁻ GL-7^{hi} CD95^{hi} GC B cells from CD19^{-/-} or CD19^{+/+} recipients (*top five panels*), with their percentages of B220⁺ IgD⁻ cells (*bottom panel*). (**B**) Representative flow cytometry plots demonstrating the percentage of Bcl6⁺ B cells among the total B220⁺ IgD⁻ population in spleens of recipients (*top five panels*), with aggregate percentages of same (*bottom panel*). (**C**) High- and low-affinity anti-NP IgG1 Abs (anti-NP₆ and anti-NP₂₈; *left* and *right panels*, respectively) were determined from the different recipients. Experiments were performed three times with $n \ge 3$ per group. Error bars represent SD. ***p < 0.001, **p < 0.003, *p < 0.02 by Student t test comparing cells transferred into CD19^{-/-} or CD19^{+/+} mice.

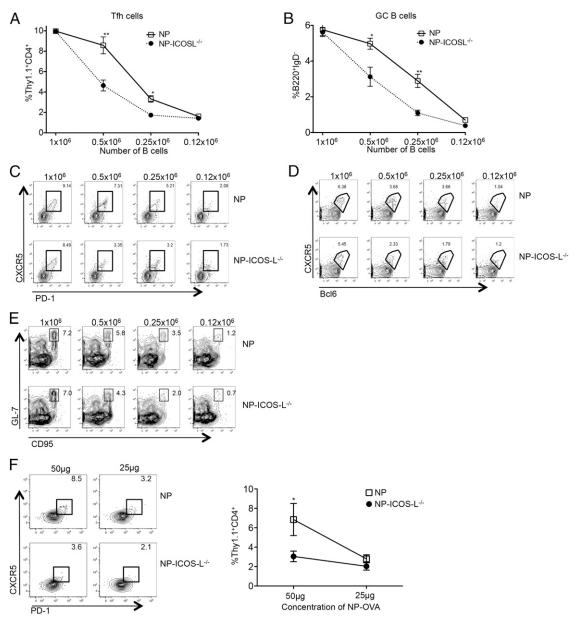


FIGURE 8. ICOS-L on B cells is required for Tfh cell development and GC responses when Ag-presenting B cells or Ag is limited. (**A** and **B**) CD19^{-/-} mice received 1×10^6 , 0.5×10^6 , 0.25×10^6 , or 0.12×10^6 NP-specific or NP-specific ICOS-L^{-/-} B cells cotransferred with 0.5×10^6 CD4⁺ Thy1.1⁺ OT-II T cells, with spleens of recipients harvested 7 d after immunization with NP-OVA. Percentages of CD4⁺ Thy1.1⁺ CD44⁺ CXCR5^{hi} PD-1^{hi} T and B220⁺ IgD⁻ GL-7^{hi} CD95^{hi} B cells from animals receiving various numbers of NP-specific B cells are shown. (**C**-**E**) Representative flow cytometry plots of splenic CD4⁺ Thy1.1⁺ OT-II CD44⁺CXCR5^{hi}PD-1^{hi} or CD4⁺Thy1.1⁺ CD44⁺CXCR5^{hi}Bcl6^{hi} T cells, or B220⁺IgD^{lo}GL-7^{hi}CD95^{hi} B cells. Experiments were performed three times with $n \ge 5$ per group. (**F**) CD4⁺ Thy1.1⁺ OT-II cells were transferred into CD19^{-/-} mice, followed by immunization with 100 μg NP-OVA. Two days after priming, 0.05×10^6 OT-II T cells were retransferred, along with 1×10^6 ICOS-L—intact or —deficient NP-specific B cells, into CD19^{-/-} animals primed 2 d earlier with 25 or 50 μg NP-OVA, with spleens of recipients harvested 7 d after immunization. Representative flow cytometry plots of splenic CD4⁺ Thy1.1⁺ OT-II CD44⁺CXCR5^{hi}PD-1^{hi} Tfh cells with the percentages of such cells among CD4⁺ Thy1.1⁺ cells shown on the *graph on the right. n* = 3 mice per group. Error bars represent SD. **p < 0.003, *p < 0.02 by Sidak's multiple-comparison test comparing the means of Tfh (A, F) and GC B (B) cell percentages (of transferred cells) in recipient mice.

flow cytometry panels, and graph on right). This finding demonstrates that ICOS-L expression on B cells is required for development of Tfh cells at this dose of Ag, one that is presumably limiting.

