

Maybe repressed mRNAs are not stored in the chromatoid body in mammalian spermatids

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Abstract

The chromatoid body is a dynamic organelle that is thought to coordinate the cytoplasmic regulation of mRNA translation and degradation in mammalian spermatids. The chromatoid body is also postulated to function in repression of mRNA translation by sequestering dormant mRNAs where they are inaccessible to the translational apparatus. This review finds no convincing evidence that dormant mRNAs are localized exclusively in the chromatoid body. This discrepancy can be explained by two hypotheses. First, experimental artifacts, possibly related to peculiarities of the structure and function of the chromatoid body, preclude obtaining an accurate indication of mRNA localization. Second, mRNA is not stored in the chromatoid body, because, like perinuclear P granules in *Caenorhabditis elegans*, the chromatoid body functions as a center for mRNP remodeling and export to other cytoplasmic sites.

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Introduction

Post-transcriptional control of mRNA translation and degradation in the cytoplasm has important roles in controlling gene expression in mammalian spermatids. All mRNAs are partially translationally repressed in free mRNPs in meiotic and haploid spermatogenic cells, and some mRNAs are strongly repressed in early spermatids and recruited onto polysomes for translation in late spermatids (Kleene 2003). In addition, some mRNA species are degraded at specific steps of spermiogenesis, which ends the period that mRNAs can be translated to make protein (Heidaran *et al.* 1988, Mali *et al.* 1989, Saunders *et al.* 1992).

A series of recent articles propose that mRNA degradation and translational repression in spermatids are coordinated by the chromatoid body, an irregular, 1.0–1.5 μm diameter sponge-like organelle, which is not surrounded by a membrane (reviewed in Parvinen (2005) and Kotaja & Sassone-Corsi (2007)). The chromatoid body is divided into an electron-dense fibrous stroma and less-dense lacunae. During spermiogenesis, the chromatoid body undergoes dynamic changes in shape, position, and size. The position of the chromatoid body close to nuclear pores in early spermatids is thought to facilitate transfer of RNA to the chromatoid body. A role of the chromatoid body in post-transcriptional gene regulation is inferred from evidence that it contains factors that mediate mRNA degradation and translational repression such as miRNAs, piRNAs, the XRN1 RNase, decapping enzymes, argonaute proteins,

RNA helicases, and Y-box protein MSY2 (Kotaja & Sassone-Corsi 2007). The functional importance of the chromatoid body is demonstrated by findings that knockouts of genes encoding constituents of the chromatoid body produce blocks to spermiogenesis, male infertility, and occasional failure to activate translation in late spermatids (Deng & Lin 2002, Tsai-Morris *et al.* 2004, Vasileva *et al.* 2009, Yabuta *et al.* 2011). The caveat should be noted that it is very difficult to assign specific functions from knockouts of genes that impact many cellular processes.

The chromatoid body is an RNA granule, a class of organelles that is popularly thought to sequester dormant mRNAs for degradation and storage. RNA granules come in a variety of types, processing bodies (P-bodies), stress granules, germ cell granules, and neuronal granules (Anderson & Kedersha 2009). RNA granules in germ cells exhibit a characteristic fibrous structure and are referred to as nuage (Parvinen 2005, Seydoux & Braun 2006, Anderson & Kedersha 2009). The various types of granules differ in size, cellular location, physiological and developmental cues that promote their formation and disappearance and content of specific factors and mRNAs. In the simplest situation, translationally inactive mRNAs are localized in RNA granules and translationally active mRNAs are distributed throughout the cytoplasm on polysomes, but more complicated models exist in which inactive mRNAs are transferred from one type of RNA granule to another (Anderson & Kedersha 2009, Sheth *et al.* 2010).

The best-characterized RNA granules, P-bodies and stress granules, are dynamic. Many observations are explained by simple rules: conditions that increase the levels of dormant mRNAs increase the size and number of P-bodies and stress granules and conditions that decrease the levels of dormant mRNAs decrease the mass of RNA granules (Anderson & Kedersha 2009, Balagopal & Parker 2009). The formation of P-bodies and stress granules that are visible under the light microscope is mediated by concentration-dependent aggregation of prion-like domains of proteins associated with dormant mRNAs (Gilks *et al.* 2004, Decker *et al.* 2007). However, mutations, which abrogate the formation of stress granules and P-bodies, do not inactivate translational repression and mRNA degradation demonstrating that visible granules are not required for these processes (Eulalio *et al.* 2007, Anderson & Kedersha 2009, Balagopal & Parker 2009).

The dynamic nature of stress granules is further demonstrated by fluorescence recovery after photobleaching (Kedersha *et al.* 2005). A high intensity flash of laser light was used to bleach fluorescent proteins fused to a variety of stress granule factors, which were replenished in stress granules by migration from the surrounding cytoplasm in 30S. Presumably, the rapid import of factors into stress granules is balanced by rapid export because stress granules do not continuously increase in size.

