通过设置当前 currentIndex 实现：

```html
<template>
        <div class="toggleClassWrap">
         <ul>
                <li @click="currentIndex = index" v-bind:class="{clicked:
index === currentIndex}" v-for="(item, index) in desc" :key="index">
                        <a href="javascript:;">{{item.ctrlValue}}</a>
                </li>
        </ul>
        </div>
</template>
<script type="text/javascript">
        export default{
                data () {
                        return {
                                desc:[{
                                        ctrlValue:"test1"
                                },{
                                        ctrlValue:"test2"
                                },{
                                        ctrlValue:"test3"
                                },{
                                        ctrlValue:"test4"
                                }],
                                currentIndex:0
                        }
                }
        }
</script>
<style type="text/css" lang="less">
.toggleClassWrap{
        .clicked{
                color:red;
        }
}
</style>
```