

Introduction

From the daily gadgets to transportation and political systems, the world is moving away from aiming to achieve mere functionality to seeking to enhance the human experience. City planning is no exemption to this. Humans have become more aware than ever of the impact that their surroundings have on their health and longevity. This study seeks to isolate the aspects of city structure that lend themselves most to human health by exploring and comparing two of the [World's Healthiest Cities](#)

For this study I have picked Vienna and Singapore and will be exploring the structure of the cities to find what these two have in common in spite of their being on different continents and having diverse characteristics. Comparing these two cities will show us how what health enhancing qualities exist in both while controlling for the factors that might be due to similarities in climate and cultural practices.

Information gathered from this study will be very useful to city planners and policy makers as we seek to build more of a sustainably health enhancing planet.