



## Gratitude from Attitude to Zoe: A Coloring Book for Children of All Ages

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By Johanna Erikson Geiss

Johanna Erikson Geiss, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is a coloring book that explores the super power of gratitude. Each page has an A to Z Gratitude writing paired with an illustration for you to color. If you and I were sitting together in a coffee shop I would tell you how my gratitude journey started. I would start by introducing you to Neahma, an old wrinkled Native American Indian journey guide whol first met when she was stirring a pot outside of a teepee in one of my night dreams. She has silvery white hair and a wrinkle lined face, she wears bright colors like rich yellows and deep purples and when we meet now during Shaman journeys, instead of a night dream, she gives me life s lessons of wisdom. On one such journey she gifted me with this lesson: JoJo, when you find yourself swirling in chaos first you have to stop the spin, you can grab a tree or anything solid and stable even if you are grabbing it in your mind s eye. Grab ahold and hang on until...



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