Discussion

Cognate B cells are required for functional Tfh cell development with GC formation, as is B cell expression of ICOS-L; however, the separable contributions of delivery of Ag and ICOS-L by cognate B cells in Ag-specific Tfh cell development, migration, and function have not been dissected. In this study we do so, finding that robust Tfh cell and GC B cell formation are dependent on ICOS-L

provided by cognate B cells, but only when Ag presentation from the latter is limiting. The requirement for B cell delivery of an ICOS costimulatory signal is overcome in circumstances of their robust Ag delivery. These findings demonstrate that Ag-specific B cells provide different, yet compensatory signals for the differentiation of their cognate Tfh cells, whereas reconciling conflicting data indicating a requirement for ICOS-L expression on cognate B cells for Tfh cell development that was not necessarily restricted to degree of Ag delivery (13, 32, 34), with those demonstrating this ICOS-L requirement could be bypassed in lieu of that tendered by noncognate B cells (40). Our data fit the idea that excessive Ag

delivery to cognate T cells can circumvent the need for specific costimulatory signals delivered by cognate B cells (39), while extending this latter work with the demonstration that ICOS-L is required for such development when Ag is limiting.

Reports from several groups have established that cognate B cells are required for the differentiation and function of Tfh cells (3, 10, 13, 15, 16, 21, 23). Our data corroborate this conclusion, with the added dissection of the effects of B cells upon Tfh cell development, follicular migration, and function as determined by GC development and Ig affinity maturation. Cotransfer of activated noncognate B cells with Ag-specific T cells failed to maintain the Tfh cell developmental program and drive GC responses. Similar to SLAMassociated protein-deficient B cells, which have a defect in their ability to form prolonged immunological synapses with T cells (8, 26, 27), our experiments with highly activated hen egg lysozymespecific B cells corroborate the need for B cells to provide TCR signaling via cognate interactions for development, follicular migration, and function of Tfh cells. These experiments emphasize the necessity for Tfh cells to interact with B cells in an Ag-specific manner to upregulate Bcl6 and form proper GCs.

In a like manner, several investigators have dissected the role of ICOS-L signaling in Tfh cell development. Blocking the function of ICOS-L on B cells by Abs or via conditional genetic deletion abrogates formation of Tfh cells (13, 34). Similarly, Tfh cell development is impaired in NF-κB-inducing kinase-deficient mice, which lack ICOS-L upregulation on B cells (52), although such animals have a kinase deficiency in DCs that could potentially affect ICOS-L expression on this lineage. Yet, recent work found that Ag-specific T cells localize to the follicle even when cotransferred with cognate B cells that are deficient in ICOS-L (40). We too observed migration of T cells into the follicle upon cotransfer with either ICOS-sufficient or -deficient cognate B cells; however, we extended this earlier work with the demonstration that upon B cell cotransfers, Ag-specific T cells upregulated CXCR5 and PD-1, and achieved equivalent Bcl6 protein expression (Fig. 5A, 5B). Importantly, our system also allowed us to define the interacting roles of Ag presentation and ICOS signaling upon Tfh cell maturation, with our results demonstrating a requirement for the latter in situations in which B cell Ag presentation is limited (Fig. 8A). Thus, our work establishes separable roles for B cell delivery of Ag and costimulation in driving Tfh cell development.

