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Ask Asha: Heartfelt Answers to Everyday Dilemmas on the Spiritual Path

By Asha Praver

Crystal Clarity,U.S., United States, 2014. Paperback. Book Condition: New. 214 x 140 mm. Language: English . Brand New Book. Dear Asha, why is this happening to me? Sorrow and stress are universal, but difficult situations can also be opportunities life trying to guide us toward greater happiness if only we had the wisdom to follow it. To find the hidden blessings within the various situations in life, you need faith, trust . . . and sometimes, a wise friend to talk to. To many spiritual seekers, that person is Asha who through her counseling and lectures has helped thousands worldwide gain a deeper understanding of themselves and the spiritual path. Based on letters to questing souls, this book showcases the clarity, compassion, and inspiration of Asha Praver a disciple of Paramhansa Yogananda and a meditation teacher for over 40 years. Her responses will astound you with their universality. How to help others . . . How to see life as fair . . . How to be true to yourself. Here is an example of the practical wisdom in the pages of Ask Asha: Every apple seed contains within it the potential to become a fruit-bearing tree. It doesn't...



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