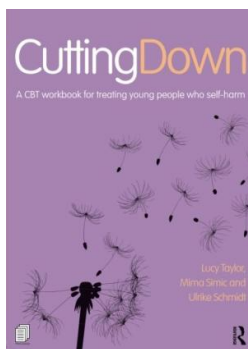


## Cutting Down A CBT workbook for treating young people who self-harm



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