

1000



ENGLISH WORDS & EXPRESSIONS

AUTHOR | TIFFANI CLAIBORNE

WEEKLYENGLISHWORDS.COM

SECTION 1

5-STEP FORMULA

BREAKDOWN

DAY 1 - 32

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
1	1-3					
2	4-6	1-3	1-3			
3	7-9	4-6	4-6	1-3		
4	10-12	7-9	7-9	4-6		
5	13-15	10-12	10-12	7-9		
6	16-18	13-15	13-15	10-12		
7	19-21	16-18	16-18	13-15		
8	22-24	19-21	19-21	16-18		
9	25-27	22-24	22-24	19-21		
10	28-30	25-27	25-27	22-24		
11	31-33	28-30	28-30	25-27		
12	34-36	31-33	31-33	28-30		
13	37-39	34-36	34-36	31-33		
14	40-42	37-39	37-39	34-36		
15		40-42	40-42	37-39 & 40-42		
16					1-42	
17	43-45					
18	46-48	43-45	43-45			
19	49-51	46-48	46-48	43-45		
20	52-54	49-51	49-51	46-48		
21	55-57	52-54	52-54	49-51		
22	58-60	55-57	55-57	52-54		
23	61-63	58-60	58-60	55-57		
24	64-66	61-63	61-63	58-60		
25	67-69	64-66	64-66	61-63		
26	70-72	67-69	67-69	64-66		
27	73-75	70-72	70-72	67-69		
28	76-78	73-75	73-75	70-72		
29	79-81	76-78	76-78	73-75		
30	82-84	79-81	79-81	76-78		
31		82-84	82-84	79-81 & 82-84		
32					43-84	1-42

DAY 33 - 64

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
33	85-87					
34	88-90	85-87	85-87			
35	91-93	88-90	88-90	85-87		
36	94-96	91-93	91-93	88-90		
37	97-99	94-96	94-96	91-93		
38	100-102	97-99	97-99	94-96		
39	101-103	100-102	100-102	97-99		
40	104-106	101-103	101-103	100-102		
41	107-109	104-106	104-106	101-103		
42	110-112	107-109	107-109	104-106		
43	113-115	110-112	110-112	107-109		
44	116-118	113-115	113-115	110-112		
45	119-121	116-118	116-118	113-115		
46	122-124	119-121	119-121	116-118		
47		122-124	122-124	119-121 & 122-124		
48					85-124	1-42 // 43-84
49	125-127					
50	128-130	125-127	125-127			
51	131-133	128-130	128-130	125-127		
52	134-136	131-133	131-133	128-130		
53	137-139	134-136	134-136	131-133		
54	140-142	137-139	137-139	134-136		
55	143-145	140-142	140-142	137-139		
56	146-148	143-145	143-145	140-142		
57	149-151	146-148	146-148	143-145		
58	152-154	149-151	149-151	146-148		
59	155-157	152-154	152-154	149-151		
60	158-160	155-157	155-157	152-154		
61	161-163	158-160	158-160	155-157		
62	164-166	161-163	161-163	158-160		
63		164-166	164-166	161-163 & 164-166		
64					125-166	1-42 // 43-84 // 85-124

DAY 65 - 96

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
65	167-169					
66	170-172	167-169	167-169			
67	173-175	170-172	170-172	167-169		
68	176-178	173-175	173-175	170-172		
69	179-181	176-178	176-178	173-175		
70	182-184	179-181	179-181	176-178		
71	185-187	182-184	182-184	179-181		
72	188-190	185-187	185-187	182-184		
73	191-193	188-190	188-190	185-187		
74	194-196	191-193	191-193	188-190		
75	197-199	194-196	194-196	191-193		
76	200-202	197-199	197-199	194-196		
77	203-205	200-202	200-202	197-199		
78	206-208	203-205	203-205	200-202		
79		206-208	206-208	203-205 & 206-208		
80					167-208	BREAK
81	209-211					
82	212-214	209-211	209-211			
83	215-217	212-214	212-214	209-211		
84	218-220	215-217	215-217	212-214		
85	221-223	218-220	218-220	215-217		
86	224-226	221-223	221-223	218-220		
87	227-229	224-226	224-226	221-223		
88	230-232	227-229	227-229	224-226		
89	233-235	230-232	230-232	227-229		
90	236-238	233-235	233-235	230-232		
91	239-241	236-238	236-238	233-235		
92	242-244	239-241	239-241	236-238		
93	245-247	242-244	242-244	239-241		
94	248-250	245-247	245-247	242-244		
95		248-250	248-250	245-247 & 248-250		
96					209-250	167-208

DAY 97 - 128

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
97	251-253					
98	254-256	251-253	251-253			
99	257-259	254-256	254-256	251-253		
100	260-262	257-259	257-259	254-256		
101	263-265	260-262	260-262	257-259		
102	266-268	263-265	263-265	260-262		
103	269-271	266-268	266-268	263-265		
104	272-274	269-271	269-271	266-268		
105	275-277	272-274	272-274	269-271		
106	278-280	275-277	275-277	272-274		
107	281-283	278-280	278-280	275-277		
108	284-286	281-283	281-283	278-280		
109	287-289	284-286	284-286	281-283		
110	290-292	287-289	287-289	284-286		
111		290-292	290-292	287-289 & 290-292		
112					251-292	167-208 // 209-250
113	293-295					
114	296-298	293-295	293-295			
115	299-301	296-298	296-298	293-295		
116	302-304	299-301	299-301	296-298		
117	305-307	302-304	302-304	299-301		
118	308-310	305-307	305-307	302-304		
119	311-313	308-310	308-310	305-307		
120	314-316	311-313	311-313	308-310		
121	317-319	314-316	314-316	311-313		
122	320-322	317-319	317-319	314-316		
123	323-325	320-322	320-322	317-319		
124	326-328	323-325	323-325	320-322		
125	329-331	326-328	326-328	323-325		
126	332-334	329-331	329-331	326-328		
127		332-334	332-334	329-331 & 332-334		
128					293-334	167-208 // 209-250 // 251-292

DAY 129 - 160

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
129	335-337					
130	338-340	335-337	335-337			
131	341-343	338-340	338-340	335-337		
132	344-346	341-343	341-343	338-340		
133	347-349	344-346	344-346	341-343		
134	350-352	347-349	347-349	344-346		
135	353-355	350-352	350-352	347-349		
136	356-358	353-355	353-355	350-352		
137	359-361	356-358	356-358	353-355		
138	362-364	359-361	359-361	356-358		
139	365-367	362-364	362-364	359-361		
140	368-370	365-367	365-367	362-364		
141	371-373	368-370	368-370	365-367		
142	374-376	371-373	371-373	368-370		
143		374-376	374-376	371-373 & 374-376		
144					335-376	BREAK
145	377-379					
146	380-382	377-379	377-379			
147	383-385	380-382	380-382	377-379		
148	386-388	383-385	383-385	380-382		
149	389-391	386-388	386-388	383-385		
150	392-394	389-391	389-391	386-388		
151	395-397	392-394	392-394	389-391		
152	398-400	395-397	395-397	392-394		
153	401-403	398-400	398-400	395-397		
154	404-406	401-403	401-403	398-400		
155	407-409	404-406	404-406	401-403		
156	410-412	407-409	407-409	404-406		
157	413-415	410-412	410-412	407-409		
158	416-418	413-415	413-415	410-412		
159		416-418	416-418	413-415 & 416-418		
160					377-418	335-376

