

ROAST VEGETABLES

Ingredients:

2 banana shallots
1 red onion
6 baby turnips
8 carrots
2 golden beetroots
2 sprigs rosemary
2 sprigs thyme
2 cloves of garlic

Method:

- In a large bowl, add all the vegetables and toss with extra-virgin olive oil, garlic, salt and pepper.
- In a large baking sheet covered with parchment paper, spread vegetables out evenly and in a single layer on the baking sheet and sprinkle over the thyme
- Roast in the oven for about 40-45 minutes, stirring once halfway through cooking

