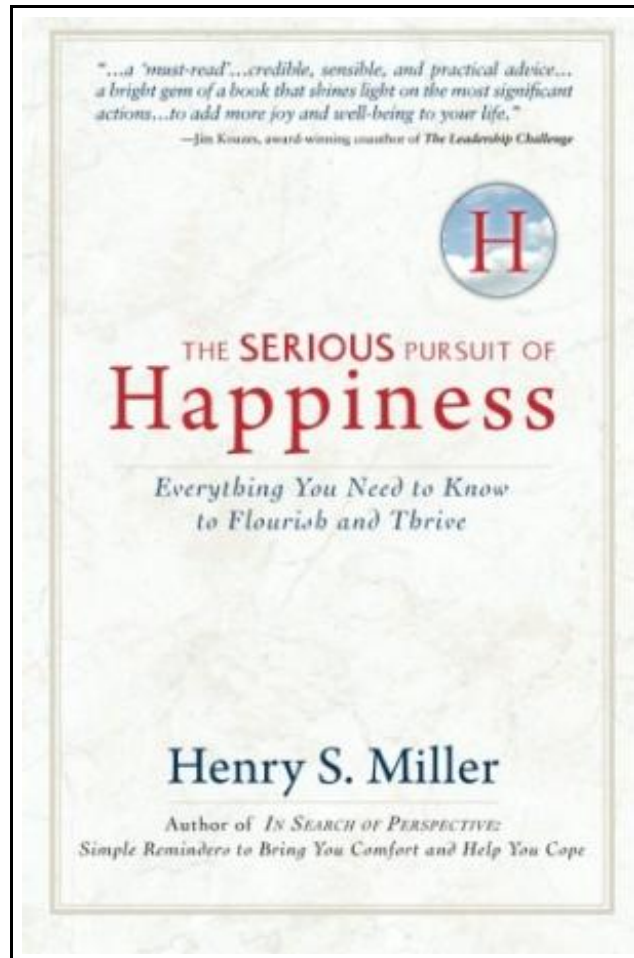


The Serious Pursuit of Happiness: Everything You Need to Know to Flourish and Thrive



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Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

THE SERIOUS PURSUIT OF HAPPINESS: EVERYTHING YOU NEED TO KNOW TO FLOURISH AND THRIVE



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Wisdom House Media LLC, United States, 2013. Paperback. Book Condition: New. 203 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.A timeless summary of everything scientific research has proven you ever need to know to live your best life, *The Serious Pursuit of Happiness* is written as a potentially life-changing combination of 10 textbook, 80 happiness roadmap, and 10 action planner. Just 3 hours of reading time is all you need to invest to learn what you need to know to live the happiest and most fulfilling life possible! Here's why: Most people, when asked if they would like to be happy, reply along these lines: Sure. Just tell me what to do! And that's exactly what this book does. Rich in prescribed actions and rooted in comprehensive research - Miller's book is unparalleled in its ability to help the reader learn exactly what to do - and what not to do - to flourish and thrive - beginning now. Deliberately designed to be a prescriptive, one-stop happiness shop, this classic and timeless how-to book is the ultimate self-help guide to well-being - containing over 400 specific, practical, powerful, and proven strategies and actions that individuals can begin to easily implement on their own - immediately - to live happier, more rewarding, and more meaningful lives. The promise of Miller's book is that readers around the world can read one small, companion-sized book and learn literally everything that has been proven about specifically how people should think, how they should act, what kind of person they should be, and what exactly they should actually do to flourish and thrive to live as happily ever after as is possible. Intended to be both a quick read as well as a...



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