

1. Tabel Standar Antropometri Penilaian Status Gizi Anak
 - a. Tabel Standar Antropometri Penilaian Status Gizi Anak Umur 0-60 bulan

Tabel 1. Standar Berat Badan menurut Umur (BB/U)

Anak Laki-Laki Umur 0-60 Bulan

| Umur (bulan) | Berat Badan (Kg) | | | | | | |
|--------------|------------------|-------|-------|--------|-------|-------|-------|
| | -3 SD | -2 SD | -1 SD | Median | +1 SD | +2 SD | +3 SD |
| 0 | 2.1 | 2.5 | 2.9 | 3.3 | 3.9 | 4.4 | 5.0 |
| 1 | 2.9 | 3.4 | 3.9 | 4.5 | 5.1 | 5.8 | 6.6 |
| 2 | 3.8 | 4.3 | 4.9 | 5.6 | 6.3 | 7.1 | 8.0 |
| 3 | 4.4 | 5.0 | 5.7 | 6.4 | 7.2 | 8.0 | 9.0 |
| 4 | 4.9 | 5.6 | 6.2 | 7.0 | 7.8 | 8.7 | 9.7 |
| 5 | 5.3 | 6.0 | 6.7 | 7.5 | 8.4 | 9.3 | 10.4 |
| 6 | 5.7 | 6.4 | 7.1 | 7.9 | 8.8 | 9.8 | 10.9 |
| 7 | 5.9 | 6.7 | 7.4 | 8.3 | 9.2 | 10.3 | 11.4 |
| 8 | 6.2 | 6.9 | 7.7 | 8.6 | 9.6 | 10.7 | 11.9 |
| 9 | 6.4 | 7.1 | 8.0 | 8.9 | 9.9 | 11.0 | 12.3 |
| 10 | 6.6 | 7.4 | 8.2 | 9.2 | 10.2 | 11.4 | 12.7 |
| 11 | 6.8 | 7.6 | 8.4 | 9.4 | 10.5 | 11.7 | 13.0 |
| 12 | 6.9 | 7.7 | 8.6 | 9.6 | 10.8 | 12.0 | 13.3 |
| 13 | 7.1 | 7.9 | 8.8 | 9.9 | 11.0 | 12.3 | 13.7 |
| 14 | 7.2 | 8.1 | 9.0 | 10.1 | 11.3 | 12.6 | 14.0 |
| 15 | 7.4 | 8.3 | 9.2 | 10.3 | 11.5 | 12.8 | 14.3 |
| 16 | 7.5 | 8.4 | 9.4 | 10.5 | 11.7 | 13.1 | 14.6 |
| 17 | 7.7 | 8.6 | 9.6 | 10.7 | 12.0 | 13.4 | 14.9 |
| 18 | 7.8 | 8.8 | 9.8 | 10.9 | 12.2 | 13.7 | 15.3 |
| 19 | 8.0 | 8.9 | 10.0 | 11.1 | 12.5 | 13.9 | 15.6 |
| 20 | 8.1 | 9.1 | 10.1 | 11.3 | 12.7 | 14.2 | 15.9 |
| 21 | 8.2 | 9.2 | 10.3 | 11.5 | 12.9 | 14.5 | 16.2 |
| 22 | 8.4 | 9.4 | 10.5 | 11.8 | 13.2 | 14.7 | 16.5 |
| 23 | 8.5 | 9.5 | 10.7 | 12.0 | 13.4 | 15.0 | 16.8 |
| 24 | 8.6 | 9.7 | 10.8 | 12.2 | 13.6 | 15.3 | 17.1 |
| 25 | 8.8 | 9.8 | 11.0 | 12.4 | 13.9 | 15.5 | 17.5 |
| 26 | 8.9 | 10.0 | 11.2 | 12.5 | 14.1 | 15.8 | 17.8 |
| 27 | 9.0 | 10.1 | 11.3 | 12.7 | 14.3 | 16.1 | 18.1 |

