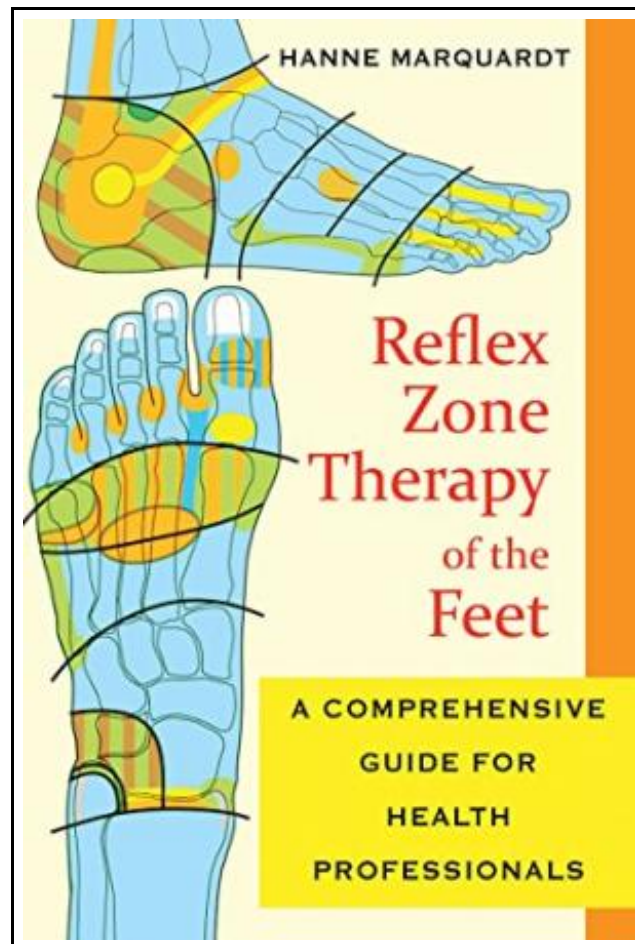


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Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Reflex Zone Therapy of the Feet: A Comprehensive Guide for Health Professionals, Hanne Marquardt, Based on Hanne Marquardt's early training with Eunice Ingham and her many years of practical experience as a therapist and teacher, this authoritative manual describes the reflex zones of the feet in detail. With full-color illustrated maps as well as explanations of how these zones relate to the internal organs, Marquardt's guide to treating many common ailments such as migraine, sciatica, and bronchitis both in others and oneself has stood the test of time. This revised edition contains completely new color illustrations throughout as well as new case studies and an expanded list of ailments and treatments. Marquardt also includes new information on symptoms, massage techniques, treating babies and children, and recent discoveries in reflexology such as the solar plexus zone. Offering new discussions of the relationship between the foot and the human form, why the feet are treated and not the hands, and recognizing the healing signs of detoxification reactions, this updated edition provides a solid foundation for those just delving in to reflexology as well as an enriched reference for bodywork professionals.



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