DAY 161 - 192

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
161	419-421					
162	422-424	419-421	419-421			
163	425-427	422-424	422-424	419-421		
164	428-430	425-427	425-427	422-424		
165	431-433	428-430	428-430	425-427		
166	434-436	431-433	431-433	428-430		
167	437-439	434-436	434-436	431-433		
168	440-442	437-439	437-439	434-436		
169	443-445	440-442	440-442	437-439		
170	446-448	443-445	443-445	440-442		
171	449-451	446-448	446-448	443-445		
172	452-454	449-451	449-451	446-448		
173	455-457	452-454	452-454	449-451		
174	458-460	455-457	455-457	452-454		
175		458-460	458-460	455-457 & 458-460		
176					419-460	335-376 // 377-418
177	461-463					
178	464-466	461-463	461-463			
179	467-469	464-466	464-466	461-463		
180	470-472	467-469	467-469	464-466		
181	473-475	470-472	470-472	467-469		
182	476-478	473-475	473-475	470-472		
183	479-481	476-478	476-478	473-475		
184	482-484	479-481	479-481	476-478		
185	485-487	482-484	482-484	479-481		
186	488-490	485-487	485-487	482-484		
187	491-493	488-490	488-490	485-487		
188	494-496	491-493	491-493	488-490		
189	497-499	494-496	494-496	491-493		
190	500-502	497-499	497-499	494-496		
191		500-502	500-502	497-499 & 500-502		
192					461-502	335-376 // 377-418 // 419-460

DAY 193 - 224

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
193	503-505					
194	506-508	503-505	503-505			
195	509-511	506-508	506-508	503-505		
196	512-514	509-511	509-511	506-508		
197	515-517	512-514	512-514	509-511		
198	518-520	515-517	515-517	512-514		
199	521-523	518-520	518-520	515-517		
200	524-526	521-523	521-523	518-520		
201	527-529	524-526	524-526	521-523		
202	530-532	527-529	527-529	524-526		
203	533-535	530-532	530-532	527-529		
204	536-538	533-535	533-535	530-532		
205	539-541	536-538	536-538	533-535		
206	542-544	539-541	539-541	536-538		
207		542-544	542-544	539-541 & 542-544		
208					503-544	BREAK
209	545-547					
210	548-550	545-547	545-547			
211	551-553	548-550	548-550	545-547		
212	554-556	551-553	551-553	548-550		
213	557-559	554-556	554-556	551-553		
214	560-562	557-559	557-559	554-556		
215	563-565	560-562	560-562	557-559		
216	566-568	563-565	563-565	560-562		
217	569-571	566-568	566-568	563-565		
218	572-574	569-571	569-571	566-568		
219	575-577	572-574	572-574	569-571		
220	578-580	575-577	575-577	572-574		
221	581-583	578-580	578-580	575-577		
222	584-586	581-583	581-583	578-580		
223		584-586	584-586	581-583 & 584-586		
224					545-586	503-544

DAY 225 - 256

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
225	587-589					
226	590-592	587-589	587-589			
227	593-595	590-592	590-592	587-589		
228	596-598	593-595	593-595	590-592		
229	599-601	596-598	596-598	593-595		
230	602-604	599-601	599-601	596-598		
231	605-607	602-604	602-604	599-601		
232	608-610	605-607	605-607	602-604		
233	611-613	608-610	608-610	605-607		
234	614-616	611-613	611-613	608-610		
235	617-619	614-616	614-616	611-613		
236	620-622	617-619	617-619	614-616		
237	623-625	620-622	620-622	617-619		
238	626-628	623-625	623-625	620-622		
239		626-628	626-628	623-625 & 626-628		
240					587-628	503-544 // 545-586
241	629-631					
242	632-634	629-631	629-631			
243	635-637	632-634	632-634	629-631		
244	638-640	635-637	635-637	632-634		
245	641-643	638-640	638-640	635-637		
246	644-646	641-643	641-643	638-640		
247	647-649	644-646	644-646	641-643		
248	650-652	647-649	647-649	644-646		
249	653-655	650-652	650-652	647-649		
250	656-658	653-655	653-655	650-652		
251	659-661	656-658	656-658	653-655		
252	662-664	659-661	659-661	656-658		
253	665-667	662-664	662-664	659-661		
254	668-670	665-667	665-667	662-664		
255		668-670	668-670	665-667 & 668-670		
256					629-670	503-544 // 545-586 // 587-628

DAY 257 - 288

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
257	671-673					
258	674-676	671-673	671-673			
259	677-679	674-676	674-676	671-673		
260	680-682	677-679	677-679	674-676		
261	683-685	680-682	680-682	677-679		
262	686-688	683-685	683-685	680-682		
263	689-691	686-688	686-688	683-685		
264	692-694	689-691	689-691	686-688		
265	695-697	692-694	692-694	689-691		
266	698-700	695-697	695-697	692-694		
267	701-703	698-700	698-700	695-697		
268	704-706	701-703	701-703	698-700		
269	707-709	704-706	704-706	701-703		
270	710-712	707-709	707-709	704-706		
271		710-712	710-712	707-709 & 710-712		
272					671-712	BREAK
273	713-715					
274	716-718	713-715	713-715			
275	719-721	716-718	716-718	713-715		
276	722-724	719-721	719-721	716-718		
277	725-727	722-724	722-724	719-721		
278	728-730	725-727	725-727	722-724		
279	731-733	728-730	728-730	725-727		
280	734-736	731-733	731-733	728-730		
281	737-739	734-736	734-736	731-733		
282	740-742	737-739	737-739	734-736		
283	743-745	740-742	740-742	737-739		
284	746-748	743-745	743-745	740-742		
285	749-751	746-748	746-748	743-745		
286	752-754	749-751	749-751	746-748		
287		752-754	752-754	749-751 & 752-754		
288					713-754	671-712

DAY 289 - 320

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
289	755-757					
290	758-760	755-757	755-757			
291	761-763	758-760	758-760	755-757		
292	764-766	761-763	761-763	758-760		
293	767-769	764-766	764-766	761-763		
294	770-772	767-769	767-769	764-766		
295	773-775	770-772	770-772	767-769		
296	776-778	773-775	773-775	770-772		
297	779-781	776-778	776-778	773-775		
298	782-784	779-781	779-781	776-778		
299	785-787	782-784	782-784	779-781		
300	788-790	785-787	785-787	782-784		
301	791-793	788-790	788-790	785-787		
302	794-796	791-793	791-793	788-790		
303		794-796	794-796	791-793 & 794-796		
304					755-796	671-712 // 713-754
305	797-799					
306	800-802	797-799	797-799			
307	803-805	800-802	800-802	797-799		
308	806-808	803-805	803-805	800-802		
309	809-811	806-808	806-808	803-805		
310	812-814	809-811	809-811	806-808		
311	815-817	812-814	812-814	809-811		
312	818-820	815-817	815-817	812-814		
313	821-823	818-820	818-820	815-817		
314	824-826	821-823	821-823	818-820		
315	827-829	824-826	824-826	821-823		
316	830-832	827-829	827-829	824-826		
317	833-835	830-832	830-832	827-829		
318	836-838	833-835	833-835	830-832		
319		836-838	836-838	833-835 & 836-838		
320					797-838	671-712 // 713-754 // 755-796

