



## Bumped Into the Wall: A Tool for Unblocking Your Creativity and Releasing Your Creative Spirit

By Aryn Lalji

iUniverse, United States, 2005. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Bumped into the Wall, is a tool for anyone who is on the road to explore creativity but, has somehow got stuck in the pursuit. Whether you are taken over by your left brain, stuck with rules or ambiguities, lost in uncharted waters or simply not getting any ideas, BUMPED INTO THE WALL will provide you with an in-time resource to identify your mind blocks holding your creative spirit and will prepare you to move forward. Through 33 unconventional exercises and interactive elements presented as milestones, Aryn shows you how to rekindle your creative energies and put them into work right now. BUMPED INTO THE WALL will show you The walls that prevent you from realizing your full creative potential; Small yet crucial steps that can instantly put you on the road to a creative pursuit. This book will provide you with a space to play, have fun and get creative. Good to be a child again!.



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