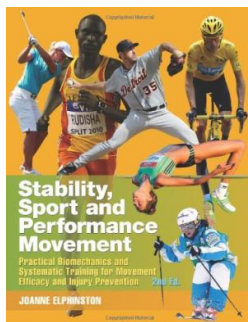


Efficacy and Injury...

## Stability, Sport and Performance Movement: Practical Biomechanics and Systematic Training for Movement Efficacy and Injury Prevention (2nd Revised edition)



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(Prof. Shanie Schinner Sr.)

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