DAY 321 - 352

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
321	839-841					
322	842-844	839-841	839-841			
323	845-847	842-844	842-844	839-841		
324	848-850	845-847	845-847	842-844		
325	851-853	848-850	848-850	845-847		
326	854-856	851-853	851-853	848-850		
327	857-859	854-856	854-856	851-853		
328	860-862	857-859	857-859	854-856		
329	863-865	860-862	860-862	857-859		
330	866-868	863-865	863-865	860-862		
331	869-871	866-868	866-868	863-865		
332	872-874	869-871	869-871	866-868		
333	875-877	872-874	872-874	869-871		
334	878-880	875-877	875-877	872-874		
335		878-880	878-880	875-877 & 878-880		
336					839-880	BREAK
337	881-883					
338	884-886	881-883	881-883			
339	887-889	884-886	884-886	881-883		
340	890-892	887-889	887-889	884-886		
341	893-895	890-892	890-892	887-889		
342	896-898	893-895	893-895	890-892		
343	899-901	896-898	896-898	893-895		
344	902-904	899-901	899-901	896-898		
345	905-907	902-904	902-904	899-901		
346	908-910	905-907	905-907	902-904		
347	911-913	908-910	908-910	905-907		
348	914-916	911-913	911-913	908-910		
349	917-919	914-916	914-916	911-913		
350	920-922	917-919	917-919	914-916		
351		920-922	920-922	917-919 & 920-922		
352					881-922	839-880

DAY 353 - 383

DAY	SELECT	MEMORIZE	VISUALIZE	APPLY	REVIEW	EXTRA REVIEW
353	923-925					
354	926-928	923-925	923-925			
355	929-931	926-928	926-928	923-925		
356	932-934	929-931	929-931	926-928		
357	935-937	932-934	932-934	929-931		
358	938-940	935-937	935-937	932-934		
359	941-943	938-940	938-940	935-937		
360	944-946	941-943	941-943	938-940		
361	947-949	944-946	944-946	941-943		
362	950-952	947-949	947-949	944-946		
363	953-955	950-952	950-952	947-949		
364	956-958	953-955	953-955	950-952		
365	959-961	956-958	956-958	953-955		
366	962-964	959-961	959-961	956-958		
367		962-964	962-964	959-961 & 962-964		
368					923-964	839-880 // 881-922
369	965-967					
370	968-970	965-967	965-967			
371	971-973	968-970	968-970	965-967		
372	974-976	971-973	971-973	968-970		
373	977-979	974-976	974-976	971-973		
374	980-982	977-979	977-979	974-976		
375	983-985	980-982	980-982	977-979		
376	986-988	983-985	983-985	980-982		
377	989-991	986-988	986-988	983-985		
378	992-994	989-991	989-991	986-988		
379	995-997	992-994	992-994	989-991		
380	998-1000	995-997	995-997	992-994		
381		998-1000	998-1000	995-997		
382				998-1000		
383					965-1000	839-880 // 881-922 // 923-964
	IF YOU WANT TO DO IT EXACTLY IN A YEAR, YOU CAN ELIMINATE 12 OF THE "BREAK" DAYS					

SECTION 2

FULL LIST OF 1000

WORDS & EXPRESSIONS

1-68 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
1	My go-to thing	Episode 70	35	Icing on the cake	Episode 71
2	Round it up	Episode 70	36	Admit defeat	Episode 71
3	Born & raised in	Episode 70	37	"In the first place"	Episode 71
4	It just so happened	Episode 70	38	In hindsight	Episode 71
5	What a coincidence (coinki-dink)	Episode 70	39	HR (Human Resources)	Episode 71
6	Brief	Episode 70	40	Special occasion	Episode 71
7	First thing that comes to mind	Episode 70	41	Refreshing	Episode 71
8	Culture shock	Episode 70	42	Be all, end all of everything	Episode 71
9	The norm	Episode 70	43	Balling my eyes out	Episode 71
10	There is no norm "so to speak"	Episode 70	44	Eye-opening	Episode 71
11	Mannerisms	Episode 70	45	Clash	Episode 71
12	You won't necessarily...	Episode 70	46	middle ground	Episode 71
13	"Milk that puppy"	Episode 70	47	Inevitable	Episode 71
14	Sustenance	Episode 70	48	Empathetic	Episode 71
15	Big advocates of	Episode 70	49	Understand where someone is coming from	Episode 71
16	Collective values	Episode 70	50	Remain neutral	Episode 71
17	Tension	Episode 70	51	Preconceived notion	Episode 71
18	Multi-faceted	Episode 70	52	We go back over 20 years	Episode 72
19	Blah-blah-blah	Episode 70	53	Autism	Episode 72
20	Getting to know	Episode 70	54	Pick up a language	Episode 72
21	Shady stuff	Episode 70	55	On the surface	Episode 72
22	At the last minute	Episode 71	56	Mindset (The mindset of an American)	Episode 72
23	Broaden my horizons	Episode 71	57	Snippet	Episode 72
24	The first thing that came up	Episode 71	58	I have it laid out	Episode 72
25	Rat race	Episode 71	59	Destined to be an ESL instructor	Episode 72
26	Aggressive	Episode 71	60	To be as one	Episode 72
27	Intonation	Episode 71	61	Segregation	Episode 72
28	Day-to-day Life	Episode 71	62	"Segregation or whatever"	Episode 72
29	Rush into something	Episode 71	63	Categorize	Episode 72
30	Paved the way	Episode 71	64	Do X-Y-and-Z	Episode 72
31	To be thrown into something	Episode 71	65	Philly = Philadelphia	Episode 72
32	Props to you	Episode 71	66	My parents instilled these things in me	Episode 72
33	Methodology	Episode 71	67	She felt the need to	Episode 72
34	The bulk of my time	Episode 71	68	Shoutout to your parents	Episode 72

