



## Fasting in Islam and the Month of Ramadan: A Comprehensive Guide

By Ali Budak

The Light Inc. Paperback. Book Condition: new. BRAND NEW, Fasting in Islam and the Month of Ramadan: A Comprehensive Guide, Ali Budak, Religion guides humanity to what is good and right firstly through belief. The strength and durability of a true belief and pure faith depend upon worship. This book seeks to explore the divine institution of fasting in Islam by providing comprehensive information on its place in Islamic worship and on the fasting month of Ramadan. It covers: fasting in Islam and other faiths; merits and benefits of fasting; types of fasts; charity in Ramadan; and, fasting and health.

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