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## How to Get ABS: 2-In-1 Flat Stomach Boxed Set

By John Mayo

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.How to Get Abs: 2-in-1 Flat Stomach Boxed Set Are you tired of doing the same old boring core exercises? Have you tried nearly everything to get that flat stomach and six pack that you ve always wanted? Then this book will be the perfect fit for you! This is the deal you ve been waiting for! You ve got no excuse for not getting the body of your dreams. Coaching people is what I do best and if you follow the strategies I have laid out in these 2 books you there is no way you won t see flat stomach success. For a limited time you can get both books in the How to Get Abs series for only \$4.49 I will be honest with you, your feelings towards the workout I have provided in these 2 books will be mixed. You will hate how difficult it s going to be, but once you start to see results you re going to love every single exercise that I have shown you because they will work wonders...



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