| Umur (bulan) | Berat Badan (Kg) | | | | | | |
|--------------|------------------|-------|-------|--------|-------|-------|-------|
| | -3 SD | -2 SD | -1 SD | Median | +1 SD | +2 SD | +3 SD |
| 28 | 9.1 | 10.2 | 11.5 | 12.9 | 14.5 | 16.3 | 18.4 |
| 29 | 9.2 | 10.4 | 11.7 | 13.1 | 14.8 | 16.6 | 18.7 |
| 30 | 9.4 | 10.5 | 11.8 | 13.3 | 15.0 | 16.9 | 19.0 |
| 31 | 9.5 | 10.7 | 12.0 | 13.5 | 15.2 | 17.1 | 19.3 |
| 32 | 9.6 | 10.8 | 12.1 | 13.7 | 15.4 | 17.4 | 19.6 |
| 33 | 9.7 | 10.9 | 12.3 | 13.8 | 15.6 | 17.6 | 19.9 |
| 34 | 9.8 | 11.0 | 12.4 | 14.0 | 15.8 | 17.8 | 20.2 |
| 35 | 9.9 | 11.2 | 12.6 | 14.2 | 16.0 | 18.1 | 20.4 |
| 36 | 10.0 | 11.3 | 12.7 | 14.3 | 16.2 | 18.3 | 20.7 |
| 37 | 10.1 | 11.4 | 12.9 | 14.5 | 16.4 | 18.6 | 21.0 |
| 38 | 10.2 | 11.5 | 13.0 | 14.7 | 16.6 | 18.8 | 21.3 |
| 39 | 10.3 | 11.6 | 13.1 | 14.8 | 16.8 | 19.0 | 21.6 |
| 40 | 10.4 | 11.8 | 13.3 | 15.0 | 17.0 | 19.3 | 21.9 |
| 41 | 10.5 | 11.9 | 13.4 | 15.2 | 17.2 | 19.5 | 22.1 |
| 42 | 10.6 | 12.0 | 13.6 | 15.3 | 17.4 | 19.7 | 22.4 |
| 43 | 10.7 | 12.1 | 13.7 | 15.5 | 17.6 | 20.0 | 22.7 |
| 44 | 10.8 | 12.2 | 13.8 | 15.7 | 17.8 | 20.2 | 23.0 |
| 45 | 10.9 | 12.4 | 14.0 | 15.8 | 18.0 | 20.5 | 23.3 |
| 46 | 11.0 | 12.5 | 14.1 | 16.0 | 18.2 | 20.7 | 23.6 |
| 47 | 11.1 | 12.6 | 14.3 | 16.2 | 18.4 | 20.9 | 23.9 |
| 48 | 11.2 | 12.7 | 14.4 | 16.3 | 18.6 | 21.2 | 24.2 |
| 49 | 11.3 | 12.8 | 14.5 | 16.5 | 18.8 | 21.4 | 24.5 |
| 50 | 11.4 | 12.9 | 14.7 | 16.7 | 19.0 | 21.7 | 24.8 |
| 51 | 11.5 | 13.1 | 14.8 | 16.8 | 19.2 | 21.9 | 25.1 |
| 52 | 11.6 | 13.2 | 15.0 | 17.0 | 19.4 | 22.2 | 25.4 |
| 53 | 11.7 | 13.3 | 15.1 | 17.2 | 19.6 | 22.4 | 25.7 |
| 54 | 11.8 | 13.4 | 15.2 | 17.3 | 19.8 | 22.7 | 26.0 |
| 55 | 11.9 | 13.5 | 15.4 | 17.5 | 20.0 | 22.9 | 26.3 |
| 56 | 12.0 | 13.6 | 15.5 | 17.7 | 20.2 | 23.2 | 26.6 |
| 57 | 12.1 | 13.7 | 15.6 | 17.8 | 20.4 | 23.4 | 26.9 |
| 58 | 12.2 | 13.8 | 15.8 | 18.0 | 20.6 | 23.7 | 27.2 |
| 59 | 12.3 | 14.0 | 15.9 | 18.2 | 20.8 | 23.9 | 27.6 |
| 60 | 12.4 | 14.1 | 16.0 | 18.3 | 21.0 | 24.2 | 27.9 |

| Umur (bulan) | Indeks Massa Tubuh (IMT) | | | | | | |
|--------------|--------------------------|-------|-------|--------|-------|-------|-------|
| | -3 SD | -2 SD | -1 SD | Median | +1 SD | +2 SD | +3 SD |
| 55 | 12.0 | 13.0 | 14.0 | 15.2 | 16.6 | 18.2 | 20.0 |
| 56 | 12.0 | 12.9 | 14.0 | 15.2 | 16.6 | 18.2 | 20.1 |
| 57 | 12.0 | 12.9 | 14.0 | 15.2 | 16.6 | 18.2 | 20.1 |
| 58 | 12.0 | 12.9 | 14.0 | 15.2 | 16.6 | 18.3 | 20.2 |
| 59 | 12.0 | 12.9 | 14.0 | 15.2 | 16.6 | 18.3 | 20.2 |
| 60 | 12.0 | 12.9 | 14.0 | 15.2 | 16.6 | 18.3 | 20.3 |

