



The Science of Gymnastics: Data Graphs for Science Lab

By M Schottenbauer

Createspace, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.This book contains graphs showing data from a selection of basic gymnastics moves, including floor, vault, high bar, parallel bars, rings, and pommel horse, using training-style equipment (mini bar, small and large parallettes, and a pommel trainer). Gymnastics moves studied include lunge, bounding, salto, roundoff, swinging on parallettes, pommel swings, pommel circles, and inversion on rings, among others. These data can be used for lesson plans by teachers and parents.



READ ONLINE
[8.53 MB]

Reviews

Merely no words to describe. I have got study and i am confident that i am going to planning to go through yet again once again in the foreseeable future. You will like just how the writer compose this publication.

-- Devante Schmitt

Complete guideline! Its this sort of excellent read. I could comprehended every little thing out of this written e publication. Its been designed in an remarkably easy way and it is only right after i finished reading this publication by which really transformed me, affect the way i think.

-- Prof. Shanie Schinner Sr.