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## Stronger After Stroke: Your Roadmap to Recovery (2nd Revised edition)

By Peter G. Levine

Demos Medical Publishing. Paperback. Book Condition: new. BRAND NEW, Stronger After Stroke: Your Roadmap to Recovery (2nd Revised edition), Peter G. Levine, Stronger After Stroke puts the power of recovery in the reader's hands by providing simple to follow instructions for reaching the highest possible level of healing. Basic concepts are covered, including: Repetition of task-specific movements Proper scheduling of practice Challenges at each stage of recovery Setting goals and recognizing when they have been achieved The second edition is completely revised throughout incorporating feedback from readers and the latest research data. Peter has written a new chapter on "recovery core concepts" that defines the stages of recovery and explains how these stages can structure efforts toward recovery. There is also a new Question and Answer section culled from the talks Peter regularly gives on the subject.



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