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Morgan Wootten's Basketball Xs and Os 2 DVD Package

By Morgan Wootten

Human Kinetics Publishers, United States, 2004. DVD video. Book Condition: New. 180 x 138 mm. Language: English . Brand New Book. Morgan Wootten compiled a remarkable 1,274-192 (.869) record in his unparalleled 46-year coaching career at DeMatha High School. With five national championships, 44 consecutive seasons with at least 20 wins, and a number one ranking in the Washington, DC, area in 20 of his last 33 years as coach, Wootten retired in 2002 as the winningest--and one of the most respected--coaches ever. Now the Hall of Fame coach's tactical expertise is available in Morgan Wootten's Basketball Xs and Os series. In these two DVDs Wootten emphasizes the offensive and defensive attacks for which he is best known: - Man-to-man and pressure defense-Zone offense and defense - Man-to-man and fastbreak offense -Situational in-bound playsEach option starts with a team's on-court alignment and basic movements against no opponent. Next comes an animated version of the play in dynamic, graphical form. Then the play is performed again, this time live and at full speed against an opponent to show exactly how to execute it in a game situation. Throughout the instruction, Wootten provides teaching points and drills to master the execution...



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Reviews

Complete guideline! Its this type of great read through. it absolutely was writtern quite perfectly and helpful. I am very happy to explain how this is basically the best book i actually have read through during my personal life and can be he very best book for at any time.

-- **Joshua Gerhold PhD**

A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

-- **Meagan Roob**