



## Instinctive Parenting: Trusting Ourselves to Raise Good Kids (Hardback)

By Ada Calhoun

SIMON SCHUSTER, United States, 2010. Hardback. Book Condition: New. 224 x 155 mm. Language: English . Brand New Book. s readership has tripled in the past year and is still growing rapidly, indicating that today s busy parents--especially those from Gen X and Gen Y--are hungry for advice. According to editor-in-chief Ada Calhoun, many parents are unnecessarily anxious, worrying and trying to follow advice from their own parents, other parents on the playground, or board-certified experts. She believes, if we encourage our kids to be kind and generous and we trust our own instincts about all the other stuff, we may just be able to rear a generation of capable people--and stay relatively happy ourselves. Sound easy? It is, and in Instinctive Parenting, Calhoun makes smart sense of all the available choices and opinions for how to raise one s child right. As a mother herself, Ada knows firsthand about all the pressing issues, fears, and anxiety parenting brings. And she s discovered that food, shelter, and love are all kids need to thrive--a welcome antidote to many modern childrearing philosophies that are currently popular. So forget the organic-cotton t-shirts, ergonomic wooden toys from Sweden, and locally grown chickpeas for...



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