



Get Down with Dog

By Melissa Marie Casses

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Get Down with Dog invites parents, teachers, and children to begin exploring yoga through the language of an inspiring tale of Downward Dog. This book contains full-color photos of yoga poses presented by children in natural settings. Downward Dog is a wayward character driven to obtain material satisfaction through his search for the perfect toy. As his journey progresses, he meets a group of friends that offer him support and challenges that enrich his sense of meaning. Downward Dog discovers that his meaning of purpose is obtained not through the material items that he has, but through the friendships that he develops along the way. This story encourages literacy, cognition, and movement for parents, teachers, and children of all ages through the use of yoga, imagination, and the use of literacy skills. Through the trials and tribulations of Downward Dog's plight, he opens the door for social, emotional, cognitive, physical, and language development for children and adults alike.



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