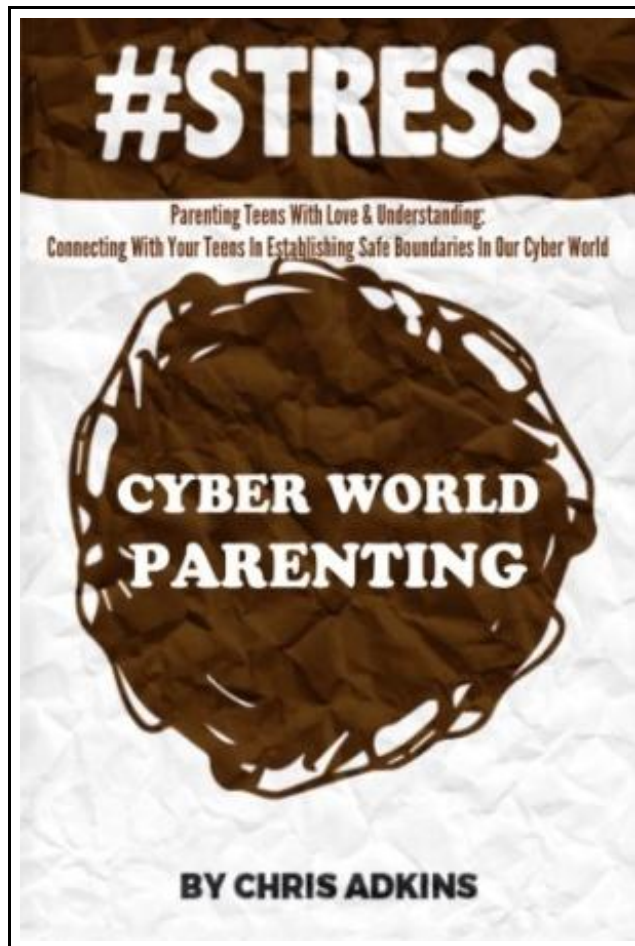


## **Stress: Parenting Teens with Love and Understanding: Connecting with Your Teens in Establishing Safe Boundaries in Our Cyber World**



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## STRESS: PARENTING TEENS WITH LOVE AND UNDERSTANDING: CONNECTING WITH YOUR TEENS IN ESTABLISHING SAFE BOUNDARIES IN OUR CYBER WORLD



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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.#STRESS: Parenting Teens With Love And Understanding: Connecting With Your Teens In Establishing Safe Boundaries In Our Cyber World Have you ever wanted to pull out your hair over a parenting problem that seemed to require a difficult solution (if there was a solution to be had at all)? Have you ever experienced being torn between wanting to hug or discipline your own child because of something they did or said? As a parent, you might have experienced more than your fair share of bewilderment at how to raise your own children so that they turn out to be decent human beings who will be great contributors to society. And if history does repeat itself, then these feelings are or were probably particularly frequent during your child's adolescent period. With pimples sprouting everywhere, strange odors and excretions being expelled by the body, and a looming sense of confusion and frustration about one's identity, adolescence is a turbulent, sometimes traumatic time for many people. It's especially frustrating and confounding for two sets of people in particular: the adolescents themselves and their parents. And although parents were once teenagers themselves, it can be quite tough for them to remember what it was like to be awkward, moody, and confused all the time. Thus, it's common for a lot of parents and teenagers to butt heads over this lack of mutual understanding (as well as due to the crazy hormonal changes taking place in the teenager's body every minute). What's more, being a parent to a teenager in the 21st century is made all the more challenging by the widespread presence of the Internet in...



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