

# Apex Performance 2-in-1 Training Shorts

## Product Overview

Engineered for the modern athlete, these men's 2-in-1 training shorts are designed to optimize performance and comfort during high-intensity workouts. Featuring an integrated compression lining, they offer targeted support and reduce muscle fatigue, making them ideal for gym sessions, running, and various outdoor sports. Their versatile design ensures they're a year-round essential for any active man.

## Material & Fabric Composition

Outer Shorts: 100% Recycled Polyester

Inner Compression Lining: 88% Polyester, 12% Spandex

## Size Guide

Size	Waist (cm)	Hip (cm)	Outer Short Length (cm)	Inner Short Inseam (cm)
M	80-85	96-100	42	20
L	86-91	101-105	44	21
XL	92-97	106-110	46	22
XXL	98-103	111-115	48	23

\*Measurements are taken flat. Please allow for a slight variance.\*

## Care Instructions

Machine wash cold (30 degC) with similar colors. Do not bleach. Tumble dry low or hang dry to preserve fabric integrity and performance properties. Do not iron. Do not dry clean. Avoid using fabric softeners, as they can impair moisture-wicking capabilities.

## Sustainability & Origin

Manufactured in Vietnam. The outer shorts are crafted from 100% Recycled Polyester, certified by the Global Recycled Standard (GRS), significantly reducing reliance on virgin plastics and minimizing environmental impact. Our commitment to responsible sourcing ensures a product that performs for you and for the planet. While reducing our carbon footprint is an ongoing journey, utilizing recycled materials is a key step in this direction.

## Style Notes

Pair these versatile shorts with a moisture-wicking performance tee and your favorite trainers for an intense gym session or a morning run. For a casual post-workout look, throw on a lightweight hoodie and some slide sandals. These shorts are perfectly suited for warmer seasons and indoor training year-round, offering both comfort and functional style.