



Living with Metabolic Syndrome: the Complete 30-Day Plan for Better Health: The Complete Guide to Risk Factors, Prevention, Symptoms and Treatment Options

By Naheed S. Ali

Hatherleigh Press,U.S., United States, 2015. Paperback. Book Condition: New. 228 x 153 mm. Language: English . Brand New Book. THE FIRST TRULY COMPREHENSIVE RESOURCE FOR METABOLIC SYNDROME PATIENTS Affecting well over 50 million Americans, the series of conditions known as metabolic syndrome has reached epidemic proportions. Found in patients where increased blood pressure, high blood sugar level, excess body fat, and abnormal cholesterol level occur together, metabolic syndrome increases the risk of heart disease, stroke and diabetes. With so many conditions working together, and no set list of identifiable symptoms, the best defense against metabolic syndrome is information understanding the need for proper diet, exercise, and wellness checks. So long as patients at risk of developing metabolic syndrome understand their risk factors, they can work to prevent the syndrome and restore their good health. Incorporating information from all the latest research and treatment options, Living with Metabolic Syndrome is the breakthrough guide to understanding this ever-growing health problem. This comprehensive manual takes advantage of new findings from both clinical and physician studies while providing guidance in clear, authoritative language. Touching on every aspect of metabolic syndrome, including: risk factors and possible symptoms; doctor s visits, including choosing a specialist: and...

Reviews

It in a single of my personal favorite ebook. Better then never, though i am quite late in start reading this one. I am effortlessly will get a satisfaction of reading a published ebook.

-- **Ms. Lavada Krajcik**

Comprehensive guideline for book lovers. It can be filled with knowledge and wisdom I realized this publication from my dad and i suggested this pdf to find out.

-- **Ted Schumm**

See Also



Daddyteller: How to Be a Hero to Your Kids and Teach Them What s Really by Telling Them One Simple Story at a Time

Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.You have the power, Dad, to influence and educate your child. You can teach your child about a virtue or...



The genuine book marketing case analysis of the the lam light. Yin Qihua Science Press 21.00(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2007-01-01 Pages: 244 Publisher: Science Press Welcome Our service and quality to your satisfaction. please tell your friends...



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...



Growing Up: From Baby to Adult High Beginning Book with Online Access

Cambridge University Press, 2014. UNK. Book Condition: New. New Book. Shipped from US within 10 to 14 business days. Established seller since 2000.



Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...



A Parent s Guide to STEM

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.This lively, colorful guidebook provides everything you need to know to help your child get inspired, succeed...