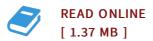




Conscious Parenting Workbook: A Companion and Study Guide to Conscious Parentingby Lee Lozowick

By Bhadra Mitchell

Hohm Press, U.S., United States, 2015. Paperback. Book Condition: New. Workbook. 272 x 211 mm. Language: English. Brand New Book. This Workbook is the companion volume to Conscious Parenting by Lee Lozowick (Hohm Press, 2010) and is designed be a useful map for parents, prospective parents and child-care-givers on this adventure. The Workbook (like Conscious Parenting itself) aims to assist readers in aligning with a big view of the subject an overall context from which to parent and educate. Uniquely, Lozowick s work spoke to the ways and means for transforming ordinary family life with children into a primary means of spiritual practice, including the inevitable challenges for work-on-self. The Workbook follows the chaptertopics contained in the original book, covering subjects from enlightened birth practices, breastfeeding, our use of language with children, the limiting of early exposure to technology and negative influences for youngsters, to the creation of environments of safety and sanctuary for our teenagers. The contributors to this Workbook headed by Bhadra Mitchell, project manager and primary editor are all longtime students of Lee Lozowick. Some are parents, others grandparents, others friends of community families, some are mentors for children. Beneficially, each of them received Lee Lozowick s...



Reviews

Extensive guideline! Its this sort of excellent read. it had been writtern quite properly and helpful. You can expect to like just how the writer create this book.

-- Mr. Gustave Gerhold

This book will never be straightforward to start on reading through but quite enjoyable to learn. Better then never, though i am quite late in start reading this one. Your lifestyle span will probably be convert once you complete reading this publication.

-- Dr. Kadin Hane DVM