



## Listening to Your Life: Creatively Discerning Your Calling

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By Julia Mourant

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Paperback. Book Condition: New. 216 x 135 mm. Language: N/A.  
Brand New Book. For those exploring a sense of call - to  
ordained ministry, another vocation or to a change of direction  
in life, the standard advice is often to read some relevant books  
and consult a recognized expert. Rational thought is important,  
yet Listening to Your Life recognizes that there is another way of  
knowing and understanding which is intuitive and rooted in a  
God-given inner wisdom. Here, God can speak through our  
imagination, hopes, dreams, doubts and desires as well as in the  
logic of lists of pros and cons. Spiritual director and vocations  
advisor Julia Mourant offers thirty simple spiritual exercises for  
exploration and discernment - for example, viewing our lives  
through four windows: Looking through the north window -  
what is our pole star? What holds us firm in life? Looking  
through the east window - what new gifts or challenges may be  
rising in our lives? Looking through the south window - what  
warms us and causes us to grow? Looking through the west  
window - what may be setting in our lives? What do we need to  
let...



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