69-136 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
69	Getting to know someone	Episode 72	103	A trick question	Episode 73
70	All walks of life	Episode 72	104	Resolved	Episode 73
71	Pathfinders (boy/Girl Scouts in church)	Episode 72	105	Diplomatic	Episode 73
72	Racism	Episode 72	106	Sugarcoat	Episode 73
73	"One apple spoils the whole bunch"	Episode 72	107	The dirty details of something	Episode 73
74	DMV	Episode 72	108	Selective	Episode 73
75	Biracial couples	Episode 72	109	Put a positive spin on something	Episode 73
76	We are tight (slang)	Episode 72	110	Optimistic	Episode 73
77	Played a negative role	Episode 72	111	A Safe answer	Episode 73
78	Irks me (media makes people look bad)	Episode 72	112	Shameless plug	Episode 74
79	Tune out the media	Episode 72	113	Step out of my comfort zone	Episode 74
80	Prejudged	Episode 72	114	"If I had a dollar for every time someone..."	Episode 74
81	It plays a lot on your emotions	Episode 72	115	Way back in the day	Episode 74
82	Recruiter	Episode 73	116	Humble beginnings	Episode 74
83	Keep in mind	Episode 73	117	Blended	Episode 74
84	Irrelevant	Episode 73	118	Pancit	Episode 74
85	Ramble on	Episode 73	119	Wide range of beliefs	Episode 74
86	Terrified	Episode 73	120	Cheat sheet	Episode 74
87	Put your best foot forward	Episode 73	121	That's rough (That's difficult)	Episode 74
88	Energetic	Episode 73	122	Piggyback on that thought	Episode 74
89	Neither here nor there	Episode 73	123	From my standpoint	Episode 74
90	Passionate	Episode 73	124	Ignorance	Episode 74
91	Dedicated	Episode 73	125	"Ching chong" kind of thing	Episode 74
92	Demonstrate	Episode 73	126	Culture shock	Episode 74
93	The questions are designed to measure something	Episode 73	127	Breadwinner	Episode 74
94	Ambitious	Episode 73	128	Sacrifices they made for us	Episode 74
95	Stepping stone	Episode 73	129	Uproot	Episode 74
96	A fine line	Episode 73	130	Living the life (Retired and living the life)	Episode 74
97	Put yourself in their shoes	Episode 73	131	Equality	Episode 74
98	Ahead of time	Episode 73	132	Across the board	Episode 74
99	Fumble	Episode 73	133	To generalize	Episode 74
100	Caught off guard	Episode 73	134	Individuality	Episode 74
101	Touch on what someone said	Episode 73	135	Go with the flow	Episode 74
102	Social / Professional setting	Episode 73	136	Ingrained	Episode 74

137-204 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
137	Colonize	Episode 74	171	Cookie-cutter	Episode 75
138	Put yourself in someone's shoes	Episode 74	172	I go by...	Episode 76
139	Me, myself and I	Episode 74	173	Reside	Episode 76
140	Keep an open mind	Episode 74	174	Legit	Episode 76
141	Expectation	Episode 74	175	Hit you up	Episode 76
142	Daunting	Episode 75	176	Not a beach person	Episode 76
143	Objective (You need to have an objective.)	Episode 75	177	It stems from	Episode 76
144	Essential	Episode 75	178	Backtrack	Episode 76
145	Mixed Signals	Episode 75	179	Homies	Episode 76
146	Bias	Episode 75	180	This is just through my eyes	Episode 76
147	Generic	Episode 75	181	Fondue	Episode 76
148	Filter	Episode 75	182	Flavorful	Episode 76
149	There's a time and a place for everything	Episode 75	183	What's the deal?	Episode 76
150	Cram a lot of information into a small area	Episode 75	184	Free'ish'	Episode 76
151	Wiggle room	Episode 75	185	Oppression	Episode 76
152	Scrunched together	Episode 75	186	Come to light	Episode 76
153	Sift through	Episode 75	187	Freedom on speech	Episode 76
154	Tons of information	Episode 75	188	To grapple with something	Episode 76
155	Sloppy	Episode 75	189	Dialect	Episode 76
156	Nitty Gritty	Episode 75	190	Predominantly white	Episode 76
157	Too wordy	Episode 75	191	Good grief	Episode 76
158	Excessive	Episode 75	192	Down different avenues	Episode 76
159	Precise	Episode 75	193	Find a common thread	Episode 76
160	Concise	Episode 75	194	Down the pipe	Episode 76
161	Overdo	Episode 75	195	Blow my mind	Episode 76
162	Don't use a lot of fluff	Episode 75	196	Act reckless	Episode 76
163	Plug those things in	Episode 75	197	Choose wisely	Episode 76
164	Vague	Episode 75	198	Animated	Episode 77
165	Do it in moderation	Episode 75	199	Expressive	Episode 77
166	Attention to detail	Episode 75	200	Reserved	Episode 77
167	What is your stance on...	Episode 75	201	I went about the class as normal	Episode 77
168	Marital status	Episode 75	202	Break eye contact	Episode 77
169	Exception	Episode 75	203	Now and then	Episode 77
170	I want to stress that	Episode 75	204	A little disconcerting	Episode 77

205-272 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
205	Comes across as being	Episode 77	239	Entitlement	Episode 78
206	Be conscious of what you are doing	Episode 77	240	Pompous	Episode 78
207	Try to be mindful	Episode 77	241	Assimilating	Episode 78
208	Read the room	Episode 77	242	Dial it back a bit (Slang)	Episode 78
209	The Mirroring Technique	Episode 77	243	Lose your train of thought	Episode 78
210	Subtle	Episode 77	244	Do the most	Episode 78
211	Slouch	Episode 77	245	Range of colors of melanin	Episode 78
212	Don't just barge in	Episode 77	246	nuances	Episode 78
213	Stand-offish	Episode 77	247	Call each other out	Episode 78
214	Defensive	Episode 77	248	build each other up	Episode 78
215	You mentioned that in passing	Episode 77	249	superiority	Episode 78
216	Bizarre	Episode 77	250	Savages	Episode 78
217	I can't put my finger on why it's not the right thing to do	Episode 77	251	Rich American culture	Episode 78
218	Have the audacity to do something	Episode 77	252	Resilience	Episode 78
219	follow up	Episode 77	253	Do right by people	Episode 78
220	I cut the interview short	Episode 77	254	The fact of the matter is	Episode 78
221	Trying to give him the benefit of the doubt	Episode 77	255	Venture out	Episode 78
222	I'm not going to be cheesing the entire time	Episode 77	256	Get off my high horse	Episode 78
223	Fidget	Episode 77	257	Scorching	Episode 79
224	Don't take it the wrong way	Episode 77	258	Technical	Episode 79
225	It goes without saying	Episode 77	259	Consistent	Episode 79
226	Initiate	Episode 77	260	Job-specific	Episode 79
227	Conform	Episode 77	261	To get / to be stumped	Episode 79
228	Itty bitty	Episode 78	262	paint an accurate picture	Episode 79
229	I have a big personality	Episode 78	263	Panel interview	Episode 79
230	lack	Episode 78	264	Throw you for a loop	Episode 79
231	stature	Episode 78	265	Word-for-word	Episode 79
232	So many different facets	Episode 78	266	So on and so on	Episode 79
233	To be afforded opportunities	Episode 78	267	Hit the nail on the head	Episode 79
234	Say what's on your mind.	Episode 78	268	Demeanor	Episode 79
235	Nanny	Episode 78	269	Cocky	Episode 79
236	Quick-witted	Episode 78	270	Essentially	Episode 79
237	Privileges	Episode 78	271	Genuine	Episode 79
238	I know you feel me	Episode 78	272	Off-putting	Episode 79

