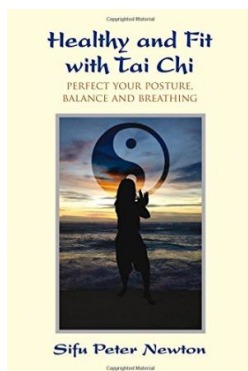


The Healthy and Fit with Tai Chi: Perfect Your Posture, Balance, and Breathing



Book Review

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