



What Makes Us Happy?: 10 Ways to Increase Happiness in Your Life

By David Leads, Relationship Up

Createspace, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.I Just Want To Be Happy. I Wish I Could Just Be Happy. All I Really Want Is To Be Happy. How many times have you heard these statements? How many times have you said them? Do you really want to be happy in life? Do you know what it takes to be happy in life? After everything you do for money, power, prestige, and fulfillment, it all comes back to happiness, and maximizing your happiness. So, how do you know that what you're doing is really something that's going to make you happy? It's so easy to fall into the traps that society feeds us about what we need to do in order to be happy. However, it's easy to know what doesn't make you happy. You know that buying things doesn't make you happy. You know that owning a fancy car doesn't make you happy. You know that working 12 hours a day doesn't make you happy. So, do you actually know what makes you happy? We wanted...



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