273-340 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
273	Be sure of yourself	Episode 79	307	It drowns out some of the majority of the voices	Episode 80
274	Modest	Episode 79	308	Understand the gravity of something	Episode 80
275	Brag	Episode 79	309	Southern twang	Episode 80
276	Be inclined to say something	Episode 79	310	Identity issues	Episode 80
277	"9 times out of 10"	Episode 79	311	think back to something	Episode 80
278	"Times have changed"	Episode 79	312	gender norms	Episode 80
279	Go above and beyond	Episode 79	313	Fit your agenda	Episode 80
280	Nod	Episode 79	314	debunk it	Episode 80
281	Test the waters	Episode 79	315	But at the same time	Episode 80
282	You seem like you are not bothered	Episode 79	316	Case-by-Case	Episode 81
283	As a rule of thumb	Episode 79	317	The Latter	Episode 81
284	Closed questions	Episode 79	318	Intact	Episode 81
285	Hypothetically	Episode 79	319	Blurred lines	Episode 81
286	Know something like the back of your hand	Episode 79	320	"Have a lot in common"	Episode 81
287	Due to	Episode 80	321	"Not in it for the money"	Episode 81
288	Releasing an EP	Episode 80	322	on a regular basis	Episode 81
289	To be rubbish at something	Episode 80	323	"Separation anxiety"	Episode 81
290	Loyal	Episode 80	324	the "nature of our work" / the nature of a job	Episode 81
291	One salon that knew how to Work with my hair	Episode 80	325	click with someone	Episode 81
292	Have drive to be a better person	Episode 80	326	I was an open book	Episode 81
293	Red tape	Episode 80	327	"Leave your {personal life} at the door"	Episode 81
294	Obstacles	Episode 80	328	Confide in people	Episode 81
295	Common knowledge	Episode 80	329	"Assess the situation"	Episode 81
296	Lose my train of thought	Episode 80	330	throw a monkey wrench	Episode 81
297	Fashion sense	Episode 80	331	Be selective {of people who I shared things with}	Episode 81
298	Stand out / stood out	Episode 80	332	It's a two-way street	Episode 81
299	Take advantage of that	Episode 80	333	Mind their business	Episode 81
300	Sue someone	Episode 80	334	Team building	Episode 81
301	petty	Episode 80	335	Mutual respect	Episode 81
302	To wrong someone	Episode 80	336	It is frowned upon	Episode 81
303	Claustrophobic	Episode 80	337	Right off the bat	Episode 81
304	Opinionated	Episode 80	338	Establish boundaries	Episode 81
305	Civil Unrest	Episode 80	339	"Open door policy	Episode 81
306	Media Outlets	Episode 80	340	Start off on the right foot	Episode 81

341-408 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
341	Put everything on the table	Episode 81	375	In a nutshell	Episode 83
342	take is slow	Episode 81	376	Overwhelming	Episode 83
343	Foolproof advice	Episode 81	377	Unreasonable	Episode 83
344	Company Culture	Episode 81	378	Come off wrong	Episode 83
345	"Holding yourself responsible"	Episode 81	379	Walk all over you	Episode 83
346	IT (Information Technology)	Episode 82	380	They just want to vent	Episode 83
347	Needless to say	Episode 82	381	Diffuse the situation	Episode 83
348	"One of a kind"	Episode 82	382	Swallow your pride	Episode 83
349	My personality lends itself to..	Episode 82	383	Ticked off	Episode 83
350	Feel at home	Episode 82	384	Pushed my buttons	Episode 83
351	A stain	Episode 82	385	Escalate	Episode 83
352	Family-oriented	Episode 82	386	Sort things out	Episode 83
353	You're on your own	Episode 82	387	Horrific	Episode 83
354	Everyone looks out for themselves	Episode 82	388	Go above and beyond	Episode 83
355	series of events	Episode 82	389	Is it universal	Episode 83
356	Nicked away	Episode 82	390	Ridiculous	Episode 83
357	"Chocolate city" (DC is...)	Episode 82	391	Being catty	Episode 83
358	Ill treatment {of black or brown bodies}	Episode 82	392	Paramount	Episode 83
359	Counterparts	Episode 82	393	Across the board	Episode 83
360	Whittling away at something	Episode 82	394	Deter	Episode 83
361	dismantling {of a family}	Episode 82	395	Case in point	Episode 83
362	Disparity	Episode 82	396	Make your flesh crawl	Episode 83
363	underlying issue (race disparities at work)	Episode 82	397	More susceptible	Episode 83
364	Sequester yourself (separate yourself from others)	Episode 82	398	Tainted	Episode 83
365	Some "isms" of things we do {mannerisms}	Episode 82	399	Entitled to something	Episode 83
366	We don't take ourselves so seriously	Episode 82	400	Differentiate	Episode 83
367	Beeline / Beelining (in reference to being focused)	Episode 82	401	Adapt	Episode 83
368	Figuratively and literally	Episode 82	402	Give the benefit of the doubt	Episode 83
369	Southern hospitality	Episode 82	403	Black don't crack	Episode 84
370	Southern roots	Episode 82	404	Plant-based cuisine	Episode 84
371	Pull yourself up by your bootstraps	Episode 82	405	Vegan scene	Episode 84
372	Jim Crow South	Episode 82	406	Monopolized the term	Episode 84
373	(RC Cola Black / Coca Cola White)	Episode 82	407	Metro area (DMV etc)	Episode 84
374	courage (to say what you think)	Episode 82	408	To be accustomed to	Episode 84

409-476 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
409	It's the small things	Episode 84	443	Unaware	Episode 85
410	Envision	Episode 84	444	Free will	Episode 85
411	Those populations are generally siloed	Episode 84	445	Young and impressionable	Episode 85
412	Homogenous (melting pot)	Episode 84	446	affiliate marketing	Episode 85
413	Full gamut	Episode 84	447	More appealing	Episode 85
414	Straddle between	Episode 84	448	a win-win	Episode 85
415	Middle class	Episode 84	449	in the English Realm	Episode 85
416	Sheltered environment	Episode 84	450	I'm not going to knock anyone for doing that (Slang)	Episode 85
417	To have run ins with law enforcement	Episode 84	451	Has a lot of potential	Episode 85
418	Micro aggressions	Episode 84	452	Being fed certain information	Episode 85
419	Flew over my head	Episode 84	453	He's more credible	Episode 85
420	Spitfire (A little bit of a spitfire)	Episode 84	454	Unanimously	Episode 85
421	Patriotism	Episode 84	455	Being inundated	Episode 85
422	Any modicum of positivity...	Episode 84	456	convenient	Episode 85
423	What side of the fence do you sit on	Episode 84	457	A world of difference	Episode 85
424	Always feeling like you have to be on guard	Episode 84	458	Beauty standards	Episode 85
425	Rock a fro	Episode 84	459	relate to someone / something	Episode 85
426	Certain privileges that I am afforded...	Episode 84	460	Target market	Episode 85
427	We touched on it a little bit earlier	Episode 84	461	Noticeable	Episode 85
428	Bring it to the forefront	Episode 84	462	Terminal patients	Episode 86
429	Discrepancies	Episode 84	463	Orphan	Episode 86
430	Close minded	Episode 84	464	Compassion	Episode 86
431	People will take it or leave it	Episode 84	465	Homeowner	Episode 86
432	Interchangeably	Episode 85	466	Time flies	Episode 86
433	Monitoring	Episode 85	467	Took for granted	Episode 86
434	Drastically	Episode 85	468	Man cave	Episode 86
435	Low budget / Low quality	Episode 85	469	Foster home	Episode 86
436	Bombarded	Episode 85	470	Toddler	Episode 86
437	Subliminal messages	Episode 85	471	Actualize your potential	Episode 86
438	Massive	Episode 85	472	Tolerance	Episode 86
439	Against our will	Episode 85	473	Pilgrims	Episode 86
440	Subconscious	Episode 85	474	Distinct	Episode 86
441	Sophisticated	Episode 85	475	Quilt/Tapestry	Episode 86
442	Smart consumer	Episode 85	476	it takes a village	Episode 86

