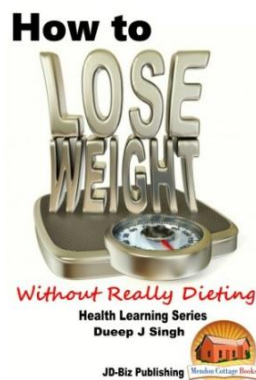


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## HOW TO LOSE WEIGHT WITHOUT REALLY DIETING



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.How to Lose Weight Without Really Dieting Health Learning Series Table of Content: Introduction How does Dieting Harm Your Body? How Do Eating Habits Inculcated In Childhood Affect Us As Long As We Live? Why Do You Need To Lose Weight? How To Lose Weight Without Dieting Easy Tips and Techniques to Remain Slim and Trim Conclusion Introduction...

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- Authored by Dueep J Singh, John Davidson
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