

ოპოვეთ $\sin^2 \alpha$, თუ $\operatorname{tg}^2 \alpha = 4$.

ა) $\frac{1}{17}$

ბ) $\frac{\sqrt{288}}{17}$

გ) $\frac{4}{5}$

დ) $\frac{16}{17}$