



28 HELPFUL WORDS & EXPRESSIONS

USED BY AMERICANS IN REAL ENGLISH CONVERSATIONS

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1	HAVE A TROPICAL FLAIR (PHRASE) 'Flair' is a talent for something or a distinctive style. 'Tropical flair' means to have a distinctive style that resembles a tropical environment.
2	INTERVENTIONIST (NOUN) An 'interventionist' is a professional who helps the friends and family members of someone suffering from an addiction. The interventionist helps friends and family members understand what steps to take during the recovery process.
3	PSYCHOMETRIST (NOUN) A 'psychometrist' is a doctor who specializes in diagnosing mental conditions and learning disabilities through a range of tests.
4	CHUNK (NOUN) A 'chunk' is a large piece of something.
5	GRAVITATE TO / TOWARDS (PHRASAL VERB) To 'gravitate to / towards' means to move towards, or be attracted to something or someone, physically, mentally or emotionally.
6	VOCATION (NOUN) 'Vocation' is a strong feeling that you are well suited for a certain career or direction in life.
7	FIT INTO THE MOLD (IDIOM) To 'fit into the mold' means to act in a way that is expected of you or do what other people think you are supposed to do.
8	SIMMER (VERB) 'Simmer' means to heat just below boiling point.
9	DIVERSE (ADJECTIVE) 'Diverse' means difference or variety in something.
10	IDEOLOGY (NOUN) 'Ideology' is a system of beliefs followed by a specific group of people.
11	INHERENT (ADJECTIVE) 'Inherent' describes something that is part of a person's nature or natural character.
12	BARGE (NOUN) A 'barge' is a long boat typically used for transporting cargo.
13	CATAPULT (VERB) To 'catapult' means to launch or throw something with great force, usually over a long distance.
14	THE BEATEN PATH (IDIOM) 'The beaten path' is an expression referring to the journey in life or approach that most people take. It is not a physical path.



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15	MULTIPLE STREAMS OF INCOME (IDIOM) 'Multiple streams of income' means that you earn money from different sources at once.
16	MORPH (VERB) To 'morph' means to transition or evolve from one thing into another.
17	FOR DIFFERENT SEASONS (EXPRESSION) 'For different seasons' means at different points or periods in your life.
18	A DARK PAST (IDIOM) A 'dark past' refers to secret and very bad history.
19	RAMIFICATIONS (NOUN) 'Ramifications' are negative consequences of a past event or action.
20	UPHEAVAL (NOUN) 'Upheaval' is a sudden and extreme change or disturbance.
21	TO SURFACE (VERB) 'To surface' means to appear or become apparent.
22	AGISM (NOUN) 'Agism' is discrimination or prejudice because of a person's age.
23	INQUISITIVE (ADJECTIVE) 'Inquisitive' means curious.
24	BE OPEN TO QUESTIONS (EXPRESSION) To 'be open to questions' means that you are willing to answer other people's questions.
25	TAKE OFFENSE / DON'T TAKE OFFENSE (IDIOM) To 'take offense' means to become angry or upset by someone's words or actions.
26	PERSPECTIVE (NOUN) 'Perspective' is the way you a person's point of view, or the way you see an issue or topic.
27	RITUAL (NOUN) 'A ritual' is a series of actions performed in a very specific order.
28	LOSE YOURSELF / DON'T LOSE YOURSELF (IDIOM) To 'lose yourself' means to feel like you no longer know who you are or what you are doing because you are so focused on something or someone else. Your sense of identity and purpose.