



## Medicine Is a Team Sport: How to Become a Team Player in Your Own Healthcare

By Dean Limeri M D

Createspace, United States, 2012. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Today s healthcare landscape is more complex than ever. Insurance costs and medical bills have skyrocketed. Patients and doctors are squeezed by an impersonal system that reduces face-time during visits. Patients also have to grapple with different medical institutions to get care, as well as manage a slew of medications and treatments. It s no surprise that patients and their families feel lost and confused in the system. With over 20 years of experience as primary care physician, quality care advocate Dean Limeri, M.D. shows you how to cut through the complexity. The solution? Get the best possible care by becoming more engaged as a patient. Filled with practical advice, this book gives you what you need to know to become part of the team and to get in the game. Learn how to become a participant, not just a recipient of care. Medicine is a team sport. How do you join and play? This is your playbook. Sports-themed chapters, such as The Huddle and Calling the Signals, will teach you how to play on your physician



## Reviews

This book is definitely worth acquiring. I have go through and so i am certain that i will likely to read through again again in the future. Its been printed in an exceptionally basic way in fact it is only after i finished reading this publication in which actually altered me, change the way in my opinion.

-- Andres Bashirian

Comprehensive guide for publication fanatics. This really is for all who statte there had not been a well worth reading through. I discovered this ebook from my dad and i encouraged this book to find out.

-- Lacy Goldner