

Raw Food Recipes - 50 Unique and Delicious Raw Food Recipes: Vegan and Vegetarian Approved!



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Reviews

*This is the finest book i have got go through right up until now. I have got read and i also am confident that i am going to planning to read once again yet again in the future. You will not truly feel monotony at at any time of the time (that's what catalogs are for about if you check with me).
(Taylor Medhurst)*

RAW FOOD RECIPES - 50 UNIQUE AND DELICIOUS RAW FOOD RECIPES: VEGAN AND VEGETARIAN APPROVED!

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Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.THESE 50+ DELICIOUS UNIQUE RAW FOOD RECIPES ARE SURE TO PROMOTE A HEALTHY WAY OF LIFE ALL WHILE LEAVING YOU WITH SOME HAPPY TASTE BUDS! It is recipes that you asked for, and it is recipes that you shall receive. Just take a look at some of the over 50 most delicious and healthiest raw food recipes that you will ever find: *Drink Recipes *Avocado-Kefir Smoothie with Mint Ginger *Coconut-Orange Juice *Mango Lassi *Creamy Raw Egg Nog *Raw Hot Chocolate *Whipped Strawberry-Coconut Smoothie *Coconut Mint-Chip Shake *Breakfast Recipes *Lemon Scones with Blackberry and Sage Jam *Stuffed Apricots with Cashew Chevre *Chia Seed Oatmeal with Cinnamon Mixed Berries *Coconut Yogurt with Walnuts Grapes *Berry Breakfast Crepes with Banana Cream Filling *Orange-Ginger Glazed Raw Donuts *Raw Seeds Buckwheat Cereal *Breakfast Tropical Fruit Bowl *Lunch/Dinner Recipes *Spring Rolls with Chile Sauce *Parsnip Rice with Hemp Seed and Basil *Coconut Wild Rice *Spaghetti alla Puttanesca *Zucchini Pasta with Spicy Lemon Pepper Salad *Classic Raw Lasagna *Cheesy Enchiladas *Burritos with Spicy Zucchini Sauce *Raw Ravioli with Red Pesto *Veggie-Almond Nori Rolls *Soups Salads *Arugula Creamed Pea Salad *Creamy Coconut and Cashew Soup *Mexican Salad *Avocado Gazpacho with Cucumber *Kale Tabbouleh with Fresh Herbs *Raw Corn, Avocado, and Black Bean Salad *Avocado-Apple Soup *Spinach and Strawberry Salad *Spinach Mushroom Salad with Marinade Dressing *Pistachio Red Pepper Bisque *Rainbow Chopped Salad *Dips, Pates, Sauces, and Dressings *Sunflower-Walnut Pate *Salty Banana Dip *Walnut-Honey Spread *Coconut Dressing *Guacamole Dip *Spicy Cheese Dip *Orange-Ginger Dressing *Citrus Salad Dressing *Tangy Pineapple Salsa *Snack/Dessert Recipes *Banana Maple Walnut Ice Cream *Key Lime Pie *Chocolate Chip Mint Ice Cream *Raw Peach Cobbler *Vanilla Bean Ice Cream *Chocolate Chip...



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