

## **B. Menu Plan (3 Days)**

### Day 1 – Opening Day

Breakfast: Pandesal with butter, fresh fruit, coffee

Morning Snack

Lunch: Chicken Adobo or Vegetable Stir-Fry with Rice

Afternoon Snack: Pili Tart or Suman

Dinner: Grilled Fish / Roast Chicken, Mixed Vegetables

### Day 2 – Convention Proper

Breakfast: Longganisa or Tocino with Garlic Rice and Egg

Morning Snack:

Lunch: Pork or Chicken Bicol Express / Laing (Veg option), Rice

Afternoon Snack: Banana Cue or Kakanin

Dinner: Beef Steak or Fish Fillet with Vegetables and Dessert

### Day 3 – Tour and Closing

Breakfast: Hotel buffet/set meal

Morning Snack:

Packed Lunch: Grilled Chicken or Fish Fillet with Rice and Fruit

Afternoon Snack: Local Pastry or Mango Slices

Dinner: Farewell Dinner with Seafood Platter and Dessert

## **C. Accommodation / Housing**

Affordable and comfortable lodging is provided for all delegates, with 2 delegates per room allocation.

Partner Hotels:

- Ninongs Hotel: Near city center and Albay Astrodome
- Hotel Sentro Legazpi: Ideal for student delegates
- Hotel St. Ellis: For VIPs and guest speakers
- Casablanca Suites: Accessible and business-style
- The Oriental Legazpi: For dignitaries and international guests

All hotels include breakfast, Wi-Fi, and shuttle transfers every 30 minutes from hotels to venues.

**D. Sightseeing Tours / Pre- and Post-Event Packages**

Official Day 3 Tour (Sept 9, 2026) – Albay Heritage and Nature Discovery

Time: 8:00 AM – 4:30 PM

7:00 AM – Breakfast at hotel

8:00 AM – Depart for Cagsawa Ruins Park

9:00 AM – Visit Cagsawa Ruins / Mayon Volcano Photo Stop

10:30 AM – Daraga Church (Nuestra Señora de la Porteria)

11:30 AM – Lunch at local Bicolano restaurant

1:00 PM – Sumlang Lake – bamboo rafting, crafts viewing

3:00 PM – Shopping at Albay Pilinut Center

4:30 PM – Return to hotels / rest

7:00 PM – Farewell Dinner and Cultural Presentation

Optional Pre/Post Tours:

- Pre-Tour (Sept 6): Legazpi City Boulevard & Lignon Hill Nature Park

- Post-Tour (Sept 10): Donsol Whale Shark Interaction / Misibis Bay Experience