



High Scoring Baseball

By Todd Guilliams

Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, High Scoring Baseball, Todd Guilliams, "High-Scoring Baseball" is the definitive guide for establishing an aggressive, opportunistic and disciplined offense. Inside is detailed coverage of the four offensive team goals and the six ways to create offensive pressure that gives every team a chance. It offers a statistical analysis of run production and the most common predictors for achieving a big innings, the importance of getting the lead-off hitter on and the importance of collecting free bases. Coaches will be able to identify the most effective strategies based on specific game situations as well as the proper mental approach and physical adjustments to execute in those situations. Offense in baseball is about more than a player's batting average or a team's ability to hit the long ball. It's all about run production, a player's ability to achieve a high batting average and a team's ability to create a big innings. This book offers the key to baseball success.



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