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Tales From the Yoga Studio

By Rain Mitchell

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Tales From the Yoga Studio, Rain Mitchell, Yoga. A spiritual journey. A way of life. A chance to meet the friends you've been waiting for. At the beginning, it's all about the exercise. But for five of the women who take yoga classes at Edendale Studio it's soon about more than sharing tips for the perfect Downward Dog. It's about their hopes, fears and dreams. Katherine is falling in love, but terrified of screwing it up again and Graciela is determined to prove her critical mother wrong - although she'll have to prove herself right first. Imani's life has been shattered by a heartbreaking truth, while yoga teacher Lee loves to help everyone else, but is she truly happy? And they're all worried about Stephanie, who seems to have disappeared. So it comes as a shock to the women when Lee announces the studio is closing. Is it really namaste for Edendale - or can these now close-knit friends find a way to keep their beloved yoga class alive?.



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