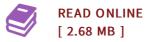




## It's All about You! Rediscovering You from the Inside Out

By Sheritta Johnson

Not by Chance Publishing, United States, 2009. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.To the individual reading information about this journal, please know that it s not by chance. This journal will allow you to embark upon the journey of discovering or rediscovering you from the inside out; your identity, your talents/abilities, your self worth and significance will become incredibly apparent to you. I encourage you to take practical steps in embracing and developing the true you! These steps can include but are not limited to.changing your mindset, taking singing lessons, attending bible study or Bible College, reading books, and welcoming healthy people into your life. Take time daily to journal your thoughts, ideas, accomplishments, desires, and disappointments - balance. As you are writing, those hidden treasures will unfold before your very eyes. You will become the YOU you were meant to be!.



## Reviews

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