



Happiness on 10 a Day A Recession-Proof Guide

By Heather Wagner

Harper Perennial. Paperback. Book Condition: New. Paperback. 176 pages. Dimensions: 6.9in. x 4.9in. x 0.6in. Money might buy happiness . . . but what if youre on a budget? Forget the 300 therapy bills, the 197 secrets of happy people, the 18 steps to contentment. Happiness on 10 a Day is all you need to rediscover your joie de vivre without breaking the bank. Whether youre into schadenfreude, mooching, or just good old-fashioned fun, this wallet-friendly guidebook offers dozens of contentment-inducing activities. Along the way, handy icons help you find the right activity for your mood and finances. Feeling dramatic? Try harassing a telemarketer. Craving cute animals? Stalk a puppy. Need a party theme? Throw a celebrity sex tape screening. Totally broke? Time for a pub crawl pyramid scheme! Free! Winter or summer, city or country, alone or with friends, you dont need a trust fund to find delight in daily life. If youve got a sense of adventure, a love of mischief, and 10 to buy this book, what are you waiting for? This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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