477-544 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
477	Affirmed and celebrated for who you are	Episode 86	511	Get out of hand	Episode 87
478	You can fit in without belonging	Episode 86	512	Knock on wood	Episode 87
479	Allowed into the room, but you don't necessarily have a seat at the table	Episode 86	513	Pester someone	Episode 87
480	Trinkets	Episode 86	514	relatively quickly	Episode 87
481	The flip side of that	Episode 86	515	Not taking things to heart	Episode 87
482	You broke it down clearly (break down)	Episode 86	516	I entertained people too long	Episode 87
483	Show up somewhere	Episode 86	517	Give in / I gave in over time	Episode 87
484	Resilient nation	Episode 86	518	You will get left behind if you don't	Episode 87
485	Transcontinental travel	Episode 86	519	In the heart of the city	Episode 88
486	Core value	Episode 86	520	Veteran	Episode 88
487	Exceptional	Episode 86	521	Active military	Episode 88
488	Isolation	Episode 86	522	Affinity for	Episode 88
489	Keep in touch	Episode 87	523	establishing rapport	Episode 88
490	Go Down a rabbit hole	Episode 87	524	Regardless of / regardless of their background	Episode 88
491	Opposed to something	Episode 87	525	Eclectic	Episode 88
492	Nonsense	Episode 87	526	Put your finger on something	Episode 88
493	Can't bring myself to...	Episode 87	527	In tune understanding of our culture	Episode 88
494	In this day and age	Episode 87	528	Naturalized American	Episode 88
495	Manipulative	Episode 87	529	Diaspora	Episode 88
496	Affiliate company	Episode 87	530	Transatlantic slave trade	Episode 88
497	Demographic	Episode 87	531	Gives the notion	Episode 88
498	"Off the cuff"	Episode 87	532	Component	Episode 88
499	The pros outweigh the cons	Episode 87	533	Inclusive	Episode 88
500	Nitpick	Episode 87	534	ever-changing	Episode 88
501	Offended	Episode 87	535	Traditionalism	Episode 88
502	Boycott	Episode 87	536	redefine	Episode 88
503	Cancel culture	Episode 87	537	Status Quo	Episode 88
504	Snowballs	Episode 87	538	Negate the fact that	Episode 88
505	Check someone (slang)	Episode 87	539	How things pan out	Episode 88
506	Trial and error	Episode 87	540	Spectrum	Episode 88
507	Hold someone accountable	Episode 87	541	progressive	Episode 88
508	Haters	Episode 87	542	Caste system	Episode 88
509	"nothing better to do"	Episode 87	543	draw to a close	Episode 88
510	"roll with the punches"	Episode 87	544	Anglo	Episode 88

545-612 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
545	Different as night and day	Episode 88	579	Interaction	Episode 90
546	Think outside of the box	Episode 89	580	Empowered	Episode 90
547	Innovation	Episode 89	581	Drained	Episode 90
548	Pump that message	Episode 89	582	Doggone do anything	Episode 90
549	Go against the grain	Episode 89	583	Reserved (He's not shy, he's just reserved)	Episode 90
550	Attributes	Episode 89	584	Relished (He relished being alone)	Episode 90
551	Thicker skin	Episode 89	585	At my core	Episode 90
552	Remove the safety net	Episode 89	586	Classified (He's classified as an introvert)	Episode 90
553	Forecast	Episode 89	587	Misconception	Episode 90
554	Get some kickback	Episode 89	588	Depleted	Episode 90
555	You can calculate the risk	Episode 89	589	Encapsulate	Episode 90
556	Blindly trust	Episode 89	590	Freedoms "afforded to me"	Episode 90
557	To run with something ("Run with an idea")	Episode 89	591	Across the board	Episode 90
558	Going with the flow	Episode 89	592	Indigenous	Episode 90
559	Cross my mind	Episode 89	593	Ideals	Episode 90
560	Sole proprietor	Episode 89	594	Values	Episode 90
561	Have your ducks in a row	Episode 89	595	My formative years	Episode 90
562	More feasible	Episode 89	596	Tangentially	Episode 90
563	Play by the rules	Episode 89	597	Scrutinized	Episode 90
564	Find loopholes	Episode 89	598	Exiled	Episode 90
565	Over-saturated	Episode 89	599	"Literally"	Episode 90
566	Keep your business afloat	Episode 89	600	"Something of that nature"	Episode 90
567	Venues	Episode 89	601	Despite the unrest	Episode 90
568	Don't put all your eggs in one basket	Episode 89	602	Idiotic	Episode 90
569	Give someone a wakeup call	Episode 89	603	Perpetuate	Episode 90
570	Put your heart (and soul) into something	Episode 89	604	Vestiges	Episode 90
571	"Make a dent"	Episode 89	605	Malicious	Episode 90
572	Live on the outskirts	Episode 89	606	Warm-up conversation	Episode 91
573	Mom and Pop shops	Episode 89	607	Break the ice	Episode 91
574	Franchise and chain shops	Episode 89	608	Making small talk	Episode 91
575	Hands down (it was much better)	Episode 89	609	A waste of time	Episode 91
576	Critical messages	Episode 90	610	Off-limits	Episode 91
577	Assets	Episode 90	611	A safe bet	Episode 91
578	Hardcore	Episode 90	612	Exceptional	Episode 91

