vue如何禁止弹窗后面的滚动条滚动?

```
methods: {
    //禁止滚动
    stop() {
        var mo=function(e) {e. preventDefault();};
        document. body. style. overflow='hidden';
        document. addEventListener("touchmove", mo, false);//禁止页面滑动
    },
    /***取消滑动限制***/
    move() {
        var mo=function(e) {e. preventDefault();};
        document. body. style. overflow='';//出现滚动条
        document. removeEventListener("touchmove", mo, false);
    }
}
```