Address: Roetersstraat 11, 1018 WB Amsterdam, The Netherlands

Email: v.zhong@uva.nl **Phone:** +31 6 1525 4350

Homepage: https://www.yangzhong.nl

Fields of Interest Primary fields: Experimental Microeconomics, Behavioral Economics

Secondary fields: Applied Microeconomics

Education University of Amsterdam Sept 2020 - Present

PhD Economics

Advisors: Thomas Buser, Hessel Oosterbeek

**Lund University** Jan 2023 - Mar 2023

Research visit

Host: Roel van Veldhuizen

University of Amsterdam & Tinbergen Institute Sept 2018 - Jun 2020

MPhil Economics

University of Amsterdam Sept 2017 - Jun 2018

Master Finance

University of Amsterdam Sept 2014 - Mar 2017

Bachelor Economics and Business

Job Market Paper

## Working Under Distractions

Abstract: Distractions are common in the modern workplace with its noisy open-plan offices and constant digital interruptions. I use an incentivized laboratory experiment to study the effects of auditory and task-switching distractions on two important worker outcomes: performance and mental well-being. I also elicit individual's willingness to pay to avoid distractions. Further, I elicit people's attitudes towards working under distractions both in the lab and in a representative Dutch survey panel. I obtain three main results. First, I find that while working under distractions does not have a strong impact on performance in the lab, both types of distraction are detrimental to individuals' self-reported mental well-being. Second, the heterogeneity in the impact on mental well-being can be partially captured by simple survey questions on attitudes towards working under distractions. These attitude questions are also strongly correlated with income and job satisfaction in the survey data. Lastly, I find that individuals are willing to pay a positive amount to avoid working under distractions on average and this willingness to pay is negatively correlated with the change in mental well-being, but not in performance while working under distractions.

**Publications** Time Pressure Preferences

Management Science, forthcoming

with Thomas Buser and Roel van Veldhuizen

Workshops

Conferences and 2024 Preferences, Traits, and Skills workshop (Amsterdam), ESA Asia (Singapore), IMEBESS (Riga), Young Economists' Meeting (Brno), Workshop on Social Economy for Young Economists (Bologna), ESA Europe (Helsinki), Nordic Conference in Behavioral and Experimental Economics (Copenhagen, scheduled)

2023 NEK Brown Bag (Lund), PhD lunch seminar (Copenhagen), BEE Brown Bag Seminar (Gothenburg)

2022 ESA Asia (virtual), Young Economists' Meeting (Brno), M-BEES (Maastricht), ESA World (Boston), ASFEE (Lyon, poster), ESA Europe (Bologna)

2021 TIBER Symposium (Tilburg)

**Summer Schools** 1st Summer School in Experimental and Behavioral Economics, by the European

Economic Review (Crete) Aug 2020

**Scholarships** Full Graduate Scholarships 2018-2019

Tinbergen Institute

**Teaching** University of Amsterdam 2020 - present

Experiences Teaching Assistant, Microeconomics I (BSc Economics)

Teaching Assistant, Microeconomics II (BSc Economics)

Teaching Assistant, Economics of Markets and Organisations (BSc Economics)

Thesis supervisor, BSc Organizational Economics

Tinbergen Institute 2020

Teaching Assistant, Microeconomics IV (MPhil Economics)

Other Activities University of Amsterdam

Co-organizer of the internal Work in Progress seminars 2022 - present Co-organizer of the Preferences, Traits, and Skills workshop 2024

Skills and other Programming: Stata, oTree, Python, Javascript, LATEX information

Language: Chinese (native), English (fluent), Dutch (intermediate)

Nationality: Dutch