613-680 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
613	Rehearsed	Episode 91	647	I just got put onto Indian food	Episode 92
614	Something sounds forced	Episode 91	648	Had a basic pallet	Episode 92
615	Robotic	Episode 91	649	Thought provoking	Episode 92
616	Heated debates	Episode 91	650	Conflicted feelings (I'm proud but on the other hand,	Episode 92
617	Prying into...	Episode 91	651	A chip on my shoulder	Episode 92
618	Follow up on something...	Episode 91	652	The token Black	Episode 92
619	This popped into my head	Episode 91	653	Strategic (her parents were strategic)	Episode 92
620	There's a time and a place for...	Episode 91	654	Bust their behinds	Episode 92
621	Not beating around the bush	Episode 91	655	Make something out of nothing	Episode 92
622	Softening something (when speaking)	Episode 91	656	Persevering	Episode 92
623	It's not necessary to point fingers	Episode 91	657	Toughing things out	Episode 92
624	Call someone out	Episode 91	658	Foodie	Episode 92
625	Play the blame game	Episode 91	659	Rewrite history	Episode 92
626	They are really "quick to" play the blame game	Episode 91	660	Ripple effect	Episode 92
627	Draw attention to	Episode 91	661	Toxic	Episode 92
628	Not dwell on the mistake	Episode 91	662	An amazing place to live nonetheless	Episode 92
629	Acquaintance	Episode 91	663	I wouldn't trade it	Episode 92
630	Can you help me when you have/get a sec	Episode 91	664	Casual context	Episode 93
631	Tactful and tasteful	Episode 91	665	Hourly wage	Episode 93
632	Round out the conversation	Episode 91	666	Salary	Episode 93
633	Stay up-to-date	Episode 91	667	Overtime pay	Episode 93
634	No way around something	Episode 91	668	Expat	Episode 93
635	Sooner rather than later	Episode 91	669	Living month-to-month	Episode 93
636	Born and raised	Episode 92	670	Budgeting	Episode 93
637	I'm all about the weather	Episode 92	671	Minimum wage	Episode 93
638	I could do without the hurricanes	Episode 92	672	Scraping by	Episode 93
639	Plug your business	Episode 92	673	Make ends meet	Episode 93
640	Spin studio (Indoor cycling)	Episode 92	674	Be well-off	Episode 93
641	I have a sense of gratefulness	Episode 92	675	Disposable income	Episode 93
642	Dumbfounded	Episode 92	676	Discrepancy	Episode 93
643	It comes with a price	Episode 92	677	"Through the eyes of a westerner"	Episode 93
644	Folks	Episode 92	678	Outsource	Episode 93
645	1,000% (absolutely)	Episode 92	679	Underpaid	Episode 93
646	Run into someone	Episode 92	680	Hold people to our standards / the standards	Episode 93

681-748 WORDS & EXPRESSIONS

TO FIND VIDEO EXPLANATIONS FOR EACH OF THE WORDS & EXPRESSIONS, GO TO WWW.WEEKLYENGLISHWORDS.COM. YOU WILL FIND THE EXPLANATIONS BASED ON THE EPISODE #.

#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
681	Ask for a raise	Episode 93	715	Poker face	Episode 94
682	Salary was cut	Episode 93	716	Caught off guard	Episode 94
683	Have mouths to feed	Episode 93	717	I was so touched	Episode 94
684	Cards are stacked against you...	Episode 93	718	Lovey dovey	Episode 94
685	At the end of the day, you do what you have to do	Episode 93	719	Narrow them down	Episode 94
686	People feel entitled	Episode 93	720	Grateful for	Episode 94
687	Inflation	Episode 93	721	Wouldn't change it for the world	Episode 94
688	Excel	Episode 93	722	A downer	Episode 95
689	100% commission	Episode 93	723	Live-in childcare	Episode 95
690	Money can open doors for you	Episode 93	724	Behind the scenes	Episode 95
691	Feel undervalued	Episode 93	725	Aspire to something / I aspire to have that	Episode 95
692	It plays a part...	Episode 93	726	Transparent	Episode 95
693	Undeniable	Episode 93	727	Put on the back burner	Episode 95
694	Desperate for work...	Episode 93	728	Juggle work and children	Episode 95
695	Awkward	Episode 94	729	At a crossroads	Episode 95
696	Host a social event	Episode 94	730	Clock in / Clock out	Episode 95
697	Implying that he wanted to go with me	Episode 94	731	In tune with their children	Episode 95
698	Bold	Episode 94	732	Take precedence over work	Episode 95
699	Spitting game	Episode 94	733	Wear yourself thin	Episode 95
700	Digest something - I had time to digest what happened	Episode 94	734	Demanding schedule	Episode 95
701	Altercation	Episode 94	735	On-call	Episode 95
702	It died down	Episode 94	736	Maternity Leave	Episode 95
703	Keep a straight face	Episode 94	737	Parental Leave	Episode 95
704	Civilian	Episode 94	738	Life is moving faster	Episode 95
705	Mediator	Episode 94	739	Trends	Episode 95
706	Dress modestly	Episode 94	740	No signs of slowing down	Episode 95
707	Side-eye	Episode 94	741	We don't have time to "just be"	Episode 95
708	I can't Dictate what you should and shouldn't wear	Episode 94	742	Designated family time	Episode 95
709	Animosity	Episode 94	743	Bombarded with things online	Episode 95
710	I was raised right	Episode 94	744	Second nature	Episode 95
711	We squashed it / We ended it	Episode 94	745	Optimizing your time together	Episode 95
712	let's keep it moving	Episode 94	746	Lead by example	Episode 95
713	He crossed the line	Episode 94	747	People tend to	Episode 96
714	One experience that stands out to me	Episode 94	748	Suppress their emotions	Episode 96

749-816 WORDS & EXPRESSIONS

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#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
749	Outspoken	Episode 96	783	Collecting a paycheck	Episode 97
750	Part of our upbringing	Episode 96	784	Hard to say	Episode 97
751	Offended	Episode 96	785	Pension	Episode 97
752	Leaving them in the dark	Episode 96	786	Live off of something	Episode 97
753	Bottled up emotions	Episode 96	787	Abuse the system	Episode 97
754	Get straight to the point	Episode 96	788	Problem needs to be addressed	Episode 97
755	Overthink something	Episode 96	789	Specialized	Episode 97
756	Detour	Episode 96	790	Have a leg up on someone	Episode 97
757	Sum it up	Episode 96	791	Standing on your feet for long hours	Episode 97
758	Very alarming	Episode 96	792	Utopia	Episode 97
759	Emotionally aware	Episode 96	793	I'm guessing that that's the case	Episode 97
760	Chaotic	Episode 96	794	Repetitive	Episode 97
761	Overreact	Episode 96	795	Stimulate	Episode 97
762	Collect my thoughts	Episode 96	796	Relative to where you are coming from	Episode 97
763	Blows up over something small	Episode 96	797	Programs in place	Episode 97
764	We are conditioned to 'bottle up' our emotions	Episode 96	798	The world is your oyster	Episode 97
765	For instance	Episode 96	799	Standard of living	Episode 97
766	Drain you	Episode 96	800	Your money can work a lot harder for you	Episode 97
767	Suck the life out of you	Episode 96	801	Pace of life	Episode 97
768	Feeling down	Episode 96	802	Moved around a lot	Episode 97
769	Sympathize	Episode 96	803	Flexible	Episode 97
770	Bring others down with me	Episode 96	804	Bilingual	Episode 98
771	Dodge the topic	Episode 96	805	Have close ties with	Episode 98
772	Ostracized	Episode 96	806	Study body	Episode 98
773	Emotional scars	Episode 96	807	Homeschooled	Episode 98
774	Trauma	Episode 96	808	Go through motions	Episode 98
775	Taboo	Episode 96	809	Take for granted	Episode 98
776	Mainstream	Episode 96	810	Overcrowded	Episode 98
777	Retirement	Episode 97	811	Stable	Episode 98
778	Mandatory	Episode 97	812	Outlet	Episode 98
779	Problematic	Episode 97	813	Camaraderie	Episode 98
780	Unionized	Episode 97	814	Fraternity	Episode 98
781	Get fired	Episode 97	815	Sorority	Episode 98
782	Efficient	Episode 97	816	Tame	Episode 98

