

## **Happiness**

Humankind can't continue their lives without desires. If one wants to be happy, surely, he has to discover his best desires that provide him a happy life. Some of these desires that help to continue our lives can be acceptance in our relationships, a good family life and strong social relations. Trying to satisfy these desires has a great meaning to achieve happiness for me.

To start with, however embarrassed I am about this desire of mine, I have an obsession to expect people to accept my thoughts and manners in every situation. Yes, this is not a good characteristic and sometimes makes me an antipathic person but trying to be accepted by someone can give you happiness, too. Besides, if you can manage to make someone love you knowing and accepting all about you, I think that is the absolute happiness.

Furthermore, it seems to me that family is the basic source of happiness. Certainly, I can't always be a good guy and sometimes I make them upset but I can't stand seeing them upset. Therefore, I try to do whatever necessary to make them happy. Consequently, when I see happy family faces, I feel deeply happy.

Thirdly, to have friends is one of the most meaningful aspects of life. I believe that one should have three very warm friends at least. For example, I can't bear loneliness and if I couldn't share all my heart with these warm friends, I believe that I could never be happy. As a consequence, if you feel like me, it will be worth improving your close relationships in order to be happy.

To recap, humankind has a short life but he is given a lot of desires to be happy. Moreover, if one wants to discover the meaning of his short life, he should look for it in desires. Whether he finds it or not, he will taste happiness just by looking for it.