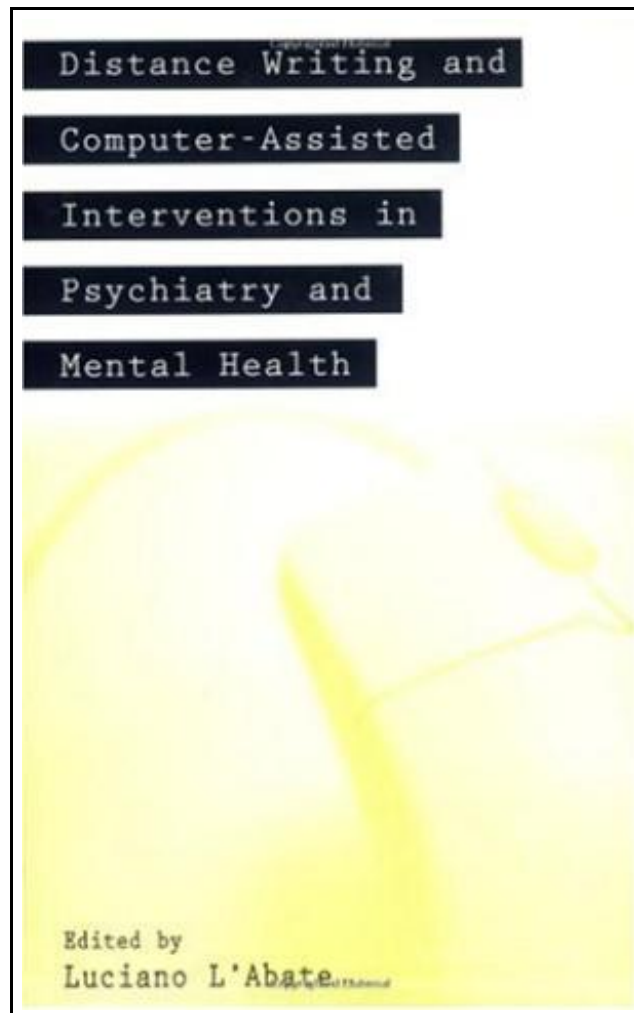


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Reviews

This publication is definitely not simple to begin on studying but quite fun to see. It really is full of knowledge and wisdom I am just effortlessly can get a satisfaction of studying a created pdf.
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DISTANCE WRITING AND COMPUTER-ASSISTED INTERVENTIONS IN PSYCHIATRY AND MENTAL HEALTH



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Ablex Publishing Corp. Paperback. Book Condition: New. Paperback. 248 pages. Dimensions: 9.0in. x 6.0in. x 0.6in. Directed to mental health professionals and graduate students in the mental health disciplines, we present a new way to augment the cost-effectiveness of current face-to-face (f2f) mental health based on talk, and, offer an alternative in primary, secondary, and tertiary prevention approaches. Distance writing (DW) and computer-assisted interventions (CAI) through the Internet opens up new vistas to those unable to be reached using traditional talk-based f2f approaches, i. e. , living abroad, handicapped, the military, missionary families, Peace Corps volunteers, English speaking respondents (individuals, couples, and families), and most importantly incarcerated prisoners who do not seem to improve through conventional verbal, f2f approaches. DW and CAI vary in their structure (from high to low) and in levels of goals, content, specificity, and abstraction. Positive research evidence finds that DW and CAI is effective and actually cost-effective, with relatively healthy undergraduates, psychiatric outpatients, incarcerated felons, and physically handicapped patients supporting the use of this relatively new approach. This evolutionary step or paradigmatic shift cannot take place overnight, professionals suspicious of this new technology, will find this work a way to assuage their fears and help start this new cure on an experiential basis, utilizing structured interviews before starting to use writing and CAI at a distance. It presents an ample field of applications that will make research more cost-effective than traditional talk-based, f2f approaches. DWCAI represents one way in which MH professionals can progress to meet managed care companies demands for accountability. Progress in most realms of business, science, education, law is based on the written record. The talking cure has occupied the last century as one of the greatest advances in how to help distressed people. By the same token, the writing cure represents the...



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