Keterangan: * Pengukuran TB dilakukan dalam keadaan anak berdiri

Tabel 8. Standar Berat Badan menurut Umur (BB/U)
Anak Perempuan Umur 0-60 Bulan

| Umur (bulan) | Berat Badan (Kg) | | | | | | |
|--------------|------------------|-------|-------|--------|-------|-------|-------|
| | -3 SD | -2 SD | -1 SD | Median | +1 SD | +2 SD | +3 SD |
| 0 | 2.0 | 2.4 | 2.8 | 3.2 | 3.7 | 4.2 | 4.8 |
| 1 | 2.7 | 3.2 | 3.6 | 4.2 | 4.8 | 5.5 | 6.2 |
| 2 | 3.4 | 3.9 | 4.5 | 5.1 | 5.8 | 6.6 | 7.5 |
| 3 | 4.0 | 4.5 | 5.2 | 5.8 | 6.6 | 7.5 | 8.5 |
| 4 | 4.4 | 5.0 | 5.7 | 6.4 | 7.3 | 8.2 | 9.3 |
| 5 | 4.8 | 5.4 | 6.1 | 6.9 | 7.8 | 8.8 | 10.0 |
| 6 | 5.1 | 5.7 | 6.5 | 7.3 | 8.2 | 9.3 | 10.6 |
| 7 | 5.3 | 6.0 | 6.8 | 7.6 | 8.6 | 9.8 | 11.1 |
| 8 | 5.6 | 6.3 | 7.0 | 7.9 | 9.0 | 10.2 | 11.6 |
| 9 | 5.8 | 6.5 | 7.3 | 8.2 | 9.3 | 10.5 | 12.0 |
| 10 | 5.9 | 6.7 | 7.5 | 8.5 | 9.6 | 10.9 | 12.4 |
| 11 | 6.1 | 6.9 | 7.7 | 8.7 | 9.9 | 11.2 | 12.8 |
| 12 | 6.3 | 7.0 | 7.9 | 8.9 | 10.1 | 11.5 | 13.1 |
| 13 | 6.4 | 7.2 | 8.1 | 9.2 | 10.4 | 11.8 | 13.5 |
| 14 | 6.6 | 7.4 | 8.3 | 9.4 | 10.6 | 12.1 | 13.8 |
| 15 | 6.7 | 7.6 | 8.5 | 9.6 | 10.9 | 12.4 | 14.1 |
| 16 | 6.9 | 7.7 | 8.7 | 9.8 | 11.1 | 12.6 | 14.5 |
| 17 | 7.0 | 7.9 | 8.9 | 10.0 | 11.4 | 12.9 | 14.8 |
| 18 | 7.2 | 8.1 | 9.1 | 10.2 | 11.6 | 13.2 | 15.1 |
| 19 | 7.3 | 8.2 | 9.2 | 10.4 | 11.8 | 13.5 | 15.4 |

