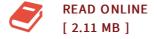




## The Ultimate Dandelion Cookbook: 148 Recipes for Dandelion Leaves, Flowers, Buds, Stems, Roots

By Kristina Seleshanko

Createspace, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. An Amazon #1 Bestseller! Become a dandelion hunter! 148 dandelion recipes for breakfast, lunch, dinner, snacks, and even dessert! What if someone told you one of the world s most nutritious foods is also tasty, can be cooked many different ways, is easy to find, and is totally free? I know what I d do: I d run out and grab some! Well, the good news is, there is such a food: Dandelions. Yes, those pesky weeds with bright yellow flowers you ve grown up thinking are the enemy of perfect lawns are actually food - brought to North America by immigrants who knew how valuable they are. Every part of the dandelion is edible \* Dandelion greens recipes are common throughout Europe and often used in salad, quiche, lasagna and other pasta dishes, and many other familiar and less-familiar dishes. \* The honey-like flowers are a healthy and tasty addition to bread, omelets, pancakes, and more - plus they make delectable dandelion wine, dandelion jelly, and dandelion wine. \* The buds are often pickled or added to...



## Reviews

An exceptional pdf and the typeface utilized was fascinating to read through. It can be writter in straightforward words and phrases instead of confusing. I am just quickly could possibly get a delight of looking at a written ebook.

-- Prof. Arlie Bogan

It in a single of the best book. This is for those who statte there had not been a well worth reading through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Barney Robel Jr.