



## Parenting Under Stress

By Ph D Dr Maha Broum

Trafford Publishing, United States, 2012. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is intended to raise parents awareness of stress they and their children go through as they face the pressures of modern life. When parents become aware of these pressures they can deal with them, model a positive attitude to their children, and help children express and manage their emotions in order to ensure a healthier development of children and a better relationship in the family. The book is divided into four chapters: Chapter 1 explores sources of stress in modern life while Chapter 2 demonstrates how stress impacts parenting through the elements: academic pressure, extracurricular activities, and toys. Chapter 3 lays out the intellectual, emotional, physical and social symptoms suffered by children of stressed-out parents. Ways out of the rat race are portrayed in Chapter 4.



**READ ONLINE**  
[ 4.68 MB ]

### Reviews

*This book may be really worth a read through, and far better than other. it was actually writtern extremely completely and valuable. I am just very easily will get a satisfaction of looking at a published ebook.*

-- **Lillie Toy**

*It is easy in read through easier to fully grasp. it had been writtern very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be he very best book for possibly.*

-- **Miss Marge Jerde**

## Related Kindle Books



### **The Thinking Moms' Revolution: Autism Beyond the Spectrum: Inspiring True Stories from Parents Fighting to Rescue Their Children**

Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, The Thinking Moms' Revolution: Autism Beyond the Spectrum: Inspiring True Stories from Parents Fighting to Rescue Their Children, Helen Conroy, Lisa Joyce Goes, Robert W. Sears, "The most amazing, inspiring, ball busting, loving bloggers..."



### **The Thinking Moms Revolution: Autism Beyond the Spectrum: Inspiring True Stories from Parents Fighting to Rescue Their Children (Hardback)**

Skyhorse Publishing, United States, 2013. Hardback. Book Condition: New. 231 x 157 mm. Language: English . Brand New Book. The Thinking Moms Revolution (TMR) is a group of twentythree moms (and one awesome dad) from Montana to Malaysia who all have children...



### **On Becoming Baby Wise, Book Two: Parenting Your Five to Twelve-Month Old Through the Babyhood Transition**

Parent-Wise Solutions, 2012. Paperback. Book Condition: New. BRAND NEW, Perfect Shape, No Black Remainder Mark, Fast Shipping With Online Tracking, International Orders shipped Global Priority Air Mail, All orders handled with care and shipped promptly in secure packaging, we ship Mon-Sat and send...



### **The Oopsy Kid: Poems For Children And Their Parents**

Poolbeg Press Ltd, 2003. Paperback. Book Condition: New. Brand new books and maps available immediately from a reputable and well rated UK bookseller - not sent from the USA; despatched promptly and reliably worldwide by Royal Mail;



### **Parenting Young Children: Exploring the Internet, Television, Play, and Reading**

Information Age Publishing. Paperback. Book Condition: New. Paperback. 214 pages. Dimensions: 9.0in. x 6.0in. x 0.7in. A volume in Lifespan Learning Series Editors: Paris Strom, Auburn University, and Robert D. Strom Arizona State University Parents feel that a fast-paced lifestyle requires constant hurry...



### **Parenting Young Children: Exploring the Internet, Television, Play, and Reading (Hc)**

Information Age Publishing. Hardcover. Book Condition: New. Hardcover. 214 pages. Dimensions: 9.2in. x 6.2in. x 0.7in. A volume in Lifespan Learning Series Editors: Paris Strom, Auburn University, and Robert D. Strom Arizona State University Parents feel that a fast-paced lifestyle requires constant hurry...