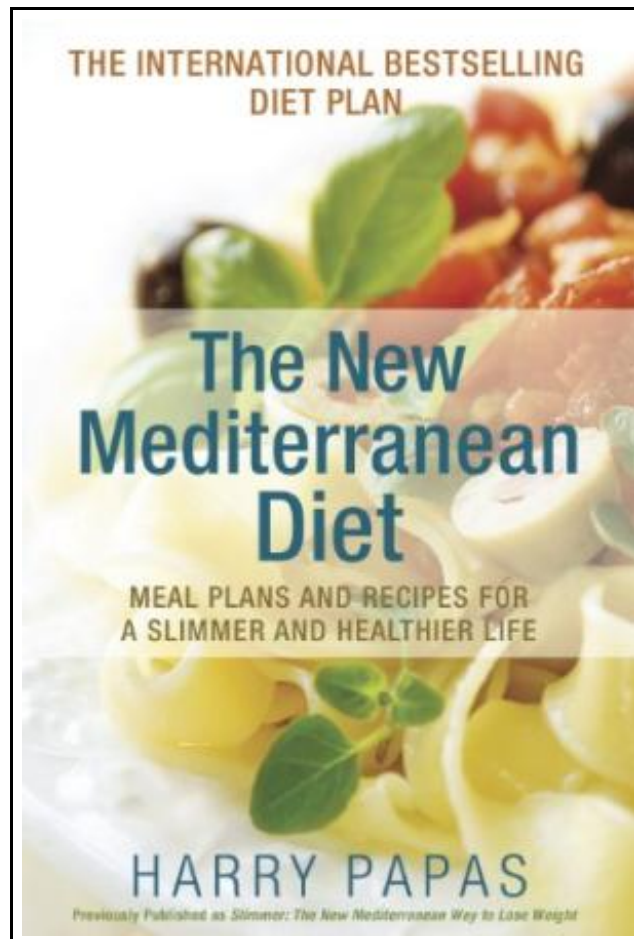


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THE NEW MEDITERRANEAN DIET: MEAL PLANS AND RECIPES FOR A SLIMMER AND HEALTHIER LIFE

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