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HORMONES



Active Interest Media, Inc., United Kingdom, 2008. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book. Countless women in North America suffer from issues of hormonal imbalance. Typically associated with PMS, peri-menopause, and menopause, hormonal imbalance can cause mood swings, hot flashes, night sweats, weight gain, and many other symptoms. Medical herbalist Bev Maya explains how and why we get out of balance, and most importantly describes how readers can achieve hormonal happiness. Maya describes...

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- Authored by Bev Maya
- Released at 2008



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Reviews

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