| Umur (bulan) | Berat Badan (Kg) | | | | | | |
|--------------|------------------|-------|-------|--------|-------|-------|-------|
| | -3 SD | -2 SD | -1 SD | Median | +1 SD | +2 SD | +3 SD |
| 20 | 7.5 | 8.4 | 9.4 | 10.6 | 12.1 | 13.7 | 15.7 |
| 21 | 7.6 | 8.6 | 9.6 | 10.9 | 12.3 | 14.0 | 16.0 |
| 22 | 7.8 | 8.7 | 9.8 | 11.1 | 12.5 | 14.3 | 16.4 |
| 23 | 7.9 | 8.9 | 10.0 | 11.3 | 12.8 | 14.6 | 16.7 |
| 24 | 8.1 | 9.0 | 10.2 | 11.5 | 13.0 | 14.8 | 17.0 |
| 25 | 8.2 | 9.2 | 10.3 | 11.7 | 13.3 | 15.1 | 17.3 |
| 26 | 8.4 | 9.4 | 10.5 | 11.9 | 13.5 | 15.4 | 17.7 |
| 27 | 8.5 | 9.5 | 10.7 | 12.1 | 13.7 | 15.7 | 18.0 |
| 28 | 8.6 | 9.7 | 10.9 | 12.3 | 14.0 | 16.0 | 18.3 |
| 29 | 8.8 | 9.8 | 11.1 | 12.5 | 14.2 | 16.2 | 18.7 |
| 30 | 8.9 | 10.0 | 11.2 | 12.7 | 14.4 | 16.5 | 19.0 |
| 31 | 9.0 | 10.1 | 11.4 | 12.9 | 14.7 | 16.8 | 19.3 |
| 32 | 9.1 | 10.3 | 11.6 | 13.1 | 14.9 | 17.1 | 19.6 |
| 33 | 9.3 | 10.4 | 11.7 | 13.3 | 15.1 | 17.3 | 20.0 |
| 34 | 9.4 | 10.5 | 11.9 | 13.5 | 15.4 | 17.6 | 20.3 |
| 35 | 9.5 | 10.7 | 12.0 | 13.7 | 15.6 | 17.9 | 20.6 |
| 36 | 9.6 | 10.8 | 12.2 | 13.9 | 15.8 | 18.1 | 20.9 |
| 37 | 9.7 | 10.9 | 12.4 | 14.0 | 16.0 | 18.4 | 21.3 |
| 38 | 9.8 | 11.1 | 12.5 | 14.2 | 16.3 | 18.7 | 21.6 |
| 39 | 9.9 | 11.2 | 12.7 | 14.4 | 16.5 | 19.0 | 22.0 |
| 40 | 10.1 | 11.3 | 12.8 | 14.6 | 16.7 | 19.2 | 22.3 |
| 41 | 10.2 | 11.5 | 13.0 | 14.8 | 16.9 | 19.5 | 22.7 |
| 42 | 10.3 | 11.6 | 13.1 | 15.0 | 17.2 | 19.8 | 23.0 |
| 43 | 10.4 | 11.7 | 13.3 | 15.2 | 17.4 | 20.1 | 23.4 |
| 44 | 10.5 | 11.8 | 13.4 | 15.3 | 17.6 | 20.4 | 23.7 |
| 45 | 10.6 | 12.0 | 13.6 | 15.5 | 17.8 | 20.7 | 24.1 |
| 46 | 10.7 | 12.1 | 13.7 | 15.7 | 18.1 | 20.9 | 24.5 |
| 47 | 10.8 | 12.2 | 13.9 | 15.9 | 18.3 | 21.2 | 24.8 |
| 48 | 10.9 | 12.3 | 14.0 | 16.1 | 18.5 | 21.5 | 25.2 |
| 49 | 11.0 | 12.4 | 14.2 | 16.3 | 18.8 | 21.8 | 25.5 |
| 50 | 11.1 | 12.6 | 14.3 | 16.4 | 19.0 | 22.1 | 25.9 |
| 51 | 11.2 | 12.7 | 14.5 | 16.6 | 19.2 | 22.4 | 26.3 |
| 52 | 11.3 | 12.8 | 14.6 | 16.8 | 19.4 | 22.6 | 26.6 |

| Umur (bulan) | Berat Badan (Kg) | | | | | | |
|--------------|------------------|-------|-------|--------|-------|-------|-------|
| | -3 SD | -2 SD | -1 SD | Median | +1 SD | +2 SD | +3 SD |
| 53 | 11.4 | 12.9 | 14.8 | 17.0 | 19.7 | 22.9 | 27.0 |
| 54 | 11.5 | 13.0 | 14.9 | 17.2 | 19.9 | 23.2 | 27.4 |
| 55 | 11.6 | 13.2 | 15.1 | 17.3 | 20.1 | 23.5 | 27.7 |
| 56 | 11.7 | 13.3 | 15.2 | 17.5 | 20.3 | 23.8 | 28.1 |
| 57 | 11.8 | 13.4 | 15.3 | 17.7 | 20.6 | 24.1 | 28.5 |
| 58 | 11.9 | 13.5 | 15.5 | 17.9 | 20.8 | 24.4 | 28.8 |
| 59 | 12.0 | 13.6 | 15.6 | 18.0 | 21.0 | 24.6 | 29.2 |
| 60 | 12.1 | 13.7 | 15.8 | 18.2 | 21.2 | 24.9 | 29.5 |