



## Buddhism

By Pascale Engelmajer

Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Buddhism, Pascale Engelmajer, In Buddhism: All That Matters, Dr Engelmajer gives us a glimpse of what being a Buddhist in today's world entails, and how this links back to the historical and doctrinal development of the many Buddhist traditions extant today. The narrative follows the religious lives of four fictional characters, representative of four Buddhist traditions (Theravada, Chinese Pure Land, Japanese Zen and Tibetan) in their daily lives, describing what being a Buddhist today entails: religious and devotional practices, dietary requirements, ethical principles, and religious and philosophical beliefs. Grounded in the latest scholarship, this book offers a live picture of Buddhism as it is: a variety of practices and beliefs that stem from common doctrines and have developed in many ways across time and space. This accessible and concise book will appeal to both students and general readers, giving a fascinating introduction book will appeal to both students and general readers, giving a fascinating introduction.



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