817-884 WORDS & EXPRESSIONS

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#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
817	Sports scholarships	Episode 98	851	A loophole / find loopholes	Episode 99
818	To be about something ("We are about justice")	Episode 98	852	Blatant	Episode 99
819	Keep the peace	Episode 98	853	Black and white	Episode 99
820	For lack of a better word 'nice'	Episode 98	854	A way around things	Episode 99
821	Shed some light on this	Episode 98	855	Hiring practices	Episode 99
822	Brainwashed	Episode 98	856	Gauge	Episode 99
823	Feel threatened	Episode 98	857	Priority	Episode 99
824	Experienced it firsthand	Episode 98	858	Tedious	Episode 99
825	Accurate / Inaccurate	Episode 98	859	Justification	Episode 99
826	Shoved in your face	Episode 98	860	Pick your battles	Episode 99
827	Last resort	Episode 98	861	Let it go	Episode 99
828	Regulated	Episode 98	862	Choosing to engage with someone	Episode 99
829	Desensitized	Episode 98	863	Healthy work environment	Episode 99
830	Self-defense	Episode 98	864	Take on the behavior of another culture	Episode 100
831	Strict	Episode 98	865	Cosmopolitan	Episode 100
832	Take it with a grain of salt	Episode 98	866	Metropolitan	Episode 100
833	Don't take it at face value	Episode 98	867	Partially	Episode 100
834	Give someone a heads up	Episode 99	868	Polar opposite	Episode 100
835	Keep in mind	Episode 99	869	Surface level relationship	Episode 100
836	Slightly	Episode 99	870	A roadblock	Episode 100
837	Innacurate	Episode 99	871	Overstep / didn't want to overstep	Episode 100
838	For the most part	Episode 99	872	Give a piece of my culture	Episode 100
839	It's unheard of	Episode 99	873	A disconnect	Episode 100
840	By no means perfect	Episode 99	874	Mentality	Episode 100
841	Prevalent	Episode 99	875	Rigid	Episode 100
842	It was such a joke	Episode 99	876	Disheartening	Episode 100
843	Dream job	Episode 99	877	Failed miserably	Episode 100
844	Dress code	Episode 99	878	Pick and choose	Episode 100
845	A briefing	Episode 99	879	To a degree	Episode 100
846	Don't bother to	Episode 99	880	Function in society	Episode 100
847	Per se	Episode 99	881	Heritage	Episode 100
848	Play the devil's advocate	Episode 99	882	Conservative	Episode 100
849	Predominantly	Episode 99	883	Appetizing	Episode 100
850	If the tables were turned	Episode 99	884	Shock to my system	Episode 100

885-952 WORDS & EXPRESSIONS

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#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
885	Taken aback	Episode 100	919	A silver lining	Episode 101
886	Take the time to...	Episode 100	920	Frowned upon	Episode 102
887	It would be worth doing' a little research...	Episode 100	921	Excusable	Episode 102
888	There's no harm in doing...	Episode 100	922	Table etiquette	Episode 102
889	Be observant	Episode 100	923	Inch away	Episode 102
890	Off the top of my head	Episode 101	924	It didn't register	Episode 102
891	Let go	Episode 101	925	An isolated incident	Episode 102
892	Automated	Episode 101	926	Germaphobe	Episode 102
893	Production lines	Episode 101	927	Hypocritical	Episode 102
894	Keep up with	Episode 101	928	Smorgasbord	Episode 102
895	Consumer demands	Episode 101	929	I can't speak for everyone	Episode 102
896	Cut costs	Episode 101	930	I followed suit	Episode 102
897	Infuriating	Episode 101	931	Utensils	Episode 102
898	Take it out on	Episode 101	932	Poutine	Episode 102
899	Obsolete	Episode 101	933	Soggy	Episode 102
900	Handheld scanner	Episode 101	934	To each his own	Episode 102
901	A hassle	Episode 101	935	Cautious	Episode 102
902	Human interaction	Episode 101	936	Excuse yourself from the table	Episode 102
903	Greeter	Episode 101	937	Obnoxious	Episode 102
904	Excessive	Episode 101	938	Intrigued	Episode 102
905	Skyrocket	Episode 101	939	Differentiate	Episode 102
906	I'm a little bit old school	Episode 101	940	Stay at arm's length	Episode 102
907	Prototype	Episode 101	941	Grope	Episode 102
908	Facial recognition software	Episode 101	942	"Are you serious right now?!"	Episode 102
909	Take something too far	Episode 101	943	Stern look	Episode 102
910	R2D2	Episode 101	944	Oblivious	Episode 102
911	Hologram	Episode 101	945	In their own world	Episode 102
912	Instinctively	Episode 101	946	Mosey around	Episode 102
913	Uncalled for	Episode 101	947	Odd one out	Episode 102
914	Push the boundaries	Episode 101	948	Do work on the side	Episode 103
915	Unthinkable	Episode 101	949	Pocket change	Episode 103
916	Irreplaceable	Episode 101	950	Hiring practices	Episode 103
917	Out the window	Episode 101	951	Standardized	Episode 103
918	Stand behind something	Episode 101	952	Wiggle room	Episode 103

953-1000 WORDS & EXPRESSIONS

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#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS	#	WORD / EXPRESSION	WEEKLY ENGLISH WORDS
953	Bend the rules	Episode 103	987	Rubbing off on other people	Episode 104
954	Other means of doing something	Episode 103	988	Why did you bother to come?	Episode 104
955	Job opening / vacancy	Episode 103	989	Arranged marriages	Episode 104
956	Through word-of-mouth	Episode 103	990	Embedded	Episode 104
957	Referred	Episode 103	991	Drop everything if someone needs you	Episode 104
958	The application process has been more streamlined	Episode 103	992	Democracy	Episode 104
959	Filter the applications	Episode 103	993	Vital	Episode 104
960	Job seekers	Episode 103	994	Thrive	Episode 104
961	Impersonal	Episode 103	995	Come to a realization	Episode 104
962	Make a first impression	Episode 103	996	Taking initiative	Episode 104
963	Disheartening	Episode 103	997	Showing our opinions in other people's face	Episode 104
964	Get a feel for who you are	Episode 103	998	Showcase	Episode 104
965	Portfolio	Episode 103	999	Plays a big part in speaking in English	Episode 104
966	Wing it	Episode 103	1000	Get over a hurdle	Episode 104
967	Your work will speak for itself	Episode 103			
968	Aptitude test	Episode 103			
969	HR (Human Resources)	Episode 103			
970	Down the line	Episode 103			
971	6 months down the road	Episode 103			
972	Mock class	Episode 103			
973	Dozed off	Episode 103			
974	She looked me up and down	Episode 103			
975	Condescending	Episode 103			
976	Unconventional	Episode 103			
977	Moral of the story	Episode 103			
978	Individualism	Episode 104			
979	Collectivism	Episode 104			
980	Flourish	Episode 104			
981	Ripples throughout our culture	Episode 104			
982	Look out for yourself	Episode 104			
983	Capture the whole picture	Episode 104			
984	Lost in translation	Episode 104			
985	Bring the mood down	Episode 104			
986	Drag down	Episode 104			