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## Improvised: How to Create the Life You Really Want.

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By Robin Konie

Thank Your Body, LLC, United States, 2014. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Every year more than 40 of Americans set out to improve their lives through New Year Resolutions. But the fact is only 8 of people actually achieve their goals. Unfortunately, traditional approaches to setting and reaching goals forget the complex nature of life. If you have ever felt deflated by your inability to reach your most desired goals, you re not alone. It s time to rethink our approach. After all, life is not a scripted performance. It s an improvisation. Despite what some of the goal-setting gurus want us to believe, we can t control every element of our life to realize a static endpoint. But that doesn t mean you can t live a life you truly love. Drawing from the principles of improvisation, Improvised provides a whole new framework by which to create happiness, success, and the life of our dreams. It is your guidebook for transforming the way your approach every aspect of life. Discover true success in business, your relationships, and within your home. Praise for Improvised : Improvised is...



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