Several groups favor the idea that newly synthesized mRNAs are transferred directly from the nucleus to the chromatoid body, where they are stored initially as translationally repressed free mRNPs, later exiting for translation on polysomes (Kotaja & Sassone-Corsi 2007, Nguyen Chi *et al.* 2009, Tsai-Morris *et al.* 2010). Sequestration in the chromatoid body has also been proposed as a mechanism of repression of mRNA translation in spermatids. The literature reviewed below supports the idea that substantial levels of dormant mRNA are present in the general cytoplasm in spermatids. The purpose of this review is to describe and interpret these observations.

Cytological and biochemical studies of mRNA localization in the chromatoid body

Evidence that translationally repressed mRNA is stored in the chromatoid body is primarily derived from a single study of the transition protein 2 (*Tnp2*) mRNA in rat testis (Saunders *et al.* 1992). The *Tnp2* mRNA is expressed in step 7–12 spermatids, and is translationally repressed in steps 7 and 8 and translationally active starting in step 9 (Kistler *et al.* 1996). Saunders *et al.* (1992) observed that the *Tnp2* mRNA is strongly localized adjacent to the nucleus in step 7 using digoxigenin-based non-isotopic *in situ* hybridization, fixation by perfusion with Bouin's, and 2 µm polystyrene sections. Although immunological

markers, which would reliably identify the chromatoid body, were not available at this time, the size and perinuclear location of the hybridization signal are consistent with the chromatoid body. However, the photographs also show less intense *in situ* hybridization signal throughout the cytoplasm and lack of localization in 5 µm paraffin sections of step 7 spermatids. The hybridization signal in step 8–12 spermatids is stronger and unlocalized. Although it is difficult to assess by eye the proportions of localized and unlocalized *Tnp2* mRNA in step 7 spermatids, the possibility merits consideration that unlocalized mRNA predominates, because the chromatoid body occupies ~0.4% of the cytoplasmic volume, based on the relative diameters of the chromatoid body, ~1.5 µm, and round spermatid cells and nuclei, 10 and 5 µm (Romrell *et al.* 1976, Parvinen 2005).

It would be reasonable to expect that the literature would contain many reports of mRNA localization in the chromatoid body, because the developmental expression of many mRNAs in spermiogenesis has been analyzed with *in situ* hybridization. Most mRNAs should exhibit localization because each of more than 50 mRNA species that are expressed in spermatids that have been analyzed with sucrose gradients exhibit high levels of translationally inactive free mRNPs, usually >50% (Kleene 2003). However, useful information is limited to a relatively small group of studies that utilize non-isotopic hybridization and good fixation and present photographs in which the location of the hybridization signal can be visualized. All of these studies show no localization (Weitzel *et al.* 2003, Iida *et al.* 2004, Ellis *et al.* 2005, Kogami *et al.* 2006). In contrast, Fukuda *et al.* (2004) reported that the *MOR23* mRNA is localized close to the nucleus (chromatoid body?), and that the histone H1t mRNA is associated with an elongated perinuclear structure in pachytene spermatocytes, which resembles the chromatoid body in meiotic cells (Parvinen 2005). This study also did not report localization of the *Prm1* mRNA and does not meet the technical standards mentioned above.

Morales *et al.* (1991) argue that the *Prm1* and *Tnp1* mRNAs are not localized in the chromatoid body. In these studies, the testes were fixed by perfusion with 2% glutaraldehyde and 4% paraformaldehyde, embedded in agar, and sectioned at 100 µm. These thick sections were hybridized to antisense ³H-riboprobes followed by washes, osmium staining, embedding in epon, thin sectioning and light and electron microscope autoradiography. These preparations beautifully preserve the ultrastructure of the chromatoid body, and reveal that the *Prm1* and *Tnp1* mRNAs are uniformly distributed in the cytoplasm of step 7–9 spermatids.

Unfortunately, the use of glutaraldehyde in these experiments is problematic. Lawrence & Singer (1985) demonstrated that glutaraldehyde increases the background and sharply decreases the specific *in situ*

hybridization signal because it cross-links cytoplasmic proteins tightly, rendering mRNA inaccessible to the hybridization probe and decreasing the efficiency of removal of non-hybridized probe by the washes. These problems would likely be aggravated by performing *in situ* hybridization on thick sections. This appears to be a problem because the *Prm1* and *Tnp1* *in situ* hybridization signals are present over the nuclei and cytoplasm of pachytene spermatocytes and step 1–6 spermatids, which conflicts with many studies demonstrating that these mRNAs are first detected in step 7 spermatids (Heidaran *et al.* 1988, Braun *et al.* 1989, Mali *et al.* 1989). The absence of hybridization signals in late spermatids and with sense-strand negative controls may reflect low penetration of the probes deep into the tissue.

