



The 7 Habits of Highly Effective Teenagers Personal Workbook

By Sean Covey

Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, The 7 Habits of Highly Effective Teenagers Personal Workbook, Sean Covey, This hands-on personal workbook companion to the bestselling THE 7 HABITS OF HIGHLY EFFECTIVE TEENAGERS provides engaging activities to help teenagers understand and apply the power of the 7 Habits. Sean Covey's THE 7 HABITS OF HIGHLY EFFECTIVE TEENAGERS has sold more than 2 million copies to date and helped countless young people make better decisions and improve their sense of self-worth. Now, in the same fun and entertaining style, this workbook allows teenagers to build on the principles of the 7 Habits through various thought-provoking exercises. Whether they are already familiar with Covey's Habits or are newcomers to his path to teenage success, teenagers can immerse themselves in this personal workbook at their own pace and benefit from its positive messages and lessons in their own way. In this interactive volume, teenagers will find in-depth tools to improve self-esteem, build friendships, resist peer pressure, achieve goals, get along with parents and strengthen themselves in many other areas.



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