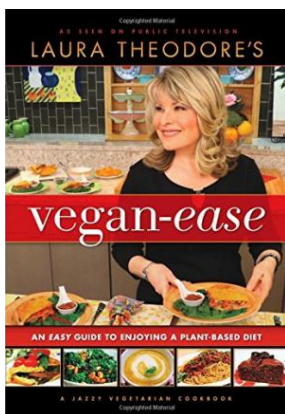


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LAURA THEODORE S VEGAN-EASE: AN EASY GUIDE TO ENJOYING A PLANT-BASED DIET (HARDBACK)



Jazzy Vegetarian LLC, United States, 2015. Hardback. Book Condition: New. 257 x 180 mm. Language: English . Brand New Book. In this comprehensive cookbook, Laura Theodore, the award-winning host of public television s Jazzy Vegetarian, brings us full menu plans, shopping lists, and over 130 delicious, quick-and-easy vegan recipes, each complete with nutritional analysis. Enhanced by over 200 full-color photographs, each recipe is ranked with an Ease-Factor to make it easy to choose dishes that fit into any busy schedule....

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- Authored by Laura Theodore
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