Recent studies have demonstrated the localization of RNAs and proteins in the chromatoid body with dried-down preparations (Kotaja *et al.* 2006), in which suspensions of dispersed cells from short pieces of seminiferous tubules are added to dilute Triton X-100 and paraformaldehyde and the cells are dried on microscope slides. Unfortunately, dried-down preparations cannot be used to analyze the levels of proteins and RNAs in the cytoplasm, because phase contrast images show nuclei and perinuclear chromatoid bodies, but the cytoplasm is invisible because most of it is lost. The loss of cytoplasm is further supported by findings that several factors (poly(A), DICER, AGO3, and DCP1A) are present in both the chromatoid body and cytoplasm in squash preparations which retain the cytoplasm, but are undetectable in the area surrounding the nuclei and chromatoid body in dried-down preparations (Kotaja *et al.* 2006). Kotaja *et al.* (2006) did not report the presence of specific mRNAs in the chromatoid body in dried-down preparations. The loss of cytoplasm also raises the question whether RNAs and proteins are retained completely by the chromatoid body and nuclei in dried-down preparations.

Nguyen Chi *et al.* (2009) reported that the *Gcnf* and *Brd2* mRNAs are localized in the chromatoid body in dried-down preparations of early spermatids. Again, it is unclear what proportion of each mRNA is in the general cytoplasm.

Not only is the localization of translationally repressed mRNA in the chromatoid body poorly documented, but factors that are associated with translationally repressed mRNAs also are not exclusively associated with the chromatoid body. The most convincing studies concern mouse Y-box proteins, MSY2, and MSY4, because western blot analyses of sucrose gradients demonstrate that both proteins sediment exclusively with free mRNPs with virtually no free protein sedimenting at the top of the gradient (Davies *et al.* 2000, Giorgini *et al.* 2002, Yang *et al.* 2005). Light microscope immunocytochemistry of paraffin sections of adult testis with anti-FRGY2, the *Xenopus laevis* homolog of MSY2, and anti-MSY4 reveals that both proteins are distributed throughout

the cytoplasm (Oko *et al.* 1996, Davies *et al.* 2000). In contrast, electron microscope immunocytochemistry demonstrates that MSY2 is concentrated in the lacunae and immediate vicinity of the chromatoid body, and at lower levels throughout the general cytoplasm. Presumably, the strong light microscope MSY2 signal in the cytoplasm obscures slightly higher levels in the chromatoid body.

The localization of other mRNA-binding proteins is more difficult to interpret. For example, western blot analysis of sucrose gradients demonstrates that the vast majority of cytoplasmic poly(A)-binding protein PABPC2 sediments more slowly than single ribosomes (Kimura *et al.* 2009), but PABPC2 is present as free protein at the top of the gradient and free mRNPs sedimenting with a peak at about 60S. This complicates interpretation of immunocytochemical detection of PABPC2 in the chromatoid body and the general cytoplasm, because it is unclear whether the localized and unlocalized PABPC2 correspond to free mRNPs or free protein.

Cell fractionation yields another striking contradiction with the idea that translationally inactive free mRNPs are sequestered in the chromatoid body. The chromatoid body is a rather large structure, which pellets during centrifugation at 500–1000 *g* for 10 min (Figueroa & Burzio 1998, Meikar *et al.* 2010). Thus, the chromatoid body would be expected to sediment with nuclei in preparing cytoplasmic extracts for sucrose gradient analysis, 13 000 *g* for 2 min. However, using two different methods of RNA extraction, $8.8 \pm 4.3\%$ (mean and s.d. of four experiments) of the *Smcp* mRNA pellets with nuclei in adult testis (KC Kleene, unpublished observations), whereas $\sim 65\%$ sediments as free mRNPs near the top of the sucrose gradients after centrifugation at 125 000 *g* for 80 min (Bagarova *et al.* 2010). These findings suggest either that *Smcp* free mRNPs are not localized in the chromatoid body in intact cells or that free mRNPs are released into the cytoplasm during cell fractionation. Studies in yeast also indicate that repressed mRNAs in P-bodies in intact cells sediment as free mRNPs in sucrose gradients (Berengues *et al.* 2005). P-bodies and stress granules are remarkably fragile and these organelles have never been isolated.

