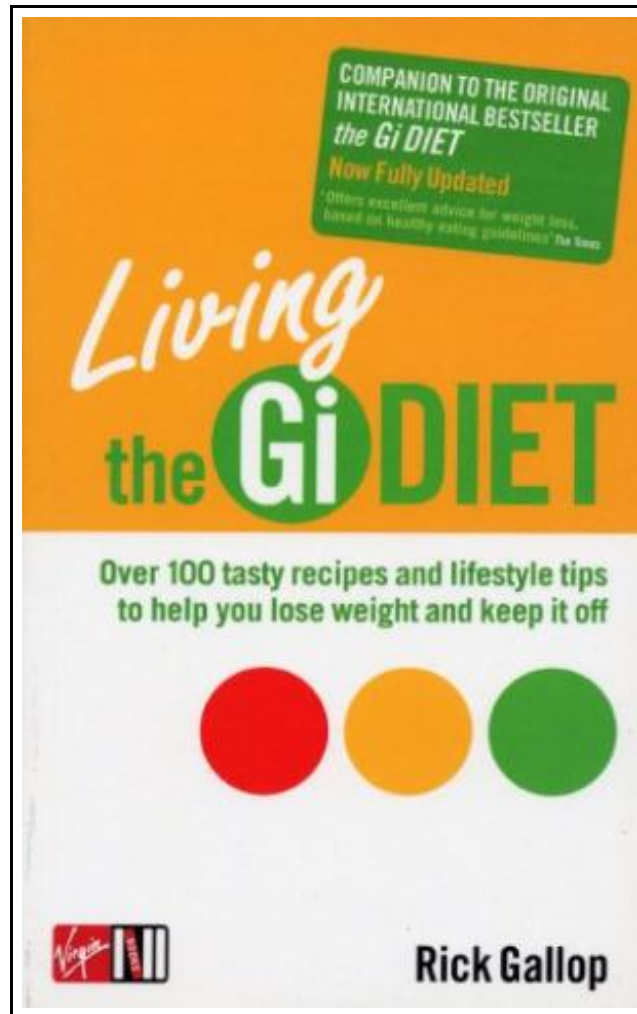


## Living the GI Diet: To Maintain Healthy, Permanent Weight Loss



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## LIVING THE GI DIET: TO MAINTAIN HEALTHY, PERMANENT WEIGHT LOSS

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