A hallmark of the NP-hapten primary Ab response is the development of high-affinity anti-NP-specific Abs, a product of GC-matured plasma cells (53). Tfh cells developing in immunized CD19^{-/-} mice that received Ag-specific, but ICOSL^{-/-}, B cells expressed IL-21 and IL-4 equivalent to that seen in mice after transfer of ICOS-L-intact B cells (Fig. 5), along with promoting production of similar amounts of high-affinity NP-specific Abs (Fig. 7). IL-4 and IL-21 are necessary for genesis of a normal Agspecific GC response (4, 5, 45, 54), with the quality of the latter a reflection of the persistence of Tfh cells (4). These data suggest that robust Tfh cell differentiation can be achieved in the absence of ICOS-ICOS-L signaling from B cells, as long as B cell display of Ag is not limiting, analogous to other circumstances of Ag excess (39). Thus, as Tfh cells mature, they are able to integrate compensatory signals, including Ag availability and costimulatory ligands, as they promote GC maturation.

Upon transfer to CD19^{-/-} mice and immunization, nascent Tfh cells upregulated *Bcl6* mRNA and protein compared with naive T cells; however, only after transfer of Ag-specific B cells did Bcl6 expression in Tfh cells achieve levels similar to those activated in CD19^{+/+} recipients. In the absence of CD19^{+/+}, and presumably functional B cells, DCs are the primary APCs leading to CD4 T cell activation; thus, the increased Bcl6 expression and

development of the Tfh phenotype is a consequence of their priming by DCs. These findings are consistent with previous reports that DCs initiate Bcl6 upregulation via ICOS-L with initiation of the Tfh cell developmental program (13-15, 17). Although upregulation of Bcl6 protein was impaired in the T cells adoptively transferred to CD19^{-/-} mice, its expression was nonetheless maintained, a finding concomitant with that of PSGL-1 downregulation. The latter appears to be a very early developmental step in Tfh cell differentiation (23), like that of CCR7 downregulation (21, 39), and in our experiments herein, preceding that of CXCR5 and PD-1 upregulation, which also occur early in Tfh cell differentiation (13-15, 17). Downregulation of CCR7 and PSGL-1 is permissive for emigration of maturing Tfh cells from the T cell zone after release from their CCL19 and CCL21 tethers (20, 22, 23), with migration to the T-B cell border of the spleen or interfollicular region of the lymph node where they receive further developmental signals from B cells, with CXCR5 expression enabling their migration into the B cell follicle (21). These findings emphasize that during a primary immune response, Tfh cell development is a sequential process that requires signals from different cell types. It also suggests that PSGL-1 downregulation is part of the Bcl6-driven Tfh cell developmental program, but one that requires different transcriptional events than other steps in this program, such as CXCR5 upregulation (10-12).

Development of Tfh cells with subsequent GC maturation in the absence of ICOS-L signaling from B cells has implications for the understanding and treatment of autoimmune diseases and chronic infections. In scenarios during which excessive self or nonself Ag is present, the need for temporal signaling to developing Tfh cells may be bypassed with excessive TCR signaling contributing to T cell expansion (39, 55) or differentiation (56). Although ICOS is also important for such expansion (35), its contribution may be relatively less than that of other signals such as CD28 (37), with abundant Ag presentation possibly contributing to the aberrant formation of Tfh cells observed in chronic viral infections in mice, macaques, and humans (55, 57, 58), and in systemic autoimmunity in mice and in humans (59-61). The latter might account for our earlier observation that pathogenic plasmablast and autoantibody formation, although diminished in ICOS-deficient lupus-prone mice compared with ICOS-intact controls, are not completely abrogated (22, 62). Much effort has been devoted to dissecting the steps in Tfh cell development in the hope that they may be augmented for effective vaccine development or clearance of pathogens in chronic infection, or alternatively, blocked for therapy of autoimmune syndromes. Our work suggests that, at least in terms of the latter, blockade of specific costimulatory molecules required for T-B cell collaboration may not be therapeutically sufficient, if other drivers of Tfh cell development such as Ag compensate. More work is needed to evaluate the relative roles of Ag dose versus costimulatory signaling in Tfh cell development, and whether these represent possible therapeutic targets for modulating the immunopathology that occurs during autoimmunity and chronic infection.

Note added in proof. Work published after final revision of this manuscript has demonstrated an essential role for the transcription factor achaete-scute homolog 2 in promotion of the Tfh cell developmental program (63).

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Disclosures

The authors have no financial conflicts of interest.

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