



23 Anti-Procrastination Habits: How to Stop Being Lazy and Get Results in Your Life

By S J Scott

BRILLIANCE AUDIO, United States, 2015. CD-Audio. Book Condition: New. Unabridged. 168 x 135 mm. Language: English . Brand New. Learn: How to Stop Procrastinating and Forever Eliminate Your Lazy Habits Do you struggle with completing projects or specific tasks? We d all like to get things done and become more productive. But what often happens is we put off important tasks and let them slip through the cracks. The end result? We get overwhelmed by the amount of things to do. In other words, procrastination causes you to feel stressed when you re not completing tasks in a systematic manner. The solution is simple: Develop an anti-procrastination mindset where you take action on a daily basis and never get overwhelmed by your to-do list. Right now: Develop Anti-Procrastination Habits to Get Immediate Results It s not that hard to stop procrastinating. Really, all you have to do is form the same habits used by countless successful people and make them part of your routine. While these people often have the same fears and limitations as you, they re able to take consistent action because they ve trained themselves to do so. In the audiobook 23 Anti-Procrastination Habits, you will discover...



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