Meikar *et al.* (2010) purified the chromatoid body from paraformaldehyde-fixed cells from adult testis with differential centrifugation and immunoprecipitation with antibody to DEAD (Asp-Glu-Ala-Asp) box polypeptide 4 (DDX4; also known as mouse vasa homolog, MVH), a marker for the chromatoid body. After reversal of the cross-linking and RNA extraction, the levels of *Odf1*, *Prm1*, and *Tnp2* mRNAs were analyzed in all fractions with RT-PCR. Sucrose gradient analysis demonstrates that $\sim 75\%$ of all three mRNAs are present in free mRNPs in adult testis and purified elongated spermatids (Kleene 1989, Cataldo *et al.* 1999), all of which would be expected to copurify with the chromatoid body if it stores dormant mRNAs for later translation. In contrast,

Meikar *et al.* (2010) observed that the vast majority of all three mRNAs are in the supernatant from the initial centrifugation, and that negligible amounts are present in the initial and anti-DDX4 pellets. The high levels of these mRNAs in the supernatant may represent poly-somal mRNAs and free mRNPs in the general cytoplasm or free mRNPs that exit the chromatoid body after cell lysis, but the very small fraction of free mRNPs that copurifies with the chromatoid body does not support the idea that the free mRNPs are stored in that organelle.

Summary and perspective

The information surveyed above contains little convincing evidence that translationally inactive mRNAs are localized in chromatoid body in mammalian spermatids. Indeed, the studies that are usually cited as evidence for mRNA localization in the chromatoid body demonstrate significant levels in the general cytoplasm (Saunders *et al.* 1992, Oko *et al.* 1996). As discussed below, this may be either an experimental artifact or an important insight into the function of the chromatoid body.

The failure to detect strong localization of translationally repressed mRNA in the chromatoid body in whole cells could be caused by two artifacts: mRNAs in free mRNPs in the chromatoid body may be masked by protein and inaccessible to hybridization probes, and free mRNPs may leak out of the chromatoid body before the fixative immobilizes the mRNPs. Both artifacts are plausible considering that repressed mRNAs may be coated with protein, and the disaggregation of P-bodies in sucrose gradients and the rapid exchange of factors between stress granules and the cytoplasm. A rigorous approach would be to analyze the localization of free mRNPs in living cells with tethering assays by coexpressing an mRNA containing a 3'-UTR-binding site for the bacteriophage MS2 coat protein and an mRNA encoding a GFP-MS2 coat protein fusion in prepubertal transgenic mice (Sheth & Parker 2003, Kedersha *et al.* 2005). However, tethering assays require optimization of the relative levels of target mRNA and GFP coat protein to visualize localization.

The alternative idea that high levels of mRNA are not stored in the chromatoid body is consistent with work on *Caenorhabditis elegans* demonstrating that there are multiple types of P granules (Schisa *et al.* 2001, Noble *et al.* 2008, Sheth *et al.* 2010). One class is associated with nuclear pore complexes, as are chromatoid bodies in early spermatids. These perinuclear P granules function as mRNP remodeling and sorting centers: newly synthesized mRNAs pass through the P granules and are exported to the cytoplasm or other classes of cytoplasmic P granules. Indeed, the observation that a number of constituents of the chromatoid body are also present in the cytoplasm (DICER, AGO3, DCP1A, and MIWI; Grivna *et al.* 2006, Kotaja *et al.* 2006) implies that these factors have functions in both the general

cytoplasm and the chromatoid body. It is relevant to note that DEAD-box helicases, a major constituent of the chromatoid body and other forms of nuage, often have functions in melting RNA secondary structure that promote the formation of protein-mRNA complexes (Arkov & Ramos 2010). In addition, the higher concentration of factors in the chromatoid body than that in the general cytoplasm may promote the association of factors with mRNAs in transit.

The hypothesis that the chromatoid body functions in mRNP remodeling and export raises several questions. Are repressed mRNAs in spermatids stored as individual free mRNPs or aggregates of free mRNPs? The chromatoid body is the only type of nuage that is visible in the electron microscope in early spermatids (Eddy 1974, Parvinen 2005). However, free mRNPs might be associated with constituents of the chromatoid body which are dispersed throughout the cytoplasm in spermatids, and it is possible that some repressed mRNAs are stored in the chromatoid body and others are not.

Other questions concern the mechanisms that distinguish mRNAs that are strongly repressed in early spermatids (e.g. *Prm1*, *Tnp2*, and *Smcp*) from mRNAs that are partially active and partially repressed (e.g. *Ldhc* and *Pgk2*). Work in *C. elegans* demonstrates that 3'-UTR elements direct specific mRNAs to different classes of granules thereby controlling both temporal and spatial expression (Noble *et al.* 2008). However, in the absence of evidence for RNA granules that harbor dormant mRNAs in spermatids, the elements in the *Prm1* and *Smcp* 3'-UTR, which control the timing of translation in spermatids, may act purely by producing free mRNPs, likely by a variant of the closed-loop model (Giorgini *et al.* 2001, Zhong *et al.* 2001, Bagarova *et al.* 2010, Jackson *et al.* 2010). This line of reasoning also suggests that much could be learned by studying factors that have been implicated in post-transcriptional regulation and nuage in real model systems, flies and worms.

Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of this review.

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