

Workplace Stress Management Market is estimated to be US\$ 13704.05 million by 2030 and is anticipated to register a CAGR of 6.0%

[Workplace Stress Management Market](#) accounted for US\$ 7687.4 billion in 2020 and is anticipated to register a CAGR of 6.0% during the forecasted period.

The report" **Global Workplace Stress Management Market, By Service (Stress Management, Yoga & Meditation, Resilience Training, Progress Tracking Metrics, and Others), By Delivery Mode (Individual Counselors, Personal Fitness Trainers, Meditation Specialists, and Others), By Activity (Indoor and Outdoor), By End- use (Small Scale organization, Medium scale Organization, and Large Scale Organization), and By Region (North America, Europe, Asia Pacific, Latin America, and Middle East & Africa) - Trends, Analysis and Forecast till 2030."**

Key Highlights:

- In 2019, Fitbit Inc., declared that Fitbit undergoes into a definitive agreement in order to acquire by Google LLC to innovate the healthcare and stress management devices

Analyst View:

Employees work under lots of pressure and excessive stress as well as increasing competition at the workplace is the major causes of the stress. Stress cause as an adverse effect that affects the balance of work-life and personal life balance of employees due to workplace stress. Rise in competition on workplace is the major propelling factor for the growth of the market.

As increasing in the number of organizations and employees around the global gives rise to workplace stress. Now-a-days the awareness about the workplace stress management is rising, as employee and management is taking initiatives to combat the issue. By conducting the workplace stress management programs in organizations are anticipated to continue to remain among some of the main factors boosting demand for workplace stress management solutions during the forecast period.

Key Market Insights from the report:

The workplace stress management market a accounted for US\$ 7687.4 million in 2020 and is estimated to be US\$ 13704.05 million by 2030 and is anticipated to register a CAGR of 6.0% during the forecasted period. The market report has been segmented on the basis of service, delivery mode, activity, end- use, and region.

- By services, the global workplace stress management market is segmented into stress management, yoga & meditation, resilience training, progress tracking metrics, and others
- By delivery mode, the target market is segmented into individual counselors, personal fitness trainers, meditation specialists, and others
- By activity, the global market is sub- divided into indoor and outdoor
- By end- use, the target market is bifurcated into small scale organization, medium scale organization, and large scale organization
- By region North America region is anticipated to dominate the global workplace stress management market due growing popularity of yoga, presence of welfare programs for employees and more numbers of the working individuals.

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Competitive Landscape:

The prominent player operating in the global workplace stress management market includes ActiveHealth Management, Fitbit, Marino Wellness, ComPsych, Wellness Corporate Solutions (WCS), Truworth Wellness, Central Corporate Wellness, CuraLinc Healthcare, and Wellsource, Inc.

The market provides detailed information regarding industrial base, productivity, strengths, manufacturers, and recent trends which will help companies enlarge the businesses and promote financial growth. Furthermore, the report exhibits dynamic factors including segments, sub-segments, regional marketplaces, competition, dominant key players, and market forecasts. In addition, the market includes recent collaborations, mergers, acquisitions, and partnerships along with regulatory framework across different regions impacting the market trajectory. Recent technological advances and innovations influencing the global market are included into the report.

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