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Who s the Girl in the Fat Suit?

By A L Elder

Eight Paws Publishing, LLC, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Her mother warned her! She told April that one day all of the sodas and candy bars would catch up to her. When it happened, and yes, it happened. April stood shell-shocked in front of the bathroom mirror staring at her larger than life reflection. Blaming a happy marriage, genes and the curse of her mother, April set out on a journey to improve her self-image. She tried everything from red and green highlights in her hair to piercings and acrylic nails, but still found the fat suit to be all consuming. Who s the Girl in the Fat Suit is a true story of one woman s journey from a size four to a size twelve-ish. April struggled with self-acceptance and finally found her answer to weight loss, but not without failing and falling numerous times. This memoir is written in a blog-like style complete with quick and easy to read chapters. If you have ever stood in front of a full-length mirror and asked, Really? You may enjoy April s latest release: Who s...



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