

Hakama Tying Instructions



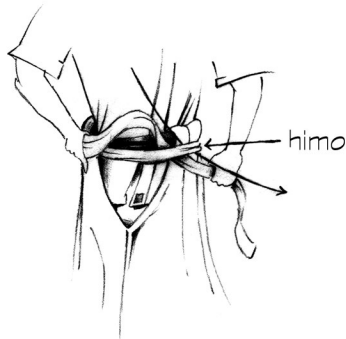
bring both sides around back to front



Hakama Tying Instructions



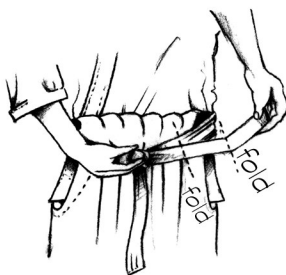
6a. - (traditional koshiita)
tie through himo and obi (belt)



6b. - (aiki koshiita)
tie through himo only

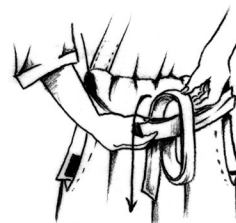


7.

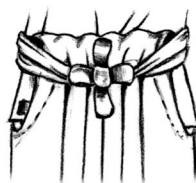


8.

fold one strap
into thirds and
center over knot



9.



10.

to create the bow, take the rest,
double it, and tuck behind knot
so that some stays showing
on the bottom, and the
top sticks up